

## SUNDAY POST-DISPATCH

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## PUSH TO STEM YOUTH **OBESITY FALLS SHORT**

Nearly 20% of Missouri kids 10-17 are obese, 11th worst in the nation



**CHRISTIAN GOODEN, POST-DISPATCH** 

Shoppers make selections on Friday, Sept. 16, 2022, on the St. Louis Metro Market roving grocery bus during a two-hour stop outside the Boys & Girls Clubs' Teen Center for Excellence in Ferguson. The operators of the St. Louis Metro Market aim to make healthy, fresh fruits and vegetables available and affordable in designated food deserts in the metropolitan area.

### State has made big strides but still has far to go in tackling issue

#### BY MICHELE MUNZ St. Louis Post-Dispatch

ST. LOUIS - Sarah Woods, a dietitian at a public health clinic in north St. Louis County, gets called into the exam room whenever a physician becomes concerned about a child's weight.

When Woods started the job five years ago, she diligently told families how much exercise children should be getting and what food they should be eating.

"But then I really sat back and started asking questions instead of giving information. And when I did that," she said, "I learned a lot of things."

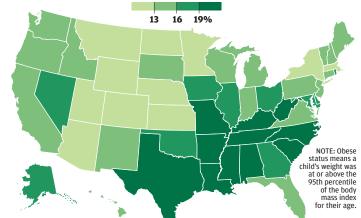
Nearly 10 years ago, the state of Missouri launched an extensive effort to prevent and treat childhood obesity, taking on one of the most challenging health challenges facing its residents.

The hope was that Missouri could become a national leader in figuring out how to reduce

Please see MISSOURI, Page A4

### **MISSOURI OUTPACES U.S. IN CHILD OBESITY**

An estimated 19.6% of children in Missouri, ages 10 to 17, were obese in 2019 and 2020 - three points above the nationwide percentage of 16.2%, and the 11th worst rate in the country.



SOURCE: National Survey of Children's Health, Health Resources and Services Administration, Maternal and Child Health Bureau

Josh Renaud | Post-Dispatch

■ WATCH: To see a pair of videos on Missouri's obesity problem and an effort to address it, point your smartphone camera at the QR code, then tap the link. **NEWSVU** 

"We can't solve every problem in the community, but we can find alternative ways, innovative ways that really help people become more independent, more sustainable in terms of their health care and their nutrition."

> Kathy Mora, director of Food is Medicine initiatives at Operation Food Search

### Nation struggles to find solutions; issue worsened in the pandemic

#### **BY ANALISA TROFIMUK** Lee Enterprises

An epidemic largely tied to poor eating and exercise habits is affecting one in five U.S. children and sending many of those youths on the pathway to future health problems and even premature death, federal data and U.S. health officials conclude.

As September marks National Childhood Obesity Month, our country continues to grapple with an issue exacerbated by the aftereffects of overeating during pandemic isolation.

The most recently available data from the U.S. Centers for Disease Control and Prevention shows that about 19.7% of children aged 2-19 years in 2017-2021 were classified as obese. In all, about 14.7 million children throughout the nation suffered from obesity during that time period, the CDC concludes.

In a separate sampling, the

Please see NATION, Page A5

### How one detective broke open package killer case

BY ERIN HEFFERNAN St. Louis Post-Dispatch

O'FALLON, Mo. – It was June, and Detective Jodi Weber was waiting at a prison in Potosi.

She had been working for 14 years to solve the brutal murders of several St. Louis women, crimes that had gone unsolved for more than three decades.

She'd read folders of investigative notes. She pulled grisly evidence out of storage. She finally had a DNA match.

And steps away was the man she'd been trying to find.

Weber, a detective sergeant with the O'Fallon police department in St. Charles County, took the Post-Dispatch inside the investigation that led her to that prison room and, eventually, to charges filed on Monday against Gary Muehlberg, 73, in the 1990 murders of Robyn Mihan, Brenda Pruitt, Donna Reitmeyer and Sandy Little.

The investigation didn't always seem like it would pay off. Weber had to dig through a room full of evidence, where she discovered none of it had been

Please see **DETECTIVE**, Page A8

### Suburban schools are more likely to ban books

Local map of banned books tends to align with political leanings

#### BY BLYTHE BERNHARD St. Louis Post-Dispatch

ST. LOUIS - The 97 books banned in schools across St. Louis this fall cover topics like anatomy, photography and the Holocaust. There are books that are also popular TV series, including "Game of Thrones," "The Handmaid's Tale," "The Walking Dead" and "Watchmen."

And as life imitates art, Kirkwood School District banned a comic book adaptation of George Orwell's "1984," the cautionary tale about government mind

A new state law banning "explicit sexual material" - defined as any visual depiction of sex acts

Please see BOOKS, Page A8





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see PAGE D10









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### **CELEBRITY BIRTHDAYS**

Newswoman Barbara Walters is 93. Singer Ian Tyson of Ian and Sylvia is 89. Polka band leader **Jimmy Sturr** is 81. Actor **Josh Taylor** ("Days of Our Lives," "Valerie's Family") is 79. Actor Robert Walden ("Lou Grant") is 79. Actor Michael Douglas is 78. Model Cheryl Tiegs is 75. Actor Mimi Kennedy ("Dharma and Greg") is 74. Actor **Anson Williams** ("Happy Days") is 73. Actor Mark Hamill is 71. Actor **Colin Friels** is 70. Actor **Michael Madsen** is 64. Actor **Heather Locklear** is 61. Actor Aida Turturro ("The Sopranos") is 60. Actor Tate Donovan ("The O.C.") is 59. TV personality Keely Shaye Smith ("Unsolved Mysteries") is 59. Actor Maria Doyle Kennedy ("Orphan Black," "The Tudors") is 58. Actor Jason Flemyng ("The Curious Case of Benjamin Button," "The League of Extraordinary Gentlemen") is 56. Actor-singer Will Smith is 54. Actor Hal Sparks ("Queer as Folk") is 53. Actor **Catherine Zeta-Jones** is 53. Actor Bridgette Wilson-Sampras ("I Know What You Did Last Summer") is 49.

### LOTTERY



O KARON VIEW: To get the latest lottery numbers, point your smartphone camera at the QR code, then tap the link. NEWSVU

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### New Missouri law will only make homelessness worse

Before he was tossed in jail and forgotten about during the height of the CO-VID-19 pandemic, Matthew Maufas was

**TONY MESSENGER** 

homeless. Like many people who lack permanent housing, he slept various places downtown, particularly when he found the warmth of a steam grate.

After one arrest, a municipal judge issued an order of protection against him, in effect kicking him out of a certain neighborhood. He got caught

there again, and he was arrested, put in jail and lost in the system. An attorney, Maureen Hanlon of ArchCity Defenders, took up his case and got him released and into temporary housing.

Two years ago, I wrote about Maufas as an example of how the criminal justice system sometimes makes homelessness worse. If a new law passed by the Missouri Legislature stays in effect, the problem is going to become much worse.

The law, pushed by Sen. Holly Rehder, R-Sikeston, and Rep. Bruce DeGroot, R-Chesterfield, was pitched earlier this year as a way to better spend federal money to reduce homelessness in Missouri. How does it do this?

First, the new law makes it a misdemeanor for unhoused people to sleep on state-owned property. That could have wide-ranging effects in urban areas, where homeless people often congregate in state right-of-ways, such as under highway overpasses. And in rural areas, homeless people often camp in state

Second, the new law penalizes cities that don't enforce it, allowing the attorney general to seek to file civil action against non-compliant cities.

Finally, the law upends the "housing first" model that nearly every agency that battles homelessness in Missouri has adopted. Rehder and DeGroot seek to take money that helps people find

shelter and redirect it to areas such as mental health services.

The bill was copied from a template written by a conservative Texas think tank; it wasn't developed with the help of any of the agencies that battle homelessness in Missouri.

Those agencies, and the various advocates who work for them, universally criticized the bill, calling it "insane," among other pejoratives. They begged lawmakers not to pass it. Allison Miles, who lives in Rehder's district, was one of them

"I was livid," Miles says about the bill, which was signed into law by Gov. Mike Parson. "You're punishing someone simply for their status. Criminalizing people for being homeless, you're essentially saying you don't have the right to exist."

Miles, who operates a nonprofit called Street Level Cape Girardeau, is one of the plaintiffs in the second of two lawsuits filed in the past month seeking to overturn the new law. The first one was filed by attorneys in Springfield, and the second by the St. Louis-based nonprofit Legal Services for Eastern Missouri and the Public Citizen Litigation Group, based in Washington, D.C.

The lawsuit focuses more on process than the plight of homelessness, but that tells a story in and of itself. All too often, when lawmakers can't get a bill through the Legislature on its own merits, it gets attached to unrelated legislation that has elements important to a majority of lawmakers. The end-around often leads to some elected officials holding their noses and voting for something they might not otherwise approve.

Missouri's Constitution, however, has limits on that strategy. "No bill shall contain more than one subject," reads Article III. That subject must be "clearly

expressed in its title," it says. The same section goes on to say that a bill can't be changed during the legislative process from its original purpose.

House Bill 1606, which contains the new homelessness statutes, started out as a bill about county financial statements. It morphed into a Christmas-tree bill that dealt with coroners, park rangers and other items related to different political subdivisions.

The Missouri Supreme Court has regularly declared bills unconstitutional for violating the one-subject rule over the years. Miles hopes that is what happens in her lawsuit. But more importantly, she hopes lawmakers do a better job of finding out what it is truly like to be homeless, and what it takes to help the folks who are on the street.

She was there once herself, off and on between 2015 and 2018, as she battled drug addiction. "I know what it's like to be forgotten," Miles says. "I know what it's like to be in a position where you just don't see a way out."

In Cape Girardeau, where she lives, the homelessness problem has gotten worse since the pandemic, without much support from government leaders to help folks find housing.

"There's no shelter here. There's literally nowhere for them to go. It's a constantly revolving door situation. They get caught in a park sleeping at night. They go to jail. They miss a court date and now they have a warrant. It's a never-ending cycle," Miles says. "I just kept seeing more and more people out on the streets here."

As Miles prepares for a court battle against a law that would turn the people she serves into criminals, she works every day to feed them and direct them to what little housing services can be

"It's getting worse," Miles says. "Every single Sunday there's new faces that show up."

Sending those new faces to jail because of where they choose to sleep is only going to make the problem worse.

**Tony Messenger** • 314-340-8518 @tonymess on Twitter

### Man shot while robbing Maplewood store sentenced to 10 years

BY JACOB BARKER

St. Louis Post-Dispatch

ST. LOUIS - A man who attempted to rob a Maplewood cellphone store in 2020 but was shot by the clerk was sentenced to 10 years in prison.

and one count of possession and brandishing of a firearm.

Dorsey and another man, Darrion Gardner, robbed a T-Mobile store on Lackland Road in Overland on Dec. 5, 2020. Two days later, they stole cellphones from a Universal Accessories store on St. Charles

Rock Road in Breckenridge Hills. The two were indicted in December 2020 on federal robbery and weapons charges.

Gardner was sentenced earlier this month to 14 years in prison. U.S. District Judge Sarah E. Pitlyk also ordered Dorsey and Gardner to pay \$16,183 in restitution.

On Dec. 9, 2020, Dorsey tried to rob the Boost Mobile store at 7222 Manchester Road in Maplewood. He entered the store with a handgun, told the clerk to go into a break room, and loaded his backpack with cellphones. As Dorsey looked to see Malik Dorsey, 23, pleaded guilty in fed- if anyone else had entered the store, the eral court Friday to three robbery charges clerk pulled his own gun and shot him in

> Dorsey is now a paraplegic, according to the U.S. Attorney's office.

> The two men were wearing GPS ankle monitors at the time of the crimes after being released following St. Louis County charges for robbing a Washington University student on Feb. 1, 2020.

> The FBI and police departments in Overland Hills, Breckenridge and Maplewood investigated this case. Cassandra Jane Wiemken of the U.S. Attorney's office prosecuted the cases.

Jacob Barker • 314-340-8291 @jacobbarker on Twitter jbarker@post-dispatch.com



LAURIE SKRIVAN, POST-DISPATCH

### ARCHER ALEXANDER DAY OF FREEDOM

Lynn Jackson, a descendant and director of the Dred Scott Foundation, presents Kevin Winstead, a great-great-great-grandson of Archer Alexander, with a proclamation from the city of St. Louis during a memorial service celebrating Archer Alexander Day of Freedom on Saturday, Sept. 24, 2022, at St. Peter's Cemetery in Normandy. Archer was a St. Charles County slave who escaped after alerting Union troops to a sabotaged bridge.

### DIGEST

STOCKTON, Mo. – AG says Agape plans group home to avoid oversight: A hearing on Agape Boarding School, which was scheduled for Monday, has been delayed at the request of the Missouri Attorney General's Office, which cited new developments in the case, the Kansas City Star reported.

The AG's office told a judge Friday two school staff members have filed paperwork to open group homes on the campus' Cedar County property, which it said raises new concerns for student safety.

The two staff members — Jennifer and Jason Derksen – filed the paperwork with the Missouri Secretary of State on Sept. 15, describing their new nonprofit, Stone of Help, as a "Home for Troubled Youth." The address for Stone of Help and the Derksens is on the Agape property and next to the current unlicensed boarding school.

"The State will not allow Agape to escape accountability or continue to present an immediate health and safety concern to children through corporate shell games," the AG's motion said, "while employing the same people and methods that originally led the State to bring this action to protect children."

The state is seeking to close the religious boarding school, citing concerns about student safety after reports of child abuse and neglect.

A new hearing date has not been scheduled.

**CAHOKIA HEIGHTS - Construction** 

forces temporary switch to shuttle van: Beginning Monday, a Metro Transit shuttle van will transport transit riders who need to travel between St. Louis Downtown Airport/ Sauget Business Park and the 5th & Missouri Transit Center. The van is a temporary alternative to

the #2 Cahokia MetroBus while construction crews complete work on the Curtiss-Steinberg Bridge. That work is expected to be complete in two months. The shuttle will provide service

every 40 minutes, seven days a week. The route map and schedule are available online at metrostlouis.org.



### LAW AND ORDER

**ST. CHARLES – Two shot, one killed, near** available. **casino:** One person is dead and another was taken to a hospital after a shooting near the Ameristar Casino Saturday afternoon.

Lt. Thomas Wilkison of St. Charles police said officers were called to a shooting at the 100 block of Ameristar Boulevard around 3:30 p.m.

Police found one person dead and another person was transported to a hospital. Their condition was not immediately 1 a.m. to an area near South Broadway and

Wilkison said police believe they know the identity of the shooter and were actively searching for him as of shortly be-

ST. LOUIS - Woman shot, killed in south **St. Louis:** A woman was fatally shot early Saturday morning in south city's Mount

Pleasant neighborhood. Police said they were called at about

Itaska Street.

They found a 21-year-old woman with gunshot wounds to her upper body. EMS responded and pronounced her dead at the scene. Authorities did not release the victim's name.

**EXPLORE:** To examine a map of homicides in the St. Louis metro area during 2021, point your smartphone camera at the QR code, then tap the link. **NEWSVU** 



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### Missouri

From A1

childhood obesity and ward off a projected \$12 billion a year in obesity-related costs for the state.

Children who are obese have an 80% chance of remaining obese into adulthood, research shows, increasing the risk of multiple lifethreatening diseases such as diabetes, hypertension, cancer and even dementia.

A report released this year detailing the results of Missouri's effort showed that while major strides were made, only one of the five recommendations was completed.

However, that one action -Medicaid coverage for a six-month, family-based obesity treatment program – has set Missouri apart, say those involved in the effort.

The coverage began in July and enlists a team of providers that include dietitians like Woods, doctors, social workers or psychologists to work with families.

"We don't know of any other state that has done this for pediatric obesity," said Dr. Sarah Hampl, a pediatrician at Children's Mercy Hospital in Kansas City who cochaired the statewide strategy effort.

### **Asking questions**

The accounting of Missouri's failures and successes comes just as President Joe Biden's administration is set this Wednesday to host the first White House Conference on Hunger, Nutrition and Health in over 50 years.

After months of collecting input from across the country, federal officials will roll out a list of actions they will take to increase healthy eating and physical activity by 2030.

Since the first White House conference on nutrition in 1969, Americans have seen countless campaigns and strategies to stop our expanding waistlines.

Just as numerous are studies on the causes — everything from sweet drinks and super-sized portions to metabolism-disrupting chemicals in plastics and time spent sitting.

Yet, in the United States, the percentage of children and adolescents affected by obesity has more than tripled since the 1970s. Rates are highest among those in low-income and minority groups.

In Missouri, nearly 20% of children ages 10 to 17 were obese, according to the 2019-20 National Survey of Children's Health, the 11th highest rate in the country.

Woods, the dietitian, says she is learning she needs more time with families. She now asks questions like: What does physical activity look like for your family? What is your evening routine? What is a typical dinner? How do you cook it? How do you get to a grocery store?

That's when Woods says she learns how a mom would rather have her son overweight than playing on their new basketball hoop amid increased gang activity. That unsupervised unruly kids are on the But families were paying out-of- ementary and Secondary Eduapartment complex playground.

Or how the parents are exhausted from working two or three jobs, and all they have nearby are fast food restaurants and convenience stores. That they don't know how to apply for food assistance. That tune the best approaches. that's how their grandparents taught them to cook.

Woods can brainstorm with families on ways to get rides, find a similar yoga class to the one they loved at school on YouTube or make enjoyable meals with less sugar and salt.

"We are going to have to sit down and make these very individualized targets and changes and talk to them on that level," Woods said. "I don't think we are succeeding with just these general blanket

statements." banks are learning their roles in the individualized strategy and also taking extra steps, such as discharging patients with two weeks of healthy meals or providing cooking classes.

Efforts by Operation Food Search opportunity down." in St. Louis include sending a mobile market full of fresh produce into neighborhoods, and studying the impacts of delivering meal kits, recipes and cookware to pregnant women and their families.

Filling food pantry shelves helps, but it doesn't overcome all the obstacles to eating healthy, said Kathy Mora, director of Food is Medicine initiatives at Operation Food Search.

"We can't solve every problem in the community," Mora said, "but we can find alternative ways, innovative ways that really help people become more independent, more Medicaid, the other four recomsustainable in terms of their health mendations were: care and their nutrition."

### Five recommendations

In 2013, Hampl and her colleagues in Kansas City had been offering comprehensive behavioral health treatment for families with



**CHRISTIAN GOODEN, POST-DISPATCH** 

Nancy Rucker, background left, St. Louis Metro Market coordinator, rings up purchases for customers on Friday, Sept. 16, 2022, on its roving grocery bus during a stop outside the Boys & Girls Clubs' Teen Center for Excellence in Ferguson. The operators of the bus aim to make healthy, fresh fruits and vegetables available and affordable in designated food deserts in the metropolitan area.



POST-DISPATCH PHOTO

Fresh fruit waits for shoppers in the St. Louis Metro Market bus, parked at the Ferguson Community Empowerment Center on Friday, June 4, 2021.

In the St. Louis area, Washington University psychiatry professor Denise Wilfley was also offering the treatment to study participants, thanks to research grants to fine-

Both had become among the nation's leading experts on the model, but both knew their programs were not sustainable.

"We were concerned about kids getting sicker and sicker without getting access to care," Hampl said, especially in rural Missouri.

They were able to make their plea for treatment coverage before the then Missouri Children's Services Commission, made up of representatives from various government

agencies and elected officials. The commission wanted even Places like hospitals and food more. It authorized the creation of a Subcommittee for Childhood Obesity to develop recommendations on how to prevent childhood obesity, not just treat it.

"We were like, 'Whoa,'" Hampl said. "We're not going to turn this

Hampl and Wilfley led the subcommittee and acted quickly, enlisting stakeholders from across the state and holding public forums.

The subcommittee agreed the recommendations must be backed by evidence, able to be impleand impact children in the entire state.

The results were presented to the commission at the end of 2014 and promoted the following year at a statewide conference in Columbia.

In addition to reimbursing obe-

• Pass child care licensing regulations that align with the best standards for feeding, nutrition, physical activity and screen time; and provide support to meet the standards.

obese children for several years. the Missouri Department of El-

cation to stay up-to-date on the latest grade-level expectations for health and physical education and train school staff. Include health and wellness in school accreditation scores.

• Establish a commission within the state health department to oversee implementation of the recommendations, track outcomes and look for ways to improve.

• Establish and fund three academic centers that would coordinate access to treatment, provide training and conduct research to and health educator working in improve prevention of childhood obesity.

Fortunately, an active group of more than 350 volunteers from local health, government and education sectors across the state had long studied and supported prevention efforts — the Missouri Council for Activity and Nutrition (MOCAN), housed under the University of Missouri Extension in Columbia.

The council was instrumental in helping develop the five recommendations and continue to support their implementation, even after efforts fell short.

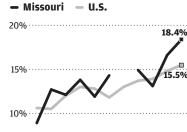
### **MOCAN** continues work

An oversight commission was mented within the next two years never created within the state health department to coordinate and track efforts, so the council home," she said, "and no mandate issue where there's multi-level inestablished its own Healthy Weight Advisory Committee in 2018 take on the job. Again, all volunteers.

When the system of academic centers never materialized, the sity treatment programs through committee in 2020 interviewed personnel from Missouri's system of seven autism spectrum disorder centers to help learn how to closely replicate it for obesity.

After lawmakers did not change child care licensing rules, the council shifted focus to support efforts by the nonprofit Child Care Aware • Create a dedicated staff within of Missouri and the state health department to train hundreds of child

#### **PCT. OF HIGH SCHOOLERS WITH OBESITY, 1999-2019**



'99 '01 '03 '05 '07 '09 '11 '13 '15 '17 '19

Josh Renaud | Post-Dispatch SOURCE: High School Youth Risk Behavior Survey data via the Centers for Disease Control and Prevention NOTES: Data was not available for Missouri in 2011; Obese status means a student was at or above the 95th percentile for body mass index for their age and sex.

care providers to implement plans voluntarily and recognizing those who do so with awards.

Missouri's child care licensing regulations in 2019 scored 51 out of 100 in obesity prevention standards. The national average was 64.

Missouri's department of education also failed to establish a dedicated student wellness staff, but went from having zero employees to two directors overseeing curriculum improvements and training for schools — efforts that greatly expanded through a dizzying array of grants and partnerships with various organizations.

Still, between 2015 and 2019, the students who had obesity continued to rise, going from 13.1% to

Members of MOCAN are trying to determine why only about half of Missouri schools use the School Health Index to assess their physical education and nutrition pro-

The online tool created by the U.S. Centers for Disease Control and Prevention helps schools identify weaknesses, develop improvement plans and engage their communities.

northeast Missouri for the University of Missouri Extension, serves as the coordinator for MOCAN.

Rodman said garnering political support for sweeping state mandates and costly programs is a heavy lift. Even those already undown, face challenges.

"It only goes so far," she said. "It may not always be supported by your state, by your local commissioners, by your school district or by a teacher in the room. There are so many levels where everyone has to be on board, and just one cog the trajectory of the ever-growing in that wheel could stop the whole thing."

While broad policies are important in moving the needle on childhood obesity, Rodman said, so is addressing challenges facing individual families.

"A lot of it is what they do at is going to be able to control that."

### The cutting edge That is where the intensive obe-

sity treatment program for families aims to help.

Family-based behavioral therapy has long been the gold standard for treatment for those with obesity, with research dating back to the 1980s, but it is mostly only available in specialty clinics because of the lack of provider time and training. Many children lack access.

Advocates praised leadership within the Missouri Department

of Social Services for pursuing the long process of adding the treatment to coverage, particularly Dr. Samar Muzaffar, the chief medical officer for Missouri's Medicaid program between 2011 and 2018 before becoming assistant secretary for California's health department.

"They were seeing rising morbidity and rising costs and felt that they needed to do something more intensive," Hampl said. "She (Muzaffar) and her colleagues had been looking at, 'What are more intensive-types of treatments that go beyond regular, traditional clinic visits?""

The treatment, highlighted in a Post-Dispatch story in January, includes at least 26 hours of child and parent sessions over six to 12 months as well as individual behavioral coaching to target each family's goals and barriers.

Families not only learn what foods are healthy, but also consider everything inside and outside the home that makes it easier to make healthy choices.

They work on ways to plan nutritious meals, maintain regular eating times, get enough sleep, find activities in their neighborhood or school, limit screen time and do things with friends that doesn't always involve food or sitting.

Lisa Nelson is co-chair of the Healthy Weight Advisory Committee and is responsible for commupercentage of Missouri high school nity health improvement plans at the three-hospital Freeman Health System in Joplin.

Nelson said states like California and Massachusetts, usually at the forefront of health reforms are looking to learn from Missouri's accomplishments in obesity treatment.

"You have a national leadership team right here that is at the cutting edge," Nelson said. "They are definitely setting the bar for treatment and reimbursements."

Nelson and her committee are now looking at ways to train more Candace Rodman, a nutrition providers in the treatment, and convince families to make the time commitment. Advocates will also seek to have the treatment covered by private insurance.

Having the treatment reimbursed is not the end of the story, but the beginning, Nelson said.

"The active participation derway, from the federal level on of providers in the treatment is going to really shift things," she said, especially in rural areas. "We have not had any tools in the toolbox except to recommend eating healthier and exercise more."

Hampl said the small victories made family by family will change obesity epidemic. But it's going to take a mix of efforts.

"Not every family is going to participate. Some may not still buy the health options at the concession stands and may not want to eat the school meal that has been made healthier," she said. "It's an fluences."

Much more could be done, Hampl said, but those who care for children are not deterred.

"I think that good progress is being made," she said, "and we need to be OK with celebrating the small successes as we continue to look for more population-level impactful interventions."

Josh Renaud of the Post-Dispatch contributed to this report.

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### **Nation**

From A1

CDC estimates that in 2019. 15.5% of U.S. children in grades 9-12 struggled with obesity.

In that same sampling, childhood obesity was most prevalent in Mississippi, where 23.4% of children in grades 9-12 were categorized

The ramifications of the issue could be dire, particularly if the problem isn't stemmed among youths and is allowed to continue into adulthood.

Obesity is linked to a number of serious health concerns, including high blood pressure, high cholesterol, Type 2 diabetes, chronic breathing problems, joint problems and heart disease – the current No. 1 killer in the country.

#### The factors

Health experts across the nation agree that the CO-VID-19 pandemic only worsened the issue.

"We saw unprecedented levels of weight gain in children – specifically in the first six to nine months of the lockdowns in 2020," said Dr. Kavitha Selvaraj, medical director of the Wellness and Weight Management Program at Lurie Children's Hospital of Chicago. Selvaraj is also a certified member of the American Board of Obesity Medicine.

Generally, dramatic weight gain in children has slowed down in the past six to 12 months, Selvaraj said.

"But some of that metabolic damage that happened with new diagnoses in children of Type 2 diabetes, fatty liver disease and heart concerns — that's irreversible damage that occurred to children's physical health, not to mention mental health. That doesn't just go away when businesses open back up," Selvaraj said.

Several factors contribute to childhood obesity, including genetics and behavior. But medical experts agree that a lack of access to nutritious food in certain areas of the country and an intense stigma surrounding being overweight are making mat-



**ANDREW HARNIK, AP PHOTO** 

First lady Michelle Obama, top center, laughs as Sebastian Mason, 12, right, turns to give members of the media a thumbs up as the first lady welcomes children who participated in events with the "Let's Move!" campaign around the country to the in the East Room at the White House in Washington, Wednesday, June 3, 2015.

with roots in a variety of come from." causes, and experts say solutions – both within the home **Food insecurity and** and at the government level are not easily reached.

"We as a society need to support people and families to be able to live lives that prioritize health," Selvaraj said.

### The response

Former First Lady Michelle Obama launched the "Let's Move!" campaign in 2010 with a goal to end childhood obesity. President Donald administration Trump's later rolled it back, discarding rules for vegetable and fruit serving size requirements in school lunches.

President Joe Biden announced earlier this year that his administration plans to host a conference to address efforts toward "ending hunger, improving nutrition and physical activity, reducing diet-related disease, and closing the disparities around them." The conference, slated for Wednesday, will be the first of its kind in over 50 years.

"Hunger, diet-related disease and the disparities surrounding them impact millions of Americans, and the COVID-19 pandemic put a spotlight on the urgency of addressing these issues," said Susan Rice, the president's adviser for domestic policy.

### access

Health care providers across the nation say one of the biggest obstacles in preventing obesity is the lack of access to affordable, healthy food options. Experts say the problem disproportionately affects minority communi-

"We know that some groups tend to have higher rates of obesity related to socioeconomic disadvantage and system barriers related to injustices and racism and different forms of discrimination," Selvaraj said.

From 2017 to 2021, obesity prevalence was 26.2% among Hispanic children ages 2 to 19, 24.8% among Black children, 16.6% among White children, and 9% among Asian children, according to the CDC.

Felicia Anderson, as the regional educator for the Lincoln University Cooperative Extension in Sikeston, Missouri, has been serving the Bootheel, with some of the highest rates of poverty and poorest health outcomes for 20 years.

As a whole, 18.4% of Missouri children in grades 9-12 were estimated to be suffering from obesity in 2019, "No one should have to won-compared to a national per-

Anderson said she has always made exercise and nutrition a priority in her programs. While she sees her students starting to not as an illness but as evicarry around a water bottle instead of getting a soda and grabbing an apple instead of chips, the biggest challenge remains eating healthy at home, she said. Many families don't know how to make enjoyable and healthy food money to do so.

"There's not a lot of options for nutritious cooking ties. classes or how to eat healthy on a budget," in the rural area, Anderson said. "We just have to educate our parents."

Families in low-income urban centers and rural areas may find themselves living in assigned by the distance from Lawrenceville, Virginia, a a grocery store. Limited access to a supermarket makes it harder for some families to lina border. access healthy food.

### **Food culture**

In Alabama, where in 2019 17.2% of youths in grades 9-12 were estimated to be struggling with obesity, pediatrician Dr. Richard Glaze noted that regional dietary staples of fried foods and

in the South is we love to eat. often generations of those Selvaraj agrees. kinds of choices," said Glaze, who works at Pediatric Clinic

"... Food is an important our celebrations, it's a part of our family time together, and we don't want to demonize food in general. But we want to make sure we give it its dren feel that shame." proper place," he said.

Sugary drinks also contribute to the obesity problem to Dr. Suzanne Lazorick, a professor of pediatrics and and others. public health at East Carolina University.

day from beverages, which is more than what even ing disorders. their total calories should be from all of their nutrition," Lazorick said.

### The stigma

If the causes are complex, treatment is even more dif-

health officials and nutri-

### Childhood obesity & socioeconomic status

the Robert Wood Johnson Foundation and the U.S. Centers for Disease Control and Prevention researched how socioeconomic status impacts childhood obesity.

In 2011-2014, the prevalence of obesity in children 2-19 years-old decreased as the head of household's level of education increased.

The prevalence of obesity was 18.9% among children aged 2-19 in the lowest income group, 19.9% among those in the middle-income group and 10.9% in the highest income group.

23.1% of youth from families in the lowest-income group have obesity, about 8% of those in families from the highest-income group.

28.7% of non-Hispanic American Indian/Alaska Native youth have obesity, the highest of any of the five racial and ethnic groups studied.

tionists across the country Planting seeds of are increasingly focusing on youths to prevent the obesity epidemic among children and adults from growing

One hurdle has been stigma, experts and parents said. Many people see obesity dence of a moral failing, the result of laziness or a lack of willpower.

As a result, many youths feel shame about having obesity. The shame can keep them from socializing, dating, putting on exercise or aren't able to spend more clothes or bathing suits and participating in classroom and extracurricular activi-

> Many take cover — and comfort - in food.

"In the culture we live in where there's so much shaming and people saying 'you're fat, you're bad,' we have to look a little deeper," said Jes-"food deserts," a designation sica Jones, a youth pastor in community of about 1,400 just north of the North Caro-

Her church, Tabernacle of Zion, has partnered with a program at Virginia Tech to address childhood obesity through building community support, which research suggests is crucial to

"If you look a little deeper, there's often more going sweet teapose a unique issue. on," Jones said. "Sometimes "What you'll also find here there's trauma attached."

From her practice in one We eat stuff that oftentimes of the nation's premier chilisn't good for us and that's dren's hospitals in Chicago,

"There is absolutely massive weight stigma in our so-LLC, with offices in Auburn ciety," Selvaraj said. "The way we treat children and adults who have high weight is really part of our lives. It's a part of shameful. We really value in our society a certain type of body. And when people do not meet a certain societal ideal of children, young chil-

Weight-related bullying only worsens the situation, Selvaraj said. Children interin North Carolina, according nalize what is said to them by classmates, parents, siblings

"They can actually start having a negative voice in "We have sometimes 3-to-their head where they're tell-5-year-old children that are ing themselves they're bad," drinking 1,400 calories a Selvaraj said. This can lead to depression, anxiety and eat-"We see an unfortunate

number of eating disorders, which kind of gets missed in patients with elevated weight," she said. "People think that elevated weight and eating disorders are two separate categories when It's why doctors, public there is actually a massive

### change

Shoveling compost, tearing out old vegetable plants and assembling a new garden bed, a group of seventh- and eighth-graders at Redwood Middle School spent part of a recent afternoon working in the campus garden. The students were getting ready to grow new food and - hopefully — healthy food habits.

Redwood's garden is one way the Napa Valley Unified School District in California is exploring different ways to integrate gardens and garden-based nutrition into its curriculum.

Similar initiatives are taking place in Nebraska. In the 2021-2022 school year, schools across the state spent more than \$3 million on locally produced dairy, meat, fruits and vegetables. That includes more than 1,840 pounds of broccoli, 66,000 cobs of corn, 107,000 pounds of chicken and millions of milk cartons.

Sarah Smith, the farm to school coordinator at the Nebraska Department of Education, said recent policy victories have led to increased interest in the program.

In 2021, the Nebraska legislature passed the Farm to School Act, which allocated funding and created Smith's full-time position within the NDE to coordinate farm to school programs.

"There are public health and food security benefits, as well as lifelong health benefits when farm to school is in the picture," Smith said.

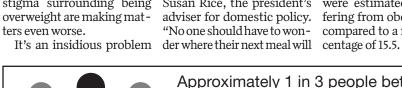
Dr. Amy Christison is the medical director of Healthy Kids U Clinic at OSF Children's Hospital of Illinois. Healthy Kids U is a weight management clinic in Peoria that partners with children and families to make healthy lifestyle choices and to prevent and manage children with obesity-related prob-

"We want them to have a great healthy relationship with food and to be able to nourish their bodies so their bodies are strong and healthy all their lives," said Christi-

Empowering parents and guardians to help their children in making healthy lifestyle choices is also a key component to preventing obesity rates from climbing.

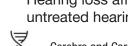
"It's the work you do every single day, which is not always appreciated in the moment, but it pays off over time. We hope," Selvaraj said.

Analisa Trofimuk • analisa.trofimuk@



Approximately 1 in 3 people between the ages of 65 and 74 has hearing loss, and nearly half of those older than 75 have difficulty hearing.

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Hearing loss statistic: National Institutes of Health. (2001). Hearing Loss and Older Adults. NIH Publication No. 01-4913, March 2016. http://www.nidcd.nih.gov/health/hearing/older.asp Alzheimer's statistic: Archives of Neurology, Feb. 2012 Diabetes statistic: Annals of Internal Medicine. \*Source www.livescience.com/17041-hearing-loss-common.html







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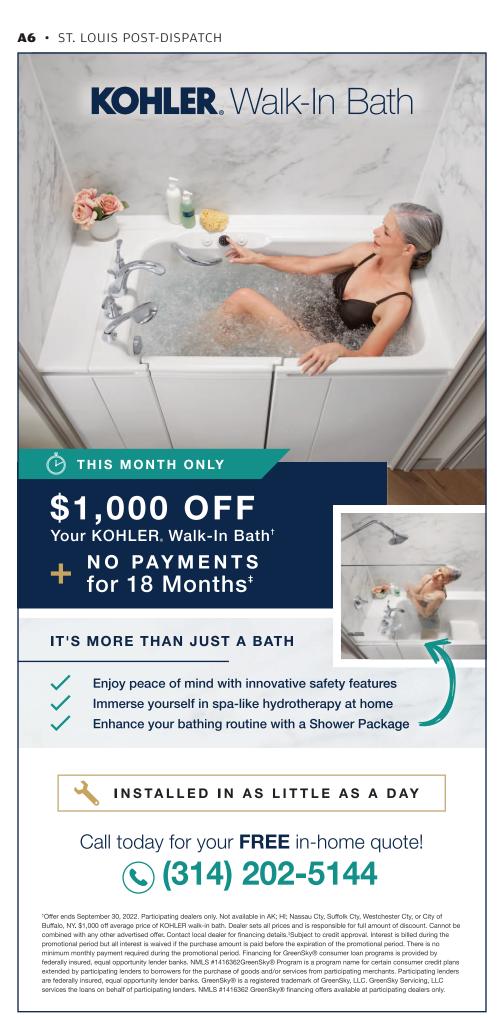
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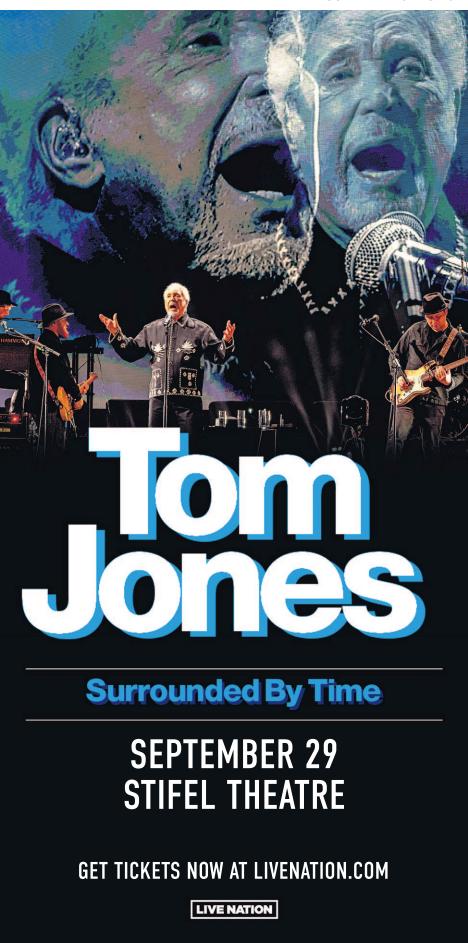
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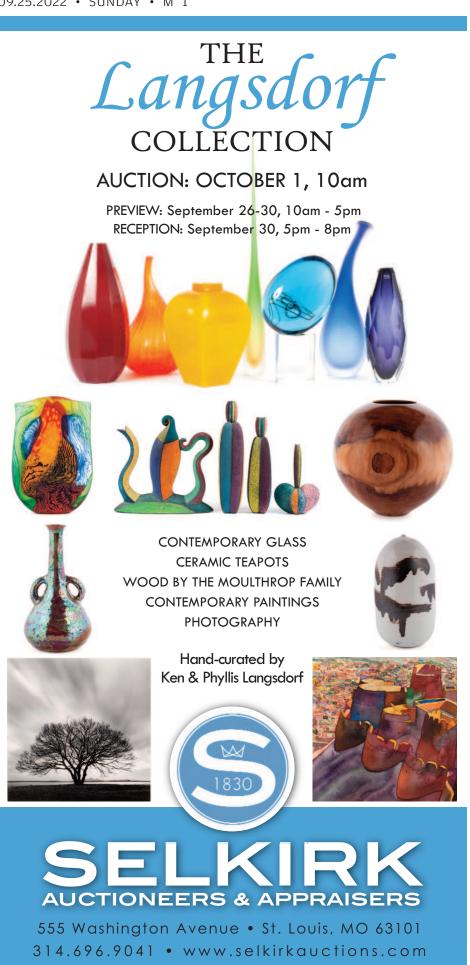








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Sun 12-5





### **Detective**

tested for DNA. She had to wait years for DNA testing to improve. And she had to persuade a killer to admit it all.

That first day in Potosi, Weber hoped Muehlberg, who was already serving a life sentence for a 1993 murder, would quickly come clean. She was hoping he'd say: "I've been waiting for you guys for 32 years."

But when the balding, white-bearded man in a gray prison uniform walked through the door, that's not how it went.

### A huge disappointment

Weber couldn't get the photos out of her head.

She was a new detective in O'Fallon in 2003 when she first heard stories about the case of Sandy Little.

In O'Fallon, a suburban city with a rapidly growing population of about 94,000. Little's death was just about the only cold case homicide in town.

Her body was found in 70. It had been packed into a dresser and placed in a box five months after Little had disappeared from "The Stroll," a stretch of Cherokee Street in St. Louis then known for prostitution.

Investigators had long tied her case to the disappearances of a series of women in 1990, most of whom were sex workers and all with ties to The Stroll. Several turned up, like Little, in "packages" on the side of the road across the region. All had been strangled.

The case immediately captured Weber's attention. She got into police work in part because she was fascinated by the cold cases featured on shows like "Dateline." She grew up in St. Charles, went to college, paid her own way through the Eastern Missouri Police Academy, and became a detective just three years after she was hired as a police officer in O'Fallon.

That's when she came across the Little crime scene

"It was just the grisliness of it that stuck with you," she said. "Basically the worst you can think of. I thought: First of all, how could anybody do this to a human being?

And second: Why isn't this investigators already had. solved?

In 2008, she learned none of the evidence had been DNA tested, a tool not available to investigators in the 1990s.

To reopen the case, Weber pulled dozens of evidence bags of clothes and other items found with the body, some no longer recognizable. She read through 16 case folders on Little's death, which included information on two other women's cases.

Weber looked into those killings, too.

the Lincoln County Sheriff's Office for the case of Robyn Mihan, a sex worker last seen in March 1990 on The Stroll. Mihan's body was found four days later stuffed between two mattresses bound together with wires near a highway in Silex, a rural Missouri town about 60 miles northwest of St. Louis.

Weber then went to Marvland Heights to collect all the evidence on Brenda Pruitt, who went missing in 1990, her body found by Maryland Heights city employees 10 months later in a brown plastic 33-gallon trash can.

Between all the cases, We-February 1991 off Interstate ber sent dozens of evidence bags off to the Missouri Highway Patrol crime lab for DNA testing.

In 2009 she got news: Nothing was found.

"That was a huge disappointment," she said.

But she didn't quit: Weber met with other investigators to brainstorm the case, filling a whiteboard with every piece of evidence they could try testing again.

That year, she and two other detectives spent two weeks re-interviewing witnesses, speaking to victim's family members and going back to longtime suspects. They found nothing new.

Still, she again sent all the evidence for testing, this time to the St. Charles County crime lab. And she asked for updates regularly over the years, making sure the lab continued the search.

Then this spring, the St. Charles lab called. It found a partial fragment of DNA off of a condom thrown between of our girls were kept for an the mattresses with Mihan's body.

fragment wasn't enough to run through the rule out or confirm suspects

Weber checked it against

blood police had already collected from other suspects. None were a match.

She got DNA from two more suspects, including one man already in prison for killing a woman and stuffing her body in a luggage container.

Again, neither matched. Then came big the break.

#### 'We got a hit'

Weber was at an emergency room in Keystone, Colorado her 12-year-old son had She pulled evidence from run into a tree on a ski vacation, spraining his wrist and knocking loose two teeth when she got a text from the O'Fallon police evidence specialist: Someone from the crime lab needed to reach her.

> "I knew this had to be something big," Weber said. Her family left the ER and found an orthodontist. She called the crime lab in the

waiting room. The DNA specialists were gathered, excited, on speakerphone. They told her they tested the condom again.

"We got a hit," one of them told her. "We don't have the name yet, but we're working on it."

Weber was elated and anxious to dive back into the case. A few days later, back at home, she got another call. They had a name: Gary

Muehlberg. "His name wasn't on anyone's radar," she said. "So I started researching him immediately."

Weber learned Muehlberg was serving a life sentence in prison for the February 1993 killing of Kenneth "Doc" Atchison, who he murdered for \$6,000 before storing the man's body in a plywood box in Muehlberg's basement. Atchison had gone to Muehlberg's home at 3520 East Edgar Drive in Bel-Ridge in hopes of buying a 1987 Cadillac with the cash.

"I just couldn't believe how many connections there were to our case," Weber said. "Doc was found in a makeshift coffin. Sandy Little was in a makeshift box. He kept Doc's body in the basement for six weeks and we know several extended period of time. It all fit."

Weber pulled the old investigative files and evidence FBI's Combined DNA Index from Atchison's case from System. But it could be used to St. Louis County police. She spent two hours with a re-

tired homicide detective. She interviewed people who remembered Muehlberg.

"I wanted to figure out what type of person Gary was," she said.

report from Salina, Kansas. Muehlberg had been accused of tying up, gagging and threatening a 14-year-old babysitter with a knife in her home. He served some time in prison for the crime.

told Weber he was a twicedivorced narcissist.

"They just said he always everyone," she said. "He always thought he was right."

Muehlberg's home in Bel-Ridge was torn down in 2019, but Weber looked at pictures and descriptions of the place from the old police report. It was run down with wires dangling everywhere, she said. The walls were severely damaged after a fire. In the basement, there was a concrete room that had its door hidden from visitors.

could live there," she said.

Weber researched Muehlberg's time in prison. He had with just one write-up over 27 years.

His only offense in custody? Passing some jellybeans to another inmate.

### 'What are you scared

Weber brought Mike Harvey, an investigator for the St. Charles County Prosecuting Muehlberg.

Weber remembers a long, tense wait. Then Muehlberg walked through the door.

"We're working a cold case from the early '90s," she remembers telling him. "We got your DNA. That's why we're here. We didn't pull your current behavior and would name out of a hat."

Weber showed him the lab report connecting him to Mihan's death.

"It says homicide," he told the detectives, looking at the paper. "Are you gonna charge me with some homicides?"

"I'm not gonna charge you with anything right now," Weber told him. "We need to in my life," he said. "These talk about this."

Weber and Harvey described details in the deaths of Mihan, Little and Pruitt. They showed Muehlberg the crime said he told them. scene photos of Mihan's body.

He acted shocked by the picture, Weber recalled. It seemed fake to her.

So they tried different tac-

"You're 73 years old," We-Weber pulled a 1973 police ber told him. "You have medical problems."

> They told him admitting to the murders could ease his mind. It could help the victim's families. He kept saying: "I don't

know anything about this Associates of Muehlberg type of thing. You got the wrong person."

Eventually, Weber asked: "Gary, what are you scared thought he was better than of? What are you worried about?"

> Weber now clearly recalls his answer: "He didn't say being accused of murders I didn't do. He said the death penalty."

> When the detectives suggested that an admission would give victims' families closure, Muehlberg told them his brother died in Vietnam. He told them he got closure when he buried him.

"Wouldn't you want to "I don't know how anyone know," one of the detectives asked, "what happened to your brother?'

Muehlberg got emotional, been close to a model inmate but stopped answering questions. He shut down.

"Would you be willing to talk to us again in the future?" Weber asked.

"Yeah," he said. "You know where I'll be."

### 'No more running'

A little more than a month later, the detectives returned to face Muehlberg a second time, now armed with letters Attorney, to help question from prosecutors in Lincoln, St. Charles and St. Louis counties promising that they would not seek the death penalty against him.

Weber also got a letter from the warden of the prison, telling Muehlberg his inmate privileges were based on his not be altered if he faced more charges.

"OK," Weber remembers Muehlberg saying. "Let's get

The detectives then took him through all three cases. He admitted to each.

And he seemed to show remorse. "This was a bad time girls didn't deserve this."

"I can't tell you why I did this because I don't even understand it myself," Weber

Muehlberg said he met

some victims on the street and others at a bar. He said he never knew many of their real names because they went by aliases. He took them all back to his Bel-Ridge home where he killed them, he told the detectives. He recalled dropping bodies on the sides of highways that matched the accounts in the police reports.

Weber asked if Muehlberg thought differently of sex workers. He said no, telling her he had picked up other prostitutes and let them go without hurting them.

"He couldn't really say why he chose to kill these specific women," Weber said.

Two days after that second interview, Muehlberg sent Weber a letter, admitting to two more killings.

The detective quickly identified one as Donna Reitmeyer, a 40-year-old sex worker whose body was found in June 1990 inside a rubber trash can in south St. Louis. Investigators for decades suspected it might be linked with the others.

Weber is still working to identify the second. Muehlberg said he disposed of the body in a metal barrel at a self-serve car wash.

"I must live with my past - the good and bad parts," Muehlberg wrote at the end of the letter. "No more running."

### Are there more?

Area prosecutors pushed to quickly charge Muehlberg because of his failing health.

They gathered at a press conference on Monday in Clayton, the St. Louis County seat, to announce the four new murder charges.

Weber opted not to take center stage. She instead stood most of the time behind the prosecutors, her eyes watching the victims' family members in the crowd. She only took the microphone when pressed.

It was a big day for Weber, she said.

Since then, she has fielded calls from more families wondering if Gary Muehlberg is behind the deaths of their loved ones, too.

"He claims he's told us about all of the people he's killed," Weber said.

"But from my experience," she said, "I would guess there's probably more."

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### **Books**

From A1

or genitalia, with exceptions for artistic or scientific significance — went into effect at the end of August and applies to both public and pri-

vate schools. Teachers and librarians have scoured their book lists for any applicable content at the direction of lawyers. But interpretation of the law varies by geography, according to a Post-Dispatch analysis of public records:

• Ten school districts in St. Louis city and mostly inner suburbs plan to ignore the really have to question what Holocaust through sharing law and not change their library collections. University City posted a photo this week in the middle school library along with a sign reading "We Read Banned Books."

• Four suburban districts Francis Howell in St. Charles County and Kirkwood, Lindbergh and Rockwood in St. Louis County - each removed more than 12 books from their schools.

• Wentzville School District banned one book and Handmaid's Tale" graphic pulled 223 others "for further review," including dozens of art history books and "Children's Bible Stories."

• Two Jefferson County districts, Fox and Festus, banned no books. A Festus spokesman clarified that materials falling under the law "were never in school libraries in the first place." The number of book bans

nationwide this school year is on track to top last year's record total, according to the American Library Association. The spike comes amid a culture war over how educators should teach about trict banned "Maus" by Art race, gender and sexuality. "When you dictate what

people can read, what people can choose from, that's the mark of an authoritarian society, not a democratic society," said Deborah Caldwell-Stone, director of U.S. Holocaust Museum said consequences and will err on about the new state law, but was a kid. Kids just want to the association's office for the book "has played a vital the side of caution on behalf that no books have been re- be seen."

### TABLE: BOOKS BANNED MOST BY AREA SCHOOL of the individuals who serve moved. **DISTRICTS**

The Post-Dispatch contacted 28 area school districts to ask which books, if any, they banned from their shelves. This table shows the most-banned books among the districts that responded. The 28 districts included all those in St. Louis County, as well as St. Louis Public Schools, and the Festus, Fox, Francis Howell and Wentzville districts. Four districts did not provide data: Fort Zumwalt, Jennings, Riverview Gardens, and Webster Groves.

| and modern distress                    |                |
|--|----------------|
| Book                                   | Num. districts |
| The Handmaid's Tale: The Graphic Novel | 10             |
| Gender Queer: A Memoir                 | 7              |
| Watchmen                               | 5              |
| Flamer                                 | 4              |
| Home After Dark                        | 4              |
| The Sun and Her Flowers                | 4              |
|  |                |

SOURCE: Area school districts intellectual freedom. "We role in educating about the we intend for the education of our young people."

The local map of banned of banned books displayed books tends to align with political leanings, with districts in conservative areas removing more titles. Suburban school boards in St. Charles County and west St. Louis County have also faced from residents over the last Dead" series. two years.

The three books most frequently targeted were "The novel, banned in 10 local school districts; "Gender Queer," banned in seven districts and "Watchmen," banned in four districts. Half of the 10 books most ing Babies." frequently pulled from classrooms and school libraries feature LGBTQ characters and themes, and several others involve racism.

Of the 97 books that have been banned by schools in the St. Louis area, 86 were targeted by just one district. High-profile examples include: • Ritenour School Dis-

Spiegelman, a Pulitzer Prizewinning graphic novel about the Holocaust that depicts ity of Senate Bill 775 is that, Jews as mice and Nazis as now in effect, it includes cats. When "Maus" was banned earlier this year by a Tennessee school district, the willing to risk those potential

detailed and personal experiences of victims and survivors."

• Lindbergh banned "A Dangerous Woman: The Graphic Biography of Emma Goldman," about the radical political activist and anarchist, along with several volumes in the "Game of repeated book challenges Thrones" and "The Walking

• In addition to "1984: The Graphic Novel," Kirkwood banned "Crime and Punishment: A Graphic Novel," "Annie Leibovitz at Work" about the celebrity photographer, and "The Human Body in Action," a 1999 textbook with a chapter called "Mak-

The ACLU of Missouri issued a statement last month saying school library books are not subject to the new state law because they have "already been screened under nationally well-established standards for selecting material that take into account the entire piece."

But some school leaders said the threat of prosecution requires a conservative approach to culling books.

"The unfortunate realcriminal penalties for individual educators. We are not

our students," said Kirkwood spokeswoman Steph Deidrick.

The Missouri Library Association denounced the book bans, saying schools dangerous is scary." need to protect academic and autonomy for their edu-

cators. "In choosing to preemptively remove graphic novels from your collection, you are sending the message to your students that you support chill access to information, materials in your collection," association to Rockwood administrators. "We ask you something else at play." as leaders in your district of this law, to support your staff and your students, and to stand with us against cen-

sorship." Sen, Rick Brattin, R-Harrisonville, tweeted this month Johnson said. that he is "proud to have banned these books in school libraries. It's sick that people think this is appropriate for school age children."

### **Students react to** book bans

No private schools have reported pulling books in response to the law. High school students in an AP Literature course at Crossroads College Prep in St. Louis tentially not equipped with described the book bans as the knowledge that their patronizing, insulting and counterparts had." disturbing.

weaves another layer onto this blanket of ignorance," said Tré Humphries, 17. In a recent class, Cross-

roads students discussed "Invisible Man" by Ralph Ellison and other books that have been banned. English teacher and co-head of said a lawyer for Crossroads has advised administrators books I wish I had when I

"The idea of trying to limit what people have access to is something we are fighting against," Wolff said. "For somebody to say a book is

Book bans are also known freedom for their students to backfire, inspiring students to seek out books that otherwise would sit untouched on the library shelf.

"The fact is, if you're an enterprising teenager and you want a copy of 'Gender Queer' you're going to get (the law's) intent, which is to it," said Linda Johnson, president and CEO of the Brooklyn art, and culturally relevant Public Library in New York. "Either the elected officials reads a Sept. 9 letter from the or parents or school administrators are naïve or there's

In April, the library to have courage in the face launched Books Unbanned, offering free online access to its entire collection for 13- to 21-year-olds. There have been spikes in demand The bill's sponsor state from students living in school districts that banned titles,

Families in Wentzville, where the school district is being sued over book bans. will partner with the ACLU to host a "students' rights" strategy session on Oct. 2 at the local library.

"It's important for students to learn how to advocate for themselves," said Zebrina Looney, whose four children attended Wentzville schools. "They're the ones going off to college and po-

### "Banning these books Graphic novels targeted

Jerry Craft hated reading as a kid and thinks it's because the African American protagonists were either enslaved, imprisoned or fighting for civil rights.

"As a 12-year-old, why school Sarah Pierson Wolff couldn't I have a Harry Potter?" Craft said. "I write the

When Craft heard his book "New Kid" had been challenged by parents in Texas because of "critical race theory," he had to Google the term. The Newbery Awardwinning graphic novel is about a Black boy who experiences culture shock when he transfers to a private

school. "My goal was to tell a story that was loosely based on my life and the lives of my two sons and the lives of a bunch of my friends," said Craft, who spoke about banned comic books Thursday at St. Louis Central Library. "One of the things that most people don't do is actually read the book or ask a kid what they think of the book. That's one of the biggest problems - the kids are often an after-

thought." Teachers say graphic novels are valuable tools for engaging reluctant readers. English learners and those with learning disabilities. The visuals combined with text can lead to deeper understanding and analysis of a book.

But there is a general misunderstanding of the term graphic novel, which refers to the comic-strip illustrated format of the books and not the content, said Jeff Trexler, interim director of the New York-based Comic Book Legal Defense Fund.

Federal lawmakers on Thursday marked Banned Books Week by introducing resolutions condemning school book bans, calling them unconstitutional.

"The general tragedy of banning books in schools is they are protected classes against discrimination," Trexler said. "You're going to have people thrown into jail for showing material that's protected by the First Amendment."

The Associated Press contributed to this report.

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### How small businesses can plan for mass crimes

BY NICOLE NORFLEET Star Tribune

It has started to feel like shootings and other dangers in business settings are becoming more common.

For business owners and managers, these emergencies are rare but can be deadly and traumatic to workers and customers.

While many large corporations and regional destinations already practice hazard planning for critical incidents, small businesses need to have plans in place as well, safety experts sav.

Businesses can be found liable if they don't have critical incident plans to help mitigate foreseeable risks.

"It's no longer 'It couldn't happen here," said Randy Spivey, chief executive and founder of the Center for Personal Protection and Safety, a consulting firm in Tysons, Va.

One of the first key things business owners should do is analyze their biggest risks. That starts with looking at the size of the business, location, the type and volume of customers it serves, number of employees and public access, said Jason Matlock, a longtime security consultant in the Twin Cities and a safety executive in the Minneapolis schools.

"Not every business is going to have the same kind of risks," Matlock said.

Businesses should put violence prevention policies in place to make clear what is acceptable behavior and when something should be considered a threat that needs intervention, Spivey said.

Employees need to be trained on indicators that show when an incident could lead to violence and ways to de-escalate situations, he

Many times good customer service can help prevent a lot of incidents from getting out of hand, Matlock said.

Another part of forming a plan is figuring out how a business should respond to risks in the moment. Matlock suggests involving the people who are going to be part of the response, such as store employees, in the planning.

Owners should "table talk" with their staff to walk through different emergency scenarios so they all understand how they are supposed to respond, Matlock said. Use similar frameworks for different hazards, so that it is easy to remember who is calling for help and other roles.

Emergency planning not only helps organizations become more resilient in a crisis, but it also helps individuals, Spivey said. If people are trained on how to respond at work, then they would have more situational awareness during emergencies in their personal lives as well, he said.

While each scenario is different, generally if people can remove themselves from a potentially violent event, they should. If not, they should barricade themselves somewhere until it is safe. There are also situations in which they could fight back, if they're in a group, Spivey

said. Business owners have to figure out what they can afford and also what they would be willing to mitigate. A business could hire an armed guard, but an owner needs to assess if the benefits of that outweigh the possible negatives of some customers feeling uncomfortable with armed personnel, Matlock said.

As part of the response planning, businesses need to understand what sort of resources are available to them, like who they should call if someone is having a mental health crisis.

After responding to an event, there needs to be a recovery plan to communicate what happened within an organization and outside to the public. Other services, such as trauma counseling and family support, also should be considered, Spivey said.

While businesses should be prepared, owners shouldn't just focus on worst-case-scenario violent incidents, Matlock said. "It's not the thing that is most likely going to happen to you," he said. "It's much better to bring yourself into the world of being ready and dealing with things that are more frequent and more likely and also probably less traumatic."

Plans should be reviewed regularly. Several organizations, including the Federal Emergency Management Agency, Cybersecurity and Infrastructure Security Agency and the Better Business Bureau, offer free resources for businesses on how to create emergency preparedness plans and training.



As the sun sets, Carlos Fernandez, 90, stands in the doorway of his shack, down a steep, winding road on a remote mountainside in Villalba, Puerto

# People are fleeing all of the US territories

**BY ANDREW VAN DAM The Washington Post** 

For much of the postwar era, America's territories thrived. Remnants of the age of imperialism, the five far-flung Caribbean and Pacific outposts added residents faster than most states. But the 2020 Census revealed a troubling turn: Every territory is now shrinking, losing population faster than any state.

The synchronized swoon flummoxed us. They appear to have so little in common!

The largest U.S. territory, Puerto Rico, has 3.3 million people and Spanish and West Indian traditions tracing back to Columbus. The nearby U.S. Virgin Islands (population 87,000) were previously settled by Denmark. Over in the Pacific between Japan and heritage and tourist economies ries in the Northern Marianas, oil soon join them. American Samoa (pop. 50,000), in the heart of Polynesia, still employs a communal system of land ownership and lies closer to New Zealand than Hawaii.

One big thing unites them: U.S. rule.

Their population collapse also seems uniquely American. From 2010 to 2020, the population plummeted by 18 percent in the U.S. Virgin Islands while the British Virgin Islands gained 9 percent. Over the same period, American Samoa lost 11 percent while independent Samoa gained 7 percent.

What's going on? Why are people fleeing the distant vestiges of America's global empire?

Good data remains elusive. The government rarely gives the territories equal coverage in its headline economic and demographic releases. Legislation introduced in July by Rep. Raúl M. Grijalva (D-Ariz.) and the territories' nonvoting delegates would push agencies to fill those data gaps, but it has yet to truly begin the arduous journey through Congress.

So, we picked up the phone. Talking with locals, officials and experts over the past few months, we eventually came to a simple perhaps overly simple – conclusion:

The island territories, even the most developed ones, have much in common with America's rural areas. Their problems are rural problems, supercharged by migration and tax policy. And, of course, by distance from the nation's population centers.

The population loss in the territories came as rural America middle class and our students snapped a four-decade population growth streak and started shrinking. The decline stemmed from familiar rural culprits: declining manufacturing, lack of health care, falling birthrates, brain drain and climate change. Even Puerto Rico's storied capital, San Juan, might have more in common with a faded Rust Belt hub like Detroit brightest makes the islands less than with a coastal "superstar city."

Like many rural areas, the islands are trapped in a vicious cycle. As people lose their jobs or move away, tax revenue falls. ritories can't provide the same mainland and they rarely come tourist infrastructure - some of shrinking."

services. The lack of services and back," said Mark Wenner, former which still hasn't been rebuilt. amenities drives more residents away, those residents stop paying taxes, and the cycle accelerates.

But what set off the cycle? What turned decades of growth into decline?

Each island is different, but when we asked for the broadest factors, economists pointed to manufacturing. The islands' struggles came as China squashed rural factories everywhere. And the territories were hit unusually hard because the flood of cheap Chinese goods came at the precise moment when an accident of history made the islands uniquely vulnerable.

Starting in the 1960s or even earlier, U.S. and territorial officials used aggressive tax incentives to lure factories. It worked. Global Australia, Guam (pop. 154,000) industries reshaped the islands: and the Northern Mariana Islands There are pharmaceutical facto-(pop. 47,000) share Chamorro ries in Puerto Rico, textile factooriented toward East Asia. And refineries in the Virgin Islands and tuna-packing factories in American Samoa.

But after crackdowns on what critics called corporate welfare during the Clinton administration and the years that followed, most of those tax breaks disappeared. The most prominent of them expired just as Chinese factories were hitting their stride.

While not all policymakers agree, economists such as Zadia Feliciano of Queens College, City University of New York, say textile, footwear and electronics manufacturers on the islands depended on those tax breaks and couldn't weather China's rise without them. Her recent analysis with Meng-Ting Chen of Soochow University in Taiwan found that the phasing-out of one of the biggest tax credits, Section 936 of the Internal Revenue Code, from 1996 decline in Puerto Rico's pharmaceutical industry since 1995.

"The declining population of Puerto Rico in part is due to the economic crisis created by the elimination of Section 936," Feli-

The economic struggles have accelerated brain drain on the islands, as the young and ambitious leave to attend school or join the U.S. military. As with rural kids seeking their fortune in cities, the islanders often put down roots on the mainland, where their college degrees and other experience are far more remunerative. The islands just don't have many high-paying opportunities for the

educated. "It's really troubling for our who graduate here," said Roseann Jones, a University of Guam economist who has spent the past beginning to say this is a very build and raise a family, to commit to"

The exodus of the best and attractive to companies looking to relocate, which leads to fewer well-paying jobs, which pushes even more skilled graduates to

chief economist at the USVI Office of Management and Budget. "And then you have a mass of young people that are not well prepared due to the low-quality public education system. . . . The only option for many is basically to go the military or to migrate to the mainland."

Brain drain has long plagued the islands. But as birthrates have fallen and death rates rise, it hits differently. Populations no longer can count on enough new babies to counter the steady outflow of young adults. Indeed, the birthrate in the territories is perilously close to falling below the rate of replacement. That's probably already happened in the Virgin Islands, American Samoa and Puerto Rico, which has one of the Rico and the other territories. "I lowest fertility rates in the world. suspect that we'll see more of this At current rates of decline, the migration because of the climate other two Pacific territories will

are tied to an aging population living in health-care deserts. Mainland rural Americans often are forced to travel hundreds of miles to get basic care. For Americans in the territories, hundreds of miles can easily become thousands.

Medical facilities on the islands often can't provide advanced care, forcing residents to travel to the mainland United States or foreign countries. For example, a 2019 federal report found that the only hospital in American Samoa was "in a state of failure due to age, environmental exposure, and lack of preventative maintenance."

Like most other territorial residents. American Samoans are not eligible for Medicaid, the federal health program for the poor, or Supplemental Security Income, which pays monthly benefits to the elderly and disabled, unto 2006 explains at least half of the less they go to the mainland -asurprising disparity recently upheld by the U.S. Supreme Court. (Thanks to a quirk of history, residents of the Northern Marianas can get SSI.)

As their population and economic growth have sputtered, many communities in this fastoxidizing, globe-spanning island Rust Belt have turned to the only industry left to them: tourism. But service-industry work doesn't pay nearly as well as factories, and the influx of tourists can drive up the cost of living for locals.

"We have this greater and greater trend of people saying, 'I can't find work here, I can't find a future here," Jones said of Guam. "'I can't continue to pay \$15 a gallon for fresh milk?"

Tourism is also far more susceptible to external shocks such the mainland, the negative feedas hurricanes, financial crises and global pandemics. Even by 25 years on the island. "They're the standards of rural America. starved by drought and ravaged challenging place economically to by wildfire, the islands have had a rough run.

pandemic – came as the islands struggled to recover from Hurricanes Irma and Maria, two of the most expensive storms in history. In 2017, they devastated the Virgin Islands and Puerto Rico twice in a matter of weeks, leaving more "The ambitious, well-prepared than 3,000 dead and demolishing tough to have a fast-growing Without that revenue, the ter- kids, they go to college on the important health, education and economy if your population is

In 2018, the Category 5 Typhoon Yutu wrought similar havoc on the Northern Marianas and Cyclone Gita ripped through American Samoa. And last weekend, Hurricane Fiona walloped Puerto Rico yet again.

Simply rebuilding what was lost in these storms makes increasingly less sense as the specter of climate change looms. All the territories are exposed to the peril of rising sea levels, changing weather patterns and intensifying hurricane and typhoon seasons.

"The climate risk is becoming increasingly more significant, more severe," said Mark Zandi, chief economist at Moody's Analytics and a longtime follower of the economic travails of Puerto

problems these islands face." And in the islands, migration The islands' rising death rates is made uniquely appealing by a circumstance that exists nowhere else in the world: American citizenship (or in the case of American Samoa, residency).

Typically U.S. citizens by birth. territorial residents are nonetheless stuck in constitutional limbo, disadvantaged by complicated, more-than-a-century-old legal decisions that deny them certain rights and benefits because they are "fierce, savage and restless" people who cannot be governed by "Anglo-Saxon principles."

But there's a simple way to break out of that limbo: They can move to the mainland. The moment a territorial citizen steps off a plane in Florida or California, their vote counts in federal elections and they're eligible for every federal

Population loss in the territories has, not surprisingly, coincided with a sharp rise in the population of territory-born folks in the 50 states (and D.C.). In every territory, at least a third of U.S. residents born there are now living in the states. If you count people with island ancestry who were born in the states (instead of their homeland), the magnitude of the loss becomes even clearer: There are now more people of Puerto Rican ancestry living in the states than there are people living in Puerto Rico, total.

"It's not hard for residents in the territories to leave these days," Zandi said. "They have family members and friends that are here in the U.S., and if they want to move, they know exactly where they're going to go, at least at first."

Each time an islander moves to back loop spins a tiny bit faster, said Bernard Yaros, a Moody's Analytics economist who has covered Puerto Rico for eight years. "The population was declining, that reduced the tax base for the public The 2020 Census – and the sector, which then was unable to provide adequate public amenities. And then this reduction in the quality of public services contributed to further frustration and out-migration.

"In economics, demography is destiny," Yaros said. "It's very

### WEEK IN REVIEW

IN THE NEWS

### New York AG sues Trump, children

New York's attorney general said Wednesday in a lawsuit that former President Donald Trump padded his net worth by billions of dollars and habitually misled banks and others about the value of prized assets like golf courses, hotels and his Mar-a-Lago estate. The lawsuit seeks to permanently disrupt the Republican's ability to do business in the state.

Attorney General Letitia James dubbed it "The art of the steal."

The lawsuit, filed in state court in Manhattan, is the culmination of the Democrat's three-year civil investigation into Trump and the Trump Organization. Trump's three eldest children, Donald Jr., Ivanka and Eric Trump, were also named as defendants, along with two longtime company executives.

**VOTE CERTIFICATION:** The House on Wednesday passed legislation to overhaul the rules for certifying the results of a presidential election as lawmakers accelerate their response to the Jan. 6, 2021, insurrection and Donald Trump's failed attempt to remain in power.

**GAS PRICES:** The nationwide average price for a gallon of gas ticked up less than a penny Wednesday, to \$3.68 a gallon, according to AAA, ending a 99-day run of falling prices.

#### **EX-OFFICER SENTENCED:**

Former Minneapolis police officer Thomas Lane was sentenced Wednesday to three years in prison for aiding and abetting manslaughter in the killing of George Floyd. Floyd, 46, died in May 2020 after Derek Chauvin, who is white, pinned him to the ground with a knee on Floyd's neck as the Black man repeatedly said he couldn't breathe. Lane, who is white, held down Floyd's legs.



**DOMINIC LIPINSKI. POOL VIA AP** 

### **QUEEN ELIZABETH II LAID TO REST**

After the pomp and pageantry of a grand state funeral, Queen Elizabeth II, who died Sept. 8 at age 96, was laid to rest with her husband and parents in an intimate ceremony late Monday in Windsor, away from media cameras. Earlier Monday, 800 mourners, many of them the queen's staff, joined royal family members at St. George's Chapel for a committal service – the last public ceremony capping 10 days of national mourning that saw huge military parades, miles-long queues in London to see the queen's coffin lying in state, and Britain's first state funeral since former Prime Minister Winston Churchill died in 1965. Above, the funeral service of the queen takes place Monday at Westminster Abbey in central London.

**BIG NUMBER** 

20,175

The number of people who died in car crashes from January through June, a 0.5% increase over the same period last year, the National Highway Traffic Safety Administration reported Monday.

HE SAID ...

This war is about extinguishing Ukraine's right to exist as a state, plain and simple. And Ukraine's right to exist as a people. Whoever you are, wherever you live, whatever you believe, that should make your blood run cold."

– President Joe Biden in a speech to the U.N. **General Assembly on** Wednesday in New York

### THE WATER COOLER

**LOTTERY WINNERS:** Illinois lottery officials said Wednesday that two people who asked to remain anonymous claimed a \$1.337 billion Mega Millions jackpot, which was the nation's third-largest lottery prize, after a single ticket to the late July drawing was sold in a Chicago suburb. The winners opted to take a lump sum payment of \$780.5 million, lottery officials said.

**HENRY SILVA (1926-2022):** Henry Silva, a prolific character actor best known for playing villains and tough guys in "The Manchurian Candidate," "Ocean's Eleven" and other films, died Sept. 14 at age 95. Silva's son Scott Silva told Variety that he died of natural causes at the Motion Picture and Television Country House and Hospital in Woodland Hills, California.

**CMT AWARDS:** Country Music Television announced Wednesday it will honor country stars Carly Pearce, Cody Johnson, Kane Brown, Luke Combs and Walker Hayes as their 2022 Artists of the Year. The network will air its annual TV special on Oct. 14 featuring tributes by other artists. Pearce, Johnson and Hayes are first-time artists of the year, while Brown and Combs come back for their third time.

**POST MALONE:** Post Malone apologized to his St. Louis fans last Sunday for an on-stage accident that sent him to the hospital and shortened his set the night before at the Enterprise Center. In the middle of a song, Malone fell into a hole on stage that moments before was opened to lower an instrument into.

#### IN THE NEWS

### Russia, Ukraine **OK prisoner swap**

Ukraine announced a high-profile prisoner swap early Thursday that culminated months of efforts to free many of the Ukrainian fighters who defended a steel plant in Mariupol during a long Russian siege. In exchange, Ukraine gave up pro-Russian opposition leader Viktor Medvedchuk, an ally of Russian President Vladimir Putin.

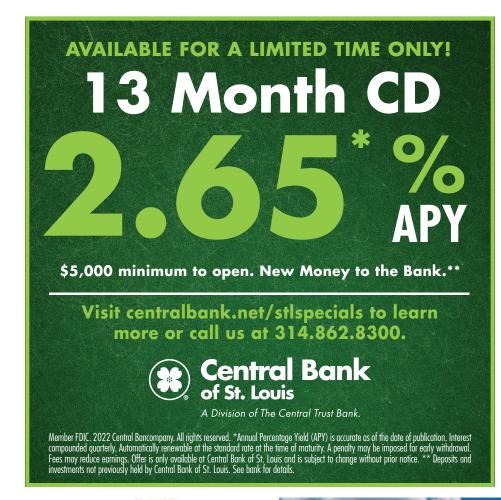
President Volodymr Zelenskky said his government won freedom from Russian custody for 215 Ukrainian and foreign citizens. He said many were soldiers and officers who had faced the death penalty in Russian-occupied territory.

HURRICANE FIONA: President Joe Biden said Thursday the federal government is ready to help Puerto Rico recover after Hurricane Fiona slammed the U.S. territory. dumping roughly 2 feet of rain and knocking out power and water service.

VIRGINIA THOMAS: Conservative activist Virginia Thomas, the wife of Supreme Court Justice Clarence Thomas, has agreed to participate in a voluntary interview with the House panel investigating the Jan. 6, 2021, Capitol riot, her lawyer said Wednesday. Attorney Mark Paoletta said Thomas is "eager to answer the committee's questions to clear up any misconceptions about her work relating to the 2020 election."

AMERICAN FREED: An American contractor held hostage in Afghanistan for more than two years was released in exchange for a convicted Taliban drug lord jailed in the United States, the White House said Monday. Mark Frerichs, a Navy veteran and civilian contractor, was abducted in January 2020. He was traded for Bashir Noorzai.

– Associated Press



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### NATION&WORLD

### DIGEST

### **UN leaders worry** crises are eclipsed

UNITED NATIONS - In speech after speech, world leaders dwelled on the topic consuming this year's U.N. General Assembly meeting: Russia's war in Ukraine.

A few, like Nigerian President Muhammadu Buhari, prodded the world not to forget everything else. He, too, was quick to bring up Ukraine but he wasn't there to discuss that conflict, nor its disruption of food, fuel and fertilizer markets. He went on to name a few other concerns: inequality, nuclear disarmament, the Israeli-Palestinian conflict and the more than 1 million Rohingya refugees from Myanmar who have been living in limbo for years in Bangladesh.

Those concerns among world leaders are audible enough that the United States' U.N. ambassador, Linda Thomas-Greenfield, made a point of previewing Washington's plans to address climate change, food insecurity, health and other issues during the premier annual gathering.

### **Puerto Ricans in** dark after Fiona

SAN JUAN, Puerto Rico -Half of Puerto Rico is without power more than five days after Hurricane Fiona struck — including an entire town where not a single work crew has arrived.

Many on the U.S. territory are angry and incredulous, and calls are growing for the ouster of the island's private electricity transmission and distribution company. Fuel disruptions are worsening the situation, forcing grocery stores, gas stations and other businesses to close and leaving apartment buildings in the dark because there is no diesel for generators. Many are questioning why it is taking so long to restore power since Fiona was a Category 1 storm that did not affect the entire island, and whose rain - not wind - inflicted the greatest damage.

"It's not normal," said Marcel Castro-Sitiriche, an electrical engineering professor at the University of Puerto Rico in Mayaguez. "They have not given a convincing explanation of what the problem is."

### **BRIEFLY**

FLORIDA: Gov. Ron DeSantis on Saturday declared a state of emergency for Florida as Tropical Storm Ian gathers strength over the Caribbean and is expected to bring heavy rains and winds to the state next week. NASA is skipping next week's launch attempt of its new moon rocket because of the storm, the third delay in the past month for the unmanned lunar-orbiting test flight.

**BOAT SINKING:** The death toll in the sinking of a boat carrying Lebanese, Syrian and Palestinian migrants off the coast of Syria this past week rose Saturday evening to 94, according to Syrian state TV. The Lebanese army said Saturday that troops detained the man who allegedly organized the deadly trip.

**INDIA:** Hazardous weather has killed at least 36 people in northern India from Friday to Saturday, including 12 who were struck by lightning, officials said.

**ABORTION:** Arizona Democrats vowed Saturday to fight for women's rights after a court reinstated a law first enacted during the Civil War that bans abortion in nearly all circumstances, looking to capitalize on an issue they hope will have a major impact on the midterm elections.

ISRAEL: Israeli troops on Saturday shot and killed a Palestinian motorist who allegedly tried to ram his car into a group of soldiers patrolling near the city of Nablus in the occupied West Bank, according to Israeli soldiers and media.

JAPAN: Tropical Depression Talas unleashed fierce rainfall Saturday in parts of Japan, setting off landslides, halting trains and killing a man after he crashed his car into a pond. Three people were injured in a mudslide in Shizuoka, according to a prefectural police spokesperson.

Associated Press

**WAR IN UKRAINE** 

## Russia launches strikes

Voting in captured regions, protests against and injuring seven others. mobilization underway

**KARL RITTER AND HANNA ARHIROVA Associated Press** 

KYIV, Ukraine - Russian forces launched new strikes on Ukrainian cities Saturday as Kremlin-orchestrated votes took place in occupied regions to create a pretext for their annexation by Moscow, while hundreds of people were arrested in Russia for protesting a military mobilization order aimed at beefing up the country's troops in Ukraine.

Ukraine's presidential office said the latest Russian shelling killed at least three people and wounded 19. Oleksandr Starukh. the Ukrainian governor of Zaporizhzhia, one of the regions where it." Moscow-installed officials organized referendums on joining Rus-

Meanwhile, Russia made its case to the world Saturday for its war in Ukraine, repeating a series of grievances about its neighbor and the West to tell the U.N. General Assembly meeting of world leaders that Moscow had "no choice" but to take military action.

At the heart of Foreign Minister Sergey Lavrov's address was a claim that the United States and its allies — not Russia, as the West maintains — are aggressively undermining the international system that the U.N. represents.

"The future of the world is being decided today," he said, and "the question is whether or not it is going to be the kind of order with one hegemon at the head of

His speech was Russia's chance to respond to days of denuncisia, said a Russian missile hit an ations from the podium at the

apartment building in the city of annual gathering of presidents, called up under the partial troop Zaporizhzhia, killing one person premiers, monarchs and government ministers.

Ukraine and its Western allies say the referendums underway in Kherson and Zaporizhzhia in the south and the eastern Luhansk and Donetsk regions have no legal force. They alleged the votes were an illegitimate attempt by Moscow to seize Ukrainian territory stretching from the Russian border to the Crimean Peninsula.

Luhansk Gov. Serhiy Haidai said the voting "looked more like an opinion survey under the gun barrels," adding that Moscow-backed local authorities sent armed escorts to accompany election officials and to take down the names of individuals who voted against hundreds in scores of cities across joining Russia.

Ukrainian President Volodymyr Zelenskyy urged Ukrainians in occupied regions to undermine the referendums. He also called on Russian recruits to sabotage and desert the military if they are in Russia.

mobilization President Vladimir Putin announced Wednesday.

"If you get into the Russian army, sabotage any activity of the enemy, hinder any Russian operations, provide us with any important information about the occupiers - their bases, headquarters, warehouses with ammunition," Zelenskyy said.

Putin on Saturday signed a hastily approved bill that toughens the punishment for soldiers who disobey officers' orders, desert or surrender to the enemy.

Russian police moved quickly Saturday to disperse peaceful protests against Putin's military mobilization order, arresting the vast country. Police detained nearly 750 people, including over 370 in Moscow and some 150 in St. Petersburg, according to OVD-Info, an independent website that monitors political arrests

### **POST-TROPICAL STORM**



DARREN CALABRESE, THE CANADIAN PRESS VIA AP

Georgina Scott surveys the damage on her street in Halifax on Saturday as post tropical storm Fiona continues to batter the area.

## Houses washed away in Canada

Fiona knocks out power to tens of thousands on northeast coast

POR GILLIES **Associated Press** 

TORONTO - Fiona washed houses into the sea, tore the roofs off others and knocked out power to the vast majority of two Canadian provinces as it made landfall powerful post-tropical cyclone.

Fiona transformed from a hurricane into a post-tropical storm for the Royal Canadian Mounted late Friday, but it still had hurricane-strength winds and brought drenching rains and huge waves. and in "good health" after being There was no confirmation of fatalities or injuries.

Ocean waves pounded the town of Channel-Port Aux Basques on the southern coast of Newfoundland, where entire structures were washed into the sea. Mayor Brian Button said Saturday over social

media that people were being canceled his trip to Japan for the warned it could be the one of the evacuated to high ground as winds knocked down power lines.

"I'm seeing homes in the ocean. I'm seeing rubble floating all over the place. It's complete and utter destruction. There's an apartment that is gone," René J. Roy, a resident of Channel-Port Aux Basques and chief editor at Wreckhouse Press, said in a phone interview.

Roy estimated between eight before dawn Saturday as a big, and 12 buildings have washed into

Jolene Garland, a spokeswoman Police in Newfoundland and Labrador, said a woman was safe "tossed into the water as her home collapsed" in the Channel-Port Aux Basques area. Garland said that an individual who might have been swept away was still reported as missing and that high winds were preventing an aerial search.

funeral for assassinated former most powerful storms to hit the Prime Minister Shinzo Abe and said the federal government would deploy the Canadian Armed Forces to assist.

"We are seeing devastating images coming out of Port aux Basques. PEI (Prince Edward Island) has experienced storm damage like they've never seen. Cape Breton is being hit hard, too," Trudeau said.

More than 415,000 Nova Scotia Power customers – about 80% of the province of almost 1 million – were affected by outages Saturday morning. Over 82,000 customers in the province of Prince Edward Island, about 95%, were also without power, while NB Power in New Brunswick reported 44,329 were without electricity.

had the lowest pressure ever recorded for a storm making land-Prime Minister Justin Trudeau fall in Canada. Forecasters had Associated Press.

country.

"We're getting more severe storms more frequently," Trudeau said Saturday. He said more resilient infrastructure is needed to be able withstand extreme weather events, saying a once-in-a-100years storm might start to hit every few years because of climate change.

A state of local emergency was also declared by the mayor and council of the Cape Breton Regional Municipality.

"There are homes that have been significantly damaged due to downed trees, big old trees falling down and causing significant damage. We're also seeing houses that their roofs have completely torn off, windows breaking in. The Canadian Hurricane Centre There is a huge amount of debris tweeted early Saturday that Fiona in the roadways," Amanda Mc-Dougall, mayor of Cape Breton Regional Municipality, told The

### New environmental justice office launched

Biden official touts new funds at N.C. site of early protests

**HANNAH SCHOENBAUM** Associated Press/Report for America

WARRENTON, N.C. - Forty years after a predominantly Black community in Warren County, North Carolina, rallied against hosting a hazardous waste landfill, President Joe Biden's top environment official visited what is widely considered the birthplace

derserved communities burdened by pollution.

Joined by civil rights leaders and participants from the 1982 protests, Michael Regan, the first Black administrator of the Environmental Protection Agency, announced he is dedicating a new senior level of leadership to the environmental justice movement they ignited.

The Office of Environmental Justice and External Civil Rights comprising more than 200 current staff members in 10 U.S. of the environmental justice regions – will merge three exnational office that will distribute a portion of Democrats' \$60 bil-

tal justice initiatives created by of soil laced with highly carcinothe Inflation Reduction Act. The president will nominate an asnew office, pending Senate confirmation.

thousands of dollars to developing and designing a program that said in an interview. "But we're also going to be sure that this munities. money goes to those who need it had a seat at the table."

North Carolina in 1978 desigpredominantly Black community, from exposure to pollutants.

\$3 billion in block grants to un- lion investment in environmen- as a disposal site for truckloads genic chemical compounds that later contaminated the water sistant administrator to lead the supply. Though residents were unable to shut down the operation after weeks of protests and "We're going from tens of more than 500 arrests, their efforts have been lauded by civil rights leaders as the impetus for will distribute billions," Regan a global uprising against environmental racism in minority com-

The Clean Air Task Force said the most and those who've never Black Americans are 75% more likely than white Americans to live near a factory or plant and movement Saturday to unveil a isting EPA programs to oversee nated Warren County, a small, nearly four times as likely to die



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### WEEK IN ILLINOIS A RECAP OF NEWS ACROSS THE STATE FROM THE PAST SEVEN DAYS

### **IN THE NEWS**

### **Pritzker drops COVID** test rule

Gov. J.B. Pritzker ended as of Sept. 16 the state's requirement that unvaccinated school and day care workers undergo routine testing for COVID-19, removing one of the few remaining mandates to combat the spread of the disease.

FRAUD: Ioliet Police Chief William Evans said 25 people have been charged with fraudulently obtaining pandemic relief money, including some who were behind bars at the time and used their relief money to post bond.

**SENATORS:** Gov. Pritzker called for the resignations of Democratic state Sens. Emil Jones III of Chicago, who is accused of soliciting a bribe, and Michael Hastings of Frankfort, who is accused of domestic violence.

**BAILEY:** Less than two months before the general election, Republican candidate for governor Darren Bailey publicly released partial income tax returns that showed ups and downs over the past five years, with steep declines during the COVID-19 pandemic.

AIRPORTS: Passenger satisfaction with O'Hare International Airport and Midway Airport is below average and dropping as air travelers return to Chicago, according to J.D. Power's 2022 North America Airport Satisfaction Study.

**COMED:** A month after state regulators ordered Commonwealth Edison to pay \$38 million in refunds due to the scandal tied to ex-House Speaker Michael Madigan, Attorney General Kwame Raoul accused the utility of using accounting tricks to cheat customers and wants it to pay more.



**ANTHONY VAZQUEZ, CHICAGO SUN-TIMES VIA AP** 

### APARTMENT EXPLOSION INJURES 8 IN CHICAGO

Fire crews respond to the scene of an explosion that tore through the top floor of an apartment building on Tuesday on Chicago's West Side, sending eight people to hospitals.

### THEY SAID ...

She told me 'I'm the underground railroad' and 'thank you for being here.'" - An unnamed Planned Parenthood escort in Flossmoor. quoting a ride share driver who brought an abortion patient from Indiana

Most cannabis users in Most cannabis access I Illinois are saying, 'Go to Michigan for your weed."

- Cole Preston, host of the "Chillinois" cannabis podcast

It has to taste good or it won't sell." – Apple farmer Chris Eckert, on breeding varieties to replace fading old standards like Red Delicious

We don't have to choose between clean energy and clean air and creating good-paying jobs and a strong economy we can do both."

- Wisconsin Gov. Tony Evers

### **ODDS AND ENDS**

APPLES: Stalwart apple varieties like Red Delicious and Granny Smith may have seen their best days as newer varieties better suited to consumer preferences and farmer needs emerge, industry experts re-

**NASCAR:** NASCAR confirmed the World Wide Technology Raceway in Madison will host the second Enjoy Illinois 300 race June 4 in the 2023 NAS-CAR Cup Series.

**STATE FAIR:** The 2022 Illinois State Fair last month set an alltime attendance record with more than 636,700 visitors.

BACK PAY: The Illinois Supreme Court rejected a lawsuit by two former state senators who sued for back pay they believed they were due for raises they voted against while in office.

THE WATER COOLER

**DRAG EVENTS:** Recent drag events across Chicagoland advertised as family friendly have been targeted with threats of violence and vandalism in part because of social media campaigns from Awake Illinois.

**PLACE NAMES:** A waterway near Palos Park and a western Illinois island have been renamed by the U.S. Board on Geographic Names to remove a racist term for a Native American woman.

CANNABIS: Illinois and Michigan are the only two Midwestern states with recreational legalized marijuana, but critics say the latter's simpler approval process has created more than 10 times the vendors found in Illinois and prices plunging amid competition.

### IN THE NEWS

### **Suit targets** SAFE-T Act

Democratic Will County State's Attorney James Glasgow filed a lawsuit Sept. 16 against Gov. J.B. Pritzker and other top state Democrats alleging they violated the state's constitution when they pushed through sweeping criminal justice reforms last year.

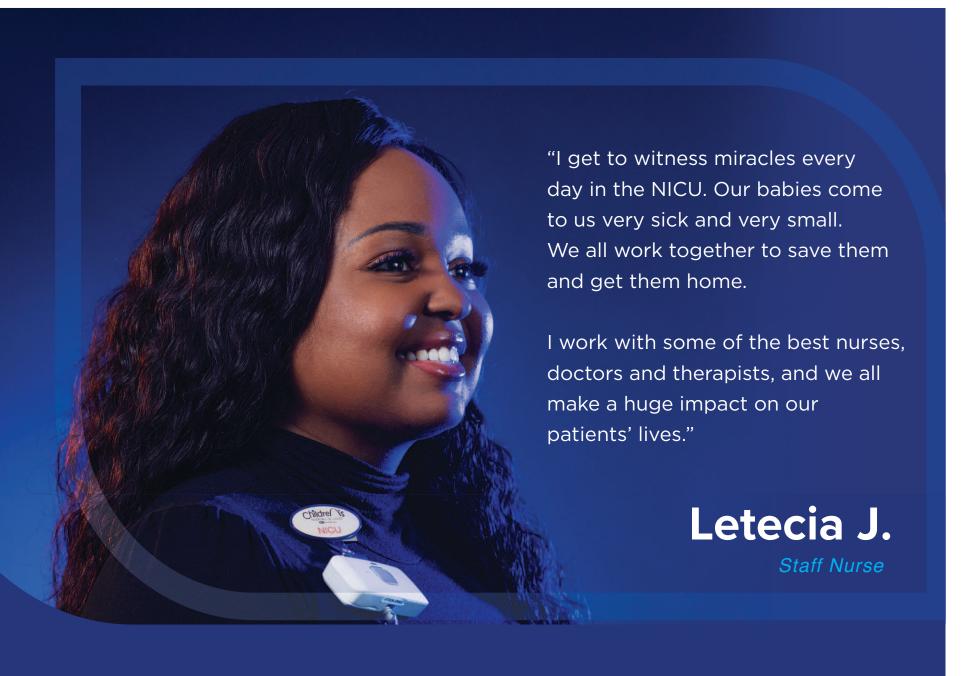
HARRIS: Vice President Kamala Harris came to Chicago Sept. 16 to rally voters who support abortion rights and urge them to turn out in the upcoming midterm elections.

**DATA CAMPUS:** Construction has begun at the site of the former United Airlines headquarters in Mount Prospect for a \$2.5 billion CloudHQ data center campus expected to launch in 2024.

**IDOC:** An investigative report found that a high-ranking Illinois Department of Corrections official illegally ordered a subordinate to appoint a relative to an intelligence officer position even though the family member hadn't applied.

POLICE CHASE: The Chicago City Council approved a \$15 million settlement with the family of a woman who was killed when a police cruiser ran a red light and slammed into her SUV after officers allegedly ignored orders to end a high-speed pursuit.

**JURY AWARD:** A jury has awarded \$363 million to a woman who alleged a now-shuttered suburban Chicago plant that sterilized medical equipment exposed residents to a toxic industrial gas and gave her breast cancer.



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### A migratory flood that defies walls, borders and GOP antics

Why both parties in Congress must join forces to solve the immigration problem.

The United States is caught in a vicious cycle of border immigration crises followed by abusive and outlandish responses like the stunts recently carried out by the governors of Florida, Texas and Arizona. It keeps happening because Congress has repeatedly refused to address the underlying causes of the migration problem. U.S. asylum laws offer too many loopholes, while the rules for legal migration are so stringent that the notion of applying for a residency visa and waiting patiently in line to enter this country legally seem like a quaint nod to a bygone era. Today, the numbers of people who do it legally are tiny compared to the millions trying to enter illegally.

The system seems broken beyond repair, and the only ones who can fix it are members of Congress - whose own institution also seems broken beyond repair. The idea of Republicans and Democrats coming together to hammer out a solution to the politically divisive immigration problem seems almost laughable in the current atmosphere. But even in previous decades when one party controlled both houses of Congress and held the White House, immigration solutions remained out of reach. Although Republicans are trying hard today to blame Democrats for the current crisis, both parties are to blame, and nothing will be solved until both parties recognize that it's in their best interests to fix what's broken.

What about it is broken? First and foremost is a complex set of laws that must be followed by the U.S. Border Patrol and other border enforcement agencies along with the federal immigration judges who ultimately decide who must be detained, who gets released and who must go back home. Federal law requires that those setting foot on U.S.

soil claiming to seek asylum must be given the chance to argue their case in immigration court. It doesn't matter whether the person crossed into the country on foot, came ashore from a ship or floating raft, or came via air. It doesn't matter whether the person crossed at a recognized entry point or at any one of millions of unauthorized entry points.

What matters is the asylumseeking declaration, and because most migrants these days are coached ahead of time on what to say upon entry, they are flooding the immigration-court system with so many cases that they can easily spend four or five years in this country while awaiting a hearing. That is why so many are walking free in states like Texas after crossing the border illegally and surrendering to border authorities. Republicans would have Americans believe Democrat "catch and release" policies are at fault. But catch-and-release has happened under every modern administration and will continue to occur - adding more and more cases to the immigration court docket - until Republicans and Democrats in Congress rewrite the rules.

Texas Gov. Greg Abbott and Arizona Gov. Doug Ducey − both Republicans − have begun exporting the immigration problem northward, sending busloads of immigrants to Washington, New York and Chicago. Abbott is seeking reelection, and this bears all the hallmarks of a campaign stunt. But there's an element of justified exasperation in what they're doing: The border states are not responsible for immigration enforcement, yet they're being forced to bear all the hassles and expenses of this migratory flood at their doorsteps. Those governors are calling the bluff of so-called "sanctuary cities" around the United States that have declared solidarity with



undocumented immigrants and pledged to open their doors to all comers.

Add to that the ridiculous and wholly unjustified antics of Florida Gov. Ron DeSantis, who duped a group of 50 migrants into boarding a plane in Texas, then flew them to the wealthy island of Martha's Vineyard, Massachusetts.

None of these stunts help solve the problem. But there is a useful purpose served in raising the national discomfort level and making members of Congress sit up and take notice — because it's their problem to solve.

Although there are plenty of migrants from countries like Afghanistan, Syria, Russia and Venezuela who have easily recognizable, legitimate asylum claims for state abuses such as torture or religious or political persecution, the vast majority of those crossing the southern border are coming in search of jobs. Even if they work below minimum wage, their earnings in the United States can often exceed 10 times what they would earn in their home countries. Unfortunately, desperation and economic deprivation are not legitimate claims for asylum. But by claiming asylum, under U.S. law, they stand a good chance of getting to stay long enough to find work – albeit illegally – and

start sending money back home to feed their families. Even if they know they don't have legitimate asylum claims, for those migrants, it's worth the risk.

How could Congress fix it? American employers - including restaurateurs, landscapers, chicken-processing plants and roofing companies in red states like Texas, Arizona and Missouri – insist that their companies cannot find enough American workers to fill those law-paying jobs. Immigrants are almost exclusively the ones who will take those jobs at the pay scales offered. When it happens, such employment requires all involved, including customers taking advantage of low prices, to look the other way and behave as if nothing illegal is happening under their noses. That makes everyone complicit in perpetuating the problem.

Congress has set legal immigration quotas so low, at 675,000 work visas issued per year, that American employers cannot possibly fill existing vacancies only with legally certified workers. The quota needs to go up dramatically, along with rewritten rules for how employers can legally hire people awaiting immigrationstatus hearings.

Then there's the asylum

claim itself. No matter how empathetic authorities might be, they cannot accept migrants' matra-like claim to be looking for "a better life" as a legitimate reason to open America's doors. Why? Because a literal global stampede would follow. There must be order to the process, and that order starts with an updated, clear set of rules that aren't so stringent that they make it impossible for migrants to follow, yet aren't so lenient that it provokes future migratory floods.

Then there's the question of border security. In previous immigration-reform debates on Capitol Hill, Republicans like Texas Sen. Ted Cruz have insisted they wouldn't even begin the conversation about comprehensive immigration reform unless the border was first made secure. What they confuse is "secure" versus "sealed." There's no such thing as a sealed border, even if a wall stretched from the Gulf of Mexico to the Pacific Ocean. The border is secured right now. There are more than 19,600 Border Patrol agents, with a budget of \$3.8 billion, to carry out border security. They are on pace to arrest 2.3 million this fiscal year, which ends Sept. 30. That far exceeds the existing record of 1.7 million arrests set last year.

If the border wasn't secure, those arrest numbers would be far lower. But the laws that mandate the release of those awaiting asylum hearings too often gives the impression that border security is the problem. It's not. The asylum and legal immigration process is where the system breaks down. Immigration judges can only follow the laws that Congress mandates.

So unless Congress gets to work, no amount of Republican antics or Democratic sanctuary-city designations

### **YOUR VIEWS • LETTERS FROM OUR READERS**

### **Aldermanic primary** wound up being pointless

Regarding "Megan Green wins first-round St. Louis aldermanic president poll" (Sept. 14): On Sept. 13, St. Louis voters conducted a dry run in the contest between Megan Green and Jack Coatar for the open job of aldermanic president. Green won, but it didn't count for anything. Because of a flaw in the city's new election law, the two candidates have to try again in the Nov. 8 general election. That new law, known as "approval voting," eliminated the party primary for most city elected positions and allows voters to choose any or all of the candidates. The two with the highest number of votes advance to a runoff.

But the earnest reformers who proposed the new law, which voters adopted in 2020, apparently didn't account for what happens if there are only two candidates. Green and Coatar, as the top two votegetters the first time, have to face each other again to pick the winner. A few two-person races for alderman last year had the same Groundhog Day problem.

This can happen with overly complicated election changes. The progressives who burdened us with this mistake should propose a change so that we don't have to vote twice in two-candidate races. Better yet, let's just have an open, nonpartisan primary. Make

voters actually choose a candidate. If two people run, the winner gets the job. If nobody on a ballot of three or more wins outright, the top two should meet in a runoff. Problem solved.

Tim O'Neil • St. Louis

### **Puerto Rico still suffers** despite billions in aid

Regarding "Puerto Ricans desperate for water after Fiona's rampage" (Sept. 21): The U.S. is and was willing to inject billions of dollars in aid to Ukraine, Iraq and Afghanistan, but a congressional allocation of \$47.2 billion in aid to Puerto Rico after Hurricane Maria in September 2017 has failed to rebuild and harden the power

Now, after Hurricane Fiona, what will the U.S. do for one of our oldest and most loyal territories, whose residents are U.S. citizens and taxpayers? I realize many pundits decry the alleged corruption in Puerto Rican government. Regardless, I believe now is the time to find a way to rebuild the electrical grid for the entire island. including protection against hurricanes, and do it in a way that is appropriately overseen so as to prevent funding losses to corruption. There must be a way to help the people of Puerto Rico (as well as the honest members of its government) with something as basic and critical as an electrical power

**John Tremmel •** O'Fallon, Mo.



DAVID CARSON, POST-DISPATCH In July, 2022, Olajuwon Davis smooths his beard while preparing backstage for his role as "Dad" in the St. Louis Black Rep's production of "Dontrell, Who Kissed the Sea" at Washington University.

### Celebrated actor had an overlooked violent history

Regarding "He was convicted in a bomb plot. Now he's earning praise on St. Louis stages." (Sept. 18): I believe publishing this story about a supposed redemption is misplaced and demonstrates a lack of sound judgment. It celebrates Olaiuwon Davis, a convicted felon, and his acting skills. It did not merit the space given to it. It may be a humaninterest piece, but didn't belong in the news section.

It seems to me the Post-Dispatch is trying to persuade us the FBI entrapped a good man, using ill-intentioned federal informants. Davis is not contrite and does not accept responsibility for his very dangerous actions and intentions - he tried to buy bombs. Instead, he tries to diminish his involvement and cast aspersions on law enforce-

This is not someone who

should be highlighted in the Sunday paper while more relevant, important news in our communities deserves coverage. Everyone likes a redemption story, but it is not clear to me Davis' life is such a story, nor should this story have been given such high priority and visibility. He intended to, and likely would have, committed horrible crimes, most likely with loss of lives, but for the fine work of the FBI. In my opinion, this type of reporting contributes to the continuing loss of the paper's readership. Mike Smith • Union

### **Increase teacher salaries** before debating tax cut

Regarding "Tax cut debate moves to Missouri House after Senate approves bill" (Sept. 21): Before the Missouri Legislature considers cutting the tax rate, why don't lawmakers consider increasing teacher salaries so that Missouri teachers' pay is closer to the median pay of U.S. teachers instead of being near the bottom, as it is now?

If there is still money left over, how about reducing or eliminating sales tax on groceries? This helps everyone, especially the less fortunate and those on fixed incomes. I don't mean to eliminate tax on things like chips and soda, but to eliminate or reduce it on real groceries like bread, meat and vegetables.

According to this article, the current proposal would result in a yearly tax reduction of \$66 for

those making \$52,000 per year. That is about \$1.25 per week. That is ridiculous.

Mike Henke • Florissant

### Republicans won't give up on commitment to tax cuts

Regarding "Tax cut debate moves to Missouri House after Senate approves bill" (Sept. 21): So the GOP continues to suffer from it's addiction to tax cuts. The Missouri Legislature is currently proposing cuts to state income taxes even though Missouri ranks near the bottom in education and health care

funding. Missouri lawmakers claim the state can't afford Medicaid expansion, job training and infrastructure fixes. But their solution is tax cuts. This addiction started in the 1980s with Ronald Reagan's supply-side, trickle-down theory. Income taxes on the rich went from 70% to 28%. Years later, this theory has met reality as we have the greatest wealth disparity since the Gilded Age. This decrease in government revenue starved programs that are designed for the societal collective good. Things like education, health care, infrastructure, social safety nets etc. Tax cuts are simply not the answer for everything and an incorrect tax policy can be very damaging.

Ryan Geraty • Lake Saint Louis

Read letters online at STLtoday.com

### ST. LOUIS POST-DISPATCH

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THE CENSOR'S TALE • Geoffrey Chaucer's classic, "The Canterbury Tales," has only been around for 600 years, so it's easy to see why school officials in Eureka, Ill., need a little more time to determine whether it is appropriate for college-bound seniors to read. Some students and parents said parts of Chaucer's work were inappropriate. The school board ordered teacher Nancy Quinn to stop using the book pending further review.

### Lessons from Kennedy versus the Soviets in 1962

To confront Putin, Biden should study how the Cuban missile crisis was resolved.

As Russian President Vladimir Putin tries to salvage his failing invasion of Ukraine, there is a small but growing chance that he will use nuclear weapons. Historians will wonder



**DAVID** 

how this war could have veered toward such insanity, but it's now inescapably part of the

landscape. **IGNATIUS** "In the event of a threat to the territorial integrity of our country ... we will certainly make use of all weapons systems available to us. This is not a bluff," Putin said in a speech broadcast Wednesday morning. His nuclear umbrella appears to include Ukrainian territory that Russia has seized or

plans to annex. How should President Biden and other world leaders respond to this outrageous blackmail? The answer cannot be to capit-

ulate. That would scar the global future as horribly as this war has already damaged Ukraine. As Biden said Wednesday: "Russia has shamelessly violated the core tenets of the United Nations Charter."

Leaders must think now with the same combination of toughness and creativity that President John F. Kennedy showed during the Cuban missile crisis in 1962. Because that's the only parallel within most of our lifetimes. That means drawing a firm line - Kennedy never wavered on his demand that Soviet missiles be removed from Cuba — but it also means looking for ways to deescalate.

Let's start with the need for firmness from the West. The outcome in Ukraine will set the rules for the 21st century. If Putin's extortion succeeds. China will surely see it as a precedent for Taiwan. If Chinese leaders see that the United States and its allies can be cowed by a

nuclear threat, they will act with greater boldness. That's the hidden danger of this "little" war in Ukraine: It could set the stage for a big war with China down the road.

The Pentagon has undoubtedly presented Biden with a menu of options for how to respond if Putin, say, uses a tactical nuclear weapon to block further Ukrainian advances toward Crimea and the Donbas region. Biden in an interview broadcast Sunday warned Putin against using nuclear weapons, saying: "Don't. Don't. Don't. It would change the face of war unlike anything since World War II."

Biden's comment was more plea than threat. And it was in line with his repeated signals that he wants to avoid any direct U.S.-Russian conflict. That's admirable restraint, but it's also part of why Putin keeps raising the ante. Now that Putin has directly threatened use of nuclear weapons, Biden must signal more clearly that the cost would be devastating for Russian forces occupying Ukraine

and for Russia itself. Let's think now about how Biden can emulate Kennedy's clarity and diplomatic finesse. A good start, always, is by understanding your adversary.

Putin is a bully, but what makes him truly dangerous is that he has woven a narrative of Russia's victimization that causes him to view the Ukraine conflict almost as a holy war. He claimed Wednesday that the West's goal in Ukraine "is to weaken, divide and ultimately destroy our country." That might sound mad, but Putin clearly believes it. So, one message Biden needs to send, to Putin and the Russian people, is that the West doesn't seek dominion. Sketching a path toward mutual postwar stability if Russia halts its aggression would be a start.

Kennedy's genius in the Cuban missile crisis was to respond to a message from Soviet leader Nikita Khrushchev that offered a path to de-escalation, rather than to more belligerent messages.

Is there a similar offramp with Ukraine? I doubt it. But I was struck that Putin in his Wednesday speech repeated the same claim he made at a news conference the previous week in Uzbekistan - that Russia had been prepared for a "peaceful settlement" in the negotiations brokered by Turkey in Istanbul in late March, but that Ukraine and the West had balked. Okay, that's the letter to answer.

Biden and Putin are a study in contrasts. One is an aging elected politician; the other is a famously vigorous, unelected dictator; one has near-consensus support at home for his Ukraine policy; the other is increasingly attacked in Moscow by right-wing hawks and left-wing doves; one has a unified presidential administration; the other faces growing Kremlin bickering and finger-pointing; one has solid allies across Europe; the other has increasingly wary support from China and India. Clearly, whatever the differences in age and aggressiveness, Biden's is the stronger

Ukraine, for now, shows no interest in the sort of diplomatic process that Biden has said is necessary to end the war. The Ukrainians want to press their advantage against the retreating Russians, regaining as much territory as possible before winter. There's a kind of catch-22 at work here: When the Ukrainians were losing ground last summer, they didn't want to negotiate from weakness. Now that they're advancing, they see no reason to compromise from a position of strength. Kyiv needs a reality check about its longer-term battlefield prospects.

Kennedy succeeded in the Cuban missile crisis for two reasons. First, he showed that he was prepared to risk nuclear war to stop a reckless move by Moscow. Second, through a secret back channel, he found a face-saving way to avoid the ultimate catastrophe. Biden should study both lessons.

**David Ignatius** On Twitter @IgnatiusPost Copyright The Washington Post

ANDREW HARNIK, ASSOCIATED PRESS

President Joe Biden holds up his face mask on March 21, 2021, as he speaks about the pandemic during a

### Tripping on his own words

If the pandemic is 'over,' so is Biden's authority to forgive student debt.

the location at which such ac-

President Joe Biden declared that "the pandemic is over" and now is trying to walk it back. Little wonder: With just a few words in a "60 Minutes" interview last Sunday, Biden completely undermined his administration's legal justification for student loan forgiveness.

The nonpartisan Penn Wharton Budget Model estimates

authority to unilaterally spend

find it in the Heroes Act - a law

passed after the 9/11 attacks to

help those Americans called up

to active military service not

default on their student loans.

tary of Education with specific

waiver authority to respond to a

war or other military operation

In an August memo explain-

ing the legal basis for Biden's

student loan forgiveness plan,

Education Department general

counsel Lisa Brown claimed

that emergency authority in-

cludes a "national emergency,

such as the present COVID-19

pandemic." This is absurd. The

it is intended to help the "hundreds of thousands of Army,

Air Force, Marine Corps, Navy,

and Coast Guard reservists

and members of the National

Guard [who] have been called

It authorizes the secretary of

education to forgive or modify

their loans in response to a "na-

tional emergency, regardless of

to active duty or active service."

Heroes Act explicitly states that

or national emergency."

The law provides "the Secre-

up to \$1 trillion? He claims to

that Biden's loan

forgiveness plan

\$605 billion

and \$1 trillion.

Congress has

him to spend

any of that. So

where does the

president get the

not authorized



**THIESSEN** 

tive duty service is performed." There is no way to read this law as justifying debt relief for an entire class of individuals who never wore the uniform.

Biden is not even trying to conform with the intent of the law - by, for example, perhaps extending loan forgiveness to first responders and frontline medical workers who risked their lives during the pandemic. will cost between He's driving a steam engine right through the plain text of the law and providing mass debt forgiveness for those who did not serve in any capacity in a national emergency - and using the pandemic as justifi-

cation. But now that Biden has declared the pandemic over, his justification for abusing this law has evaporated. Walking through the Detroit Auto Show, Biden told CBS correspondent Scott Pelley, "If you notice, no one's wearing masks. Everybody seems to be in pretty good shape." He said, "We still have a problem with covid. We're still doing a lotta work on it. But the pandemic is over."

That means what his administration's lawyers called a "national emergency, such as the present" coronavirus pandemic, is no longer present. And if the pandemic is no longer present, neither is the legal basis for using it to forgive student loans.

Of course, consistency has never been Biden's strong suit. In the spring, his administration announced it was lifting Title 42 — the Trump-era public health order that allows border officials to turn away undocumented migrants in order to prevent the spread of the coronavirus — because the Centers for Disease Control and Prevention declared it was "no

longer necessary" since we now have "an increased availability of tools to fight COVID-19" and "97.1% of the U.S. population lives in a county identified as having 'low' COVID-19 Community Level."

In other words, Biden effectively declared the pandemic emergency over for illegal migrants at the border, but then a few months later invoked it to justify student loan forgiveness. Then he (again) declared the pandemic over - even as his administration submits an emergency request to Congress for \$27 billion in pandemic spending before the end of the year.

The formal pandemic emergency declaration expires on Oct. 13 unless Biden extends it for an additional three months. If he fails to do so, then not only will he no longer have legal justification for student debt forgiveness, he will also lose the basis for other pandemicjustified social spending - such as the emergency Medicaid expansion, which the nonpartisan Congressional Budget Office estimates added to the program some 13 million Americans who would otherwise make too much money to qualify, at a cost of nearly \$10 billion a

So, in all likelihood, Biden will follow his declaration that the pandemic is "over" by soon extending the pandemic emergency declaration. Because if Republicans regain the majority in just one house in November, the ability to pass Democrats-only spending bills will evaporate – which means the pandemic emergency will be all Democrats have left to continue their miasma of fiscal profligacy.

Marc A. Thiessen On Twitter, @marcthiessen Copyright The Washington Post

### Mastriano presents a special danger to the nation

As Pennsylvania governor, he promises to exercise power to overturn election results.

Pennsylvania is on fire. Since 1915, the Red Ash colliery has been burning beneath the hills near Wilkes-Barre, and dozens of other fires smolder in abandoned coal mines. This year, however,



**GEORGE** WILL

the important heat is on Pennsylvania's surface, in the contest to become the state's next governor, the 2022 election that poses the most risk to the nation. Risk assessment involves weighing the prob-

ability of an event against the event's potential destructiveness.

Suppose voters pick the Republican candidate, Doug Mastriano. And suppose that late in the evening of Nov. 5, 2024, Gov. Mastriano thinks Pennsylvanians picked the wrong person to receive the state's presidential electoral votes. Today, candidate Mastriano promises that, as governor, he will have the executive power, and a mandate, to intervene, thus

plunging the nation into chaos. A member of the House of Representatives is one-435th of one half of one of the federal government's three branches. A senator is 1% of the other half. There are limits to how much actual, as opposed to aesthetic, damage a rogue legislator can do to the nation. A governor, however, can do important things on his own, especially if, as in Pennsylvania, he appoints the secretary of state,

who administers elections. A plucky disregard for public opinion has its charms, but Mastriano perhaps too wholeheartedly embraces John Quincy Adams's 1825 injunction that politicians should not be "palsied by the will of our constituents." In this nation, Mastriano's indifference to the parameters of the possible is apparent regarding abortion, which he wants to outlaw, with no exceptions for rape, incest or the mother's life, a policy pleasing to (per a Pew Research Center poll) 8% of Americans. He opposes same-sex marriage, which (ac-

cording to Gallup) 71% support. Mastriano easily won (by 23 points) a nine-candidate Republican primary, receiving 43.8% of the vote. He is a human cafeteria dispensing ample portions of all the spicy fare that causes many Republicans to salivate, and gives most voters indigestion. He was at (but apparently not in) the U.S. Capitol on Jan. 6, 2021, having used campaign funds to rent buses to bring some supporters to the goings-on that President Donald Trump promised would be "wild." Mastriano has raised money on a social media network frequented by antisemites, including the one

who is accused of murdering 11 at a Pittsburgh synagogue in 2018.

But what makes Mastriano more than an especially exotic political exhibit is his vow to appoint a secretary of state "who's delegated from me the power to make the corrections to elections, the voting logs and everything. And I can decertify every [voting] machine in the state." In the 2016 and 2020 presidential elections, Pennsylvania was decided by 0.7 and 1.2 percentage points, respectively. In 2024, the state probably will again be closely contested, and its electoral votes could determine the national winner. So, imagine Mastriano, who has neither evidence nor doubts that Trump won the 2020 election, decreeing "corrections" to the election. His motives are frightening because they are pure: He has the scary sincerity of the unhinged whose delusions armor them against evidence.

His state senate Republican colleagues, weary of his hairon-fire approach to advocating his monomania, removed him as chair of the pertinent committee. It would be more difficult to deal with him as governor while a nation on tenterhooks is a horrified spectator to his keeping his campaign promise to prevent a recurrence of the 2020 enormous Pennsylvania voting fraud that never happened.

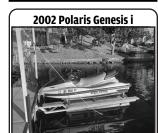
Fortunately, Mastriano's Democratic opponent is two-term Attorney General Josh Shapiro, 49, who when reelected in 2020 received about 3,000 more votes than Joe Biden drew in carrying the state. Although 24% of Pennsylvanians are Catholics, Shapiro says he encounters from them more gratitude than resentment for his tenacious assault on the church's stonewalling about sexual abuses of children by priests. Speaking of religion, the author of Ecclesiastes 10:19 — "money answereth all things" — was a better writer than political scientist. Yes, social media provides inexpensive deliveries of messages, and there is a steeply declining utility of dollars spent on television ads after a saturation is reached. Nevertheless, money matters and Shapiro will spend more than Mastriano.

From the first census (1790) until that of 1940, Pennsylvania was the second-most populous state. In 1960, it had as many electoral votes (32) as California, which today has 54 to Pennsylvania's 19. This fall, however, the state will matter more than any other as its voters' choice of governor will either imperil or reassure the nation that began here.

**George Will** Email: georgewill@washpost.com Copyright The Washington Post

## GLASSIFIE

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Housing Development Commission, 920 Main Street, Suite 1400, Kansas City, MO

Bids and Proposals

### 64105. All public comments must be received by October 17, 2022, in order to be considered.

ADVERTISEMENT FOR BID Sealed bids for the Hunnewell Lake Conservation Area Residential Housing Replacement (53-02-37), Housing Heplacement (53-02-37), Shelby County, Missouri, will be received online at Virtubid with QuestCDN, UNTIL 2:00 PM, October 20, 2022 then publicly opened. A Non-Mandatory Pre-Bid meeting will be held for this project on October 6, 2022 at 10:00 AM at Hunnewell Lake Conservation. Hunnewell Lake Conservation Area, 6503 State Highway Z, Hunnewell, MO 63443; from Hunnewell, MO 63443; from Hunnewell take Route Z north 3 miles to the area. Project bid documents must be downloaded at documents must be downloaded at https://cpci.questcdn.com/cdn/posting/?projType=all&provider=7011724&group=7011724 = project number 8290870, for a non-refundable cost

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Bids for Replace Wood Roof and Gutters, Bollinger Mill State Historic Site, Project No. X2213-01, will be received by FMDC, State of MO, UNTIL 1:30 PM, 10/13/2022 via MissouriBUYS. Bidders must be

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The Park Hill School District is seeking to retain the services of a Construction Management Firm to provide construction oversight and administration, and commissioning administration, and commissioning verification for the improvements necessary to implement voter-approved bond projects (\$137 million), other capital improvements, and a long-range facility planning process. RFQ No. RS2301 is available at BS2301 is available at https://www.parkhill.k12.mo.us/ requests-for-proposals | Business Department.

RFQ No: LU23016 Title: Health Sciences and

Lincoln University of Missouri will be accepting Qualification Statements for professional design services to construct a new Health Sciences and Crisis Center located in Jefferson City, Missouri. The construction budget is approximately \$40 million dollars. (RFQ #LU23016) Qualification Statements are due by noon on Wednesday, October 19, 2022. Please make requests for a copy of the complete RFQ at the complete RFQ lufacilitiesplanning@lincolnu.edu.

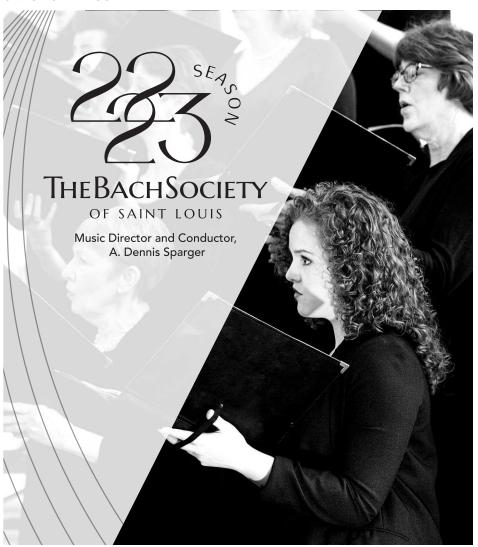
The City of Hazelwood, Missouri is accepting sealed bids for the 2022 H A Z E L W O O D F I R E H A Z E L W O O D F I R E DEPARTMENT COMPRESSORS / TANKS/FILL STATIONS PURCHASE. Instructions to Bidders, Specifications, and Bid Forms will be available on the City's website at www.hazelwood mo org. Sealed bids will be mo.org. Sealed bids will be accepted until 4:00 p.m., Friday, October 14, 2022.

### Announcements

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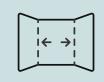
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### Netanyahu campaigns aboard bulletproof 'Bibibus'

BY ILAN BEN ZION AND SAM MCNEIL **Associated Press** 

BEERSHEBA, Israel – Props are a familiar part of Benjamin Netanyahu's repertoire when delivering agents.

Now, the former prime minister famed for his flair for the dramatic - is hitting the campaign the "Bibimobile" and the "Bibitrail with a new shtick: the Bibi-

is part popemobile, part movie set and 100% vintage Netanyahu. truck is a necessary security pre-As Israel heads to the polls for the fifth time in under four years, the veteran politician is using the Bibibus to attract passionate crowds of supporters and once again make himself the focus of attention ing supporters before delivering among a weary electorate.

At a recent rally in the southern living and inflation. city of Beersheba, Netanyahu addressed a crowd of about 200 people in a mall parking lot. Flanked to comply with safety measures by his former finance minister, he spoke at a podium from the back of the modified delivery truck. Its

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ditioned interior was backlit with an enormous LED screen projecting the logo of his Likud party over a fluttering Israeli flag.

Netanyahu does not actupublic speeches — from cartoon ally ride in the vehicle. Instead, bombs at the United Nations to a it serves as a mobile stage that wall of CDs and binders suppos- moves from city to city to serve as edly seized from Iran by Mossad the backdrop for his campaign appearances.

Commentators have variously dubbed it the "aquarium truck," bus" - riffing on Netanyahu's nickname. The Likud promotes The bizarre bulletproof vehicle the mobile rallies as "Bibiba," or "Bibi is coming," and says the caution. "I have to stand here, unfortu-

nately," he told the crowd, tapping his hand against the glass separating him from the throngs of cheer-The Likud says the vehicle and

 $its\,bull et proof\, \hat{g} lass\,were\,adopted$ required by the Shin Bet, Israel's internal security agency.

bulletproof glass, and its air-con- adopted similar protocols, and The agency did not respond to a coalition even if his party gets the Bibibus.



**ARIEL SCHALIT, ASSOCIATED PRESS** 

Former Israeli Prime Minister Benjamin Netanyahu delivers an election campaign speech Sept. 13 from inside a modified delivery truck with a side wall replaced with bulletproof glass, in Beersheba, southern Israel.

pledges to combat rising costs of the bus is not entirely fortified. request for comment. The bulletproof glass appears to cover only part of the vehicle, and when he spoke at the podium, a window was open and Netanyahu was exposed to the crowd. Netanyahu has also in the past repeat-But there may be more to the edly appeared at crowded markets side wall had been replaced with story. No other politicians have and malls with no such protection. once again fail to form a durable

Israel is holding parliamentary elections on Nov. 1, the fifth since the beginning of a protracted political crisis in early 2019. Like the other four, the upcoming vote will largely be a referendum on Netanyahu's fitness to rule, and he could

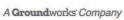
Netanyahu, who led the country from 2009 until last year, has been charged with fraud, breach of trust and accepting bribes in three different cases, and his highprofile trial has been dragging on for over two years. He has denied any wrongdoing and has lashed out against law enforcement and the courts, accusing them of conducting a politically motivated witch-hunt.

Netanyahu remains the country's most popular politician, and his supporters adore him with cult-like reverence. But the corruption allegations have deeply divided Israelis, and last year he was driven from office for the first time in 12 years by an unwieldy coalition united in large part by its opposition to his continued rule.

That coalition collapsed in June, triggering new elections and raising the possibility of Netanyahu's return to power after a year in the wilderness as opposition leader.

The former prime minister, who turns 73 next month, remains a tireless campaigner and has neardaily whistle stops, holding campaign rallies from the back of the







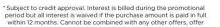






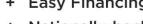






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Celebrations of Life

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Buehrig, Mary Ellis - Clearwater, FL Burnett, Richard Alan - St. Charles, MO Chalupny, John William - Arnold **Chamberlain, Helen Margaret** - St. Charles

Clisham, Anne - Ballwin **Delanty, Dan J.** - St. Louis

Evans, Thomas Fitz-Hugh "Tom" - Chesterfield, MO

Fisher, Roland H. - O'Fallon, MO Gianino, Mary - St. Louis

Goodall, Carol R. - Lake Saint Louis, MO Hale, Michael Eugene - St. Louis

Heim, Margaret R. - Wentzville, MO

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in Clearwater, September 9, 2022. She is predeceased by her parents: Walter Britton Ellis and Bertha Johnson Ellis, six of her siblings: Earl, Beryl, Walter, Robert, Richard, and Jim Ellis, 1 grandchild, 3 great-grandchildren, and former husband, Robert Edgar Buehrig Sr. She is survived by one brother: Gerald Ellis (Jean,) her children: Robert Buehrig (Becky,) Britton Buehrig (Lavonna,) Cindy (Bruce

Walker,) Gerald Buehrig (Lynn,) Bonnie-Sue (John Brandvik,) and David Buehrig (Maria.) She is further survived by 19 grandchildren, 24 great-grandchildren and 7 great-great grandchildren. Services: Memorial in FL, February 11, 2023

**Burnett, Richard Alan** 83, of St. Charles, MO, passed away Thursday, September 22, 2022. Beloved husband of the late Sharon Kay Burnett. Full obituary at Alternativefuneralcremation.com. 636-498-5300.

**Chalupny, John William**Born 6/21/38, died 9/20/22. Husband of the late Janet Sue Chalupny, father/father-in-law of John Chalupny Jr., Lisa Chalupny, and the late Michael Chalupny, grandfather of

MO, Sunday October 2, 11:00 a.m. No visitation.

Michael Chalupny II and Joseph Chalupny.

Services: Gravesite service Shepard Hills Cemetery, Barnhart,

Chamberlain, Helen Margaret

September 16, 2022, age 93. Services: Service Saturday, October 8, 2022, 10:00 am at Church of the Master in

Clisham. Anne (nee Jobst), 98, September 23, 2022. Mass: Christ, Prince of

Visit: One hour prior to Mass at Church. For info see Schrader.com

Delanty, Dan J.

Mon., Sept. 19, 2022, age 89. Dearest husband of Diane. Visit 8:45 a.m., Mass 9:30 a.m., Wed. 9/28 at St. Mary Magdalen Brentwood. Details visit www.k-brothers.com **KRIEGSHAUSER BROTHERS** 

**Evans, Thomas Fitz-Hugh "Tom"** 

Springfield, Massachusetts. The family moved to St. Louis in 1964. He was later Director of

division. He retired as Director of OSHA for Monsanto. Tom also

served on the board of United Cerebral Palsy and the Productive

Living Board of St. Louis County. Tom loved baseball and was an All-State pitcher when at UVA and pitched in the Tidewater

Manufacturing for Fabricated Products, then the Astro-Turf

League. He was then offered a minor league contract by the

at Forest Hills Country Club.

Cincinnati Reds, but chose to pursue his career with Monsanto.

Golf was his other passion, and he enjoyed 41 years as a member

He is survived by his beloved wife Mary; dear father of Kathy

(Stan) Dampier, Tom Evans, Jr., and John (former wife Heather) Evans; and loving grandfather of Cole and Katie Evans. Tom was

Services: Memorial service at the SCHRADER Funeral Home and

Crematory, 14960 Manchester Road at Holloway, Ballwin, Saturday, October 1, 2022, 11:30 a.m. Interment will be private. In

lieu of flowers, contributions may be made to United Cerebral

preceded in death by his parents, and his brother Peyton

age 93, passed away, Wednesday, September 7, 2022. He was born May 31, 1929 in Philadelphia PA, a

Janetta (ńee Fitz-Hugh) Evans. Tom

graduated Phi Beta Kappa from the

University of Virginia. He married

the former Mary Hyatt Abbe' on

their 70th wedding anniversary.

career with Monsanto, beginning in

Tom spent his entire 42-year

July 5, 1952 in Chevy Chase, Maryland. They recently celebrated

son of Peyton Randolph and

Florissant, MO. Contact 636-946-7811 or visit baue.com

Peace Catholic Church, Ballwin, Wednesday, 10:30 a.m.

Hicks, John "Skip" - St. Louis

Hoffmeyer, Jeanette R. - Dardenne Prairie, MO

Huntebrinker, Elaine Carol - St. Peters, MO

Insalaco, Joseph F. - St. Louis

James, William Washington "Bill" - Clayton **Kletzker, Mary Geraldine** - St. Louis

Lockwood, Velma L. - St. Louis Love, Shirley Ann - Ballwin, MO Matlock, Jean Alice - St. Louis

May, Joanna - St. Louis

Mayfield, Jennie Lee - Crestwood, MO

Mueller, Judith Ann - St. Louis

Fisher, Roland H.



Fortified with the sacraments of the Holy Mother Church, Roland Fisher of O'Fallon, MO passed away on September 23, 2022 at the age of 91. He was the beloved husband of Arlene Fisher (nee Westhoff) of of Arlene Fisher (nee Westhoff) of O'Fallon, Missouri. He is survived by his five children, Chy (Kenny) Hyde, Cindy (Bob) Mercer, Tonya (Dennis) Hoelting, Kim (Brian) Thornton, Harvey (Julie) Fisher; grandchildren, Casey, Nikki, Chloe, Cassie, Whitney, David, Josh, Elizabeth, Shane; great- grandchildren, Case, Maycie, Dan, Stella, Anna, Oliver, Owen, Drake; great great grandchild, Lane; He is preceded in death by his father, Ralph Fisher, ther, Dorothy Obrecht Fisher, brother, Ralph Fisher, Jr.

Sr., mother, Dorothy Obrecht Fisher, brother, Ralph Fisher, Jr. Roland was a member of St. Paul Catholic Church and Knights of Columbus. He served in United States Army during the Korea War. Roland was also a member of American Legion Post 313, VFW Post 5077 and AMVets Post 106. He was an avid outdoorsman who enjoyed duck hunting and training dogs. He will be dearly missed by his family and friends.

Services: Visitation Thursday, September 29, 2022 from 9:00 a.m. to 11:30 a.m. at St. Paul Knights of Columbus Hall, St. Paul, MO. Mass Thursday, September 29, 12:30 p.m. St. Paul's Catholic Church, St. Paul, MO. St. Paul Catholic Cemetery. Memorials may Church, St. Paul, MO. St. Paul Catholic Centerery. Methods on St. Paul be made payable to: American Legion Post 313 or St. Paul Knight's of Columbus Hall.

**Gianino, Mary** (nee Bonanno), 94, Monday, September 19, 2022. Survived by son Kenneth and granddaughter Jessica. Visitation Monday 9 a.m. until services at 11:00 a.m. at Kutis Affton Chapel, 10151 Gravois.

**Goodall, Carol R.**September 15, 2022, age 89. Vis. Mon., Sept. 26, Baue Cave Springs, 4-6pm. Svc Tues., Sept. 27, Dardenne Presbyterian Church, 9:30am. Contact 636-946-7811 or visit baue.com

<u>Hale, Michael Eugene</u>



September 22, 2022. Beloved husband of Kristy Gould; adoring father of Miriam Hale; dear son of Richard and the late Glenda Hale; dear brother of Susan Grunwald (Mark) and Rick Hale; dear uncle of Megan Salazar (Garrett) and Kristin Grunwald; dear son-in-law, great-

uncle, cousin, and friend.

As an "Air Force Brat", Mike moved frequently during his childhood, and spent a formative years in Japan, which cemented his love for travel and

appreciation of cultures other than his own. Mike's family settled in his mother's home state of Alabama during his teen years, where he developed lifelong friendships. He attended Grissom High School in Huntsville, AL, and graduated from Auburn University. In St. Louis, he met and married Kristy, with whom he had one daughter, Miriam. Together, they had adventures that took them to three continents.

Mike was known as a man of few words, with a sly and quirky sense of humor. He did not define himself through his tech career but rather through his interests and passions. He was a financially astute investor, faithful Christian, news junky, activist, world traveler, and had a deep appreciation for the arts and exploring the wilds of nature. Above all, he loved his family and friends deeply, and adored Miriam with much tenderness

In lieu of flowers, Mike's family is asking for donations to Oak Hill Presbyterian Church and the ACLU. Moreover, we ask that everyday acts of kindness and compassion would best honor Mike's memory: Reach out to an old friend, volunteer somewhere,

listen with deep attention. **Services:** Visitation will be Wednesday, 9/28 from 4:30 to 7:30 p.m. and funeral Thursday, 9/29 at 10:30 a.m. at Oak Hill Presbyterian Church, 4111 Connecticut St., St. Louis, MO 63116. There will be no burial in St. Louis, as Mike's remains will be interred in a family plot in Wedowee, AL, at a later date. Visit www.bergermemorialchapel.com for more information and for updates on the memorial for friends and family in Alabama.

**BERGER MEMORIAL SERVICE** 

Heim, Margaret R. 82, Wentzville, MO, September 19, 2022. Vis. Tues., 9/27, 10

a.m. to 12 p.m.; Funeral: Tues., 9/27, 12 p.m., Trinity Episcopal Ch. (St. Charles, MO). www.pitmanfuneralhome.com

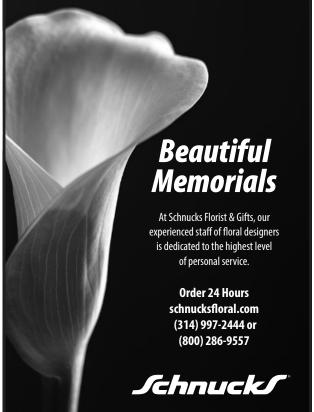
Hicks, John "Skip"

80, 9/20/22, Vis. Sun., 9/25, 4-8 p.m. Hutchens-Stygar (St. Charles), Mass Mon., 9/26, 10:30 a.m. St. Joe Cottleville. For full obit. see www.hutchensfuneralhomes.com

> "There is no remedy for love but to love more." HENRY DAVID THOREAU

Palsy Heartland. Memorial visitation Saturday 10:30-11:30 a.m. prior to service. Friends may sign the family's online guestbook at Schrader.com. With 3 locations to serve your family, Kutis Funeral Home Inc offering burial & memorial services with affordability & dignity for over 100 years.

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Neumann, Clemens M.P., Jr. - St. Louis

O'Driscoll, Eileen - St. Louis

**Princivalli, David V.** - St. Louis County

Rassieur - see St. John

**Vollmer** - see St. John

Seeger, Frank L. - University City, MO Smythe. Mary Ann - Chesterfield. MO

Schulte, Anna Louise - St. Louis

St. John, Paula "Jane" Vollmer - St. Louis

Tinsley, Melvin James - St. Louis

Wilson, Barbara Frances - St. Louis

Hoffmeyer, Jeanette R.

91, of Dardenne Prairie, Missouri passed away peacefully on Monday, September 19, 2022 surrounded by family. She was born in St. Louis, Missouri to the late Harry and Frances (Sandt) Thudium on December 12, 1930. She was the devoted wife of the late Donald J. Hoffmeyer for 68 years. She was a loving mother of Rochelle, Denise (Edward) Hercules

and Keith. A very proud grandmother of Jeanette Kluesner and dear friend, sister-in-law, aunt. cousin. She was preceded in death by her son, Kirk and brother,

Gordon Thudium. She will be remembered for her beautiful smile, sweetness and kindness. She was a member of Immaculate Conception Church of Dardenne and volunteered at luncheons.

Memorials may be made to Immaculate Conception Church. Interment at Jefferson Barracks National Cemetery. www.pitmanfuneralhome.com

**Huntebrinker, Elaine Carol** September 18, 2022, age 75. Vis. Thurs., Sept. 29, Dardenne Presbyterian Church, 9 - 10 a.m. Service to follow at 10 a.m.

Insalaco, Joseph F.
Thursday, September 22, 2022. Funeral at Kutis Affton,
Monday, October 3rd, 10:30 a.m. Interment J.B. National.

Contact 636-946-7811 or visit baue.com

Visitation Sunday, 4-8 p.m.

<u>James, William</u> Washington "Bill"



age 90, of Clayton, MO, passed away peacefully on September 15, 2022, after a near four-year battle with kidney failure. He is survived by his devoted wife of 55 years, Carol (Muenter), and was the proud father of Sarah Banks (John) and David James (Bevin). He was the loving "Poppa Bill" to his three grandchildren: Alison Banks, Parker Banks, and Avery James. He

was predeceased by one sister, Mary Frances James. Bill was born October 12, 1931,

in Springfield, Missouri, the son of businessman and music composer, William "Will" and Clyde Lunea (Cowdrey) James, a choral director. Reared in a musical

household, Bill's family would often play host to visiting performers such as Marian Anderson and Fritz Kreisler. He graduated from the Greenwood Preparatory School, Springfield, MO (1949) and received his A.B. from Harvard University (1953). Following his service as a sergeant in the U.S. Army stationed in Panama, Bill attended Harvard Business School and then began his career selling medical supplies in the overseas division of Becton Dickinson & Co in Rutherford, NJ before beginning his financial career as a stockbroker with Merrill Lynch, Pierce, Fenner & Smith in New York City, a position that led him to relocate to St. Louis in 1959. In 1962, Bill began work for Boatmen's National Bank in their estate planning division, retiring from the Boatmen's Trust Company as Senior Vice President and Trust Officer in 1996. During his career at Boatmen's, he was also a mentor to several young trust officers, some of whom are now leaders of St. Louis' premier financial organizations

Bill's move to St. Louis in 1959 led him to meet his wife, Carol Ann Muenter, at a social event in 1966, and they married June 17, 1967. Their first date was the opening day of Busch Memorial Stadium (Busch Stadium II), on May 12, 1966, where the Cardinals beat the Braves and with most fans in business attire! With his office located a few blocks from the new stadium, Bill, an avid fan of the St. Louis Symphony, would often joke with his children and their friends that he heard the Beatles before them because he walked around the stadium the night the Beatles played St. Louis

While rearing his family in Warson Woods. Bill's career was complemented by his community involvement and professional recognitions, including serving as a Director of the Heer-Andres Investment Company (Springfield), Director of the Columbia Hotel Company (Columbia), Director of the Mark Twain Institute, Director of the Estate Planning Council of St. Louis, member of the Bequest and Gift Council of St. Louis University, a member of the Bequest Council of Barnes Hospital, President of the Harvard Club St Louis, as well as serving for 3 years as a Director of The Harvard Alumni Association. Bill loved to swim and exercise at the Missouri Athletic Club and enjoyed many hours of professional and personal fellowship at the Noonday Club and St. Louis Club. Bill also enjoyed his many adventures to Martha's Vineyard, a tradition that started with a dear friend and his family in the late 1950's, evolving to many family trips to the beloved island, and is now a tradition that carries on with both of Bill and Carol's

During his lifetime, Bill attended three Presidential Inaugurations, enjoyed many European adventures including annual spring trips to London with Carol to enjoy musical and theatre productions, loved visiting his daughter's family in upstate New York, and his son and family in the Washington, DC area. He also had several retirement adventures with his son, including a space shuttle launch and a session of Prime Minister's Questions in London.

Bill's final wish was to have a private interment next to his parents at the Eastlawn Cemetery in Springfield, Missouri. In lieu of a visitation, funeral, or flowers, please send donations to the William W. James, Jr. Memorial Fund c/o Springfield Symphony Orchestra (411 N. Sherman Parkway, Springfield, MO 65802), the organization his father helped start. In addition to the prayers of family and friends, the entire James family would like to thank the medical professionals of St. Luke's Hospital, led by Dr. Pablo Dayer, the team at NxStage Kidney Care, Pathways Hospice, and the staff at Delmar Gardens of Chesterfield for helping to enable Bill's life to continue these past four years

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**Kletzker, Mary Geraldine**Oct. 13, 1922-Sept. 21, 2022. Children include Catherine Sauer (Art), G. Robert Kletzker M.D. (Mary Ann); grandchildren Robert Kletzker (Melissa), Julia Lopez (Dominic), Rebecca Steele (Jonathan) and Carolyn Kletzker; great-grandchildren Sean and Ryan Lopez and Grierson Kletzker.

Services: Visitation at BOPP Chapel in Kirkwood, Sept. 27th, 5-7 p.m. Funeral Mass at Our Lady of the Pillar, Sept. 28 at 10:00 a.m.

Lockwood, Velma L.

95, passed away peacefully on Tuesday, September 13, 2022. Please see www.jaybsmith.com for funeral arrangements.

Love, Shirley Ann

(nee Speckhals), age 82, passed away on Tuesday, September 20, 2022. Funeral Memorial service will be held at a later date. For more info, see Schrader.com



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### Trial to show Oath Keepers' road to Jan. 6

BY ALANNA DURKIN RICHER **Associated Press** 

The voting was over and almost all ballots were counted. News outlets on Nov. 7, 2020, had called the presidential race for Joe Biden. But the leader of the Oath Keepers extremist group was just beginning to fight.

had been stolen from Donald Trump, Stewart Rhodes exhorted and staff hid from the mob. his followers to action.

"We must now ... refuse to accept it and march en-mass on riot, Rhodes and four Oath Keeper the nation's Capitol," Rhodes de-

Authorities allege Rhodes and his band of extremists would spend the next several weeks after Election Day, Nov. 3, amassing conspiracy. weapons, organizing paramilitary training and readying armed teams with a singular goal: stopping Biden from becoming president.

Their plot would come to a head on Jan. 6, 2021, prosecutors say, when Oath Keepers in battle gear were captured on camera shouldering their way through the crowd of Trump supporters and storming the Capitol in militarystyle stack formation.

Court documents in the case against Rhodes and four co-Tuesday with jury selection in litia. Washington's federal court paint a picture of a group so deter-

to lose their lives to do so.

It's the biggest test for the Justice Department's efforts to hold accountable those responsible for the Capitol attack. Rioters temporarily halted the certification of Biden's victory by sheer force, pummeling police officers in handto-hand fighting as they rammed Convinced the White House their way into the building, forcing Congress to adjourn as lawmakers

> Despite nearly 900 arrests and hundreds of convictions in the Insurrection Act." associates – Kelly Meggs, Jessica you've got to make sure that he Thomas Caldwell — are the first to stand trial on the rare and difficult-to-prove charge of seditious

The Oath Keepers accuse prosecutors of twisting their words and insist there was never any plan to attack the Capitol. They say they were in Washington to provide security at events for figures such as Trump ally Roger Stone before Trump's big outdoor rally near the White House on Jan. 6. Their preparations, training, gear and weapons were to protect themselves against potential violence to arms in defense of our God from left-wing antifa activists or given liberty." to be ready if Trump invoked the defendants — whose trial opens Insurrection Act to call up a mi-

Rhodes' lawyers have signaled their defense will focus on his bemined to overturn Biden's victory lief that Trump would take that that some members were prepared action. But Trump never did, so

have said.

### 'Willing to die'

On Nov. 9, 2020, less than a week after the election, Rhodes held a conference call and rallied the Oath Keepers to go to Washington and fight. He expressed hope that antifa (anti-fascist) activists would start clashes because that would give Trump the "reason and rationale for dropping the

"You've got to go there and Watkins, Kenneth Harrelson and knows that you are willing to die to fight for this country," Rhodes told his people, according to a transcript filed in court.

By December, Rhodes and the Oath Keepers had set their sights on Congress' certification of the Electoral College vote on Jan. 6, prosecutors say.

On Dec. 23, he published an open letter on the Oath Keepers website declaring that "tens of thousands of patriot Americans, both veterans and nonveterans" would be in Washington. He

As 2021 approached, Rhodes spent \$7,000 on two night-vision devices and a weapon sight and sent them to someone outside Washington, authorities say. Over

sights and other equipment, according to court documents.

### 'I just want to fight'

Rhodes had instructed Oath Keepers to be ready, if asked, to secure the White House perimeter and "use lethal force if necessary" against anyone, including the National Guard, who might try to remove Trump from the White House, according to court documents.

On Jan. 5, Meggs and the Florida Oath Keepers brought gun boxes, rifle cases and suitcases filled with ammunition to the Virginia hotel where the "quick reaction force" teams would be on standby, according to prosecutors. A team from Arizona brought weapons, ammunition and supplies to last 30 days, according to court papers. A team from North Carolina had rifles in a vehicle parked in the hotel lot, prosecutors have said.

At the Capitol, the Oath Keepers formed two teams, military "stacks," prosecutors sav.

Some members of the first stack warned they might have to "take headed toward the House in search of Speaker Nancy Pelosi, D-Calif., but couldn't find her, according to court documents. Members of the second stack confronted officers inside the Capitol Rotunda, prosecutors allege.

Rhodes isn't accused of going several days in early January, he inside the Capitol but was seen would spend an additional \$15,500 huddled with members outside gation was politically motivated.

Rhodes went home, his lawyers on guns, magazines, mounts, after the riot. Rhodes and others then walked to the nearby Phoenix Park Hotel, prosecutors say.

In a private suite there, Rhodes called someone on the phone with an urgent message for Trump, according to an Oath Keeper who says he witnessed it. Rhodes repeatedly urged the person on the phone to tell Trump to call upon militia groups to fight to keep the president in power, court papers say. The person denied Rhodes' request to speak directly to Trump.

"I just want to fight," Rhodes said after hanging up, according to court papers. Authorities have not disclosed the name of the person they believe Rhodes was speaking to on the call.

That night, Rhodes and other Oath Keepers went to dinner in Virginia. In messages over the course of the evening, they indicated their fight was far from over.

"Patriots entering their own Capitol to send a message to the traitors is NOTHING compared to what's coming," Rhodes wrote.

Rhodes returned to Texas after the Jan. 6 attack and remained free for a year before his arrest in January 2022.

In interviews before he was jailed, he sought to distance himself from Oath Keepers who went inside the Capitol, saying that was a mistake. He also continued to push the lie the election was stolen and said the Jan. 6 investi-

### Celebrations of Life

STLtoday.com/obits 314-340-8600 obits@post-dispatch.com

### Matlock, Jean Alice

Passed away on Sunday, September 18, 2022. Beloved wife of the late James L. Matlock; dearest mother of Dennis (Kelly) and Sharon Matlock; dear grandma of Keith (Jennifer) Matlock, Jennifer (Pete) Joyce, Jonathan (Katie) Matlock. Preceded in heaven by Gabrielle Matlock. Great-grandma of Emily, Grant, Lauren, Ian, Jackson, Benjamin, Jillian, Joe, Ensley, Everett

and Lucy; our dear aunt, cousin and friend of many.

Services: Monday, September 26, 9:00 a.m. at KUTIS AFFTON CHAPEL, 10151 Gravois Rd. Interment Jefferson Barracks National Cemetery. Visitation Sunday 4:00 - 8:00 p.m. www.kutisfuneralhomes.com

**May, Joanna**Monday, August 15, 2022. Our dear sister, sister-in-law and friend. Visitation at Kutis So. Co., 5255 Lemay Ferry, Fri., 9/30, 4-7 p.m. Service Saturday, 10 a.m., Assumption Church. Burial Church Cem.

Mayfield, Jennie Lee



Age 72, of Crestwood, died suddenly at home on August 5, Survived by niece Lindsay (Shane)

Mayfield; great-nephew James Mayfield; great-nieces Norah Mayfield and Hadley Bennett; and sister-in-law Peggy Mayfield. Preceded in death by parents James Logan and Lucile (nee Dixon) Mayfield and brother Logan Mayfield.

Jennie graduated from Crystal City High School and the University of Colorado, and earned her M.S. from the University of North Carolina. She was retired after 24 years as a clinical epidemiologist in Barnes Jewish Hospital Infection Prevention. During her career, she was recognized nationally for her expertise and served as the national President of APIC (Association for Professionals in Infection Control and Epidemiology), an organization of more than 15,000 members. Jennie was awarded the national SHEA Advanced Practice Infection Control Professional award in 2005, and was recognized as an APIC Hero of Infection Prevention in 2007. She served nearly ten years as a nurse in the Colorado National Guard earning the rank of Captain. Jennie loved her dachshunds.

**Services:** Memorial Service at 10 a.m. on October 1, at Glendale Presbyterian Church, 500 N. Sappington Road, Glendale. In lieu of flowers, the family requests contributions be made to the Siteman Cancer Center, MSC 1247-414-2100, 7425 Forsyth Blvd., St. Louis, MO 63105 or online at siteman.wustl.edu/tribute. Please indicate the gift is in memory of Jennie Mayfield.

Mueller, Judith Ann



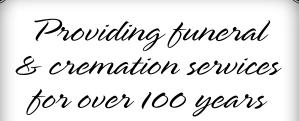
Fortified with the Sacraments of Holy Mother Church Friday, September 23, 2022. Beloved daughter of William and the late Rose (nee Reb) Mueller; beloved sister of Diane M., Ronald, J. (Jeannie) and Paul W. (Jeannie) Mueller and Rosemary (John) Drake; loving aunt of 10 nieces and nephews, 22 great-nieces and nephews and 3 great-great-nieces and nephews. Judith taught at St. Mary Magdalen, Immaculate Heart of Mary, Prep South and Mary Queen

of Peace schools. Services: Funeral from Kutis Affton Chapel, 10151 Gravois Tuesday, September 27, 9:30 a.m. to St. Gabriel the Archangel Catholic Church for 10 a.m. Mass. Interment Sts. Peter & Paul Cemetery. Visitation Monday, 4-8 p.m.

Neumann, Clemens M.P., Jr. 9/22, 2022. Visit. Wed., 9/28, 4-8 p.m., John L. Ziegenhein, 7027 Gravois. Mass Thurs., 9/29, 10 a.m. St. Mark Catholic Church, 4200 Ripa. Interment Resurrection Cemetery.

O'Driscoll, Eileen

On Wednesday, September 21, 2022. Memorial Mass at Assumption Catholic Church (Mattis Rd) on Friday, September 30, 10:30 a.m. Interment Assumption Cemetery.





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### Princivalli, David V.



David V. Princivalli, 57, of Fenton, MO died peacefully Sept. 18th, 2022. He owned and operated Princivalli Monument in Fenton, MO. Princivalli Monument was Dave's pride and joy and life's work. Dave spent much of his free time hunting, fishing, and enjoying the outdoors. He enjoyed spending time with family and friends. He was preceded in death by his parents, Roberta and Vito Princivalli, as well as his older brother Daniel Strohmeyer. He is

survived by his loving wife Linda (Howard), his brother Rick (DeDe) Princivalli, his sister Vicki (Ray) Massie, sister-in-laws Christine Strohmeyer, Nancy Kalin, brother-in-laws Timothy (Denise) Grosch, and Harlan (Theresa) Howard. He also had an abundance of caring friends.

**Services:** A celebration of life is being held in his honor as opposed to a traditional funeral service.

### Schulte, Anna Louise



(nee Seip), Fortified with the Sacraments of Holy Mother Church Saturday, September 17, 2022. Dear mother of Fred (Patricia Bach) Schulte; Catherine (Steve) Baker and Michael Schulte; dear grandmother of Dustin, Allison, Claire and the late Alan; dear sister of John (Margie) Seip and the late Betsy Kourdouvelis; dear aunt of Kris Kourdouvelis, Fred Seip and Marguerite Seip; our dear sister-inlaw, cousin and friend.

Services: Funeral from Kutis Affton Chapel, 10151 Gravois, Wednesday, September 28, 10:30 a.m. to St. John Paul II Catholic Church for 11 a.m. Mass. Interment Resurrection Cemetery. Ms. Schulte was a member of The Daughters of the American Revolution. Contributions to Disabled American Veterans appreciated. Visitation Tuesday, 4-8 p.m.

**Seeger, Frank L. p** passed away on Friday, September 16, 2022. Our dear relative and a steadfast friend to all who knew him. Mr. Seeger served in the US Army during WWII and was a longtime executive with Granite City Steel Corporation. Private interment will be held at Forest Hill Cemetery Greencastle, IN. A SERVICE OF THE LUPTON CHAPEL

### Smythe, Mary Ann



nee Fienup), baptized into the hope of Christ's resurrection, Tuesday, September 20, 2022. Beloved wife of the late Richard L. Smythe. Child of God, daughter of Wilbur and Helen Fienup (nee Rozanski). Dear mother of Pamela and Virginia (Keith). Loving grandmother of Jennifer (David), Jason, Benjamin and Amelia. Sister of William (Kathy) Fienup, Jim (Patty) Fienup and Elaine (Paco) Navarro. Dear sister-in-law, aunt, great-aunt, cousin and friend.

Services: Funeral Mass at Ascension Catholic Church, Chesterfield, Monday, 10:00 a.m. with visitation from 9:00 - 10:00 at church. Interment Holy Cross Cemetery. In lieu of flowers, Masses are preferred. As a service of the SCHRADER Funeral Home and Crematory, friends may sign the family's online guest book at Schrader.com.

### St. John, Paula "Jane" Vollmer



(6-23-39 to 8-13-22). Dear daughter of Karl and Jane Vollmer. Beloved mother of Jane "Kelly" Creveling Richardson (Lee) and Carolyn Creveling. Grandmother of William Richardson (Dani'ca). Sister of the late Patricia Jane Vollmer Hotchkiss (Gerry) and Mary Vollmer McDonald Rassieur (the late B. Franklin, Jr.). Beloved also of many nieces, nephews and friends. Graduate of Mary Institute, Class of 1957. Attended Wheaton College, MA. Jane was very athletic and

climbed Longs Peak during one of her many summers spent at Estes Park, Colorado. She loved her Sealyham Terriers. **Services:** Memorial service at St. Peter's Episcopal Church, 110 N. Warson Rd., Ladue, October 1, 2022 at 11:30 a.m. Donations appreciated to St. Peter's Episcopal Church, pet rescue or charity

AND MAGNIFY WHAT MADE THEM GREAT | STLtoday.com/obits

### **Tinsley, Melvin James**

Fortified with the Sacraments of Holy Mother Church on Thursday, September 22, 2022

Beloved husband of the late Wanda and Virginia Tinsley; dearest father of the late Ronald and Michael Tinsley; dear brother of the late Vera (Vernon) Presson, Velma (Joe) Brumit and Marvin Tinsley; our dear brother-in-law, uncle, cousin and friend of many. **Services:** Visitation Sunday, October 2, 1 p.m. until Service 3 p.m. at KUTIS AFFTON CHAPEL, 10151 Gravois Rd. In lieu of flowers, memorial may be given St. Vincent de Paul Society or Cardinal Glennon Children's Hospital.

Wilson, Barbara Frances
Barbara Frances Wilson (nee Kelly) died peacefully on September 9, 2022. Beloved wife of the late Alvin Wilson, dear mother of Woody (Debbie), Ken (Monica), and Tim (Christine), dear grandmother of 10 and great-grandmother of 15. She is survived by her circle Patricia (Patricia). by her sister Patricia (Pat) Groh and the late brother Ed Kelly.

**Services:** Memorial Mass celebrated on Saturday, October 1, 2022 at St. Ambrose Catholic Church, 5130 Wilson Avenue, 63110 at 10:00am. Visitation at church begins at 9:30am. In lieu of flowers please make donations to Alzheimer's Association.

### Fraternal



Please be advised of the death of

Delbert T. Jones Passed 09/19/2022 40 year Member Branch 343 - Active Visitation Tuesday, 9/27, 6-8 p.m. Funeral Wednesday, 9/28, 10 a.m. Empowered Church, 12220 Fontaine Lane

St. Louis, MO 63138

### In Memoriam



Vickers, Donna Marie Happy Heavenly Birthday. Today we remember, Donna Marie Vickers, 54, who passed away on Sunday, September 4th, 2022. She was surrounded by her husband O'Larry and her three children, Nicole, Ashlie

and Brittany. In addition to her sisters, best friend, family & lots of love. Born in St. Louis, Donna is preceded in death by her parents, James and Delores Johnson, her sister, Karen & brothers, Ronald,

Donald, James, & Darryl. She is survived by Valerie, Billy, Terry, Denise, Deborah & Desiree. Donna, Chef and Owner of SimplyCookingWithDonna, leaves behind a legacy of family, faith, love, and achievements.

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### **Palestinian** farmer discovers rare ancient treasure in Gaza

BY FARES AKRAM **Associated Press** 

BUREIJ, Gaza Strip - Last spring, a Palestinian farmer was planting a new olive tree when his shovel hit a hard object. He called his son, and for three months, the pair slowly excavated an ornate Byzantine-era mosaic that experts say is one of the greatest archaeological treasures ever found in Gaza.

The discovery has set off excitement among archaeologists, and the territory's Hamas rulers are planning a major announcement in coming days.

But it is also drawing calls for better protection of Gaza's antiquities, a collection of fragile sites threatened by a lack of awareness and resources as well as the constant risk of conflict between Israel and local Palestinian militants.

The mosaic was uncovered just a half-mile from the Israeli border. The floor, boasting 17 iconographies of beasts and birds, is wellpreserved and its colors are bright.

"These are the most beautiful mosaic floors discovered in Gaza, both in terms of the quality of the graphic representation and the complexity of the geometry," said René Elter, an archaeologist from the French Biblical and Archaeological School of Jerusalem.

He said the mosaic dates back to a time between the 5th and 7th centuries. But he said a proper excavation must be conducted to determine when exactly it was built and whether it was part of a religious or secular complex.

Elter, who has conducted research in Gaza in the past, has not been able to visit the site but viewed photos and videos taken by local research partners.

The Gaza Strip, a Palestinian coastal enclave sandwiched between Israel and Egypt, was a bustling trade route between Egypt and the Levant in ancient times. The coastal strip is full of remains of ancient civilizations, from the Bronze Age to the Islamic and Ottoman eras.

However, the treasures are rarely protected. In the past, they were looted. In recent years, some were damaged or destroyed by development projects or fighting with Israel. An Israeli-Egyptian blockade imposed after the Hamas militant group took over Gaza in 2007 has ravaged the economy, leaving few resources for the protection of antiquities.

Hamas itself pays little attention to preserving the sites as it struggles to meet the needs of a rapidly growing population. More than 2.3 million people are squeezed in the 115-square-mile strip. In 2017, Hamas bulldozers destroyed large parts of a site containing remains from a 4,500-year-old Bronze Age settlement to make housing projects for its employees.

Early this year, bulldozers digging for an Egyptian-funded housing project in northern Gaza unearthed a Roman-era tomb.

Among the few preserved sites in Gaza are the St. Hilarion monastery, which spans from the late Roman Empire to the Islamic Umayyad period, and the site of a Byzantine church that was restored by international aid organizations and opened this year in the northern Gaza Strip.

While these sites also have mosaics, Elter said the latest discovery, in the central Gaza town of Bureij, is "exceptional."

The Hamas-run department of antiquities described the mosaic as "a big archaeological discovery" but refused to comment further, saying there will be a formal an-

nouncement later. The owner of the land, who refused to be identified before the official announcement, has covered the unearthed portion of the mosaic floor with tin sheets. He said he hopes to receive compensation for protecting the unique discovery on his property.

The patch of land holding the mosaic is about 5,400 square feet, and three dug-out spots reveal glimpses of the mosaic.

The largest of the holes in the ground, about 6 by 9 feet, has the 17 drawings of animals. The other two show intricate patterns of tiles. Roots of an old olive tree have damaged parts of the mosaic, which appears to be about 250 square feet altogether in size.



**CASEY MOZINGO, THE GOLDSBORO NEWS-ARGUS VIA AP** 

Floodwaters from the Neuse River surround several homes after Hurricane Matthew on Oct. 11, 2016, in the western part of Wayne County near Goldsboro, N.C.

### Pandemic, labor shortage keep hurricane victims in limbo

BY HANNAH SCHOENBAUM AND **GARY D. ROBERTSON** 

**Associated Press** 

RALEIGH, N.C. – Nearly six years after flood damage from Hurricane Matthew displaced Thad Artis from his home in Goldsboro, North Carolina, he has still not been placed in permanent housing.

Living alone in a motel for the last two years, growing increasingly frustrated with what he landfall in North Carolina. considers empty promises of swift action from government

Before he moved his wife into an assisted living facility, the two lived in their decaying house, roughly an hour southeast of Raleigh by car, for several years after the storm — both developing respiratory illnesses as mold spores grew in the ceiling and bird droppings spattered atop their leaking roof. Roaches and "other creepy crawlies" inhabited the kitchen floorboards. The back of the house was so rotten, Artis said, that the washroom was about to fall through the floor.

"We stayed sick for a year," he said. "The house and all the furniture, it's gone, it's rotten. We ain't got nothing. I take everything I can get right down the road to see her, to take care of her. I don't give up because I got to help my wife."

Waiting on an unfinished mod-Artis is among hundreds of low-

of Recovery and Resiliency who live in temporary accommodations years after the 2016 storm and Hurricane Florence in 2018.

A new bipartisan General Assembly committee tasked with investigating these delays in disaster relief recently held its first meeting — the four-year anniversary of when Florence made

Wayne County Republican every penny on his wife's health River incurred some of the worst care after a stroke left her unable flood damage statewide, said he's seeking accountability on behalf of displaced constituents like

> "We had to deal with multiple hurricanes, tropical storms and a pandemic, but those are the realities, not the excuse," Bell said. "We've been back and forth on this issue for years now. It never should've gotten to this point."

> While meteorologists say the Atlantic hurricane season has been quiet this year - a recordtying zero storms formed in August — residents of storm-prone Southeastern states remain vigilant. Still working through longterm repairs from Matthew and Florence, North Carolina officials say recent labor shortages and supply chain issues have exacerbated the existing challenges.

Laura Hogshead, director of the North Carolina Office of Recovery and Resiliency, said ular home in nearby Pikeville, complications brought on by COVID-19, compounded by ris-

income homeowners enrolled ing prices and high demand for with the North Carolina Office contractors, slowed efforts to make homeowners whole.

> "I cannot overstate the impact of the pandemic, particularly on construction," she said. "It doesn't matter how good can't get windows, you can't get windows." Construction holdups have

left some funding recipients like Artis in short-term lodging 800 projects are completed, ac-Co-chair Rep. John Bell, a for months or longer. Hogshead cording to NCORR. But Hogssaid that is partially the result of head said additional applicants officials, the 68-year-old spends whose district along the Neuse two manufactured housing vendors pulling out of contracts with either waiting to find a contractor the state in 2021 and 2022 as unit prices soared.

North Carolina's legislature created NCORR in 2018, in part to distribute what became \$778 million in federal recovery funds awarded by the U.S. Department of Housing and Urban Development for Matthew in 2017 and Florence in 2020.

The agency committed more than 60% of these funds to support homeowners, with about \$231 million actually spent so far. Under federal mandate, the money must be spent by mid-2026.

Funds are used to make major repairs or replace homes owned by low-income families in counties battered by both storms. They also support affordable and public housing projects that are less susceptible to flooding.

Expending these funds isn't designed to be easy, with multiple safeguards to ensure they're spent properly.

Homeowners must navigate an eight-step process designed to ensure they qualify and haven't already received similar disaster money. It includes an environmental review of their damaged property, followed by a grant your general contractor is. If you award, contractor selection and construction.

Of the nearly 4,200 Homeowner Recovery Applicants since Matthew money arrived, nearly - now more than 1,100 - are willing to take on a governmentfunded project with its additional paperwork, or for the contractor to begin work.

As of Sept. 13, 294 applicants currently waiting for repairs or a replacement manufactured home were living in temporary accommodations – often a rental property or hotel.

Shiletha Smith, 68, has inhabited her damaged home in Fremont – a five-minute drive north of Pikeville - since Hurricane Matthew flooded the property in 2016. Smith said she is finally moving into a hotel so construction can begin.

With another hurricane season in full swing, Hogshead said she's always checking the tropics for developing storms that could cause further damage or delays.

"The thing I really worry about is another storm," she said. "Upsetting this apple cart in the middle of construction is the X-factor that none of us can control."

### New York museums to disclose artwork looted by Nazis

Associated Press/Report for America

ALBANY, N.Y. – Museums in New York that exhibit artworks looted by Nazis during the Holocaust are now required by law to let the public know about those dark chapters in their provenance through placards displayed with the stolen objects.

At least 600,000 pieces of art were looted from Jewish people before and during World War II, according to experts. Some of that plunder wound up in the world's great museums.

New York Gov. Kathy Hochul signed a law in August requiring museums to put up signs identifying pieces looted by the Nazis from 1933 through 1945.

The new rule comes as many museums in the U.S. and Europe reckon with collections that contain numerous objects looted from Asia, Africa and other places during centuries of colonialism.

It isn't clear how many pieces of art now on display will wind up being labeled as Nazi loot, and disagreements have already arisen



**BEBETO MATTHEWS**, ASSOCIATED PRESS

A wooden sculpture by German artist Niclaus Weckmann, "Holy Family" – a 1948 gift from Alastair Bradley Martin to the Metropolitan Museum of Art — is seen Sept. 1 at the museum in New York.

over certain artworks with a complicated history.

The Metropolitan Museum of Art, in New York City, said it identified 53 works in its collection as having been seized or sold under duress during the Nazi era.

All of those objects were ob-

tained by the museum after being returned to their rightful owners. But Andrea Bayer, the museum's deputy director for collections and administration, said the public still should know about their his-

the terrible cost to people during World War II as these confiscations took place, and how these peoples' treasures that they loved and had been in their families, had been torn from them at the same time their lives were disrupted," she said.

The museum, however, does not intend to put up such a sign on a Picasso painting called "The Actor," which it received as a gift in 1952.

That painting was once owned by Jewish businessman Paul Leffmann, who fled Germany - first for Italy, then ultimately to Brazil - to escape the Nazis. As Leffmann liquidated assets in 1938, he sold the painting to Paris art dealers for \$13,200.

Leffmann's great-grandniece, Laurel Zuckerman, sued the Metropolitan Museum in 2016, claiming it was a bargain-basement sale price that reflected the family's desperation to flee Europe. The museum countered that the price was actually high for an early Picasso at the time. A U.S. court "People should be aware of eventually dismissed the lawsuit.

### Once McCain's party, Arizona **GOP** returns to far-right roots

**BY JONATHAN J. COOPER Associated Press** 

PHOENIX - Simmering discontent among a segment of Arizona Republicans over John McCain's famous penchant for bucking his party boiled over in the winter of 2014 with the censure of the longtime U.S. senator.

McCain's allies responded with an all-out push to reassert control over the Arizona Republican Party. Censure proponents were ousted or diminished, and McCain went on to defeat his far-right challenger in a blowout during the 2016 primary.

Less than a decade later, the right wing forces that McCain marginalized within the Arizona GOP are now in full control, with profound implications for one of the nation's most closely matched battlegrounds. Arizona Republicans have traded McCain for Donald Trump.

"We drove a stake in the heart of the McCain machine," Kari Lake, making a dramatic stabbing gesture, said in a speech days after she won the Republican primary for governor in early August.

Lake, a well-known former television news anchor, has delighted segments of the state's GOP base that have long been at odds with their party's establishment and want their leaders to confront Democrats, not compromise with them.

She draws large, enthusiastic crowds that are unusually energized for a midterm election. Her fans erupt in rapturous applause when she takes a shot at the media or pledges to repel the "invasion" at the southern border.

"She's for border control. She's a MAGA person. She is fighting the establishment. And that, to me, is enough," said Bob Hunt, a Republican in Tucson who attended a Lake rally this summer.

McCain, who died in 2018, never lost a race in his home state. But his brand of Republicanism is in retreat after election-denying allies of the former president swept GOP primaries this month from governor and U.S. Senate down to the state

Kelli Ward, the primary challenger McCain trounced in his last re-election campaign, was elected state GOP chair in 2019. She broke with precedent for party leaders and campaigned openly for Trump's slate of candidates ahead of the primary this year.

It is in some ways a return to roots for Republicans in Arizona, a state with a long history as a crucible for emerging strands of conservatism.

Barry Goldwater, an Arizona senator from the 1950s through the 1980s, pushed the GOP in a new direction, laying the groundwork for conservative and libertarian movements. He gave voice to anti-elite grievances and racial anxieties that have contributed to Trump's appeal.

McCain replaced Goldwater in the Senate, representing an Arizona reshaped by decades of migration. Young families flocked to affordable neighborhoods in and around Phoenix, and retirees escaping the snow settled in new golf communities.

McCain eventually built a national profile as a fiscal conservative who was unafraid - even eager - to buck GOP leadership. He helped pass campaign finance reform legislation and worked on unsuccessful immigration reform and climate change legislation. In one of his last defiant decisions, he gave a dramatic thumbs down vote to kill legislation that would have repealed former President Barack Obama's health care law.

McCain won over independents and some Democrats to overwhelmingly win reelection. But the apostasies that appealed to more moderate voters made him a pariah to many within his own party.

Democrats think this year's slate of Trump-backed nominees gives them a fighting chance to win some of the top offices on the ballot. If the Republicans win, officials who refuse to accept Trump's defeat in the 2020 election will hold the levers of power with the ability to set election laws and certify results in a state that plays an important role in determining control of Congress and the presidency.

Ideological factions are always at tension within political parties, and Arizona Republicans have long hosted a particularly raucous tug-of-war. Pro-business, limited government conservatives — such as McCain, former Sen. Jeff Flake and termed-out Gov. Doug Ducey - are derided as "Republicans in name only" by a base eager to fight culture war battles.



**EMILY SCHWING PHOTOS**, FOR THE WASHINGTON POST

Connie Walton, left, her cousin Hilda Booth, center, and Isabel Monroe get together most evenings in the summer to play Rummikub and catch up on news and happenings in the village of Noatak, Alaska.

## In rural Alaska, the cost of a tough life keeps rising

**BY EMILY SCHWING Special To The Washington Post** 

NOATAK, Alaska - Half a dozen women gather to play Rummikub most summer evenings in a small house on a hill that delivers a southward view of this small Arctic village. There's lots of laughter and teasing, a nice reprieve from some of the challenges of life in rural Alaska.

In late July, one conversation settled on whether the group could take a weekend boat trip downriver to a place called Sisualik, which means "place that has beluga whales" in the Inupiag language and is a popular spot to camp, fish and pick berries that sometimes swell to the size of small grapes. The problem, however, was finding enough fuel to power the boat.

In May and June, while other residents in Noatak were paying the street and past the Noatak \$17.99 a gallon for unleaded and \$12.99 for diesel — each about \$5 more per gallon than the usual price. The village, which sits 70 miles north of the Arctic Circle, is home to about 570 people. The vast majority of them are Indigenous, and they rely heavily on fishing and hunting for their main food sources. At the only local store, beef steaks shipped in from the Lower 48 states can cost more than \$100. A green pepper is priced at \$6.59. Those goods and others, such as apples, diapers and butter, as well as diesel and unleaded gas, are all delivered by air.

By mid-July, diesel had become unavailable in the village. The two tanks that store the community's fuel can hold up to 24,000 gallons, but store employees said that the drums are never filled and that they're never quite sure when the next delivery will arrive. The fuel which villagers need to power boats, all-terrain vehicles and snow machines, as well as to heat homes - is delivered by air, and both tanks had run dry for at least the second time this year. Some residents cited mechanical issues with the delivery planes, while others blamed flight scheduling. The planes are limited, and airlines must make sure that a pilot is available and that the weather is safe for flying.

Some people, including Della Luther, decided to find fuel on

their own. "I went to Kotzebue to go get stove oil," said Luther, 62, who works as a health aide at the local clinic. "Stove oil" is the diesel fuel heating. Luther said her son had the 15 gallons of gas she needed to travel about 70 miles downriver by boat to the larger hub community of Kotzebue, where she bought a 50-gallon drum of diesel for more than \$8 per gallon. With the added weight in her boat, she had to buy an additional 21 gallons of unleaded gas to make the return trip to Noatak. Even so, she said it was a good deal.

The gas station in Noatak is a wooden shed that stands alongside a row of metal shipping containers that hold extra dry goods across from the store. Normally, one or two customers might be



The gas station in Noatak is a wooden shed that stands alongside a row of metal shipping containers that hold extra dry goods across from the

Friends Church, which had also Sunday in July.

"Alappaa!" ("cold" in Inupiag) Ricky Ashby exclaimed when he returned to his sister-in-law's house after services that day. Wrapped in a blanket and settled into a sofa with a cup of coffee, Ashby, 67, a Nautaaq tribal elder and a devout Quaker, said it was difficult to concentrate on his morning prayers because the church was so chilly. Noatak is far enough north that even in late July, temperatures at night and into the early morning can dip into the 30s. On this particular Sunday, it was 43 degrees when Ashby unlocked the church door for services at 10 a.m. He said he remembered a much simpler time in this village.

"When I was growing up, there was a building about 40 by 30 [feet]. And in the bottom and upstairs in the attic [was] our whole supply of canned food for the winter," he said. Ashby added that when he was young, goods and by barge from Kotzebue. These have forced some people to move days, he said, that much food is

delivered by air every week. Noatak is fairly quiet on Sundays, which residents recognize as a day of rest. On the last Sunday in July, more than 30 boats were docked at the riverbank. That didn't seem out of the ordinary until midday Monday, at the height of the fishing season. All day, chum salmon announced their arrival with chaotic splashing in the river, but the boats reused in oil-drip stoves for home mained tied up, some with nets piled inside. On Tuesday afternoon, most of the boats still hadn't moved – an unsettling sight in a town that depends so heavily on fishing as a main source of food. At the peak of summer, people also would normally be traveling upriver to cut and haul firewood. This fall, they should be heading out again by boat to hunt in their homes. caribou, another dietary staple in a community that depends on developing one of the world's a subsistence lifestyle.

got no fuel," said Hannah Onalik, 67, a tribal elder. "That's why [the

boats] are parked." As Onalik talks, two diesel-

waiting here to fill their four-powered electricity generators, wheelers. When fuel finally artwice the size of a dump truck, burden of \$5-per-gallon gas, line sometimes stretches down her, they're a reminder of yet another challenge.

> "I'm worried. Am I going to run out of stove oil by the last have electricity next month? Is said. As the price of diesel rises, so does her electricity bill. And if her freezer isn't working, her fish and fresh-picked berries may not last until winter.

Onalik is the tribal council secretary and works as a clerk at the store. She'd like to retire, but she's the only person in her four-member household with a full-time iob. She said she makes \$33,000 a year. "I'm going to have to move to Anchorage, where it's easier," she said. Because Onalik has a job, she doesn't qualify for local energy assistance or food stamps from the state. Moving to Alaska's urban center would be difficult, she said, because she has always

lived in Noatak. "This is home," she said. "Our food, our fish, our caribou – we would never get those in Anchorage," which is nearly 600 miles to the southeast. "This is just home,

no matter what." away. The list of reasons to leave may be long, but she also has a reason to stay: "Because, gosh, who would not love Noatak?" As she talked, her gaze moved north, toward a mostly untouched Arcridge line of the Brooks Range in

the distance. Alaska is known for its extensive system of braided rivers, and the Noatak is one of them. In the 1980s, the main channel of the river, which had been separated from the village by a large island, began to shift closer to the community. The water became increasingly shallow, and by the 1990s, barges could no longer travel upriver from Kotzebue to make their biannual deliveries. At

In 1989, Teck Cominco started largest zinc mines, known as the "It's just that right now, we've Red Dog, a few dozen miles to the north. The mine offers jobs with a

be out subsistence hunting and

Ashby said residents who work hunt and fish less often and buy more food from the store. "Some of them, both parents are working just to afford their kids," he said.

According to the U.S. Census Bureau, the median income in Noatak is \$55,000, and only onethird of the working-age population is employed. Cost-of-living data show that in the village, the price of utilities alone is more than 2 1/2 times the national average. Grocery and health-care bills are also above average, compared to those in other communities in the United States.

Many Noatak residents rely on federal benefits to ease the pain of high grocery bills. They also depend on dividends paid out by the state annually. The pay-Americans were shouldering the rives, store employees said, the hum away at the river's edge. For ments are based on revenue from Alaska's mineral development and lease sales. This year, qualifying Alaskans are receiving \$3,284. The check includes a \$650 energy my freezer going to work?" she relief payment the legislature approved. Still, it's not enough for most families in Noatak to get by.

> Charlie Barger, 76, said he remembered when five gallons of fuel cost less than \$20. He said that was cheap by Noatak standards. But in the past decade. he said, a single gallon has cost at least \$10. "Back in the '80s, we got a barge every summer for stove oil and for groceries for the store," he said. "Yeah, we used to have barges come up [the river] every summer. Now the water [is] too low."

> Air delivery is more expensive, too. Airplane maintenance, the cost of jet fuel and pilot time all factor into the delivery fees. In addition, the planes that can use small village runways, like Noatak's, can't carry as much freight

as a barge. The changes in the Noatak River have not only hindered the village's ability to receive goods by She said a housing shortage in barge, but they are now threatenfuel were delivered twice a year Noatak and the high cost of living ing the community's key lifeline: its airport runway. As the river's main channel changes course, it's creeping closer and closer to the bank that lies at the south corner

of the runway. In a small back office at the Nautaaq tribal building, Jeff Lutic wilderness and the dark blue ther shuffled through photos he has taken over the past three years. In 2020, the riverbank eroded by more than  $16 \frac{1}{2}$  feet, he said.

> "In 2021, we lost 28 feet," he said. "And then this year is over

Luther, 40, is the tribe's environmental program assistant. He said that in recent years, spring rain has been heavy and that more meltwater from farther north has inundated the river and exacerbated the erosion. This year, late summer rain caused the river to the same time, more people were swell. In August, Luther said that installing diesel-powered heaters 12 to 20 feet of riverbank farther south of the village and its runway had collapsed.

"It just depends on how much snow there is and how much water gets into the river," he said. Luther said he has taken recent measuretwo-weeks-on schedule for many ments showing that only 194 feet residents in Noatak, but that cuts of land now stretches between the into time people might otherwise riverbank and the runway's edge.



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### Medical coding creates hurdles for trans patients

**BY HELEN SANTORO Kaiser Health News** 

Last year, Tim Chevalier received the first of many coverage denials from his insurance company for the hair removal procedure he needed as part of a phalloplasty, the creation of a penis.

Electrolysis is a common prolike Chevalier, a software developer in Oakland, California. In body. But it's also required for a will cover. phalloplasty or a vaginoplasty, the creation of a vagina, because codes are very limited in ICD-10." all hair must be removed from the said Dr. Johanna Olson-Kennedy, tissue that will be relocated during surgery.

Blue Cross, told him he needed what's known as a prior authoafter Chevalier received the authorization, he said, his reimdenied. According to Chevalier, Anthem said the procedure was considered cosmetic.

Many trans patients have trouble getting their insurers to cover ism" and "gender identity disorgender-affirming care. One reader" with "gender incongruence," health care system, but another mental health condition, but as a cal illnesses. WHO officials have ment it for 25 years.

involves how medical diagnoses and procedures are coded for insurance companies. Nationwide, health care providers use a list of diagnostic codes provided by the International Classification of Diseases, Tenth Revision, or ICD-10. And many of those, advocates for transgender people say, cedure among transgender people haven't caught up to the needs of patients. Such diagnostic codes provide the basis for determinsome cases, it's used to remove ing which procedures, such as unwanted hair from the face or electrolysis or surgery, insurance

"It's widely regarded that the medical director of the Center for Transyouth Health and Develop-Chevalier's insurer, Anthem ment at Children's Hospital Los

She advocates for a move to the rization for the procedure. Even 11th edition of the coding system, bursement claims kept getting began to be adopted around the Olson-Kennedy. globe in February. Today, more than 34 countries use ICD-11.

The new edition has replaced outdated terms like "transsexual-



**SHELBY KNOWLES**, KAISER HEALTH NEWS

Tim Chevalier, a software developer in Oakland, Calif., had trouble getting health insurers to cover gender-affirming care.

sexual health one. This is crucial which was endorsed by the World in reducing the stigmatization of Health Organization in 2019 and trans people in health care, said

> A move away from the mental health classification may also mean more coverage of genderpanies, which sometimes question mental health claims more

said they hope that adding gender incongruence to a sexual health chapter will "help increase access to care for health interventions" and "destigmatize the condition," according to the WHO website.

However, history suggests that affirming care by insurance com- ICD-11 likely won't be implemented in the U.S. for years. The WHO first endorsed ICD-10 in son is transphobia within the U.S. which is no longer classified as a rigorously than those for physi- 1990, but the U.S. didn't imple-

Meanwhile, patients who identify as transgender and their doctors are spending hours trying to get coverage - or using crowdfunding to cover big out-ofpocket bills. Chevalier estimated he has received 78 hours of electrolysis at \$140 per hour, costing \$10,920.

Anthem spokesperson Michael Bowman wrote in an email that "there has been no medical denials or denial of coverage" because Anthem "preapproved coverage for these services."

However, even after the preapproval was given, Anthem responded to Chevalier's claims by stating the electrolysis would not be reimbursed because the procedure is considered cosmetic, rather than medically necessary. This is regardless of Chevalier's diagnosis of gender dysphoria - the psychological distress felt when someone's biological sex and gender identity don't match which many doctors consider a medically legitimate reason for hair removal.

Bowman wrote that "once this issue was identified, Anthem implemented an internal process which included a manual override in the billing system."

CONTENT PRODUCED BY ST. LOUIS POST-DISPATCH MARKETING DEPARTMENT

## TEACHER OF THE MONTH

### Art teacher encourages students to follow their passion

BY LAUREN ANDERSON KOELKER

For art teacher Theresa Hopkins, encouraging students to find their passion has been the mantra of her teaching career that has spanned 25 years. She started with St. Louis Public Schools, and after eight years, moved to Washington Elementary in Normandy.

"I learned more at Washington Elementary than I ever did in college," said Theresa Hopkins. "From the teachers, principals, to the students, they all taught me about community, teamwork, trust, digging deep and having a growth mindset."

After taking a year off to care of her mother, Hopkins returned to teaching in 2015 at Jefferson Elementary.

"I really hit the jackpot there," said Hopkins. "I started Jefferson Art Academy. The students at Jefferson are brilliant artists. The Academy and I have had so many community projects and the kids have sold a ton of artwork over the last few years."

### **BEYOND THE BOX**

While Hopkins focus is on art, it's through this medium that she encourages her students to explore their creativity and expand the limits of their learning.

"In my class, I try to push students to branch out beyond their boxes," said Hopkins. "I put artists in front of them that they may have never seen before. I make sure that I expose them to as much of the outside world as possible. We take many field trips. I teach them about the content before we arrive so that they can speak intelligently about the exhibits and ask the docents questions that they may not even know the answers to."



Back row: Theresa Hopkins. Front row from left to right: Ryan Bronner, Za'Nyia Lawrence, Carl Davis, Aneres Hughes, Paris Rollins, RyLeigh Tennin, Juan Hobson.

### **IMPORTANCE OF HERITAGE**

Hopkins philosophy also translates into the classroom and how she empowers her students to embrace their heritage and their community.

"My students are 99.9% African American," said Hopkins. "I make sure that I expose them to as many African American artists as I can within our curriculum. If I'm teaching about pop art, I'm having students explore Andy Warhol's imagery, but create art in that style of famous Black historians, and even themselves. Pride is a huge factor in my instruction."

Hopkins' nominator highlighted this pride and sense of community in her teaching style as a reason for submitting her for the September Teacher or the Month. Hopkins received a \$250 gift card courtesy of Elco-Chevrolet Cadillac.

While Hopkins appreciated the accolades, she stressed that she would much rather the spotlight be cast on her students – who she admits – will probably find her award to be

No matter what, she is hopeful her students can find their passion, and make it their life goal.

"It may not be art, it may not be reading, it may not be sports," said Hopkins, "but find that thing that makes you want to get up every day and life will be your playground."

To nominate a teacher for the Teacher of the Month program, visit STLtoday.com/contests.

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## Recharge your routine



#### JILL WALDBIESER EatingWell.com

balanced diet and a good night's sleep are mainstays of healthy living. But lately research has begun to uncover just how much the former impacts the latter.

A 2021 review in the journal Sleep Medicine Review concluded that eating a healthy diet was associated with better sleep quality. Few people know this better than registered dietitians, who are well-versed in the role different nutrients can play in getting to sleep and staying asleep.

"Sleep and metabolism are both regulated in part by circadian rhythms," says Washington, D.C.-based dietitian Christina Badaracco, referring to the human body's internal clock, which impacts hormone production and other metabolic processes.

"We've also recently learned that our gut microbiota - which are modified through our diet, among other factors regulate aspects of our sleep. The specific types of foods and beverages we consume, as well as their quantity and timing, affect our sleep quality and duration," she says.

In general, research has found that eating in line with the Mediterranean or DASH (Dietary Approaches to Stop Hypertension) diet, both of which promote fruits and vegetables, whole foods and nutrients such as fiber and healthy mono- and polyunsaturated fats, tends to be associated with better-quality sleep. Meanwhile, the typical Western diet has been linked to more restless

"While there won't be a single food that is going to be a magic bullet to getting people to sleep, focusing on certain nutrients may actually help the body experience an easier time falling asleep or getting better-quality rest at night," says Lauren Manaker, a South Carolina-based registered dietitian.

It's best to eat a few hours prior to bedtime to avoid having digestive issues interfere with your sleep and to allow the nutrients to be digested before calling it a night.

Here are some favorite pre-bedtime snacks that registered dietitians recommend.



### Banana, nut butter and cinnamon

One of the more well-known sleep-promoting nutrients is tryptophan, an essential amino acid that plays a role in the production of serotonin and melatonin, says Badaracco. You may associate tryptophan with turkey and post-Thanksgiving food comas, but it's also found in foods like bananas, oats and cheese. A little no-added-sugar nut butter provides magnesium, and a sprinkle of cinnamon adds flavor and anti-inflammatory benefits, as well.



### Avocado on wheat with pumpkin seeds

"Magnesium helps regulate melatonin, a hormone that plays a key role in sleep," says Manaker. "It also plays a role in activating the parasympathetic nervous system, ultimately helping people feel calm." Avocado and pumpkin seeds are both good sources of magnesium and make a winning combination on whole-wheat toast. Plus, the avocado's healthy fats are satiating enough to prevent hunger pangs from striking later in the



### Oatmeal with milk and honey

Whole grains such as oats increase the production of serotonin, a hormone that relaxes the nerves and tells the brain it's time to sleep, says Karla Giboyeaux, a dietitian based in New York City. Meanwhile, quicker-digesting carbohydrates such as honey and the lactose in milk stimulate insulin release, which in turn allows tryptophan to enter the brain, where it can produce more serotonin — doubling your sleepiness

### Electric air taxis being tested in Chicago

BY SARAH FREISHTAT **Chicago Tribune** 

Electric air taxis could one day whisk commuters from downtown Chicago to O'Hare International Airport or to the suburbs, high the air taxis are nothing like elecabove expressway traffic, in a fraction of the time it takes to drive.

That's the vision of electric aircraft developer Eve, which is leading a group of aviation companies and local governments conducting simulations in Chicago. Though the aircraft are likely years away from receiving federal authorization to fly, it's a vision shared by other major companies like Chicago-based United Airlines, which recently struck a conditional agreement to buy at least 200 of Eve's flying taxis in United's fic by air isn't new. Helicopter taxi latest investment in the industry.

For now, Chicago commuters can book a \$150 trip on one of the simulation flights that are running for the next several weeks between Vertiport Chicago, in the Illinois Medical District, and heliports in

Brazilian plane manufacturer Embraer, envisions bringing electric air taxis to markets like Chicago as early as 2026.

Eve co-CEO Andre Stein said tric helicopters or flying cars. They will use eight motors distributed around the aircraft to take off vertically, then electric pushers and wings to glide forward.

Stein envisions the air taxis helping commuters reach meetings across town, or providing a way to get home quickly in time for a child's birthday. Rather than an everyday option like commuter rail or public transit, they can help save time in a pinch, he said.

The concept of bypassing trafservice already exists in cities like New York, where a flight can sometimes be comparable to or cheaper than the cost of a ride-share from an airport into Manhattan.

But Stein said the new technology is expected to make air taxis Tinley Park and Schaumburg. The more affordable and seamless than simulations use regular helicopers, and estimated a viable erators to run the air taxis, and it flying 150 possible routes, once the ters, but Eve, which is backed by ticket price could be around \$100



**ANTONIO PEREZ. CHICAGO TRIBUNE** 

Passengers are loaded into a helicopter during a test flight to simulate an electric flying taxi Tuesday at Vertiport Chicago.

to travel 20 miles. He also touted cide in what cities they would be what he described as improved efficiency and sustainability.

"It's much simpler, much lower maintenance than a helicopter, much quieter," he said.

Eve would partner with op-

used. But Chicago is a big market, as are cities like Los Angeles and Miami, Stein said. Using Chicagospecific data and models, Eve estimates the city could eventually have around 240 electric aircraft would be up to the operators to de-network is fully built out.

But more work might be needed before Chicago gets there.

Blade, a company that offers helicopter taxi service to places like New York airports, previously announced a partnership that would have brought air taxi service to Chicago via helicopter. But the company later determined that to make regularly scheduled service work, the city needed heliports that were more convenient to where people live and work, CEO Rob Wiesenthal said.

The company, which has partnered with Eve on the Chicago simulation flights, currently uses Vertiport Chicago for chartered flights, deliveries of items like organs to nearby hospitals, and service to special events, like the 2021 Ryder Cup golf tournament in Wisconsin.

Still, Blade has been "pleasantly surprised" with bookings on the Chicago helicopter simulations, Wiesenthal said. He declined to provide numbers, but said the simulations include between seven and 10 flights a day, five days a week.



PEDRO PORTAL. MIAMI HERALD/TNS

Massive rainfall from the hurricane season's first disturbance caused floods, stranding cars and soaking businesses June 4 near downtown Miami.

### Study: Artificially cooling ocean won't thwart hurricanes

BY BILL KEARNEY

South Florida Sun-Sentinel (TNS)

FORT LAUDERDALE, Fla. -Though it's a nice idea, artificially cooling ocean surfaces won't do much to stop the destructive comes from a recent study by scientists at the University of Miami Rosenstiel School of Marine, Atmospheric and Earth Science.

"Massive amounts of artificially cooled water would be needed for only a modest weakening in hurricane intensity before landfall," said the study's lead author James Hlywiak, in a release. He added that weakening would not necessarily decrease inland damages and safety risks.

The idea of using cool water to cut the knees out from under

Hurricanes form strengthen, in part, because of warm ocean water above 79 degrees. And scientists know produce so much wind that cool water — something the simpler hurricane," said Hlywiak. He cau-

water is pulled up from the deep, model could not do. and zaps some of the storm's energy. In theory, if humans could moving storms traveling over aid this cool upwelling process we could dampen a storm.

The goal of the UM study was to power of a hurricane. The news figure out just how much cooler surface water would be needed to cause a noticeable impact on hurricane intensity.

> To figure that out, Hlywaiak and co-author David Nolan proximately Category 4 hurcompared two models of hurricane assessment. The simpler of the two, the maximum potential intensity theory, is commonly used to determine the maximum velocity of tropical storms.

The other was a more complex state-of-the-art numerical weather model.

"We used this to simulate a a hurricane makes a lot of sense. more realistic approach featurand ing a finite region of cooling over a more realistic ocean and land surface," Hlywiak said.

The numerical model also facslow-moving hurricanes some- tored in the amount of time a Category 4 or 5 storm down to a times weaken themselves — they storm would travel over cooled low Category 3, so it's still a major

In the simpler model, fastvery hot water could be significantly weakened by technologyinduced cooling, the study said, but in the more complex numerical simulations, the artificial cooling would require a massive scale.

Their model simulated an apricane encountering an area of cooled water larger than the state

They set the patch at 3.6 degrees Fahrenheit cooler than the surrounding water (the optimal temperature difference, accordhurricane weakened by only 15%.

The amount of energy the numerical model removed from that area of water is 100 times the amount of energy that the entire U.S. used in 2019.

"That would be like taking a

tioned that focusing on category can be deceptive. "We chose not notes is that the path of a hurrito focus on maximum wind speed it only describes intensity at one point in storm," he said.

"Hurricane Sandy is a good example. It was the equivalent of a Category 1 storm, yet it was still one of the most devastating hurricanes on record due to the sheer

The study found that fastermoving storms could be weakened to a higher degree than slow storms, but would require an even larger field of cooled water, since they would cross the cooled patch

How would technology ever future. ing to models), and found the cool that much water? That remains to be seen.

> Ideas for actually creating cool water upwellings include running perforated pipes below the thermocline, typically between 50 and 100 feet deep in the South Florida region, and releasing a stream of bubbles from the pipes.

The rising bubbles would create an upwelling of cold water.

Another challenge the study cane can change dramatically and quickly. Arranging technology to intercept a hurricane would be quite difficult.

The perforated pipe concept suggests running the "bubble curtain" between Cuba and Florida, which would, in theory, weaken storms heading into the Gulf. Once through the curtain, though, they still would encounter warm water.

NASA research indicates that climate change will result in more available moisture in the atmosphere for hurricanes in the

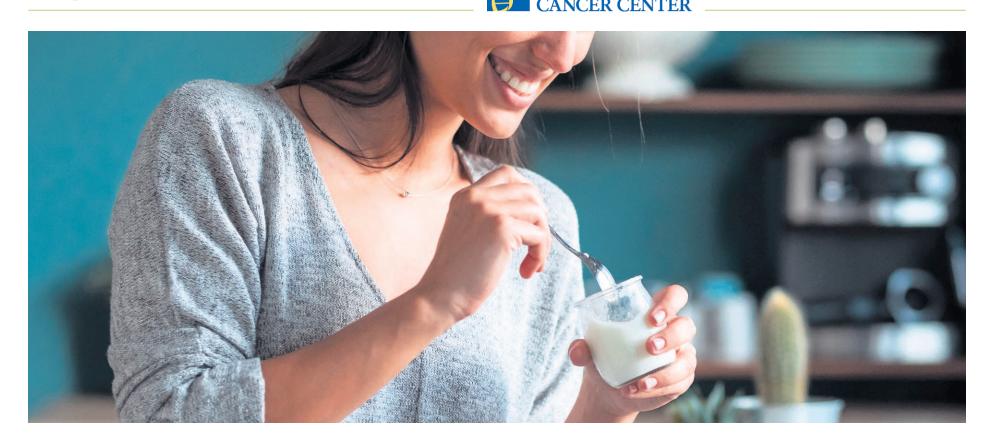
Their models do not suggest more frequent tropical storms, but those that do form will have a great likelihood of becoming destructive and dangerous Category 4 or 5 storms.

The UM study also warns that artificial cooling through upwelling could result in accelerated upper-ocean deoxygenation, since deep water holds less oxygen.





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### TAKE A LOOK AT THE LIGHT SIDE OF **DAIRY**

SPONSORED CONTENT BY KATHERINE LEWIS



### **COTTAGE CHEESE**

After peaking in the mid-1970s, when the average American would consume more than 4 pounds of it annually, cottage cheese started to decline in popularity. But there remains a lot to like about this fermented milk product: It is full of a protein called casein, which digests slowly, meaning you'll feel full after eating it. The vitamin B12 in cottage cheese boosts bone and nerve health, plus the phosphorus helps filter the body's waste and repairs cells. Use cottage cheese in homemade pancakes or in place of ricotta for lasagna.



### **CREAM CHEESE**

Replacing regular cream cheese with low-fat cream cheese is one of the easiest swaps you can make in the kitchen and one you'll notice the least. It will cut both fat and calories nearly in half while increasing protein and calcium. Opting for fat-free cream cheese over low-fat slashes the calories by half yet again. Whipped cream cheese is nutritionally similar to the fat-free variety, and it blends beautifully into sauces or dips.



### **MILK**

Nonfat, skim and fat-free milk are all names for the same thing: milk that has had its fat removed. (Reduced-fat milk has 2% fat and whole comes in at 3.5%.) But taking out fat also removes vitamins A and D. When nutrients are added back in, it's known as fortified milk. Skim and reduced-fat milk contain just as much protein, potassium and calcium as whole milk - all with fewer calories and less saturated fat.



### **YOGURT**

Making yogurt begins with milk and greatfor-the-gut bacteria. Reduced-fat yogurt made with reduced-fat milk – doesn't taste as rich as full-fat yogurt, so manufacturers will often add sugar and sweeteners to liven up the taste, which results in extra calories. Check out the label and consider mixing in your own fruit for flavor. It's a healthy, convenient snack that has probiotics, protein and calcium.

### >> LET'S COOK! **Roasted Garlic** and Parmesan **Corn Pudding**

### **INGREDIENTS**

4 garlic cloves (unpeeled)

Kernels (uncooked) cut from 4 ears of corn (about 4 cups) 3/4 cup 2% milk

### 2 eggs

1/2 cup low-fat, plain Greek **yogurt** Several dashes hot sauce (optional)

Salt and pepper to taste

1 Tbsp fresh sage, chopped 1/2 cup reduced-fat grated Parmesan cheese

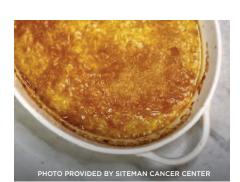
### **PREPARATION**

Preheat oven to 350°F. Grease a 2-quart baking dish, set in pan and fill pan with enough water to reach halfway up the sides of the dish. Add unpeeled garlic cloves to skillet on medium-high heat. Turn often until there are some dark patches on skin, about 6-8 minutes. Remove from heat. When garlic is cool enough to handle, peel and set aside. Set aside 1 cup of corn kernels. Add 3 cups of kernels and garlic to blender. Add in milk, eggs, yogurt and hot sauce. Blend until smooth. Add salt and pepper to taste and blend for a few more seconds. Stir in sage and corn kernels and pour into baking dish. Top with Parmesan cheese. Bake for about 1 hour, until top is browned. If not firm, it may need an additional 15 to 20 minutes. Serve immediately as side dish.

### **NUTRITION FACTS**

Serves 6

175 calories, 5g fat, 24g carbohydrate, 12g protein



### YOUR HEALTH TIPS

The dairy section can be downright overwhelming, brimming with choices of milk, yogurt, cheese, ice cream, dips, desserts and more. But if you're looking for a way to make healthier decisions at the grocery store, opting for low-fat and lowsugar dairy products is a fine place to start, says Yikyung Park, ScD, associate professor of surgery at Siteman Cancer Center. "Regular nonfat or 1% milk is a great choice. If you're used to drinking whole milk, ease the transition by moving first to 2%, then slowly working down to 1% or skim milk," she says. "Plain lowfat yogurt is also a great dairy option. If you want to add some sweetness, try topping it with fresh or frozen fruit, like strawberries."

Dairy contains calcium — a mineral that's integral for healthy teeth and bones – as well as vitamin D, which allows the body to absorb calcium. Many dairy products are terrific for the gut: Although people think

of sauerkraut and kimchi when it comes to fermented foods, yogurt and cottage cheese are also made with bacteria that help create a flourishing microbiome.

More recent studies have suggested that consuming low-fat dairy may combat a slate of diseases. "It has been found to lower the risk of colon cancer and possibly heart disease," Park says. "And when included as part of an overall healthy diet, lowfat dairy may help control blood pressure, as well as lower the risk of dying prematurely."

Not everything in the dairy section is healthy, though. While certain products, such as chocolate milk or neon-colored cheese, send up red flags just by looking at them, others aren't so obvious. For example, low-fat yogurt may seem like an excellent choice for a snack, but the label might reveal some lessthan-healthy ingredients. "It's



YIKYUNG PARK, ScD Associate professor of surgery at Siteman Cancer Center PHOTO PROVIDED BY SITEMAN CANCER CENTER

best to limit fruit-filled or flavored yogurts," Park says. "Even if they're low in fat, they can contain a lot of added sugar."

Finally, remember to be patient in your search. "It can take a little time and a bit of practice to move toward healthier, low-fat dairy options," Park says, "but the health benefits can make it well worth it."





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PHOTOS BY LAURIE SKRIVAN, POST-DISPATCH

Marketing specialist Cat Small pets her dog, Mr. Carrot, at the start of a meeting on Wednesday at Nestlé Purina Petcare headquarters. During the pandemic, Small said it was tough on both of them when she returned to the office before he was cleared to return.

As humans return to work, some pets are experiencing anxiety, but Mr. Carrot couldn't be happier

AISHA SULTAN | St. Louis Post-Dispatch

r. Carrot gets ready for work every morning by heading to the backyard to pee.

He waits until his driver (and devoted owner) Cat Small opens the door to her black, two-seater Mini Cooper. She snaps on his harness and leash and buckles him in the passenger side seat.

Mr. Carrot sticks his head out of the rolled-down window while they cruise from their Tower Grove South neighborhood to work at the Nestle Purina Petcare headquarters, where they work in marketing. The 6-year-old pointer, pitbull and German shepherd mix has looked forward to going to work every day since he became eligible at 16 weeks old. He's one of about 75 pets who accompany their owners to the pet food company daily. Purina has allowed pets at work for more than 20 years.

Please see **PETS**, Page B4



Mr. Carrot and Cat Small arrive for work at Nestle Purina Petcare headquarters on Chouteau Avenue.

## Middle school can be hard on grandfathers

happily serve as chauffeur for my grandchildren, and I was awarded that duty just the other day. My daughter was taking Tino somewhere — baseball practice, I think — and Evie had been invited to meet some friends

rited to meet some friend in downtown Webster Groves. I was asked to



BILL McCLELLAN

give Evie a ride.
I drove to Webster
Groves to pick her up. I
chatted briefly with my
daughter, Lorna, and
Tino, and then Evie and
I headed to my car. "Hey,
Coach," she said casually.
"Can I ride in front?"

My heart stopped.
"Mom lets me," Evie said. Did she think I had not noticed? Of course, I had noticed, but as a grandfather, my role is to notice important landmarks

Please see MCCLELLAN, Page B2



COURTESY THE MISSOURI DIVISION OF TOURISM

## Want to experience fall colors? Head north on Highway 79

BY PAMELA SELBERT Special to the Post-Dispatch

Just when you think you can't stand one more day of simmering on summer's griddle, fall arrives. Ah, fall — so welcome. Of course along with it come shorter days and cooler

Fall colors from Lovers Leap in Hannibal.

temperatures. Then before long, the trees abandon their summer greens for showier hues, and woods become tapestries of vibrant color Missouri is famous for.

Please see **FALL**, Page B6

## Helping students with changes in voting laws

In several states, including Missouri, it's going to be harder for college students to vote this year. State legislatures that passed new voter identification laws banning the use of college IDs have created a significant obstacle



AISHA SULTAN

for young people.
While I ordinarily advocate for letting young adults figure out how to take care of adult responsibilities, like voting, by themselves, this year may require a parental assist to help them complete their civic duty. At the very

least, parents should start looking up the rules now and talking to their young adult children about a voting plan, especially for students who attend college out of state.

Please see **SULTAN**, Page B2

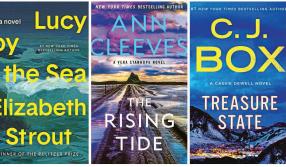
### AT HOME



ADDITION HONORS HISTORY OF 1920S KIRKWOOD HOME

Page B3

BOOKS



AUDIOBOOKS CAN BE BETTER
THAN TV ADAPTATIONS

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### TRAVEL



CHECK OUT THESE 5 DESTINATIONS
FOR TRAVELING WITH KIDS

Page B9

### ON OUR RADAR

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### **MORE AT STLTODAY.COM**

#### **PREP SCHOOL**

Have trouble julienning carrots or other vegetables? In this Prep School video, food writer Daniel Neman shows how.

stltoday.com/food

#### **NEW ON DVD**

#### **MOVIES**

Coming Tuesday • "Thor: Love and Thunder"; "Sound of Metal"; "The Munsters"; "Bullet Proof"

Coming Oct. 4 • "DC League of Super-Pets"; "Watcher"; "Dead for a Dollar"; "Into the Deep"

**Coming Tuesday • "Kung Fu," Season 2;** "Mayor of Kingstown," Season 1; "Superman & Lois," Season 2

Coming Oct. 4 • "Star Trek: Picard." Season 2; "Call the Midwife," Season 11; "Bel-Air," Season 1; "Super Pumped," Season 1; "Walker," Season 2; "Winning Time: The Rise of the Lakers Dynasty," Season 1

### **GARDENING Q&A**



PHOTOS BY DARIA MCKELVEY Callicarpa americana (Native)



Callicarpa dichotoma (Non-native)

### How to tell the difference in beautyberries

BY MISSOURI BOTANICAL GARDEN'S CENTER FOR HOME GARDENING

Q • How can you tell the difference between the native and non-native beautyberry?

The beautyberry species native to Missouri is Callicarpa americana, which grows naturally along the Missouri-Arkansas border. We are at the northern edge of its range, which stretches from central Texas to Virginia, and south to Florida.

The non-native species, Callicarpa dichotoma, is native to China, Japan and Korea. Both are often used in native and ornamental plantings.

At first glance, the two species can look very similar. They both reach a similar height and spread, have pinkish-colored flowers that bloom from June to August and produce clusters of purple fruits (drupes) at the nodes along the stem. However, you can quickly distinguish the two species by how their fruit clusters are positioned on the stem when they appear in fall. For the native species, the fruits occur in tightly compact clusters. For the non-native species, the fruits sit on short, thin stalks (peduncles), which puts them above the stem. Additionally, the native species is larger when fully mature, has larger leaves than the non-native species and has a looser branching form.

Write to the Missouri Botanical Garden's Center for Home Gardening at plantinformation@mobot.org or the Horticulture Answer Service, 4344 Shaw Blvd., St. Louis, MO 63110.

### THINGS TO DO IN THE **GARDEN THIS WEEK**

- Plant container-grown and balledand-burlapped trees and shrubs any time this month. Dig holes only as deep as the root ball is tall, but two to five times as wide to encourage lateral root spread.
- Gain a few degrees of frost protection by covering tender plants with sheets of lightweight fabric row covers.
- Watering plants the day before a frost
- is predicted can help reduce damage. • Browning of some interior needles of pines and other conifers is normal at this

time of year.

• Apply weather stripping to cracks in foundations and basements, openings around windows and doorways, and along the bottom strip of exterior siding to seal off entry points to keep nuisance insects from coming indoors.

### PETS OF THE WEEK



This is **Dylan**, a 1-year-old English spot rabbit mix who was brought to the Humane Society of Missouri as a stray in early August. Upon arrival, Dylan was dealing with some health issues from being a stray pet, but he has recovered wonderfully and is now looking for his forever home.

**To adopt •** Call the Macklind Avenue Headquarters at 314-951-1562 or visit hsmo.org/adopt.



Meet Tootsie, a 1-year-old female pig who came to Longmeadow in September 2021. Little Tootsie is extremely extroverted and instantly befriends anyone she meets. She arrived at Longmeadow at a very young age, and has been socialized daily. Tootsie is a production hog and will continue to grow into a rather large pig. Potential adopters should consider her size when she is fully grown.

To adopt • Call Longmeadow Rescue Ranch in Union at 636-583-8759 to schedule an interview.



Charlie is a 5-year-old female boxer and pit terrier mix who came to the shelter in early September. Charlie is a loving and affectionate girl who is very excited to meet new people. She'd be great for any home with a loving family, bonus if there are older children she can walk and play

To adopt • Call the Best Buddy Pet Center in Maryland Heights at 314-951-1588 or visit hsmo.org/adopt.

Last week's pets • A dog named Skye, a horse named Mist and a cat named Sloan are all still available for adoption.

More info • You can support these pets and others by making a donation at hsmo.org/donate.

### **McClellan**

without necessarily commenting on them. I am well aware of the natural progression of seating arrangements in a car. From a safety seat, first facing backward, to a booster, to a normal spot in the back seat to shotgun to driving. It happens in an instant.

"Sure," I said. "Hop in. Evie has just started sixth grade. Middle school is hard on grandfathers. Of course, it's hard on father's, too. I recall that from when I was a middle school father. There is a sense of time flying by, a sense of loss.

A child is 12. Blink twice and she is a teenager. Then she's driving. Then she is gone. I remember when my wife and I took Lorna to the University of Illinois. I helped carry her stuff up to her dorm room. One of the things was a poster board with photos. Photos of us. Of her brother. Of our dogs. Pictorial evidence of the nuclear family that was being torn asunder and would never really be fully intact again.

Lorna and her mother were chatting away happily, trying to figure out how to arrange things in her room. Her new home. I started to cry. I left to get more things from the car, and my wife caught me in the hallway.

"Pull yourself together," Mary said.

I have felt similar pangs about children I hardly know. One day not long ago, I said to Mary, "I do not want to seem like the busybody old man who spies on people, but last night where I was sitting on the porch I saw Carl's daughter driving the family car. I think I ought to tell Carl."

"Why would you do that?" Mary asked.

She can't be 16, I said. Carl would want to know.

"She's in her second year of college," Mary said.

That is the way it happens. Evie turned 12 Monday. For the past several years, we have taken her to a Japanese restaurant at West Port Plaza for her birthday. The cook prepares dinner on a hot grill in front of you. The cook picks up pieces of food with his spatula and flips it toward the diners who try to catch it in their mouths like seals. It's great fun.

This year, Evie wanted to go to a steak house. What does Evie know about a steak house? We were with some friends a few weeks ago and one of the men mentioned that he sometimes plays piano at Sam's Steakhouse in Affton. Evie said she liked Texas Roadhouse for steaks. Sam's is even better, said the piano player's wife.

So we ate there on her birthday. That was Monday night. No piano player. The food was terrific, and the atmosphere was more sophisticated than the

Evie seemed to enjoy herself.

I mentioned that middle school is difficult for grandfathers. It can be difficult for kids, too. Fortunately, Evie is smart and friendly and seems able to navigate her way through the world. She's a natural. I wish I could be more help, but she is at home in the 21st century, and I am not. I was reminded of that a couple of weeks ago when I took her to a swim practice at the pool at the Center of Clayton. We headed down the hall to the locker rooms. The men's locker room was on one side and the women's locker room was on the other and in the middle was the all-gender locker room. Evie casually walked into that one.

I stood in the hall feeling lost in time. The all-gender locker room? Should I go in and make sure everything is all right? That could be a terrible mistake. I am not sure of my proper place in the new world, but I'm pretty sure that place is not the allgender locker room.

I waited outside. Another girl casually walked into the same locker room.

Still uncomfortable, I made my way upstairs to the seating section. The girls were already in the pool. With their bathing caps on, they looked alike. Where was Evie? I did not want to embarrass her, but I walked to the railing and called down to one of the coaches. "I'm Evie Sanchez's grandfather," I

dinners at the Japanese place. said. "Is she down there?" The coach walked over to

the pool and said something to the girls. Evie looked up and waved. Briefly.

I do not mean to suggest that grandfathers from the 20th century are totally useless. We are known for giving good advice. For instance, always inspect your pennies. A 1909 VDB penny is worth thousands of dollars. I know that because I used to have a penny collection. Everybody I knew had one. It was a very common gift. It was a three-page blue booklet and the collector fit pennies into slots. I never heard of anybody finding a 1909 VDB penny. VDB were the initials of Victor David Brenner, the artist who designed that particular penny.

I like to think that one day one of my grandchildren will find a 1909 VDB penny. "How did you even know about this?" their friends will

My grandfather, she or he will say.

In the meantime, I will continue driving, and I will enjoy each moment while remembering that when it comes to 12-year-olds and childhood and life, Winston Churchill said it best, "Now, this is not the end. It is not even the beginning of the end. But it is, perhaps, the end of the beginning."

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### Sultan

From B1

Four years ago, I was shocked to learn how difficult it is for many college students to cast a ballot. During the last midterm election season, I was teaching a writing course to firstyear students at Washington University in St. Louis.

I knew that for most of them this would be their first opportunity to vote in a national election. I also knew that establishing a voting pattern early on helps cement a life-long voting habit. So, I issued a challenge to my class: Let's make a goal to reach 100 percent voting participation rate in our classroom.

I encouraged them to check online if they were registered and find out what the procedure for voting absentee was if they planned to vote in another state. I checked in with the class periodically to ask how their voting plans were going. Students shared challenges about requested absentee ballots not arriving for many weeks and not being sure about how far in advance they would need to mail them back to ensure they would be counted.

One parent had to physically drive to an election board, pick up an absentee ballot and send it via FedEx to her child to make sure it arrived in enough time to mail back to California. At the time I was surprised that



Esther Richards (left), 18, and Sabreen Jolly, 18, both students at Clark Atlanta University, converse with Sue Kern after learning that she is already a registered voter in the North County Festival shopping center in Ferguson in this file photo.

a parent would go to such lengths, but now that I find myself in a similar situation, I'm also willing to take extraordinary measures to protect my child's right to

My daughter attends a university in Texas, but she is a resident of Missouri and registered to vote here. In order to vote absentee, she would need to fill out a form requesting an absentee ballot and note the reason why she was voting absentee. Since sending mail to university addresses can be unreliable, she would have to request to have the ballot mailed to our home address. I would then mail the ballot to her. I would likely need to include postage. She would fill out and sign the ballot, which would then need to be signed on the envelope in front of a notary before being mailed back. A notary!

There are many points at which this system could break down — especially if the mail is delayed at any of the four points where it has to be sent.

Her other option would be to register to vote in Texas. Texas, like Missouri, no longer allows identification issued by universities (which verify each student's identity before it is issued) to be used to vote. So, she would need to find a way to get a new Texas-issued identification. She does not have a car and lives on campus, so she can't get a Texas drivers license. If she simply got a Texas-issued ID (not a license), it would invalidate her Missouri drivers license, which she needs

Plus, she doesn't have her original birth certificate or Social Security card there with her.

to drive when she is home.

I spent two full days trying to figure out the simplest way she could vote in November. I even checked how much it would cost to fly her back in town during the absentee voting window. That would be around \$500 - well outside my budget.

It looks like her best option will be to register to vote in Texas. I sent her the address to the county election board and told her to take an Uber. I plan to see her before November, so I can give her her passport, which she can use to vote in the state without losing her Missouri drivers license.

It should not be this difficult for an American citizen to exercise their basic, fundamental right to vote.

Given that the youth vote hit an all-time high in the 2020 election and that their support for President Joe Biden was a decisive factor in key races throughout the country, I can see why Republican-controlled legislatures would want to suppress their votes.

Like I told my students, there's a reason why elected officials make it so difficult for you to make your voices heard.

Don't let them stop you.

Aisha Sultan • 314-340-8300 Home and family editor @aishas on Twitter asultan@post-dispatch.com

### HOME

### AT HOME WITH JULIE AND GEORGE SELLS







**Left:** The two-story Colonial home was built in 1920 and was once part of a larger farm in Kirkwood. Mature trees surround the lot. **Middle:** The new primary en suite bathroom, part of the second-floor addition, was designed around the black-and-white floor tile that was inspired by tile the Sellses had seen in a loft they rented in Dijon, France, for their 20th anniversary. The bath features a large freestanding tub and separate glass-enclosed shower as well as a double vanity. **Right:** The new kitchen is part of a larger addition completed in July by Kirkwood-based Agape Construction. The Sellses worked with Agape designer Edie Rice on the clean black-and-white palette with brass accents.

### ADDITION TO HISTORIC KIRKWOOD HOME HONORS ORIGINAL ARCHITECTURE

BY AMY BURGER

Special to the Post-Dispatch

hen George and Julie Sells first walked in to the living room of their 1920-built Kirkwood Colonial in 2008, they knew it was the house for them. With its original crown moldings, wainscoting, fireplace, built-in bookshelves and window seat, it had all of the cozy charm they were looking for.

"We've always liked old houses," Julie says of the period details.

The couple had been living and working in New York at the time – both formerly had careers in media and first met in Louisville where she worked at the local newspaper and he worked at a local television station. Their son, Quinn, was just a toddler, and having no family nearby made things challenging. The Sellses decided to move to St. Louis, Julie's hometown, to be nearer to her family and continue growing theirs.

They looked all over St. Louis for a home, but loved Kirkwood for its charming downtown, easy walkability, great schools and close proximity to the city, where they spend a great

deal of time. The house, once part of a larger farm, was in good shape and only had two previous owners. The Sellses did some basic renovations such as replacing the front door and the hardwood floors throughout the first floor. Then, in late 2021, they embarked on their first major renovation project - a twostory addition to the back of the house including a new kitchen, breakfast room, mud room/pantry and second-floor primary suite.

"We didn't really need the square footage, it was about the way it was configured," George says about the project, for which they enlisted the team from Kirkwood-based Agape Construction.

The kitchen was small and closed off. Previous owners had dropped the ceiling from its original height, making it feel even more cramped. Upstairs, the primary bedroom had no en suite bathroom.

"We gave them a list of everything we'd complained about for years," George says of the Agape team, led by owner Kevin O'Brien, who has a reputation for preserving older homes. They worked with the firm's architect, Ed Heine, on the overall design, which supported the elegant original staircase and honored the home's history and architecture.

"They really took the time to match all of the baseboards and moldings," Julie says. "You don't feel like you're walking into the addition portion of the house."

house."
The living room the
Sellses first fell in love
with now leads seamlessly into the sunny new
breakfast room, which is
lined with large windows
overlooking the lush,
green yard and mature



PHOTOS BY HILLARY LEVIN, POST-DISPATCH

The living room with its original moldings, window seat and fireplace is the room that initially "sold" the house to the Sellses. It now seamlessly flows into the new breakfast room through a doorway where a second set of built-in shelves once was. A movable bar from Carol House furniture in the corner can be easily relocated for entertaining.



### **George and Julie Sells**

Ages • Both are 52.

**Occupations** • Julie is vice president of sales and marketing for Optimum Dealer Services; George is director of communications and marketing for St. Louis Public Schools.

Home • Kirkwood

**Family •** The Sellses have two children: son Quinn, 17, and daughter Samantha, 13, and share their home with the family dog, Ollie.

trees. The breakfast room opens to the expanded and reconfigured kitchen, built around a large center island with seating for the whole family. Agape's inhouse designer, Edie Rice, was instrumental in helping select the finishes.

Julie shared inspirations from Houzz and HGTV, pulling her favorite elements to guide the design. The kitchen is done in clean black and white with brass accents and stainless steel appliances.

For the large center island, they swapped the color scheme using black cabinetry topped with an extra thick slab of veined white quartz. StoneTrends in Chesterfield fabricated all of the countertops. Lantern-style brass pendants from locally owned Wilson Lighting complete the look.

"We used all local, which is cool," Julie says. "It's nice when you have a local showroom where you can



The new breakfast room connects to the kitchen and living room, mimicking the original molding and baseboards of the house for a smooth transition. Large windows and a sliding door overlook the lush, fenced backyard.

go in and look at things and touch them."

The Sellses enlisted another local business, the Closet Factory, and its designer Jesse Chall to create a highly organized new pantry and mudroom off the kitchen with a place for everything. The pantry has plugs for small appliances so they can be kept off the main counter space and hidden from view. Chall also worked with the couple to design the new walk-in closet off the primary bedroom to the exact specifications of the types and number of clothes and shoes it would hold.

The second-floor addition expanded what was previously daughter



Agape architect Ed Heine designed the small support columns in order to preserve the home's existing staircase. The kitchen was expanded to include a built-in desk area as well as a large pantry and mud room. The new kitchen opens to the adjoining breakfast room. Small glass-front display cabinets line the ceiling, and windows fill the space with light. The large island includes seating for the whole family with black leather and brass stools. The brass pendant lanterns are from Wilson Lighting.



Family photos line the original staircase, which features brassaccented balusters. It was important to the Sellses to preserve the integrity of the staircase when building the addition.

Samantha's room to create a new primary suite with a Juliet balcony overlooking the backyard and a spacious, light-filled bath featuring an elegant freestanding tub and separate glass-enclosed shower. They designed the bathroom around the intricately patterned black-and-white floor tile that had a very personal inspiration.

"For our 20th anniversary, we went to France and we stayed in this little loft in a town called Dijon, and they had tile almost exactly like this in the bathroom," remembers Julie. "I told George, someday we'll find that tile."

The reconfigured second floor leaves the previous primary bedroom open as a new guest room. Teens Quinn and Samantha each have their own spacious rooms and separate bathrooms as well.

With the addition just completed in July, the Sellses are settling back in and enjoying how well the new and old spaces of the home complement each other. Next, they plan to build a large deck surrounding the new breakfast room, now one of their favorite spots in the house.

### Pets

From B1

Mr. Carrot greets the guard at the parking entrance with a friendly wag. After they walk into the main tower entrance, he stops by the security guard desk. The guard puts out four different flavored snacks. Mr. Carrot sniffs each one.

Will it be a beef day or liver? Once he makes his selection, he carries the treat over to a carpeted area for an early morning snack. He leaves the other three treats behind.

Mr. Carrot is not a glutton. As they walk over to the elevator, coworkers smile and wave at him. One colleague stops to pet him while they wait at the eleva-

"I don't know your name, but I do know Mr. Carrot," she says to Small, who smiles. They ride up to the 14th floor. Baby gates cordon off several desks in their workspace. Small puts a cup of Pro Plan (Purina, of course) in his bowl next to her desk and chops up a boiled egg to sprinkle on top.

After breakfast, Mr. Carrot might take a power nap, but he's more likely to start his rounds. He has figured out how to push the gate open with his nose and patrols the floor, checking in with the marketing staff known to harbor treats. The office is his happy place. The pandemic turned his world upside when pets were temporarily barred from coming with their owners.

For six months, Mr. Carrot languished at home. Small, an extrovert who missed the office environment, returned three months before Mr. Carrot was allowed back. He looked miserable and sad every morning when she left.

"I tried to convince him that he didn't do anything wrong," she said. "It's a pandemic," she told him.

The pandemic affected plenty of pets, according to trainers and animal behavior experts. As more employees adjust to new workplace routines - some returning to offices, others shifting permanently to home and some creating a hybrid — pets are also having to adjust.

Early data shows more people are returning to their offices post-Labor Day.

Office usage in 10 major metro areas crept up to nearly 50% of 2020's pre-pandemic attendance, according to Kastle Systems, a key-card property management company that tracks entries into office buildings. Train ridership is also ticking upward.

Those left behind at home may need some help coping.

### A tricky transition

"Dogs thrive on routines," says Dr. Ragen McGowan, a pet behavior expert who works in research and development at Purina. The disruption to household routines beginning in 2020 began changing some pets' behavior soon after.

Jesse McClure, a dog behavior consultant in St. Charles, with a doctorate in neuroscience and behavior, works with dogs struggling with aggression, anxiety and other behavior issues.

He saw an increase in some problematic behaviors at the start of the pandemic. Some clients, who suddenly had all day with their pets, were overstimulating their dogs with too much activity.



PHOTOS BY LAURIE SKRIVAN, POST-DISPATCH

Cat Small and her dog, Mr. Carrot, visit with Darrah Higginbotham and her pets, Randi and Ace, while riding the elevator at Nestlé Purina Petcare



Cat Small visits with Mr. Carrot at her desk at Nestle Purina Petcare.

"Occasionally, I have to tell clients to do less with their dogs," he says. Many are surprised to learn that some dogs need about 16 hours of nap or down time

The main thing to keep in mind, he says, is that people can help modify a dog's problematic behaviors at any age. The critical thing is to find the right professional because of sheer volume of misinformation and bad advice available, he said.

Dr. Sally J. Foote, a veterinarian in Tuscola, Illinois, specializes in dog and cat behaviors. As pet owners return to work, the majority of them without their pets, the most common reaction – mostly for dogs but also some cats — is increased separation anxiety. Even pets who didn't have problems with separating before got accustomed to increased bonding time and less time spent alone, she says.

"They lose some of their independence skills," she says. Owners need to help them learn how to be happy hanging out by themselves again. It's best to begin with short outings away from home, when the pet has a toy or food treat to keep them busy alone. Gradually, increase the time, building confidence for the pet. Another post-pandemic issue she's seen is an increase in

aggressive behavior toward visitors in the home and more barking problems.

This is primarily a result of the isolation and safety measures people took to protect themselves, Foote explains. For more than a year, dogs became less used to visitors spending time or dropping by their homes. There's also a group of young dogs, under the age of 2, who simply did not get enough time during their critical development to socialize with other people and dogs, she

For those experiencing these issues with their pandemic puppies, it's important to talk to their vets and follow the recommendations, even if the vet suggests a calming medication.

If you have a pandemic dog, he may never be as easy as a dog who was able to get out and socialize before the age of four months, Foote says. Nonetheless. "Get them in a puppy class now," she advises.

Jody Epstein, owner of Nutz about Mutz training and behavior services, in O'Fallon, Missouri, says 98 percent of her current clients work from home. She helps them establish boundaries and routines for their dogs to make working from home easier. Owners can't have their dogs barking in the background during as well.

Zoom calls and can get help with classic counter conditioning techniques. The most important advice Epstein offers pet parents is to reframe their mindset when their dog does something they don't like.

"Don't look at it as 'The dog misbehaved? The reality is that dogs do behaviors that work to keep them safe, like barking at the mailman," she says. Trying to understand the problem from the dog's perspective can help toward a solution.

She suggests clients shift their mindset to: "He's doing that because he's having a hard time. He's not doing it to give me a hard time." This framing helps increase the owner's patience and tolerance while training, which, in turn, helps the pet feel more secure.

If you know you will be going back to the office more often, start helping the dog prepare well in advance, she says. Build up to three or four hours alone rather than 8 to 9 hours right off the

While some pups will enjoy a return to doggy day care or having a dog walker come home during lunch hour, others can stay entertained on their own.

"We have a lot of people using remote devices, like Furbo," she said. It's a remote-controlled treat dispenser that allows the owner to see the pet while at the

Purina says it wants to encourage other employers to consider a pet policy, which they argue makes employees happier during the work day. Spokeswoman Lorie Westhoff says negative incidents are very rare.

"I'm not aware of any bites in recent history. Most associates are very dialed into the temperament of their pets, so aggressive behavior isn't an issue we see with any regularity," she says. Pet potty accidents are also rare, but do happen. Purina keeps cleaning supplies on hand and have procedures for the cleaning crew,

### Mr. Carrot's colleagues

Twice a day, Small and Mr. Carrot take a short walk around the park-lile paths on the 55-acre campus. They might run into other furry friends along the

Stella, a shorthair black cat, is one of the few felines on campus. Her owner, Stephanie Harwin, is a digital brand manager and started bringing her to work in January.

"The first day she was like what the heck is going on," Harwin says. But, then she settled into her routine. She alternates between napping on Harwin's desk, the window sill or in her tent.

Harwin taught her how to high five and give fist bumps, which attracts some visitors curious about the cat who does

"She's very smart and curious," Harwin says.

Stella refused to perform a trick for a reporter and hid under the desk until the media left.

Mr. Carrot is far more indulgent, although he also has a sneaky side. When he patrols the rest of the marketing floor, he is apt to bring back treasures that strike his fancy. There's a large pile of toys next to his bed that have been pilfered from neighbors. He does politely share them with canine visitors when they stop by. He also managed to procure his own bed.

It belonged to a coworker's pet, but the pair relocated to a different workspace.

"Mr. Carrot might as well keep it," he said.

He's so friendly that her coworkers enjoy seeing him everyday, Small savs.

Once in a while someone might ask, "Is that Mr. Carrot snoring?" He's a loud snorer.

"He's just living his best life," Small says.

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### Mom's angry at other moms for daughter's middle-school snub

ear Carolyn: My daughter just started middle school and discovered on the bus ride that her best friend of five years ("Mary") was ignoring her and sitting with another girl from



the neighborhood ("Suzie"). Apparently they became close friends over the summer and are now excluding my daughter.

When Suzie moved to the neighborhood two years ago, my

daughter and I went out of our way to be inclusive and make sure she was invited to sleepovers and parties. Now I find that Suzie's mom has been setting up outings just for Mary and Suzie and not my daughter.

Most of my daughter's friends from elementary school went to another school, so she just knows the kids from the neighborhood, many of whom are not friendly to her.

I'm afraid this is going to be a rough year for her. Is it wrong for me to take it up with the parents? I feel angry. Angry at the parents and even the kids. I'm especially angry at Suzie's mom for setting up play dates without my daughter. It feels calculated and cold. Mary's mom is one of my best friends and is now mad at me for asking her to talk to her daughter about being inclusive. - Middle School Mom

Middle School Mom: As a new mom, I got this advice: You can't make a baby eat, sleep or poop.

This wasn't exactly news, but it was clarifying. Great for setting expectations. And it prepared me for the next stage of child development, which arrived a millisecond after the kids could be social: You can't make a child like someone else.

I feel for you, hard, in that gutpunchy, alone-in-the-cafeteria kind of way. It's awful.

But it's not something you can fix. Not with back-channel planning, not with anger, not by shaming the other moms. If Suzie wanted only Mary over, then what was her mom supposed to say? "No, you have to invite \_\_\_\_\_too?" That is overstepping into Suzie's emotional business. Suzie all along has been steady (and roil all you want on a complete, fully realized person who can decide for herself who she likes – and middle school, as it happens, is roughly when that agency has its full (often raw) expression. Suzie and Mary are the ones "setting up outings" at this point; the moms are just logistics.

On top of that, would you want to be the kid who the parents said had to be invited? I sure wouldn't. Yikes. Your daughter deserves to be wanted and deserves her own people, whom this abrupt transition will now force her to find. There's struggle in that, of course, but also dignity - which you imperil by pursuing any kind of remedy on your daughter's behalf.

I hope this is what your good friend tried to tell you.

Last thing: One middleschooler in your family is more than enough. While I recognize how painful it is for you, personally, to witness your daughter's exclusion, it is not your job to live it as if it's happening to you. She gets tossed around by choppy waters. You remain calm and

the inside).

You can have both sympathy and perspective: Friendships end sometimes. We have to start over sometimes, sometimes for no reason besides change. She needs to learn to navigate this.

Keep Mary and Suzie in perspective, too. I doubt you'll write your daughter off as "calculated and cold" when she moves on from someone herself someday, even if she mishandles it — which she undoubtedly will, because this stuff is hard, and we learn it by trial and error and regret. And sometimes those regretful errors include ignoring someone on the school bus.

You love her always, though, and can promise her she won't have to go through painful things alone as long as you're around. That's the right cause for you to take up.

Dear Carolyn: I need to end things with my boyfriend mostly because I don't want to deal with lies and broken promises anymore - though the reason shouldn't matter. I am just having a hard time finding

the courage to actually do it and commit. A voice inside me says this might be my last chance for a relationship, and something is better than nothing. How do I make that voice shut the heck up? – Anonymous

**Anonymous:** Stock in dying alone just shot way up.

You have an entire world inside your skin. Your thoughts, your experiences, your desires, your interests, your plans, your dreams, your eagerness to connect. There is abundance.

There is no need to be with someone who does not appreciate you or is not good to you, not even if he offers the last relationship on earth. You can be good to you, and then work from there, always.

I am sorry your people or experiences or choices have left you with such a dim view of what you have within you. But that view isn't fixed. You can change it. Within you, too, is the power to reassess - in therapy, maybe? - the gifts you have, and start trusting them (again).

Email Carolyn at tellme@washpost.com.

**CATHY HOBBS | Tribune News Service** 

ookcases, especially those that are built-in, are often viewed as a decorating challenge. From functional uses to display purposes, if dressed and styled properly, bookcases can serve as a highlight or focal point in a space. Looking for bookcase design inspiration? Here are some top tips.

**Create vignettes** Whether in pairs or small groupings, vignettes are a powerful way to display decorative elements on a bookcase.

Coordinate When placing items, consider color coordination to create a harmonious look.

**Use metallics** From silver to brass, adding a touch of bling can help add a pop to a bookcase display.

Creatively display books

Books are often the cornerstone relating to the functionality of bookshelves. In displaying books, consider grouping similar colors and sizes together.

Frame it and display it

Filled frames can add an interesting, decorative element to nearly any bookshelf display. Frames can be filled with various elements such as photographs, fabric, letters or mementos.

### Integrate greenery

Whether succulents or small plants, greenery can add an attractive nature element to bookcase decor.

### Infuse organizational elements

Elements such as bins and baskets can be used to hold small objects and items to maintain an orderly, clean look.

### **Use elements** that elevate

Instead of just using the decorative elements in a bookshelf as toss-away decor, bring in elements and colors that keep with those in your space.

### **Place items** in a pattern

Whether you desire the orderly look of items displayed vertically or in a alternating zigzag pattern, display items in a purposeful way.

Inspire

Consider displaying a favorite or surprise decor element to create a design focal point.



**PHOTOS BY SCOTT MORRIS**, TRIBUNE NEWS SERVICE

A minimal color palette of black and white, paired with brass accents, creates appealing decor vignettes on this bookcase.





Above: A living room bookcase is dressed with a mix of bins, vases, books, framed images and accents.

**Left:** Decorative items placed in an alternating zigzag pattern create a sense of rhythm and balance.

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### Fall

From B1

It may seem like Mother Nature's alchemy, but science tells us that fewer daylight hours and longer, cooler nights work in concert to achieve the change, by slowing and eventually stopping production of the chlorophyll in leaves (it's what keeps them green). The lack of chlorophyll allows other pigments to be revealed: carotinoids that display the yellow, orange and brown shades, and anthocyanins for the stunning reds and purples.

Missouri is laced with interesting drives and many become technicolor tunnels in fall, so there are plenty to choose from for a scenic road trip. One of our favorites is Missouri Highway 79, which begins at Interstate 70 in St. Peters and, paralleling the Mississippi River, runs north 90 miles, ending at Highway 36/ Interstate 72 in Hannibal.

Our mid-September trip was too early for much fall color though the scenery along the route is spectacular any time of year. And within a few weeks, there will be color.

For the most part it's a rural landscape, the road bordered by seemingly endless fields of corn and beans and a handful of small towns. But historically important river towns Clarksville and Louisiana, in addition to Hannibal, are also on the route, and offer a variety of attractions. Along the way, rolling hills become near-mountains, and towering limestone bluffs line the road. Signs direct you to pull-offs for dramatic scenic overlooks.

A few miles north of I-70, the road runs through quaint Winfield. Here, County Road N runs east to the river at Lock and Dam 25. In winter it becomes the area's most popular attraction, as eagle enthusiasts gather to watch the dozens of the birds that have fled the frozen north, and fish at the dam.

Ahead on Highway 79, County Road M (north of Foley) leads three miles east to BK Leach Memorial Conservation Area, our first stop. The conservation area, 4,300 - acres of wetlands, marshes and sloughs, is home to a variety of marsh birds and other wildlife, and also provides food for thousands of migrating waterfowl. In fall it's richly decorated with acres of bright yellow black-eyed Susans on 6-foot stems (a small parking area amid the flowers offers fine views of distant blue hills to the

Antique Clarksville, 20 miles ahead on Highway 79, is home to Lock and Dam 24. A viewing platform (handicap accessible) offers an excellent vantage of the dam, and placards provide information. One reads that storage space on one 15-barge tow is equal to that of 225 railroad hop-

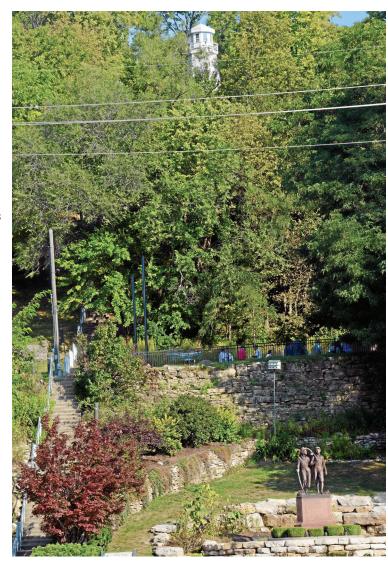
per cars or 870 tractor trailers. Another states that although it's nearly 28 miles north to tiny Saverton, and Lock and Dam 22, there is no Lock and Dam 23. One was planned years ago, but the pool created by Lock and Dam 24 made it unnecessary. Thus, Lock and Dam 23 "has been lost to history, but the numbering stuck."

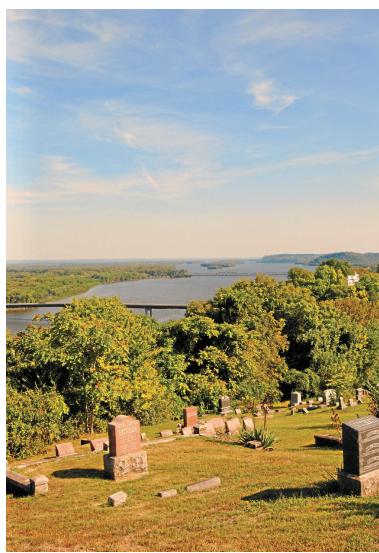
The stretch of highway that strings together Clarksville, Louisiana and Hannibal is nicknamed "Little Dixie Highway of the Great River Road," and is also a designated National Scenic Byway. As to a reason for the nickname, there is some debate. One source says it's because early settlers were from Kentucky and Tennessee. Another, that the numerous Victorian and Italianate mansions in the towns give them a "southern flavor."

The road there has also been dubbed "Fifty Miles of Art" for the many artists, crafters and art galleries in the towns. By chance we met one of the artists in Louisiana. The town, also called "Mural City," for its two dozen outdoor murals commemorating historic events, is a jewel in the crown of Missouri towns - for a number of reasons.

High on the limestone bluffs along the Mississippi, the historic town offers superb views of the river, such as those at Riverview Park. On this day, workers were building a memorial at the overlook, clearly under the direction of a distinguishedlooking, white-haired gentle-

Nearby is a bronze bust of John include two historic districts Brooks Henderson (1826-1913), with a placard explaining he was a local teacher, lawyer, state legislator and a brigadier general in the Union Army. In 1862 he was appointed a U.S. senator, and within six weeks, "was holding regular meetings with President Lincoln."





PHOTOS BY GUY SELBERT

Left: Huck and Tom stroll forever down Cardiff Hill from the famous lighthouse and toward Main Street in Hannibal. Right: The Pinnacle in Louisiana's cemetery is the reputed highest point on the river and affords one of the most sublime views available.



Hannibal locals meet at the Java Jive on Main Street for an informal conference.



example of the elegant houses built in the prosperous river towns.



Winfield Lock and Dam is a popular site for eagle watching in winter.

As I was reading it, the whitehaired gentleman walked over and asked if he could be of help. He introduced himself as John Stoeckley, 79, a local artist who said he had designed the bronze as part of the 2018 celebration of Louisiana's bicentennial. He also designed the memorial in the works.

Henderson, he said, had helped keep Missouri in the Union, and in 1864, wrote the immortal words of the constitutional amendment outlawing slavery that Congress approved a year later (the 13th Amend-

Other Louisiana attractions and numerous historic homes, many of which are on the National Register of Historic Places. Self-guided walking tours are available at the Louisiana Convention and Visitors Bureau.

We'd planned to visit the Louisiana Area Historical Museum

but found it closed for renovation. It will reopen, according to a sign on the door, for the 36th annual Louisiana Colorfest, Oct. 15-16.

We'd read that the highest point on the Mississippi, 850 feet above sea level is the Pinnacle, at Louisiana. But we didn't know where it was, and the first three local people we asked didn't know anything about it.

But the (closed) museum is in a historic area, and nearby Third Street is lined with elegant 19th century homes. There, walking, we passed a man carrying antiques to a table on the sidewalk. We wondered if he knew how to get to the Pinnacle. He

Pinnacle is off Cemetery Road in Louisiana Cemetery, he said, and gave us directions. Nondescript Cemetery Road watch carefully or you'll miss it — runs north several blocks off the quarter-mile stretch



The bayou at the B.K. Leach Memorial conservation Area.

### If you go

**LOUISIANA:** For information about dining, lodging and attractions, visit Louisiana Convention and Visitors Bureau, 202 South Third Street, 573-754-5921, visitlouisianamo.

**HANNIBAL:** For information about dining, lodging and attractions, visit Hannibal **Convention and Visitors** Bureau, 925 Grand Avenue, 573-221-2477, visithannibal.com

**OTHER LOCATIONS:** visitmo.com

where Highways 79 and 54 run together in town. Inside the gates of the cemetery, you see two narrow, symmetrical roads that arc steeply to the top (limited parking there).

The view from that high-up vantage is one of the most spec tacular anywhere. You can see virtually 360 degrees — of the surrounding countryside, the town, the incredibly huge cemetery that blankets these grassy hills, and far below, the arcs of the deeply blue river appearing between lushly green banks. It was a pleasantly warm afternoon, a gentle breeze was wafting - and oh, the view. If there is a more peaceful, beautiful place anywhere, I can't imagine what it would be.

At the very top of Pinnacle, which you reach on foot, is a 10-foot obelisk marking the grave of Lloyd Crow Stark, Missouri governor from 1937 to 1941. His family founded Stark **Brothers Nursery and Orchards** 



Obelisk at the peak of the Pinnacle marks the grave of Lloyd Stark, governor of Missouri and manager of Stark Brothers Nursery.



Quaint Clarksville is a perfect stop for a little shopping.

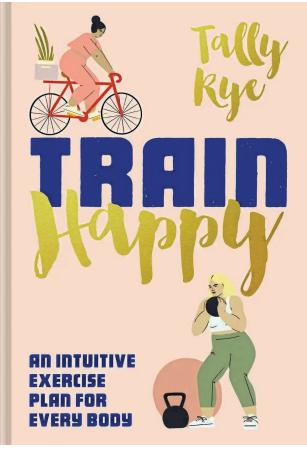
Co. in Louisiana in 1816. It's been in business ever since. Stark's monument reads: "We gave the world the golden deli-

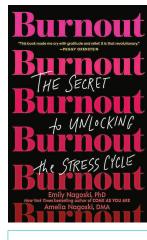
cious apple." On to lovely Hannibal, a town rich with fine historic homes Victorian, Oueen Anne, Italianate. Along thriving Main Street, just one block west of the river, ornate 19th century buildings now house dozens of inviting shops and eateries. (We chose at random and recommend Java & Jive, "the first coffee shop west of the Mississippi." The menu is varied and

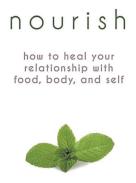
features elegant pastries.) Nicknamed "America's Home Town," Hannibal was once a thriving port for steamboats, flat boats and pocket steamers. Today, it's popular among tourists, with many of its attractions centered around favorite son, Samuel Clemens, aka Mark Twain. (Mark Twain Museum, Mark Twain Cave, Cave Hollow Winery, Mark Twain Riverboat, which offers cruises, Plantation Theater for performances by actor Richard Garey of "Mark

Twain Himself," and others.) Born in Florida, Missouri, in 1835, Twain lived in Hannibal from 1839 until 1853, and set two of the world's favorite novels -"The Adventures of Tom Sawyer" (1876) and "The Adventures of Huckleberry Finn" (1885) - in fictional St. Petersburg, but based on Hannibal. Twain died in 1910, and two years later his boyhood home opened for tours.

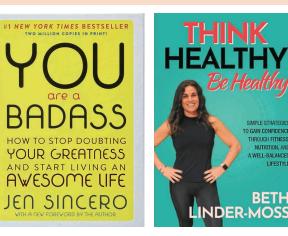
Nearby, Cardiff Hill towers over the north end of Main Street. A lighthouse high on the hill was built in 1935 to "shine a beacon on festivities" at the celebration of Twain's 100th birthday. Bronze statues of two carefree-looking boys, "Tom andHuck," stand at the foot of the hill.

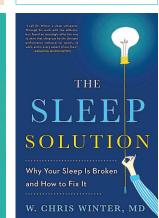






HEIDI SCHAUSTER, MS, RDN, CEDRD-S





A roundup of 6 inspiring reads on self-improvement

#### CAMERON KIMBALL | Booktrib.com

ow are those New Year's resolutions going? Did you just cringe at those words? Don't worry, you're in good company; out of the 41% of Americans who make New Year's resolutions, only 9% successfully keep them to the end of the year, according to Discover Happy Habits. When we set goals for ourselves that feel like a drag, it's no wonder we fall short of our own expectations.

But it doesn't have to be that way. Instead of deprivation- and sacrifice-based habit changes, some health experts have a more practical solution: positivity. With that comes a better chance at finding success. Here are six wellness guides that could have you actually looking forward to working on your goals.

### 'Train Happy: An Intuitive Exercise Plan for Every Body'

By Tally Rye (Pavilion Books)

Starting off with exhausting workouts is a surefire way to burn out your motivation, not to mention increase your risk of injury.

Personal trainer and broadcaster Tally Rye has seen what toxic workout culture has done to undermine people's relationships with healthy exercise.

In "Train Happy," Rye outlines her 10week training plan of accessible, healthfirst exercises that can all be done at home. This how-to guide focuses on encouraging and praising readers for their hard work rather than pushing for self-punishment.

From weekly challenges to body-weight workouts, users of "Train Happy" can improve their physical health and their relationship with exercise as a whole.

#### 'You Are a Badass: How to Stop Doubting Your Greatness and Start Living an Awesome Life'

By Jen Sincero (Running Press)

The right mindset is key to every endeavor — including how you view yourself. It's common knowledge that having good self-esteem improves your overall mood. Of course, it's easier said than done.

Bestselling author and world-renowned success coach Jen Sincero compiled all her best advice into this book. This funny and relatable guide is more than just a list of affirmations; Sincero's book will help readers stop self-sabotage in its tracks.

#### 'Think Healthy, Be Healthy: Simple Strategies to Gain Confidence Through Fitness, Nutrition, and a Well-Balanced Lifestyle'

By Beth Linder-Moss (Stronger Than You Think Books)

Beth Linder-Moss packed her experience as a health and wellness coach, fitness coach and exercise physiologist into this all-powerful guide.

"Think Healthy, Be Healthy" touches on every aspect of self-improvement: recipes, exercises and small changes you can make to transform your daily life, with a focus on positivity over perfectionism.

But perhaps the most important advice Linder-Moss gives is that "it's not too hard and it's not too late."

### 'Burnout: The Secret to Unlocking the Stress Cycle'

By Amelia and Emily Nagoski (Random House)

The "burnout" level of stress and agitation takes a toll - from your work life to your personal life, you might find yourself falling behind and struggling to catch up.

Amelia and Emily Nagoski delve deep into the parts of our society that fog our brains - specifically the stress that targets women — in their book "Burnout."

From the "girlboss" hustle to beauty standards to social media, stress is so baked into our society, the goal shouldn't be avoidance — it should be on learning to take the bull by the horns and work through the stress, the Nagoskis say.

### 'Nourish: How to Heal Your Relationship with Food, Body, and Self'

By Heidi Schauster (Hummingbird Press)

"Diet" is a loaded word — and, for many people, one that's intrinsically tied to guilt and self-judgment. With such gravity attached to the practice, many people find themselves at a loss for where to start eating more nutritiously.

Writer, nutrition therapist and educator Heidi Schauster has made it her life's mission to study eating-disorder recovery, whole-self wellness and positive eating advocacy. Her book "Nourish" is packed with actionable advice and empathy, reminding us that food is meant to fuel us.

### 'The Sleep Solution: Why Your Sleep Is Broken and How to Fix It'

By Dr. W. Chris Winter (Berkley)

While some people may think snoozing is as easy as breathing, others can attest to the struggles that come with falling – and staying — asleep. Luckily, nighttime sufferers can look to somnologist (sleep doctor) W. Chris Winter and his guidebook "The Sleep Solution."

Winter doesn't just discuss common sleeping problems like insomnia, sleep apnea and restless leg syndrome; he also gets into the science of sleep.

From discussion of the way foods, blue light and technology impact sleep to common sleep misconceptions, "The Sleep Solution" will leave you better educated, better equipped to handle your sleep struggles and, above all, well rested.

### **CAR TALK**

### To be a safe driver, be predictable



**RAY MAGLIOZZI** King Features Content cartalk@gmail.com

### **Dear Car Talk:**

My husband is a passive driver, and I think it is dangerous.

It might be his right of way, but he waits to see what all the other people are doing. It confuses them. I'm afraid it will cause an accident.

What do you think? -- Mrs. S.

I agree, Mrs. S.

There's a difference between being polite and being unpredictable.

Safe driving is based on predictability. For instance, when I'm driving along a road, and a person is waiting to pull out, I know I have the right of way. So, I can predict that the person will stay put until I pass.

If I decide to be super polite and stop to let the person pull out, well, the person behind me is predicting that I'll keep driving. And, if I make that stop unexpectedly, he may smash right into my "I'd Rather Be Watching The Great British Bake Off" bumper sticker.

So, unpredictability -- whether it's due to excessive politeness, or indecision -- can cause accidents.

If your hubby is passive, that could indicate that he's having trouble processing everything that's going on. Driving involves complex calculations of where and how fast moving objects are going and what they'll do next.

It's not unusual for people, as they get older, to lose some processing speed. And if he's waiting to see what everybody else does, it may be that intersections and complex maneuvers are more of a challenge for him now.

And, if you simply tell him to be more aggressive, he might be even more likely to cause an accident.

Rather than accuse him of being a doddering moron (the traditional marital approach) and making him feel inadequate and defensive, ask if you can talk to him about a change you've noticed.

Explain that it seems to you that his calculations on the road are getting a little slower, that you've noticed other drivers acting confused, and that he seems a bit less confident in these situations. Say you're worried about his safety and yours. Suggest that you two do some brainstorming about what you might do.

Maybe that means that you do more of the driving, Mrs. S., or that you avoid busy areas at busy times. Or, longer term, maybe you think about living in a community

Got a question about cars? Write to Ray in care of King Features, 628 Virginia Drive, Orlando, FL 32803, or email by visiting the Car Talk website at www.cartalk.com. (c) 2022 by Ray Magliozzi and Doug Berman Distributed by King Features Syndicate, Inc.

where driving isn't essential, like a cruise ship!

### **OLD CAR COLUMN**

### '68 Chevy Camaro is a special car with a special story



**BRUCE KUNZ** 

Brand Ave. Studios Contributing Writer the\_fin\_man@msn.com

The day was near perfect for a late summer car show. Sunny, a bit warm but with a steady breeze throughout the day. Approximately 60 cars and trucks plus two motorcycles showed up for the event ... one of those motorcycles belonged to my son Jeff. I thought I might mention it now because Jeff changes cars and bikes like I change socks!

Coming along to help me was TKCS-STL participating volunteer Eddie. I gave Eddie the task of picking his favorite car out of the bunch, which is not an easy task. I mean, how do you pick between a wild custom lowrider, a prewar antique that looks like brand new, a vintage muscle car with all the right stuff, and a late model sports car? I figured out a way when I was assigned a similar task of choosing the best car at the Fords Unlimited Club's All Ford Show at McDonnell Park.

I told Eddie to pretend that the show chairman came up to him and said: "Eddie, if we said you could have any one car of this bunch, which one would you choose?" With that in mind, Eddie's pick was Carl Fields' 1968 Chevy Camaro shown on this page. But it gets even better because, as with most "special cars," there is an interesting story to go along with it.

Carl Fields, now 59 years old, purchased this car 43 years ago and has owned it ever since! You do the math ... never mind, I already did. Carl was just 16 years old when he purchased his first car, this Camaro, for \$150. Of course it did not look like you see it here. This virtually new car is the result of roughly \$80,000 worth of custom and restoration work.

Under the hood, where a six-cylinder engine once resided, is a 350-cube, ZZ4 small block Chevy engine ... a new version of the original Chevy 327s. The interior is the work of David, owner of Top Stitch Interiors in Cottleville, Missouri. It is totally custom — the seats and surrounding interior panels. He also did the



Asked to pick his favorite car at the AAA Employees Car Show and barbecue, TKCS-STL participating volunteer Eddie chose Carl Fields' very special 1968 Chevy Camaro!

gauge cluster, which is fitted with Dolphin Gauges. Outside the candy-apple red is a custom mix done by Dave's Vintage Custom Restorations, a color named Brandywine with some ghosting stripes in a gold hue, which was the car's original color when Carl purchased it.

Carl probably didn't keep track of how much he spent getting the car the way he wanted it, as many collectors do, but he told me the car was appraised at \$80,000 after the restoration was completed 15 years ago.

Carl, a graduate of McKinley High School in St. Louis, class of 1982, is rightly proud of his creation, the details of which he left mostly up to the parties doing the work. Carl is also the proud owner of a 2004 Chevrolet Corvette that has also been customized and, as Carl put it, "has a lot of tricks!" He was glad Eddie chose his car as the day's favorite, but Eddie was just as sad that his dream of ownership would never come to be.

### **Tri-Power Trivia:**

- 1. What was the break in model years when Camaros were not built?
- 2. What was the name of Pontiac's cousin to the Camaro?
- 3. Which famous actress was born on Feb. 11, 1969? Jennifer Aniston, Christine Lakin, Linda Blair or Lindsey Shaw?

### **Answers:**

- 1. 2003-2008.
- 2. Firebird.
- 3. Jennifer Aniston.

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### BOOKS

### **BESTSELLERS**

Here are the bestselling books from Publishers Weekly for the week that ended Sept. 17.

### **HARDCOVER FICTION**

- 1. "The Butcher and the Wren"
- Alaina Urquhart 2. "Fairy Tale" • Stephen King 3. "Oath of Loyalty" • Vince
- 4. "Blowback" Patterson/
- DuBois
- 5. "Nona the Ninth" Tamsyn
- 6. "All Good People Here" Ashley Flowers
- 7. "Desperation in Death" •
- J.D. Robb
- 8. "Clive Cussler's Hellburner" • Mike Maden 9. "Carrie Soto Is Back" •
- **Taylor Jenkins Reid** 10. "The 6:20 Man" • David Baldacci

#### HARDCOVER NONFICTION 1. "I'm Glad My Mom Died" •

- Jennette McCurdy
- 2. "What If? 2" Randall Munroe
- 3. "Good Inside" Becky Kennedy
- 4. "The Simply Happy Cookbook" • Steve Doocy 5. "How to Invest" • David M.
- Rubenstein 6. "Holding the Line" •
- Geoffrey Berman
- 7. "The Return of the Gods" Jonathan Cahn
- 8. "Dinners With Ruth" Nina
- Totenberg 9. "The Mediterranean Dish" •
- Suzv Karadsheh
- 10. "The Great Reset" Alex

### **MASS MARKET**

- 1. "The Judge's List" John Grisham
- 2. "Where the Crawdads Sing" (media tie-in) • Delia Owens
- 3. "2 Sisters Detective Agency' Patterson/Fox
- 4. "Rich Dad Poor Dad" Robert T. Kivosaki
- 5. "Midnight Shadows" Nora Roberts
- 6. "Clive Cussler's The Devil's
- Sea" Dirk Cussler 7. "Nothing to Lose" • J.A.
- 8. "Married In Texas" Debbie Macomber 9. "Secrets" • Fern Michaels
- 10. "Fire & Blood" (media tie-in) • Martin/Wheatley

### TRADE PAPERBACK

- 1. "Verity" Colleen Hoover 2. "Reminders of Him" •
- Colleen Hoover 3. "A Court of Silver Flames" •
- Sarah J. Maas 4. "Love on the Brain" • Ali
- Hazelwood **5. "The American Roommate**
- **Experiment" •** Elena Armas 6. "The Lost Girls of
- Willowbrook" Ellen Marie 7. "Book Lovers" • Emily Henry
- 8. "Things We Never Got **Over"** • Lucy Score 9. "The Wish" • Nicholas Sparks 10. "The Love Hypothesis" •

Here are the bestsellers at area independent stores for the week that ended Sept. 18. Stores reporting: the Book House, Left Bank Books, Main Street Books, the Novel Neighbor, Subterranean Books.

### **ADULTS**

Ali Hazelwood

- 1. "I'm Glad My Mom Died" Jennette McCurdy
- 2. "Nona the Ninth" Tamsyn
- 3. "What If? 2" Randall
- 4. "Fairy Tale" Stephen King 5. "They Knew" • Sarah
- Kendzior 6. "How Not to Drown in a Glass of Water" • Angie Cruz
- 7. "Very Secret Society of Irregular Witches" • Sangu Mandanna 8. "You've Been Chosen" •
- **Cynt Marshall** 9. "All Good People Here" •
- **Ashley Flowers** 10. "Love in the Time of Serial Killers" • Alicia Thompson

#### **CHILDREN/YOUNG ADULTS** 1. "The Graveyard Book" • Neil

- 2. "Daughters of Sparta" •
- **Claire Andrews** 3. "The Vanquishers" • Kalynn
- 4. "A Taste of Magic" J. Elle
- **5. "Heartstopper #1" •** Alice
- 6. "Mysteries of Trash and Treasure" • Margaret Peterson
- 7. "Siege and Storm" Leigh
- 8. "The Witchery" S. Isabelle 9. "The Tryout" • Christina Soontornyat
- 10. "The Weight of Blood" Tiffany D. Jackson

### **AUDIOBOOKS**

### Book's audio version can be more appealing than its TV adaptation

BY GAIL PENNINGTON Special to the Post-Dispatch

Never judge a book by its TV adaptation.

"Treasure State," out Sept. 27, is the sixth in C.J. Box's series featuring Cassie Dewell, a private investigator in Bozeman, Montana. Early on, staking out the house of a suspected insurance scammer, Cassie describes herself as middle-aged and overweight. (She's trying but failing to kick a mini-doughnut habit.)

Hard as she is on herself, Cassie is easy to love, tracking a cad who charms wealthy women to steal their money, a case that caused the mysterious disappearance of a previous PI. All

### C.J. Box

**When** • 7 p.m. Sept. 28

Where • Ethical Society of St. Louis, 9001 Clayton Road

How much •

More info · left-bank.com hunt for hidden treasure swirls around her. Maybe

the while, a

you already know what I didn't realize: that this series was the inspiration for the ABC drama "Big Sky," starring

Kylie Bun-

bury (neither middle-aged nor overweight) as Cassie. "Big Sky" returns for a third season, but I'm not here to review television, and besides, I've only watched one episode of "Big Sky."

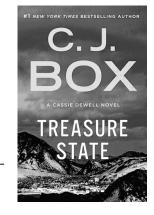
Elsewhere in wrong assumptions, I had also dismissed Box – who will be in St. Louis on Sept. 28 on a publicity tour for "Treasure State" — as too much of a manly man writer for me. And I'll admit, when the opening chapter featured porcupine roadkill, I wasn't entirely on

But "Treasure State" (that's one of Montana's nicknames) is a nifty puzzler with an engrossing, briskly unfolding plot and potential consequences all

A real selling point for the audiobook is narrator Christina Delaine, who is perfect in every way, fully inhabiting Cassie while changing it up for other characters, male or female, good or evil.

Delaine has narrated earlier books in the series (this is No. 6) as well, and I'll dip back into those to find out more about this "Lizard King" of whom Cassie speaks. Despite a few gaps like that, "Treasure State" is a fine introduction to Cassie Dewell and C.J. Box.

Recent audiobook listening marked a big change for me from CD to downloads played from my phone. Yes, yes, I know most people have been playing



books and podcasts this way

Audible, the online audiobooks arm of Amazon, has been around 27 years. Services such as Chirp email daily about discounted audiobooks. Libraries offer instant downloads of thousands of titles.

Libraries have books on disc, too, but chances are your car doesn't have a CD player. Mine doesn't, thus an end to my foot-

dragging about change. I'm using Apple CarPlay, and it's fine. Most review copies are delivered by download, and I like being able to pick up the story after leaving car for house. And eventually I'm sure I'll stop checking the side pocket for the next disc.

Here are some more books I've enjoyed since entering the mod-

### 'The Rising Tide'

By Ann Cleves • Read by Janine Birkett

As a huge fan of both Ann Cleeves and audiobooks, I have to say I find her books better reads than listens.

"The Rising Tide" shows why. The mystery of a death at a reunion of friends unfolds slowly, over many hours when you may begin to think that tide will keep rising forever.

The friends, who've been gathering yearly on Holy Island since a college retreat 50 years earlier, are together again, worse for wear. One has dementia. One never recovered from a tragedy decades ago. And one, having lost his job over charges of sexual misconduct, is threatening a memoir.

Holy Island, officially Lindisfarne, site of a medieval monastery and retaining spiritual vibes, is off the coast of England's Northumberland. Tides regularly cut it off from the mainland, where Cleeves' Vera Stanhope heads the detective squad.

Vera (played by Brenda Blethyn in the brilliant BBC series "Vera") is called when one of the friends turns up dead, a presumed suicide. But Vera doesn't think that's necessarily the case,

and it turns out she's right.

Investigation and interview after interview follow, with Vera aided by, and bossing around, her trusted sidekick Joe Ashworth and up-and-comer Holly

(Joe, long gone from TV, is still Vera's No. 2 in the books, following "always a few steps" behind, the Prince Consort to her Queen," Cleeves writes wryly.)

Janine Birkett, who has narrated many Vera novels, is everything you want in a Britishaccented reader - clear-spokenand understandable, even at 1.5 speed.

But if the early going was slow, patience was rewarded. "The Rising Tide" picked up the pace dramatically as it headed for a crashing conclusion. Eager to ID the killer and find out why early reviewers were commenting as they were, I turned to the book for the final chapters. That's the definition of a page turner.

### 'Lucy by the Sea'

By Elizabeth Strout • Read by Kimberly Farr

Lucy Barton is back, again struggling to figure out exhusband William, in the fourth in what author Elizabeth Strout calls her Amgash series. ("I Am Lucy Barton," "Anything Is Possible" and "Oh, William!" came This time, in "Lucy by the

Sea," Lucy is also struggling to figure out the COVID pandemic, as William whisks her away from infectious Manhattan to isolated coastal Maine for what she believes will be a brief stay. Obviously, it isn't.

A couple of problems here. First, are you up for a return to confusing, pre-vaccine 2020? I was not. And second, Lucy's dithering can make a prolonged stay in her head tiresome.

But narrator Kimberly Farr is a marvel, voicing Lucy (for the third time) with such perfection that we can almost see the character in front of us. Farr also narrated Strout's "Olive Kitteridge" duo and many other favorites, including Anne Tyler's recent "French Braid."

### 'Horse'

GERALDINE

BROOKS

AUTHOR OF
PEOPLE OF THE BOOK AND MARCH
WINNER OF THE PULITZER PRIZE

By Geraldine Brooks • Read by a full cast

"Horse," the story of a lost painting, an equine skeleton, an enslaved horse whisperer and a racehorse named Lexington, has been lauded everywhere, and justifiably so.

But would it work as an audiobook, given its many characters inhabiting multiple entwined storylines over the course of a century and a half?

The answer is a definite yes. "Horse" is an enthralling listen, somehow not confusing despite the many changes of time and place.

The story, which introduces the horse that sired many of racing's greats, is a horse tale, a Civil War saga and a morality play about art and humanity and race. It's an epic requiring five narrators, all of whom do this important book more than

### 'Holy Chow'

By David Rosenfelt • Read by Grover Gardner

Why do I enjoy David Rosenfelt's Andy Carpenter mysteries so much, I asked myself when finishing this one. Is it the author's wry humor? Is it the character of Andy, a gruff softie who can't manage to retire from practicing law? Is it the dogs? There are lots of dogs.

All that, yes, but I especially love the way narrator Grover Gardner embraces all that, except the barking. His voice is one of the most nearly perfect embodiments of a character that I've heard.

In this latest, "Holy Chow," Andy gets involved in a murder case because of a chow chow dog named Lion that was adopted from the rescue organization he runs. Soon, Andy himself is a target.

Rosenfelt's plots are tight and satisfying, but this is a series to keep up with for the characters. And the dogs.

Gail Pennington is a former longtime television critic for the Post-Dispatch.

### Elizabeth Strout sets new Lucy Barton novel amid pandemic uncertainties

#### **BY LAURIE HERTZEL Star Tribune**

Lucy Barton doesn't quite grasp what is going on when her ex-husband, William, calls her early in 2020 and tells her to pack a bag, they are fleeing New York. "Let me get you out of this city," he says. "Just for a few weeks."

Lucy had heard of the coronavirus, of course, but she thought it was an Italy thing — "I did not think about it ever coming to New York," she says in "Lucy by the Sea," by Pulitzer Prize winner Elizabeth Strout. This, Strout's third narrated by Lucy Barton, is a quietly profound book about grief and loss - oh, so much loss! - but also kindness, generosity and resilience. People are always looking out for one another in this novel, beginning with William's rescue of Lucy.

And so Lucy packs a small rolling suitcase, puts on her spring coat, and they head to Maine, where William has rented an isolated house by the edge of the

Maine is much colder than New York, and she freezes in her light coat. She is miserable; she hates all of it — the cold, the house, the isolation. William

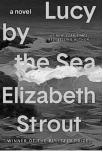
gets on her nerves. She worries about their grown daughters. She takes walks along the shore, swearing out loud in the dark. "The sadness that rose and fell in me was like the tides," she says.

Unhappiness stretches to every corner of Lucy's life as she realizes that she and William are not leaving Maine in a few weeks or, possibly, ever. She mourns her apartment; she mourns New York. She is shocked

when a friend dies of the virus, annoyed when William spends evenings working jigsaw puzzles ("I hate this kind of thing," she says), deeply upset when the nightly news comes on television. It starts to snow. She

hates the snow. William says, wearily: "Lucy, we're in lockdown. Stop hating everything."

In her utterly clear, unmistakable voice, Lucy grapples with the magnitude of that year - not just the pandemic, but the unrest following the murder of George



"Lucy by the Sea" A novel by Elizabeth Strout Published by Random House, 285 pages, \$28

Strout's depictions of the enormous social travesties are not always convincing. "I felt both hopeless and also hopeful," Lucy says of the George Floyd protests. "But I felt more than that.

I understood the

anger, I really did."

Floyd, the hostility

toward city visitors,

the backlash against

masks and vaccines,

the Jan. 6 insurrec-

tion.

of rural residents

While we believe her - this woman who grew up terribly abused and impoverished has plenty to be angry about her observations feel almost too small for such catastrophic

Strout is on firmer ground with more intimate scenes - the rekindling of Lucy's affection for William; her deep concern for her daughters, both of whom are facing marital troubles; her own grief as she thinks about her terrible childhood, the painful end of her marriage to William, the

sorrow she still feels a year after the death of her second husband, David.

Lucy bends under the anguish of the year, but she doesn't break. "It's odd how the mind does not take in anything until it can," she says, in a line that could be her mantra.

Gradually, Lucy settles in, finding connections in Maine with William's friend Bob Burgess and striking up a friendship with Charlene, a cleaner in the nursing home where Olive Kitteridge lives. These links to Strout's previous novels ("Olive Kitteridge," "The Burgess Boys") are lovely snaps of familiarity for the reader and a reminder of how small the world is and how we are all connected — a lesson

many of us learned from COVID. Throughout the novel, a pulsing, moving constant, is the sea — something that Lucy first hates, its "bitingly salty smell, I did not really like" but later finds reassuring, the regular tides, the soothing way the waves splash against the rocks. "The water seemed green and sweetly friendly." She walks the shore, and she no longer swears; she feels peace.



### 5 ideas for exploring the world with your young family members

LYNN O'ROURKE HAYES | FamilyTravel.com

re you an amazing aunt, an unbelievable uncle or a cool cousin? Perhaps your fledglings have flown out of the nest, or your kids have fur and four legs.

If you are eager to travel, why not join the increasing number of relatives choosing

If you are eager to travel, why not join the increasing number of relatives choosing to explore the world with young family members as their trusty travel companions? Here are five ideas to consider:



CHRISTINE PETERSON, CASPER STAR-TRIBUNE

Fly-fish

Casper, Wyoming
With plenty of wide-open
space at the ready, this central
Wyoming town is a vibrant hub to
share outdoor adventure. Home
to the North Platte River, which
provides year-round fly-fishing
opportunities, Casper has become a bucket-list destination
for avid and aspiring anglers. The

river sits below five reservoirs, enabling consistent water flows and temperature, thus manifesting a stable fishing habitat.

You'll hear enthusiastic talk and big-fish stories that originate in specific stretches of the river, including the Miracle Mile and Grey Reef. If traveling with a newcomer to the sport, it's good to know there is also blue-ribbon water streaming through the heart of town, with plenty of public access points. Appreciate the legendary waterway in a different way via the Platte River Trail system, which threads through the community for 11 miles. The paved paths provide access to wildlife watching, mountain views and public art. visitcasper.com

# Explore potential at the U.S. Space

& Rocket Center

Huntsville, Alabama
Does your travel pal have what it takes to be a space explorer? Visit this otherworldly technology center to ponder the possibilities. Experience the Discovery Shuttle simulator, feel three times the force of gravity in the G-Force Accelerator, and peruse one of the largest collections of rockets and space memorabilia on display anywhere in the

world. Discover what it takes to be among the world's great record holders with the center's exhibition The Science of Guinness World Records. Uncover the stories of those whose talent and tenacity enabled them to best the longest, furthest, deepest and highest records on the planet. rocketcenter.com



# Winter in Kremmling, Colo., gives skiers a taste of backcountry riding. CHRISTIAN MURDOCK, COLORADO SPRINGS GAZETTE

### Saddle up at the Latigo Ranch

Kremmling, Colorado

Choose your season, and relish the peace and tranquility you'll find at this historic, family-owned and -operated ranch. The warmer months offer top-notch horseback riding on more than 200 miles of trail, cattle drives, hiking and mountain biking for active guests. With never-ending views along the Continental Divide, choose from snowshoeing, tubing, cross-country skiing and fat biking in pristine winter conditions. For those eager to simply relax, settle in a meadow, near a crackling fire with a book or on the porch for a card game. latigotrails.com

# Create Mediterraneaninspired memories

Barcelona, Spain

Is there a recent grad on your list or a family member considering a gap year? If so, the timing might be right to share the inspiring beauty and bounty of Barcelona, a city known for its innovative design, culinary creativity and location on the magical Mediterranean.

Visit the Picasso Museum, stroll La Rambla, and marvel at Sagrada de Familia and Park Guell, two of Antoni Gaudi's modernist masterpieces. Check in to the well-located and towering Hotel Arts Barcelona, a destination in itself, for world-class views and easy access to the beach. It has a rooftop spa and outdoor pools that overlook the city and the shimmering sea. Choose from well-designed guest rooms and suites or splurge for a duplex penthouse. For a topnotch treat, plan to experience Enoteca, the hotel's highly acclaimed, two Michelin-starred restaurant.

ritzcarlton.com/en/hotels/ spain/barcelona





UNSPLASH.COM PHOTOS

### Tee it up at Kingsmill Resort

Williamsburg, Virginia

Share your passion for golf on three championship-caliber 18-hole courses that offer rolling hills, tree-lined tracks and coastal play along the James River. Offer up a session with the resort's PGA professionals, who use a personalized approach to assist with putting, short game and other instruction geared specifically for junior golfers. Participants receive equipment

evaluation, a take-

home video analysis

and a video instruction page.
You will experience play on courses designed by legendary players, including Arnold Palmer and Curtis Strange.
The family-friendly resort also offers hiking, biking, Segway

tours and fishing as
well as organized
kid's activities.
Accommodations include
one-, two- and
three-bedroom
condominiums
and riverfront
cottages with
three or four bedrooms.
kingsmill.com



STEVE HELBER, ASSOCIATED PRESS

Lynn O'Rourke Hayes is an author, family travel expert and enthusiastic explorer. Gather more intel on Twitter @lohayes, Facebook or via FamilyTravel.com.

### TRAVEL TROUBLESHOOTER

# Will Thanksgiving be as bad as summer for travel?

### BY CHRISTOPHER ELLIOTT Special to the Washington Post

When Dennis Shirshikov thinks about Thanksgiving travel, he has flashbacks to this summer. He relives the endless airline delays, the cancellations and the high prices. And he wonders whether the upcoming holiday travel period could be worse than the nightmares of July and August.

Remember this summer? Gas prices soared. Airlines canceled just over 2 percent of all domestic flights. It was enough to make anyone stop traveling for good.

Shirshikov flew his family from New York to Albuquerque this spring, and he says it was a hassle and was overpriced. So for Thanksgiving, he's driving from New York to Fort Lauderdale, Florida, to visit relatives. With three kids younger than 5, he'll be making frequent stops and staying in hotels.

"Flights were out of the question," says Shirshikov, who runs a real estate investment firm in New York City. "Gas prices are definitely a concern. We're a bit worried about any looming health issues and would gladly forfeit the money we have already spent on the trip if it meant keeping everyone healthier."

Many travelers have already started to wonder whether this fall will be a repeat of summer,

cancellations. And what about gas prices, which peaked around the height of the summer travel season?

Travel insurance expert Chiranth Nataraj predicts that the number of air travelers will return The airfare app Hopper sees the to 2019 levels this Thanksgiving. But Nataraj, president and CEO of International Services and founder Visitor Guard, says it will be anything but business as usual. With airlines continuing to experience staff shortages and other operational problems, he expects more flight cancellations than last Thanksgiving.

"COVI will also play a big role this Thanksgiving and cause medical uncertainty for many travelers," Nataraj says.

That said, fall travel won't be an unwanted summer-travel sequel, according to Michael Taylor, managing director for travel, hospitality and retail at J.D. Power, a marketing research firm. It will be more of a spinoff.

"This past summer was characterized by sustained demand that didn't seem to be blunted by increased ticket, room or car rental charges," he says. "Thanksgiving travel is very date-specific. And airlines will better understand what the current system can handle versus what happened this past summer."

Experts predict that gas prices

will hold steady. The U.S. Energy Information Administration forecasts retail gasoline prices will average \$3.60 per gallon in the fourth quarter and \$3.61 per gallon in 2023.

But airfares will remain high. average domestic round-trip airfare hitting \$373 in November, up 24 percent from 2019, the last year before the pandemic. You may find some lower fares if you book earlier in the fall, but prices are rising fast from the average of \$286 in August. Hotel rates will also remain stubbornly high. Hopper says average room rates this fall (\$217 per night) are 28 percent higher than in 2019.

This isn't the year to wait for a last-minute deal, says Christina Tunnah, general manager for the Americas for travel insurance company World Nomads. "Don't try to outsmart the market," she says. "The cheapest time to book is always in the past."

So in terms of pricing, it'll be almost as challenging as the summer – excluding gas prices. But it depends on where you want

"The cost of air and lodging will be at the summer levels for the most popular destinations, such as Mexico and the Caribbean," says Peter Vlitas, executive vice president for partner relations at Internova Travel Group.

ably less than it did last summer because of lower demand.

It's not going to be just another Thanksgiving. Even the last "normal" Thanksgiving in 2019 was different, says Matthew Colbert, founder of Empire Aviation Services. Back then, planes were full, but flights were plentiful.

He cautions that if you treat this holiday like previous Thanksgivings, you'll be in trouble. "It's a short, intense holiday and travel period - and any hiccup can cause a big headache. Travelers need to leave extra time on either end of the trip to get where they're going and back again."

Baruch Silvermann, CEO of the Smart Investor, says travelers overpaid for their airline tickets this summer. Worse, they were on uncomfortably crowded flights.

But there are ways to make Thanksgiving travel less frenetic - and less expensive.

"If you can travel before the holiday rush or plan to return the following Tuesday or Wednesday, you can reduce the risks of packed flights where you could easily get bumped," he says.

Research by the online travel agency CheapAir suggests that you should avoid the Saturday and Sunday before Thanksgiving (Nov. 19 and 20) and Saturday and Sunday after the

holiday (Nov. 26 and 27). The least expensive days to fly are Thanksgiving and Black Friday.

How do you clear those Thanksgiving travel hurdles? If you're flying, you could do what travel adviser Andrew Steinberg is doing for his clients: Hire an airport greeter to whisk you through the chaos. An airport concierge can find a faster way through security or a shortcut to your gate or airline club. The services start at about \$100 per person. "With cancellations, lost luggage and overall confusion, it is worth the cost to have on-theground support to help smooth out any potential concerns especially internationally," says Steinberg, who works for Ovation Networks.

Maybe you can't escape the high prices or the cancellations this Thanksgiving, but you can get away from the crowds. Consider America's perennial favorite Thanksgiving destination for the past six years running, according to a survey Allianz Partners USA. "Since the survey's inception in 2016. Allianz has found that the number one U.S. city Americans head to for Thanksgiving festivities is New York City," says Daniel Durazo, an Allianz spokesman.

Maybe Shirshikov is making a smart move by taking advantage of lower gas prices - and leaving the Manhattan crowds behind.

# Halloween Horror Nights reviews: 10 words for 10 haunted houses

### BY DEWAYNE BEVIL

South Florida Sun Sentinel

ORLANDO, Fla. - Halloween Horror Nights has returned to Universal Studios, along with the usual gang of screamers, lurkers and thousands of eventgoers in black T-shirts. Yes, there's an appetite for this in mid-September. The first three nights of the event were sold out the first morning they were on sale, Universal said.

Creators have given the 31st edition of HHN a traditional theme as bunches of witches, monstrous creatures and jack-o'lantern-based baddies roaming the streets and haunted houses.

But all 10 mazes are all-new this year, with characters ranging from a lonely werewolf to a global musical superstar.

Word on the streets and queue lengths during opening night revealed a



STEPHEN M. DOWELL. ORLANDO SENTINEL/TNS Guests walk toward the entrance to Halloween Horror Nights at Universal Studios Orlando on Oct. 21, 2021. Halloween Horror Nights returns in 2022 for a 31st year.

lot of interest in the houses and setting it, programnamed The Weeknd: After ming it to life. ... It has an Hours Nightmare and

Bugs: Eaten Alive.

"It is a haunted house with a club environment,' said Lora Sauls, one of the HHN masterminds, of The Weeknd house. "We are taking some of that popular 'After Hours' music

awesome bass." There's also peril provided by Universal's weapon-wielding scare actors.

In the interest of being not-so-spoilery, here are 10-word reviews of the houses, presented alphabetically and designed to

tease with just a taste of the mazes' atmospheres.

Bugs: Eaten Alive, an original insect-oriented **house** • Big bugs in face with blackout effects. Ack, still itchy.

Dead Man's Pier • Winter's Wake, an original, watery house: Frightening fisherman second fiddle to widow, eye-catching visual effects, ship.

**Descendants of Destruc**tion, an original house in underground setting • Sounds like the subway to the Black Lagoon. Moist,

Fiesta de Chupacabras, an original house centered on a legendary creature •

Keyword: blood. Conga line through village dis-

rupted by pop-up puppets. Halloween, based on the 1978 film "Halloween" • Tension so thick you'd cut it with a knife, Michaels.

Hellblock Horror, an original house set in prison • It's gore gone wild with caged creatures plus claustrophobia, strobes.

The Horrors of Blumhouse, based on "Freaky" and "Black Phone" films • Twofer maze's theme is dark then darker, figuratively and literally.

Spirits of the Coven, original house in a 1920s speak-easy • Something's brewing with flappers of

best-dressed house. Also: Pigs?

**Universal Monsters** • Legends Collide, featuring Wolf Man, Mummy and Dracula: Bones, bandages, bites, bats around every corner plus thrilling three-

The Weeknd • After Hours Nightmare, based on the music videos of The Weeknd: A salute to flashing (bright) lights, sharp objects and mirrors.

Halloween Horror Nights is an after-hours, extraticket event. It runs on select nights through Oct. 31. For tickets, go to UniversalOrlando.com.

### **BRING IT ON HOME • SOUTH DAKOTA**

Who and where • Paul and Anne Kieselhorst of Maplewood right before entering Keystone, South Dakota.

**The trip** • The couple traveled by motorcycle to South Dakota for their 19th honeymoon trip. They visit Mount Rushmore, the Badlands, Crazy Horse Memorial and Deadwood in South Dakota and then Devils Tower in Wyoming.

Travel tip • Travel at the end of August; the weather is beautiful and there's not a large crowd of people. Make reservations.

Contribute • Email your photo to stlpost@ gmail.com. Include the full names of everyone in the photo, including where they are from and where you are standing in the photo. Also include your address and phone number. Please also tell us a little about the trip and a travel tip. We're looking for interesting, well-composed, well-lighted photos.





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Suggested retail

Volume Rug Gallery

St. Louis' Best Kept Secret

8994 Manchester
(2 blocksWest of Brentwood)

VolumeCarpet.com 314-963-7847

# St. Louis STORYTELL!NG **Festival**



## October 13-22

St. Louis County Library is the new home for the St. Louis Storytelling Festival, featuring nationally renowned storytellers and programs for all ages.

Learn more at www.slcl.org/storytelling





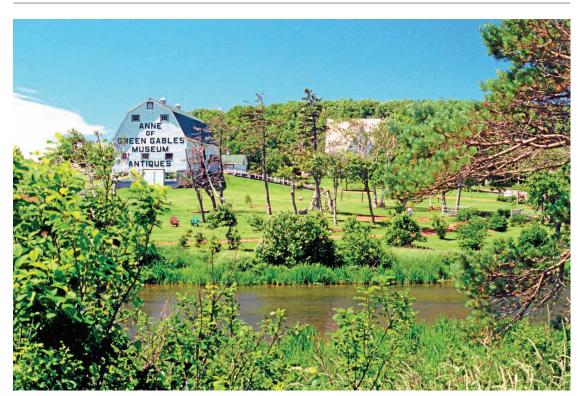




### 5 destinations for exploring the States' northern neighbor

LYNN O'ROURKE HAYES | FamilyTravel.com

anada offers families a wide range of vacation opportunities. You'll find history, culture and extraordinary natural beauty - including polar bears. Here are five Canadian destinations to consider.



### **Prince Edward Island**

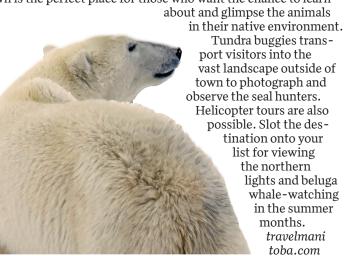
The 1908 novel "Anne of Green Gables" has played a major role in drawing tourists to Canada's smallest province, which is located off the country's east coast, in the Gulf of St. Lawrence.

Today, literary fans make their way to Prince Edward Island to see the sites portrayed in the story and to learn more about author Lucy Maud Montgomery. (It's estimated that more than 50 million copies of "Anne of Green Gables" have been sold worldwide.) Visit the old farmhouse where much of the famous novel was set, and take part in activities at the Green Gables Heritage Place, including ice cream-making demonstrations, harness races, nature trails, carriage rides and tours offered by rangers dressed as characters from the book. tourismpei.com



### Churchill, Manitoba

If you yearn to see polar bears in the wild, this northern Manitoba enclave is the place to be. Located on the migration route between the bears' dens and their feeding grounds, the town is the perfect place for those who want the chance to learn





# Victoria, British Columbia

The temperate climate you'll find in this seaside enclave on the Pacific coast provides year-round opportunity for outdoor activities that include whale watching, kayaking, boat tours and even surfing. Explore the culturally rich city – infused with a blend of European and Asian influences – on foot, aboard a horse-drawn carriage or via bike tour. Enjoy local cuisine picnic-style while relaxing at the beach. Don't miss a visit to nearby Butchart Gardens, a family-owned and -operated, 55-acre, year-round feast for the senses. tourismvictoria. com, butchartgardens.com



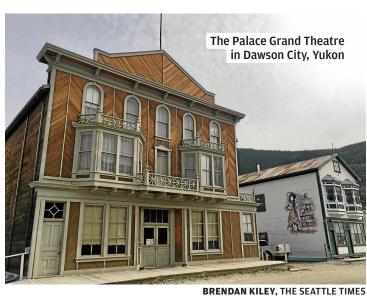
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### **Banff National Park, Alberta**

Set among the Canadian Rockies, Banff National Park offers picturesque, alpine fun. The lavish Fairmont Banff Springs Resort stands as a luminous landmark that's almost as old as Banff National Park itself. Tucked within a verdant forest yet offering stunning mountain, valley and winding-river views, the 745room resort offers hiking, rafting, fly-fishing, golf, tennis, swimming and horseback riding. The Willow Stream Spa has a full range of soothing options within 27 treatment rooms for those seeking a relaxing stay. Choose from 14 on-site dining options, including an afternoon tea service, or wander into town for additional possibilities. Ask about the "Kids in the Castle" program and other adventure options for the younger set. fairmont.com/ banff-springs, banfflakelouise.com



### **Dawson City, Yukon**

Make your way to Dawson City, at the confluence of the Klondike and Yukon Rivers, to learn about the gritty gold-rush days and the great stampede of treasure seekers who hastened north in search of fortune. Visit the Dawson City Museum and stop by the Robert Service Cabin during the summer months for daily poetry readings. Hiking, fishing, cycling, canoeing and dog-sledding are among the popular activities in the fabled territory. Wild, mountainous and sparsely populated, the Yukon attracts adventuresome souls eager for wide open spaces, outdoor adventure and quirky bits of history. travelyukon.com

Lynn O'Rourke Hayes is an author, family travel expert and enthusiastic explorer. Gather more travel intel at lohayes.com or familytravel.com.

# The Mayan world

Four places to discover the ancient civilization in Mexico and Central America

VALENTIN FUENTES | TravelPulse

exico, Belize, El Salvador, Guatemala and Honduras are celebrating three decades of founding the Mayan World Organization (Organizacion Mundo Maya), which focuses on improving the quality of life of the region's residents through sustainable tourism policies.

The group of countries is seeking to bring back the tourist activity they saw in 2019, when 50 million tourists visited.

"We are focusing on the new tourist profile, which favors sanitary and security measures in the places they visit; open spaces, in contact with nature; and coexistence with local communities, avoiding overcrowding," said Mexico's Secretary of Tourism Miguel Torruco.

Airline connections have been expanded to link tourist cities in Mexico and Guatemala, he said.

Ana Beatriz Gonzalez, of the Mundo Maya Organization, said that the goal of this effort is to stimulate sustainable tourism development so that the heritage of the Mayan culture is recognized worldwide today and in future generations.

Here are a few of the best sites to experience in the Mayan world.

1 Chichen-Itza

Mexico is home to Chichen-Itza, one of the New Seven Wonders of the World.

The main building, known as the Castle, has a north-facing staircase and features a red jaguar-shaped altar and several pieces of turquoise mosa-

In addition, the archaeological area has three other important buildings: the temples of the Four Lintels, Three Lintels and the Lintel, besides the Patio of the Thousand Columns, the Temple of the Warriors, the Ball Game and the Temple of the Eagles, among others.



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### Rio Platano Reserve

This Natural Heritage of Humanity of Honduras is a tropical rainforest with abundant flora and fauna — a hot spot for endangered species — and incredible biodiversity.

It is located on the banks of the Rio Platano and is inhabited by indigenous populations living in an area that includes coasts, forests, pine savannas, mangroves and keys.

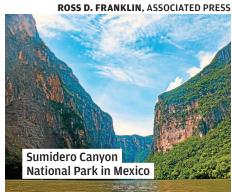


HECTOR PINEDA, UNSPLASH.COM

### Tikal National Park

This archaeological area of Guatemala, also a World Cultural Heritage Site, is considered one of the most important of the Mayan civilization.

Visit places like Plaza de Los Siete Templos (Seven Temples Plaza), where you'll discover the Temple of the Twoheaded Serpent located to the west with a height of 213 feet. In addition, nearby is the gigantic pyramid La Danta.



GABRIEL TOVAR, UNSPLASH.COM

### Sumidero Canyon National Park

Located in Mexico, Sumidero Canyon National Park is a sanctuary of natural life that began to form 136 million years ago and has a large river in which visitors enjoy rafting on a course of more than 18 miles in an area full of various species of birds.

There are also sidewalks to cycle and enjoy the waterfalls of the place.





**SUNDAY • 09.25.2022 • C** 

# **Demand for** organics up, but farmers remain wary

BY SCOTT MCFETRIDGE **Associated Press** 

CHURDAN, Iowa - In the 1970s when George Naylor said he wanted to grow organic crops, the idea didn't go over well.

Back then organic crops were an oddity, destined for health food stores or maybe a few farmers markets.

"I told my dad I wanted to be an organic farmer and he goes, 'Ha, ha, ha,'" Naylor said, noting it wasn't until 2014 that he could embrace his dream and begin transitioning from standard to organic crops.

But over the decades, something unexpected happened demand for organics started increasing so fast that it began outstripping the supply produced in the U.S.

Now a new challenge has emerged: It's not getting consumers to pay the higher prices, it's convincing enough farmers to get past their organic reluctance and start taking advantage of the revenue pouring in.

Instead of growing to meet the demand, the number of farmers converting to organic is actually dropping. Last month, the U.S. Department of Agriculture committed up to \$300 million to recruit and help more farmers make the switch.

"It feels good," said Chris Schreiner, executive director of the organic-certifying organization Oregon Tilth, referring to the government help. "It's a milestone in the arc of this work."

Schreiner, who has worked at the Oregon-based organization since 1998, said expanding technical training is important given the vast differences in farming land conventionally and organically. Schreiner noted that one farmer told him that converting a conventional farmer was like asking "a foot doctor to become a heart surgeon?

Please see ORGANIC, Page C5



**CHARLIE NEIBERGALL**, AP PHOTO George Naylor and his wife, Patti, walk through a cover crop of clover on their farm, Tuesday, Sept. 13, 2022, near Churdan, Iowa. The Naylors began the transition to organic crops in 2014.





PHOTOS BY CHRISTIAN GOODEN, POST-DISPATCH

The Owen Ridge office campus (top) is the Webster Groves property of Bamboo Equity Partners, whose leaders include (below) Dan Dokovic. founder and managing principal, and Alice Benner, the company's principal managing director, seen Friday, Sept. 23, 2022.

# Keimagining the office

Local developer Bamboo adds to portfolio with Webster Groves campus

BY STEPH KUKULJAN St. Louis Post-Dispatch

estate investment firm recently acdollars to transform office campuses from feeling like windowless

basements to appealing hotels.

"In order to attract people to A Maryland Heights-based real the office," said Dan Dokovic, Benner is Bamboo's managing Bamboo Equity Partners' manquired an 11-acre office campus in aging partner, "you're going to Webster Groves – doubling-down need to have things that are much on its strategy to invest millions of better than what they can get at home."

The company has also recently

Charlotte, North Carolina. Alice director and Gary Parker is co-

aiming to make the office relevant other changes. again after the coronavirus pandemic changed the relationship

acquired two office complexes in Americans have with it. In many ways, Bamboo's plan builds upon the company's history of buying "value-add buildings" - properties that enable owners to boost Bamboo Equity Partners is cash flow through renovations or

Please see OFFICE, Page C5

# Why Lambert Airport scored so poorly on a national survey

To be honest, the news was not much of a surprise.

On Wednesday, J.D. Power released its annual survey of travelers' attitudes toward U.S. and Canadian airports. Most



**DANIEL NEMAN** 

airports fared worse this year than last, but St. Louis Lambert International Airport did even worse than most. Lambert landed 23rd on

the list of 27 airports of its size — between 10 million and 32.9 million passengers a year. The difference, accord-

ing to Michael Taylor, an analyst at J.D. Power specializing in travel, hospitality and retail, is investment. Airports that have spent up to multiple billions of dollars on improvements tended to score

Before the coronavirus pandemic, Lambert saw about 16 million passengers,



**CHRISTIAN GOODEN, POST-DISPATCH** Passengers fill lanes to the TSA security check on Monday, Oct. 11, 2021, near the Southwest Airlines ticketing desk at Lambert St. Louis International Airport. Hundreds of cancellations by the airline have caused delays and left travelers stranded across the country.

according to an open house presentation Lambert has not done so yet, but it does held in May. By 2040, it expects to see 21 have a plan to make changes in the future. million passengers, give or take a million.

Please see NEMAN. Page C3

# Settlement in hand, Wilson is set to rebuild a cookie empire

Having watched her cookie business crumble once, Susie Wilson is determined to rebuild it. Step one was getting her name back.

kitchen and quickly got

the shelves at Dierbergs

Wilson founded Soozie's Doozies in 2003 in her Chesterfield her gourmet cookies on

**DAVID NICKLAUS** 

and Straub's stores. She sold the business in 2007 to SKU Foods of Union, Missouri, but remained involved and believed she owned a minority interest.

She continued representing the brand and even arranged a meeting with a buyer at Walmart. Then, in 2017, the company terminated her role.

Wilson sued SKU and two of its officers in 2018, alleging that they had duped her out of her share of the cookie business. By then, SKU had taken on outside investors, including the Capital Innovators and Prosper accelerator funds and members of the St. Louis Arch Angels. The company



POST-DISPATCH PHOTO

Susie Wilson, then known as Susie Hirsch, prepares chocolate chip cookies on Oct. 4, 2005, file photo. She used a good recipe, hard work and persistence to get her Soozie's Doozies cookies into Dierbergs

also had switched from baking cookies to selling frozen cookie dough, which was available in supermarkets in 38 states.

Please see NICKLAUS, Page C3

# How to furnish your new place on a budget

### If you're settling into a new home, you might be looking to fill it with furniture

### BY DALIA RAMIREZ

Moving season is almost over. But if you're one of the many people settling into a new home right now, you might feel like the furniture-buying season is just getting started. And that can get expensive.

After paying rent, a security deposit or mortgage down payment — plus all the costs associated with moving — furniture can come as an afterthought, leaving a lessthan-ideal budget for the items that make your new place feel like home.

Even with lower-cost items from budget-friendly retailers like Amazon and Target, furnishing an entire space gets costly. And if you want higher-end items, a premium couch or bedroom set alone can run you several thousand dollars.

To save on furniture, try turning to your community and peer-to-peer resale platforms to find quality secondhand pieces, and also spacing out your purchases strategically.

go down a rabbit hole of online shopping, see what your local community has to offer. Ask people you know if there's anything they're getting rid of.

"Your friends and family may be moving, too," says Henna Noor, a full-time student at the University of California, Irvine. Noor recently moved into her first apartment with a furniture budget of under \$700 and scored a free couch from her girlfriend's parents. "It might benefit them to get rid of an item without having to pay to move it or try to sell it before they go."

Don't be afraid to talk to your neighbors or make a request on social media; the people in your life are likely happy to help you navigate this exciting life change. Many neighborhoods also have "Buy Nothing" Facebook groups you can join to give and receive household items. However, you'll likely need to find a way to transport the items, possibly by renting or borrowing a truck, or getting a friend to help you.

### Try peer-to-peer platforms

Peer-to-peer resale platforms like OfferUp, Letgo and Facebook Marketplace feature thousands of secondhand items. You might be able to find some hidden gems sitting within a 5-mile radius of your new place.

"There are limited options at a store like **First, see what you can get for free** Ikea," says Miranda Escobar, a marketing

in April. "A peer marketplace opens you up to different, unexpected furniture styles."

Escobar's go-to is Facebook Marketplace, where she searches a single keyword like "dresser" and then refines the results by color, material, price and location. For example, she might search for wood items under \$50 within 2 miles of her new address.

However, some locales have more listings than others, and it can be time-consuming to sort through the results. Not all items are priced to sell, either; some sellers are more motivated by making a profit than getting rid of old items.

"It can take hours of digging to find the true steals," says Noor. Noor checked the OfferUp app daily for a week before her move, keeping an eye out for fresh listings from users who needed to get rid of items

### Haggle respectfully

If you're shopping at peer-to-peer marketplaces, garage sales or estate sales, take the opportunity to bargain. Note that the seller is often trying to get rid of the item, but also try to offer a price within a reasonable range – lowballing may not get you a response.

"I always compare with similar items on the market," Escobar says. If it's a name-Before you venture into the Ikea maze or manager at a tech startup in New York City brand or vintage piece, look up what it upgrade later when you have the funds.

, who moved from Manhattan to Brooklyn would cost to buy new or what other resellers are listing it for. Knowing the ballpark value of the item you want can help you negotiate more confidently with a seller and steer clear of listings with unreasonable prices.

### **Space out expenses**

"Of course, you want to get your new place feeling like home immediately," Escobar says. "But it's better to be patient and wait for pieces at the right prices that really

Waiting on the lower-priority items can ensure you're ready to snag pieces at rock-bottom prices from users who are up against moving deadlines; they're likely to take the best offer available.

Patience is helpful when shopping retail, too: Out-of-season furniture is discounted in winter and summer to make room for new items arriving in the spring and fall, and most stores offer significant discounts around holidays like Black Friday and Labor Day. At thrift stores, furniture stock can change regularly, and waiting for the right deal on a secondhand piece could save you more than buying it new.

If you need something immediately, like a table for example, try finding an inexpensive placeholder piece to use for now, such as a low-cost folding table. You can always

# New rules for a cheaper and better European trip

Effects of pandemic, plus rebound in European tourism, require a new playbook that balances flexibility and savings

### **BY LIZ WESTON** NerdWallet

Tourism rebounded this summer in Europe - and Europe wasn't ready. Pandemic-related staff shortages led to massive lines and flight cancellations at many airports; meanwhile, prices for hotels and taxis soared.

Then there were the record-breaking temperatures that caused roads, airport runways and railroad tracks to buckle, leading to further disruptions.

Our family of three visited Europe this summer our first trip there in three years — and had a great time not realizing that many old ibility. despite the challenges. Still, European buildings didn't climate change, growing have elevators — we rented scheduled to fly out of Amcrowds and lingering effects of the pandemic have Paris' Ile Saint-Louis for a few days after its luggage altered the way we travel. If you're planning a trip to Europe, consider the following fronting six flights of stairs tips to save money and have after walking around Paris a better experience.

### locations

Europe's capital cities Paris, Amsterdam, Vienna, Rome and so on are hugely popular for good reasons. But often, you can get a better feel for a counsmaller cities while enjoying lower prices.

For example, France's 4. Treat Europe like third-largest city, Lyon, has a lovely old town, spectacular Roman ruins, world-class museums and amazing restaurants. Even in peak season, I found a three-star hotel room for less than \$100 a night and never encountered any long, soul-killing queues for attractions that could make Paris a trial.

Austria's second-largest city, Graz, a beautiful, affordable alternative to Vienna, and pretty Delft, a canal city just an hour's train ride away from Amsterdam.

Europe's capitals are still well worth a visit, but adding some alternative destinations can save you money and stress.

### 2. Rethink summer travel

Spring and fall are typically cooler, cheaper and far less crowded. If summer travel is your only option, try to go as soon after Memorial Day as possible, as crowds (and prices) soar in July and August. Scott's ing to see if admission can Cheap Flights, a deal site, be purchased online. recommends booking international travel two to 5. Prioritize eight months in advance for good deals.

### 3. Don't assume ask

Early in our marriage —



**LAURENT CIPRIANI**, AP PHOTO

People shelter under the shadow of a tree during a heatwave in Lyon, central France, Wednesday, July 13, 2022.

had a great view, but conall day wasn't fun.

These days, we also en-**1. Explore alternative** sure there's air conditioning, which still isn't nearly as common in Europe as in the United States. Hotels and apartments with air conditioning usually mention that fact in their online listings, but if there's any doubt about AC or chaos, we decided to take try's culture in one of its elevators, ask before you the train to Austria in-

### a theme park

Hear me out: Disney tip sites such as Undercover Tourist and Mouse Hacking recommend arriving at "rope drop" - when the parks first open. Then more for completely reyou can retreat to your hotel in the afternoon, when crowds and temperatures peak, and return in the Similarly, we enjoyed calmer, cooler evening

hours. Consider a similar approach while traveling in Europe in the summer: Get to the most popular attractions when they first open, escape from the heat in the afternoon and go out again when it's more pleasant. If you're booking an outdoor activity, schedule it for the morning or after sunset, if possible.

Find refuge from the afternoon heat in cinemas, old stone cathedrals and the many art museums that are air-conditioned to protect the paintings. Don't stand in sweltering lines to buy tickets for anything without first check-

# flexibility

Before the pandemic, we often tried to save money by buying nonrefundable travel. These days, we're seemed like a small price

For example, we were a top-floor apartment on sterdam's Schiphol airport a week. Our little garret system malfunctioned, separating thousands of travelers from their bags and causing KLM Royal Dutch Airlines to ban checked baggage on flights within Europe briefly. Even after the luggage issue was fixed, passengers reported hours-long waits to check in and get through security because of staffing short-

> Rather than endure the stead. We didn't get all of our money back — Austrian Airlines charged a fee of roughly \$70 for each ticket, or about one-third of what we originally paid but the refund offset part of the last-minute train fare.

> We could have paid a lot fundable airfares, but this "refundable with a fee" option hit the sweet spot of affordability and flexibility.

> We also avoided renting apartments or Airbnbs with onerous cancellation policies. Hotels typically have much more flexible policies and staff to help make travel easier. A front desk clerk in Lyon, for instance, recommended a wonderful restaurant that served traditional Lyonnaise cuisine and arranged my taxi to the train station after three Uber drivers in a row canceled.

### 6. Get travel insurance

We also had - but fortunately didn't need travel interruption and delay coverage through the credit cards we used. In addition, we had a travel insurance policy that would have paid for hotels, meals and rebooked flights if any of us had to quarantine. The policy added about \$100 a week to our travel costs, which happy to pay more for flex- to pay for peace of mind.

# Airbnb hosts are sick of their Airbnb issues, too

Airbnb hosts are facing an onslaught of frustrations born of renting out their properties to short-term guests

### BY SAM KEMMIS NerdWallet

Disgruntled Airbnb guests are taking to Twitter and TikTok to vent about everything from cleaning fees to misleading listings. But they aren't the only ones with themselves have become increasingly disillusioned disrespectful guests.

On message boards and Facebook groups, hosts are sharing their own challenges and horror stories. One host claimed that a group of guests was unwilling to leave June. the property despite receiv-

and I was in shock to disstill in the apartment," the host wrote on the website oddly." AirbnbHell. "They immeme and I was kicked out of shock."

While these anecdotes might seem like the natural byproduct of the largely unregulated short-term rental industry, they speak to larger trends impacting hosts. A secretive crisis team spends millions of dollars to cover **Red tape everywhere** up crimes and other publicity nightmares in its listings. And the platform recently launched "anti-party techhosts' frustrations with large, destructive gatherings.

question: Is Airbnb itself the ernments. problem – or are the guests?

### Silly string and foul odors

In May of this year, Airbnb launched a new "AirCover" protection plan for guests low local governments to bowed out of the ecosystem.

reimbursement for hosts and up to \$1 million in damage protection. And while many hosts consider this policy generous, it still comes with plenty of gray areas.

Emily Muskin Rathner, complaints: Airbnb hosts a digital marketing professional living in Cleveland, began renting her house on with the platform and its Airbnb in August 2021. She says that hosting has been a pleasant and profitable enterprise overall, but a few guests have caused major problems, including a family that rented the house this

"They left the house a "I went to the apartment human feces on our laundry. cover that the tenants were about Silly String, but can convoluted taxation laws. you pick it up? It left stains,

Muskin Rathner received diately called the police on reimbursement from Airbnb for most of her claims. But my own apartment by a team some damage, such as nail of the police — a complete polish smeared on the bathroom tile, didn't qualify for reimbursement because she wasn't able to provide documentation for the cost of the tile. And then there was the

2021 report from Bloom- air conditioning had been berg detailed how Airbnb's left off for a week — in June."

The early days of shortterm vacation rentals offered hosts a simple proposition: Rent your home and earn nology "in an effort to defray some extra money. Yet as the industry has matured, it's been met with regula-These issues raise the tion efforts from local gov-

Cities such as Denver and Portland, Oregon, have been cracking down on unlicensed short-term rentals, levying fines against hosts and requiring expensive permits. These policies al-

and hosts. It promises quick collect taxes and regulate problematic behavior, but they add one more layer of complexity for hosts, many of whom have little experience in hospitality.

Furthermore, many local governments place the burden of tax collection on hosts, not Airbnb. A 2022 analysis by the National League of Cities, an advocacy organization composed of city, town and village leaders, estimated that 82% of cities require hosts to remit taxes themselves, while only 5% require the platform to do so on hosts' behalf.

Hosts must now not only ing a full refund from Airbnb. mess," she says. "There was act as full-time customer service agents and hospitalto check what was going on, They sprayed Silly String all ity experts, but also navigate over the place. I don't care local regulations and master

### **Competition from** management companies

The romantic notion of home sharing as a means for homeowners to pay their mortgages has given way to management companies inserting themselves and aiming to maximize profits. And small-time hosts can't "It really, really stunk. The keep up with these corporate competitors.

A study of short-term rentals in the U.K. found that the number of listings managed by hosts with a single property dropped from 69% in 2015 to 39% in 2019. And data from the nonprofit Inside Airbnb suggests that only 39.1% of properties in Los Angeles are managed by single-property hosts.

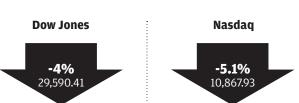
These mega-hosts are able to operate at scale, maximizing efficiency on everything from pricing adjustments to cleaning staff. Single-property hosts can't keep up, or are unwilling to deal with the hassle, and are being el-



### The Bottom Line **BUYBACKS BEWARE: Starting**

next year, companies will pay a 1% tax when they repurchase their own shares. The levy may raise less money than expected, David Nicklaus and Jim Gallagher predict, as firms substitute dividends for buybacks. Check it out at **stltoday.com/** multimedia

### **MARKETS • WEEK IN REVIEW**



**S&P 500** -4.6%

**SOURCE:** Associated Press

MARKET WATCH: Page C4

### Neman

From C1

So the problems with crowds and waits, and lines, and parking will only get worse unless the airport can expand.

A master plan for the airport currently proposes adding space onto what is now Terminal 1 to create a single, greatly expanded location for all flights, including at least 10 new gates. Other proposed changes include wider concourses, an improved security checkpoint, a less confusing system of roads into the airport and more.

At a presentation held in May to discuss this plan, representatives of the airport acknowledged problems with crowds - and waits, and lines, and parking. And they pointed out some unique logistical challenges in dealing with these issues.

Interstate 70 runs just in front of the airport, which makes expansion to the south impossible. And access could be improved by moving service roads, but any changes would have to be carefully planned to avoid 30 days. The six categories they of the categories. adversely affecting nearby com-



**ROBERT COHEN, POST-DISPATCH** 

Travelers await their rides in the passenger pickup area in Terminal 2 at St. Louis Lambert International Airport as the Thanksgiving holiday is bringing families together on Tuesday, Nov. 23, 2021.

of that in the past. Which is pre- arrival and departure, baggage merely functional, places where not to do it again now.

The survey asked more than beverage and retail options. 26,000 travelers to rate the airports they had been to in the last were to make their ratings on, in

and baggage check, and food,

Lambert scored in the bottom one-third or one-quarter in each

Taylor said that travelers' descending order of importance, expectations for airports have The airport has done enough were terminal facilities, airport changed. Airports used to be be more pleasant.

sumably why it is trying so hard claim, security check, check-in people would go to get onto or off from an airplane.

But now, he said, they are more of a destination in themselves. With increased delays and longer waits to make connections, travelers are spending more time in airports and would like them to

Airports that score well in satisfaction surveys tend to be open and airy, he said. They are more like a mall. They have a large selection of food and beverage choices, along with retail stores for varied interests.

Ideally, he said, airports should have a mix of popular national chain restaurants (Lambert has a Burger King, a California Pizza Kitchen and a Chili's, but no Mc-Donald's or KFC) and local restaurants to give the airport a local identity.

That is where Lambert actually does well, I told him. Though the airport does not have as many places to eat as some others. most of the restaurants are local: The Pasta House, Mike Shannon's Grill, Three Kings (and its Mexican offshoot, Tres Reyes), Schlafly, Urban Chestnut, several Anheuser-Busch places and

But to people who don't live here, none of these speaks especially of St. Louis. You can get crab cakes in Baltimore and barbecue in Dallas. But only St. Louisans know what it means to get an order of toasted ravioli at the airport Pasta House.

Daniel Neman • 314-340-8133 @dnemanfood on Twitter dneman@post-dispatch.com

### **Nicklaus**

From C1

The most hurtful part, Wilson said at the time, was that SKU removed all mention of her from its marketing materials. A Facebook page implied that there wasn't a real Soozie (or Susie) behind the clever brand name.

According to Wilson, that was an intentional obfuscation of the real origin story. Her suit says SKU's chief operating officer, Robert Stanton, once told Wilson she would always be associated with the brand, like Wally Amos with Famous Amos cookies or Colonel Sanders with Kentucky Fried Chicken.

Wilson's lawsuit, originally filed in federal court and later moved to St. Louis County Circuit Court, was dismissed in February. Wilson said it was settled for an undisclosed sum. She also regained control of the Soozie's Doozies trademark, which was transferred to her at the end of July.

"I guess they thought I would go away, but I had no reason to go away," she says of her persistence in pursuing the trademark.

The Soozie's Doozies brand disappeared from supermarkets in 2020, and Wilson isn't sure why, but she's working on a plan to bring it back.

The plan is to return to the original concept: Freshly baked, gourmet cookies,

made from recipes she spent thousands of hours perfecting.

She is already selling a few cookies around Mountain Home, Arkansas, where she now lives, and plans to set up a web page and start an e-commerce business.

She hopes some supermarkets, including those that once sold her cookies in St. Louis, will remember Soozie's Doozies and want to offer them again. She also has some new ideas, such as adding muffins to the product line.

Wilson, a 63-year-old grandmother of five, says she's both smarter and healthier than when she launched the business 19 years ago. She was recovering from back surgery at the time, and later suffered arm problems because of repetitive strain from mixing so much cookie dough.

This time, she says, she'll start small and enlist help where she needs it, while always making sure to keep control of the brand name. She knows there is no guarantee of success, but she's just happy to again have control of something that's a big part of her

"I'm at ground zero, but that's OK," she said. "The only place you can go is up. I am positive about it. Soozie is back, and we're going to make cookies."

David Nicklaus • 314-340-8213 @dnickbiz on Twitter dnicklaus@post-dispatch.com



POST-DISPATCH PHOTO

Susie Hirsch, pictured Oct. 4, 2005, used a good recipe, hard work, and persistence to gain entry for her cookies to the Dierberg stores bakery department with her Soozie's Doozies cookies.

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|---|--|---|--|--|
| TICKER         DIV         YLD         FRIDAY (LOSE)         \$CHG         \$CHG         \$CHG         %CHG         %CHG | Pain Therapeutics  |   | COMPANY TICKER DIV YLD P/E HIGH  | School   Stock   School   Sc |
| COMPANY TICKER DIV YLD P/E HIGH LOW CLOSE 1WK 1WK 1M0 1YR  AMTD Digital Inc ADS HKD 2555.30 12.05 63.59 -44.41 -41.1 -61.5 0.0  Polestar Auto HId A PSNY 46.50 12.70 22.63 -5.62 -19.9 -21.8   -2.2  APA Corp APA 5.0f 1.5 4 51.95 22.94 32.87 -7.59 18.8 18.2   -2.2  APA Corp APA 5.0f 1.5 4 51.95 22.94 32.87 -7.59 18.8 18.2   -2.2  Antero Resources AR 1.00 3.3 48.80 15.38 30.73 -6.82 -18.2 -27.3   -118.1  Repligen RGEN 67 327.32 137.21 181.24 -40.08 18.1 -2.02   -34.3  Carnival Corp CCL 27.39 8.10 8.95 1.81 -16.8 10.2   -34.3  Carnival Corp CCL 27.39 8.10 8.95 1.81 -16.8 10.2   -37.7  Cenowus Energy CVE .11e 10 24.91 8.18 15.45 -3.09 16.7 19.9   -57.7  Cenowus Energy CVE .11e 10 24.91 8.18 15.45 -3.09 16.7 19.9   -34.3  SolarEdge Tech SEDG cc 389.71 200.86 258.80 -51.71 -16.7 10.1 6.9  Marathon Oil MRO 32f 1.5 8 33.24 11.22 21.90 -4.32 16.5 16.3   -33.21 123.2   | Sotera Health Co   | EK LOW CLOSE 1WK 1WK 1MO 1YR 7.11 7.34 -7.39 -50.2 -58.1 -71.1 2.23 2.34 -1.61 -40.8 -48.0 -1.3 2.181 21.00 -9.41 -30.9 -40.3 -88.8 8.40 8.87 -3.23 -26.7 -28.5 -75.1 2.21 4.92 -1.60 -24.5 -32.0 -59.1 3.95 3.89 -1.23 -24.0 -35.2 -59.1 3.95 1.66 -4.62 -22.7 -26.0 -53.3 6.71 10.86 -3.12 -22.3 -3.8 -75.7 3.61 4.46 -1.28 -22.3 -1.5 0.0 6.43 10.62 -3.05 -22.3 -24.7 -54.5   | Grove Collaborat HId         GROV          12.50           Wagl Group Co         PET          13.13           TOP Ships Inc         TOPS          33.00           CohBar Inc         CWBR          34.20           REE Automotive Ltd         REE          7.49           ADITX Inc         ADTX          136.00           Heliogen Inc         HLGN          16.31           Artivion Inc         AORT          24.25         1           Swvi Holdings Corp A         SWVL          11.40  | EEK LOW CLOSE 1WK 1WK 1MO 1YR  2.00 2.01 -5.86 -74.5 -85.5   0.0 2.66 2.97 -3.98 -57.3 -38.0   0.0 2.10 2.605.4 + 50.4   0.0 2.10 2.600.0   -83.5 2.75 2.95  0.0   -87.2 1.05 0.75 -0.47 -38.5 -35.9   -79.8 1.68 1.38 -0.84 -37.8 -38.7   0.0 5.44 13.31 -7.76 -36.8 -39.4   -17.7 8.0 0.77 -0.43 -36.0 -54.8   0.0   |
| Now You READ THE TABLES   | NAME   | NAME  | Moliscord   1.36   1.00   28   36.12   249.78   328.74   1.16.63   3.16   3.1 | ServcNlow   Serv |
| HOW TO READ THE TABLES Friday value: Price at which shares can be sold.  Year-to-date return: Figures don't reflect sales charges and assume reinvestment of dividends. Three-year and five-year an- nualized return: Figures don't reflect sales charges and assume reinvestment of dividends. Three-year and five-year an- nualized return: Figures don't reflect sales charges and assume reinvestment of dividends.  IE: Trading-Inverse Commodities Dipictive: Fund's investment category.  I-yr Rank: On a I-to-5 scale, with I meaning the fund ranks in the top 20% of its category.  FUND OBJECTIVES: AI: Allocation - 70-85% Equity AM: Multialternative BB: Commodities Broad Basket BI: Bank Loan BM: Bear Market CA: Allocation - 50-50% Equity CC: Consumer Octical CH: China Region CI: Intermediate-Term Bond CI: Long-Term Bond CI: Long-Ferm Bond CI: CR: Multicurrency CS: Short-Term Bond CV: Convertibles DP: Diversified Pacific/Asia   | Fig.   WK   PCT ETU   PN   RNK   PCT   PT   PN   RNK   PCT   PT   PN   RNK   PCT   PT   PT   PT   PT   PT   PT   P | NAME   NAME | TilReti2   | NAME    |

CS: Short-Term Bond CV: Convertibles
DP: Diversified Pacific/Asia
EB: Emerging-Markets Bond EB: Emerging-Markets Bond
EE: Equity Energy
EI: India Equity
EM: Diversified Emerging Markets
ES: Europe Stock
FA: Foreign Small/Mid-Value
FB: Foreign Large-Blend
FF: Managed Futures
FG: Foreign Large-Growth
FQ: Foreign Small/Mid-Blend
FR: Foreign Small/Mid-Growth
FY: Foreign Large-Value
FX: Single Currency
GI: Intermediate Government

FRI WK - PCT RETURN - RNK NAV CHG YTD 3YR 5YR OBJ 1YR

+6.9

+3.8 +9.0 +4.3 -1.2 +10.5 +12.5 +5.8 LV +11.4 LG +8.1 MG -0.3 FG +11.5 LG +13.3 LG

-31.2 -17.0 -11.6 -11.5 -13.4 -25.4 -14.4 -31.7 -23.3 -20.7 -31.0 -13.5 -31.4 -22.0 -27.8 -30.4 -34.5 -34.5 -32.4 -11.4 -16.3

9.07 -.06 -8.6

13.93 -.90 -30.3 33.27 -2.16 -19.5 27.22 -2.38 -33.9

12.33 -.54 -29.9 84.22 -5.78 -30.8

-.17 -14.4 -.17 -14.2 -.14 -9.8 -.07 -4.8

+19.1 -12.3 -12.4 -18.1 -18.2 -12.0 -11.9 -15.4 -5.5 -39.8

-1.9 +0.4 MU

-2.8 +5.6 -2.9 +10.1 EM 4 MG 2

+7.4 +5.7 +5.5 +3.7 +3.5 +.3 +.4 +8.5 -.6 +1.1 +3.4 +6.6 +6.4 +3.4 +3.1 +2.3 +2.4 +9.8 +0.6 +8.3

+3.4 FR +2.1 FB +8.0 SG

+0.1 CI +0.3 PI +0.6 CI +1.0 CS

+4.0 +11.2 LG 2 +3.7 +10.9 LG 2

AB DiversMunicipal 13.47 -.13 -7.6 LgCpGrAdv 68.39 -3.29 -30.9 ReltvValA m 5.63 -.29 -14.7

Focketail m 46.89 -2.64 -26.9

Allspring
CommonStkA f 16.44 -1.05 -23.7
SpMCpHallns 43.31 -2.25 -14.3

American Century

Eqind 8.74 -36 -9.9
Crinv 36.48 -1.75 -31.0
HeritageA m 14.92 -1.03 -31.3
IntlGrA m 9.43 -7.2 -35.0
Ultralnv 61.01 -3.17 -3.04

American Funds

Seia m 62.72 - 3.74 Ultrainv 61.01 - 3.17 American Funds MnGpA m 29.04 - 1.69 AmronBalA m 27.32 - 1.07 American Funds m 8.97 - 1.6 AmronMutA m 8.97 - 1.6 AmronMutA m 1.36 - 2.0 GptWildefineA m 46.79 - 2.56 (ptllneBldr a m 58.91 - 2.48 EuroPacGrA m 44.02 - 2.81 FdmtlinvsA m 56.65 - 3.17 GlbBalA m 30.20 - 1.27 GrfAmraA m 51.28 - 3.24 HincMuniBA m 12.49 - 1.81 InvCAmraA m 21.99 - 37 IntrimBffAmraA m 12.49 - 1.81 InvCAmraA m 39.44 - 1.90 NewPidA m 62.11 - 2.89 NwPrspctvA m 46.23 - 2.84 STBdAmraC m 9.43 - 0.07 SmCpWildA m 52.44 - 3.34 TheNewEcca M - 41.83 - 2.75 TexBdA m 11.83 - 1.5 WAMthursA m 48.61 - 2.24 Angel Oak

Angel Oak MItStratIncIns

Baron EmMktsInstl

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Artisan
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Baird
AggrgateBdInst1 9.59
CorPlusBdInst1 9.48
IntermBdInst1 10.05
ShrtTrmBdInst1 9.19

Baron

Grinsti 84.22 -5.78

BlackRock
AlcpEngyRsInvA m10,79-1.09
EqDivinisti 11750 -1.05
EqDivinisti 16.19 -34
GlbAllIchdnstt 16.19 -34
GlbAllIchdnstt 16.59 -1.21
HYBGK 6.58 -1.21
HHSGioplins 6.303 -2.45
LowDurBlants 2.94 -0.7
MidcpGrEqinst 2.88 -2.16

20.52 -1.10 -16.2

48.49 -2.73 -26.7 46.89 -2.64 -26.9

MU: Multisector Bond
MV: Mid-Cap Value
ND: Trading-Inverse Debt
NE: Market Neutral NT: Nontraditional Bond
PJ: Pacific/Asia ex-Japan Stock RI: Target-Date Retirement RR: Preferred Stock RRI: Preferred Stock
SB: Small Blend
SC: Communications
SF: Financial
SG: Small Growth
SH: Health
SH: Health
SI: Muni Single State Intermediate
SL: Muni Single State Long
SN: Natural Resources
SP: Equity Precious Metals

FOOTNOTES
b - Fee covering market costs is paid from fund assets.
d - Deferred sales charge, or redemption fee.
f - front load (sales charges).
m - Multiple fees are charged, usually a marketing fee and either a sales or redemption fee.
M-not available.
p - previous day's net asset value.
s - fund split shared during the week. week. FRI WK -PCT RETURN - RNK NAV CHG YTD 3YR 5YR OBJ 1YR StrincOpins StratMuOpins TtiRetinsti CGM Rity Calamos MktNetrlincins Causeway IntIValinsti 9.32 10.19 9.89 -.10 -5.9 -.12 -13.5 -.20 -14.6 +1.1 -2.4 -2.3 +1.9 NT +0.2 MI +0.2 PI 20.65 -1.53 -32.7 -6.3 -4.6 MV 13.54 -.19 -5.9 +1.6 +2.7 RV 13.43 -.96 -22.8 -.4 -1.7 FV ClearBridge ApprecA m LgCpGrI Cohen & Steel InstIRItys PrfrdScInc,Incl RIEsttSecIncIns 27.28 -1.15 -18.3 49.12 -2.71 -34.1 +7.5 +9.5 LB +4.3 +8.5 LG 43.86 -2.89 -24.7 12.06 -.09 -11.7 is 15.79 -1.08 -26.2 61.20 -4.09 -24.9 +1.7 +.1 +1.4 +1.4 +6.7 SR +2.1 RR +6.0 SR +6.5 SR | RistStecknorms | 15.79 | 1.018 | 7.62, |
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| Columbia | Divindins | 14.82 | 1.02 | 7.63, |
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Rithind | 2.01 | 7.01 Rltys **Columbia** DivIncIns IntDivIncA m +7.6 +9.1 LV -1.8 0.0 FV +7.5 +7.2 MV +15.4 +15.0 ST +3.8 +5.3 WG +1.0 -1 +1.6 -2 +6.7 -2.0 +1.4 -1 -2 +1.0 -3.0 -3.0 +6.6 +8.8 +9.0 +7.0 +7.2 +11.2 +9.9 -0.3 EM -0.8 EM -0.1 EM -0.3 WH +6.1 WB +3.0 GR +2.3 IP -0.6 FB -2.2 GR -1.2 FQ -1.2 FQ -0.2 GI +0.1 FB +0.2 CS +0.4 WH +5.3 SR +0.2 CS +0.4 WH +5.3 SR +0.2 UV +5.3 SB +6.2 SV +5.4 SB +6.2 SV +5.4 SB +6.3 SV USLGCO
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USSmCpValInstl
USSstnbtyCor1
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Delaware Inv
ValInstl

18.21 -.97 -12.9 +4.1

-.14 -12.7 -.04 -3.3 -.12 -11.6 -.12 -11.8

28.61 -1.75 -19.8

92.75 -4.02 -13.8 12.17 -.84 -15.7 12.21 -.19 -12.2 38.64 -2.69 -18.3 201.87 -12.90 -16.6

+5.7

+5.6 +5.7 -1.3 +.5 +8.6

-2.6 -2.9

+5.7 MA +3.9 WV +0.9 PI -1.2 FV +7.8 LV

-0.1 +1.1 -0.1 -0.4 -2.6

Harbor

Diamond Hill

Dodge & Cox

Ball GlbStkl Incl IntlStkl Stkl DoubleLine CorFII LowDurBdl TtlRetBdl TtlRetBdN b

8.99 -10 45.47 -22.99 12.67 -48 11.157 -4.47 14.38 -62 12.23 -60 12.25 -6.47 9.80 -5.5 9.91 -5.5 9.91 -5.5 11.44 -7.11 13.71 -8.3 24.26 -1.41 13.71 -8.3 24.26 -1.41 13.71 -8.3 24.26 -1.41 13.71 -8.3 24.26 -1.41 13.71 -8.3 24.26 -1.41 13.71 -8.3 24.26 -1.41 13.71 -8.3 24.26 -1.41 13.71 -8.3 24.26 -1.41 13.71 -2.45 12.92 -8.5 36.24 2.39 8.74 -5.6 9.73 -1.11 13.60 -6.9 41.92 -2.41 13.66 -6.9 41.92 -2.41 13.66 -6.9 41.92 -2.41 13.70 -7.10 -1.11 13.66 -6.9 41.92 -2.41 13.66 -6.9 41.92 -2.41 13.66 -6.9 41.93 -6.3 44.18 -2.44 12.58 -8.1 37.82 -7.32 11.11 -2.44 12.55 -6.2 13.01 -6.3 44.18 -2.44 12.59 -8.1 37.92 -7.10 -1.11 13.06 -6.9 41.93 -6.3 44.18 -2.44 12.59 -8.1 37.92 -7.10 -1.11 13.06 -6.9 41.13 -2.44 13.93 -6.3 44.18 -4.24 13.93 -6.3 44.18 13.18 -4.24 13.93 -6.3 44.18 13.18 -4.24 13.93 -6.3 44.18 13.18 -4.24 13.18 -4 +29 BL
+29 IE
+32 IG
+32 IG
+38 TH
+44 T IJ
+46 T NI
-0.6 FB
+35.1 LG
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+15.7 MV
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+12.5 LG
+12.5 -2.2 -23.3 -21.3 -21.3 -21.3 -21.3 -22.4 -24.3 -25.3 -25.4 -25.3 -25.4 -25.3 -33.4 -14.6 -9.5 -33.4 -14.8 -16.3 -31.8 -11.8 -16.3 -31.9 -3 Frdm 2030 Frdm 2035 Frdm 2040 Frdm 2045 Frdm 2045
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GlbexUSIdxInsPr
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GrDiscv
GroCo
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Hotfler
IntildxInstIPrm
IntilVal
IntrmMunilnc
InvmGradeBd InvmGradeBd LargeCapValldx LgCpValEnhldx LowPrStk Magellan MidCapStock NasdCmpIdx NewMktsInc OTCPortfolio OTCPortfolioK UICPortfolioK Overseas Puritan RealEstInv SCValue SmCpOpps TotalBond TtIMktldxInsPrr USBdIdxInsPrm -.8 +6.6 -.3 +9.4 +5.6 -1.7 +8.2 -2.9 +9.4 +6.1 Value Worldwide 27.78 -1.32 21.82 -1.04 28.89 -1.38 10.81 -20 10.63 -.19 9.36 -.15 Fidelity Adv +15.6 LG +7.3 LG +6.5 LG +7.6 LG NA MU +0.2 MU +0.6 PI +10.0 +4.9 +4.1 +5.2 -.4 -1.4 -1.7 -36.8 -29.9 -30.3 -29.8 -12.9 -13.5 -13.5 NewInst StgInc StgIncC m TotalBondI lotalBondl 9.36

Fidelity Select
Biotechnology 15.03
ConsumerStaples86.40
Energy 46.22
HealthCare 25.94
MedTech&Devcs 56.60 t 15.03 -.96 -22.3 ses86.40 -2.01 -9.7 46.22 -5.38 \*31.1 25.94 -1.33 -18.1 5 56.60 -3.52 -30.9 11.5 14.08 -.86 -38.6 19.78 -1.03 -31.6 18.09 -.81 -36.0 +2.2 SH +5.9 CC +4.9 EE +9.8 SH +11.1 SH +4.4 EE +18.4 ST +13.3 ST +13.4 ST +3.8 +7.2 +12.0 +10.0 +6.9 +8.1 +18.7 +8.6 +13.7 NaturalRes Semicon Swre&ITSvcs Technology First Eagle GIBA m 53.95 -2.42 -16.4 +1.8 +2.9 IH +0.5 MC 2 +9.9 LG 5 +0.03 LG 5 +0.2 ML 3 -2.4 WV 5 +9.2 LG 2 +4.0 MA 1 +4.1 MA 1 +4.1 MA 1 +2.3 WV 4 +2.2 WV 4 +2.3 WV 4 +2.3 WV 4 +2.3 WV 5 +1.6 WV 3 +1.6 WV 3 +1.6 WV 2 +1.8 SU 2

+5.0 +3.5 +3.3 SB

4

**Guggenheim** MgdFutsStratP b22.02 +.66 +19.1 +6.3 +4.9

52.97 -2.13 -20.9 +9.9 +11.8 LB 1 Qualieri 5,297 - 2.13 - 20.9

John Hancock

Bdl 13.37 - 22 - 15.0

BdR6 13.34 - 22 - 14.9

DispoVallM1 20.19 - 1.11 - 1.39

DispoVallM2 23.11 - 1.37 - 16.5

FirmItlus CpCorA 35.38 - 28.39 - 23.1

IntiGri 22.98 - 1.46 - 31.9

Mithogis Bia 12.28 - 50 - 19.8

Mithogis Bia 12.28 - 50 - 19.8 +0.3 PI +0.5 PI +6.4 LV +5.8 MV +7.9 LB +1.5 FG +3.5 MA +4.1 AL -2.3 -2.2 +6.6 +5.9 +9.3 -.2 +2.7 +3.6 14.97 -.77 -6.6 12.00 -.78 -26.7 +4.2 -2.9 +4.8 XO -0.1 FB Leuthold
CorlnvmRetail d 20.10 -.48 -12.6
Loomis Sayles
GrY 18.19 -1.06 -30.6 +4.3 +5.4 +8.2 LG 3 GrY
Lord Abbett
AffiliatedA m
BdDebA m
BdDebI
ShrtDurIncA m
ShrtDurIncF b
ShrtDurIncI -.70 -17.5 -.10 -13.6 -.10 -13.5 -.03 -5.5 -.03 -5.2 -.04 -5.4 15.18 6.99 6.95 3.85 3.85 3.84 +5.0 LV +1.3 MU +1.5 MU +1.0 CS +1.1 CS +1.2 CS +10.5 LG 4 +10.8 LG 3 +2.3 FB 1 +4.5 MA +4.6 MA 2 +6.2 LV 4 +6.4 LV 4 +5.8 +6.0 +.9 +2.6 +3.6 +5.4 +5.6 +4.0 +7.5 +5.5 MA +8.6 LB -1.8 -2.4 +9.7 +2.1 
 Metropolitan West

 TtlRetBdl
 9.08

 TtlRetBdM b
 9.08

 TtlRetBdPlan
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George Naylor looks over organic apples grown on his farm, Tuesday, Sept. 13, 2022, near Churdan, Iowa. The demand for organics has increased so fast that the U.S. Department of Agriculture last month committed up to \$300 million to help farmers switch from conventional crops. **CHARLIE NEIBERGALL**, AP



### **Organic**

The key difference is the use of synthetic fertilizers and pesticides as well as genetically modified seeds. Most conventional farms rely on those practices but they are banned at organic farms. Instead, organic farmers must control weeds and pests with techniques such as rotating difcrops that squeeze out weeds and add nutrients to the soil.

Crops can only be deemed organic if they are grown on land that hasn't been treated with synthetic substances for three years. During that period, farmers can grow crops, but they won't get the organic crops.

According to the USDA, the number of conventional farms newly transitioning to organic production few years has transitioned 1,500 dropped by about 70% from 2008 to 2019. Organic comprises about 6% of overall food sales, but only 1% of the country's farmland is in for him and his farming partner, organic production, with foreign Caleb Akin. producers making up the gap.

In the U.S, "There are so many barriers to farmers making that leap to organic," said Megan De-Bates, vice president of government affairs for the Organic Trade Association.

While farmers seem hesitant. U.S. consumers aren't. Annual sales of organic products have roughly doubled in the past decade and now top \$63 billion, according to the Organic Trade Association. Sales are projected to climb up to 5.5% this year.

That growth is clear to anyone pushing a cart in an average supermarket, past bins of organic monarch butterflies that flock to apples and bananas, through dairy their herbicide-free farm. and egg sections and along shelves brimming with organic beef and chicken.

The new USDA effort would include \$100 million toward helping farmers learn new techniques for growing organic crops; \$75 mil-

lion for farmers who meet new conservation practice standards; \$25 million to expand crop insurance options and reduce costs; and \$100 million to aid organic supply chains and develop mar-

kets for organics. Nick Andrews, an Oregon State University extension agent who works with organic farmers, called the USDA effort a "game changer." It should be especially attractive to farmers with small parcels of ferent crops and planting cover land because the added value of organic crops makes it possible to make significant money off even 25 to 100 acre (10 to 40 hectare) farms — much smaller than the commercial operations that provide most of the country's pro-

"I've seen organic farmers keep extra premium that accompanies families in business who otherwise would go out of business," Andrews said.

Noah Wendt, who in the past acres (607 hectares) of land in central Iowa to organic, noted the shift has been "rocky" at times

But he and Akin recently bought a grain elevator east of Des Moines to use solely for organic crops, the kind of project the USDA program can assist. They hope the elevator will not only be a nearby spot to store grain but provide a one-stop shop to learn about growing and marketing organic crops.

Seeing all the organic activity is gratifying for George and Patti Naylor, who farm near the tiny central Iowa community of Churdan. But they say they still value most the simple benefits of their choice, such as evenings spent watching hundreds of rare

As Patti Naylor put it, "It really helps to believe in what you're doing."

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**BAMBOO EQUITY PARTNERS** 

Bamboo Equity Partners has acquired Owen Ridge Campus in Webster Groves. The company plans to add flexindustrial and laboratory space on the 11-acre property.

### Office

Bamboo has grown from a local real estate investor to a regional developer in less than a decade. Together with its sister brokerage firm, Intelica CRE, Bamboo them an edge in an otherwise has gone from four employees to tepid market. over 100. It began investing in real estate outside of St. Louis, in cities like Atlanta and Charlotte in 2020. And in 2021 it acquired an centive firm Maritz renovated its architecture firm, Oakline Studio. to streamline operations and amenities like a fitness and yoga jumpstart its development goals.

This past year, it finished Ballpark Heights, a 78-unit apartment development just east of construction, also plans to add Busch Stadium. The property, located at 300 South Broadway, had juice bar. once served as the headquarters for St. Louis Community College. The company also owns the Publicity Building, at 1133 Pine Street, that it plans to turn into luxury apartments.

Dokovic describes the com-"digestion and sitting and really Cushman & Wakefield.

putting everything together." "St. Louis is an old city," Do-

kovic said. "'What can we do to reimagine this?' is really the way we look at work."

Transforming older office campuses is one avenue property owners have realized can give

"I'm 100% positive the office isn't going away," Dokovic said.

Companies like corporate insouth campus in Fenton, adding studio and upgrading technology. Forsyth Pointe in Clayton, a new office development under things like a rooftop garden and

Those efforts, part of a larger "flight to quality" trend, has led to a shrinking vacancy rate among Class A, or premiere, office space in the St. Louis market. Class A had greater occupancy at 86.3% compared to the tier below it, pany's early period as fast-paced Class B, at 80.8%, according growth. Its newest era is one of to commercial real estate firm

That's translated into higher rental rates for Class A space and a decline for Class B offices from \$18.78 per square foot to \$18.53 in the second quarter of 2022, the data showed.

In Webster Groves, Bamboo acquired the 11-acre site - a smattering of office and light industrial space - 345-357 Marshall Avenue for \$14 million. The property is located just west of the railroad tracks, south of Manchester Avenue. The campus is 97% occupied; tenants like Mallinckrodt and Weekends Only have a presence here.

Bamboo plans to invest around \$20 million to renovate the campus: revamping the event space called the Edge at Webster, building a pickleball court and upgrading the food options. Dokovic said they may bring in chefs or food trucks to cater to employees.

The city of Brentwood is nearby, but having food options on campus makes the place more convenient, he said.

**Steph Kukuljan •** 314-340-8506 @StephKukuljan on Twitter skukuljan@post-dispatch.com



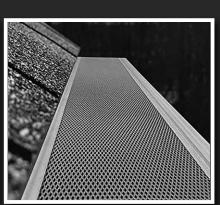
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**ROBERT COHEN, POST-DISPATCH** 

The Cardinals' Albert Pujols is congratulated by third base coach Pop Warner after hitting home run No. 700 of his career in the fourth inning against the Los Angeles Dodgers on Friday, Sept. 23, 2022 at Dodger Stadium.

# Right bat, right time

Pujols soars to 700

BY DERRICK GOOLD St. Louis Post-Dispatch

LOS ANGELES - In his first season as batboy for the visitors' dugout at Dodger Stadium, Oscar Ramirez studies the arrangement of bats in the bat rack, so when one splinters at the plate he can swiftly greet the batter with two new ones. He wants to offer the hitter a choice.

dugout holding a bat fractured at Marucci model AP5 for Pujols.

ment," Ramirez said. "It was Barry as the only members of the crazy. I looked for the engraved '5'. There were two. Something Latin player to reach 700 and one told me go right. I went with the right bat."

He handed the magician his wand.

With that familiar flair for timing and talent for giving the biggest stage his best show, Pujols' next two swings — his first two swings of the evening with wearing bobby against his chest. that bat – launched himself into His latest and greatest gust of In the third inning Friday night the most exclusive club of hitters history came in the first game as Pujols walked back toward the in Major League Baseball history. this season with all five of his The pitch after breaking his bat, children present to see. the handle by a slider he smashed Pujols rocketed the 699th home for a foul ball, Ramirez hustled run of his career. An inning ful family," Pujols said, gesturonto the field with only one later he lofted No. 700 into the ing to his sons and daughters bleachers at Dodger Stadium. "It was in the heat of the mo- Albert joins Babe, Hank, and

700-homer club. He is the first of only two players ever with 700 homers, 3,000 hits, and 2,000 RBIs. Hank Aaron is the other.

As he started his 700th lap around the bases, Pujols looked elated, his arms outstretched toward his teammates and the "600" medallion he's been

"Because of this – my beauti-

Please see PUJOLS, Page D5 NEWSVU





### **Cardinals at Dodgers**

- > **Late game:** Saturday's game was not complete in time for this edition. Visit STLtoday.com for coverage.
- > **Up next:** 3:10 p.m. Sunday at Dodgers, BSM
- > Wainwright (11-10, 3.38) vs. Grove (0-0, 4.66)



**EXPLORE:** Stay informed on all things Cardinals. Point your smartphone camera at the QR code, then tap the link.

# Magical **Cardinals** ride isn't over yet

With 700 homers, Pujols has been a key player in chase for a title

Let the record show Albert Pujols never doubted Albert Pujols. Seven hundred? He would need 21 in '22. At age 42. Impossible. Too

old and too late. No chance.

Maybe Pujols



400."

could manage to pass pariah Alex Rodriguez's 696

home runs for **FREDERICKSON** fourth-place alltime during this sendoff season with the Cardinals. Maybe.

"That's a big number," said Pujols after he arrived at Cardinals spring training. "But so was 600. And so was 500. And so was

And so was 700, barreled off his bat Friday night in the fourth inning of another multi-homer game, the first (No. 699) flying off of Dodgers left-hander Andrew Heaney and the second (No. 700) soaring against righthander Phil Bickford.

■ Pujols has joined Barry Bonds (762), Henry Aaron (755) and Babe Ruth (714) as baseball's only members of the 700 club, proving once again that the combination of the future first-ballot Hall of Famer and a Cardinals uniform can make the impossible a reality that defies even the most optimistic imaginations.

### A perfect fit rediscovered

Pujols packed 445 home runs into his first 11 seasons with the Cardinals, a marathon of greatness that began with a Rookie

Please see FREDERICKSON, Page D7

# **Victory slips** out of Mizzou's reach in OT loss at Auburn

MU blows chances to get much-needed road victory

BY DAVE MATTER St. Louis Post-Dispatch

AUBURN, Ala. - Missouri had Auburn beat not once but twice Saturday.

Instead, Harrison Mevis and Nathaniel Peat snatched defeat from the Tigers' jaws of victory. Instead, embattled Auburn coach Bryan Harsin lived to see

another day on the job. Instead, Mizzou found a new location to tease and torture its

Please see MIZZOU, Page D6

Auburn 17, Mizzou 14, OT > **Up next:** 6:30 p.m. Saturday

vs. Georgia, SEC Network

### Arizona's Trov Stecher, left, gets rid of the puck before getting checked by

the Blues' Martin Frk during the first period Saturday, Sept. 24, 2022, in Wichita, Kan.

TRAVIS HEYING, THE WICHITA EAGLE VIA



Young team outlasts Covotes in Wichita

**BY JIM THOMAS** St. Louis Post-Dispatch

Kansas of all places.

With a very young team on the

ice, the Blues defeated the Arizona Coyotes 5-4 on Saturday at INTRUST Arena.

Thirteen of the 20 Blues players at their preseason opener either were in the minors or junior WICHITA, Kan. – Blues hockey at the end of last season. hockey is back, in south-central But with eight exhibition games

Please see **BLUES**, Page D2

**Blues 5, Coyotes 4** > **Next exhibition:** 7 p.m. Monday at Stars

# Berube wants his team to compete each day

Blues coach offers expectations for upcoming season

There are just 21 days until 2022-23. With camp and preseason underway, Blues coach Craig Berube met with the Post-Dispatch to discuss an



**BENJAMIN HOCHMAN** 

mir Tarasenko to jury? Colton Parayko to Stanley Cup expectations.

**Q:** What's the summer bit on the whatmight-have-

been with Jordan

Berube: You move on. You is he doing well already? can't dwell on it, it is what it sports and you've got to move been on. It's disappointing that it like for you? Do happened for sure. But in the you dwell a little end, that's the way it goes you've got to find somehow to get through that.

Q: Colton Parayko is a chamarray of topics, from Vladi- Binnington's postseason in- pion, he's got it in him - but

what can he do better and what

Berube: His game hasn't is, you know? Stuff happens in changed a whole lot from when we won. He goes out there against top lines every night and does a good job of defending. For a guy that hasn't really got much power play time, he's still producing. And I think in his game,

Please see HOCHMAN, Page D2

**SPORTS** 



**CARDINALS** at DODGERS SUNDAY 3:10 p.m., BSM

**CARDINALS** at BREWERS **TUESDAY** 6:40 p.m., BSM

**CARDINALS** at BREWERS WEDNESDAY 6:40 p.m., BSM

**CARDINALS** vs. PIRATES **FRIDAY** 7:15 p.m., BSM

**CARDINALS** vs. PIRATES **SATURDAY** 6:15 p.m., BSM

**CARDINALS** vs. PIRATES SUNDAY 1:15 p.m., BSM

### Hochman

he can even take a bigger step and be more aggressive in his game.

If there's one thing that he can do better on a consistent basis is being more aggressive. The way he skates, getting up the ice, shooting the puck and just defending with aggressiveness.

**Q:** It's a work-in-progress. You've had him for years now, he's been around for years - how do you suddenly in 2022-23 get him to up this aggressiveness? What does he have to do?

**Berube:** We all ask the players to give a little bit more all the time, but he's no different than anybody else. This is what we're asking of every guy. Just give a little bit more. Try to improve. I don't care how old you are. Get better. That's what we're trying to do.

Q: Why do Justin Faulk and Torey Krug make such an enticing defensive pairing?

Berube: I think they've got great chemistry together. The puck movement is extremely good. Faulk is a guy that really gets up the ice. I think chemistry is huge with any defensive pair, but their puck movement is really, really good. Faulk was, what, plus-41 (and Krug was plus-23), so they do a good job without the puck and defending.

Q: You reach the mountaintop in 2019. But if it wasn't for COVID, maybe the 2019-20 team makes a postseason run. And if Binnington doesn't get hurt against Colorado in 2022, maybe you make another run. Can you describe like the hunger since you can think man, we've been close.

**Berube:** Well, I think this team is real close. It's still right there to be able to compete for a Cup. That's the mindset going into training camp. But it's the process that's important. It's getting ready for the regular season. And then you got long haul during the regular season. And we all know the league is extremely tough. You've got to play consistent hockey.

We're going to ask our guys — we want to be a consistent team. That's the key. Every day, every day, every day, we're out there competing and doing things right. So and then give yourself a chance to get in the playoffs. And in the playoffs, you've got to get some breaks. Things have got to go right. We lose our goalie. If we don't, maybe we beat Colorado, who knows. You can't look too far ahead - you look at the now.

Q: Is there a certain guy you're really fascinated to see what they bring

Berube: Jake Neighbors, for sure. He's a guy that made our team last year. It got tough for him - he went back to juniors, which was the right move. He had a really good year. Seeing him at Traverse City, he did extremely well that was good to see. He's a guy that brings a lot of energy to the team. He's a guy that drives your work ethic and your culture. We believe that he's a good team guy that you can win with. That's very important.

Q: When you look at Robert Thomas, his passing ability, I describe it like a Magic Johnson or something in basketball. How do you describe him?

Berube: Well, his vision is really, really good. I think the one thing that was neat for me - he had a breakout year last year — was that he probably hung on to the puck as good as anybody in the league. That's the key. He creates separation from defenders with his quick cutbacks - and his ability to get out of the cutbacks with one or two strides. He's a very powerful guy. I don't know if people know how powerful he is. When you create that separation, people are going to get open.

Q: I think Pavel Buchnevich doesn't get enough credit from some fans. What can you share about his talent?

Berube: He's a 200-foot player. Defensively, penalty kill - solid. Good stick, great anticipation, very smart hockey player. And I was so happy he scored 30 goals. I think he's capable of scoring more. But he had a little bit more of a shot mentality, which is good. He's a great passer. He sees the ice well and makes plays, but also he has the ability to score the shot. But his anticipation brains are high level.

Q: Vladimir Tarasenko is back. Clearly, he had a huge year last year. A lot happened the previous summer, but he made it work — and you made it work with him. Describe your relationship with him.

Berube: It's a trust factor. I think you've got to form a good relationship. And Vladi and I do have one. Yeah, we battle. But once we're done battling, we move on and we go. So I think that's a big part of it all. Vladi had a great year and he probably could have scored even more goals. Tons of chances. He's worked at it. He's trained hard in the offseason – again this year in the offseason. When you work and you have that to go with the talent, good things happen. But the stuff on the outside, that's all on the business side of stuff. He wants to win here. He loves his teammates. We love him as coaching staff and management. We want him

Benjamin Hochman @hochman on Twitter bhochman@post-dispatch.com

here.

### **NOTEBOOK**

# St. Louisan Brown savors Pujols' 700th home run

BY TOM TIMMERMANN St. Louis Post-Dispatch

Blues forward Logan Brown was born in North Carolina, but he grew up in St. Louis and was the right age to appreciate Cardinals first baseman Albert Pujols in his prime. So he can appreciate probably more than anyone else on the Blues the impact of Pujols hitting his 700th career home run on Friday night.

"I remember watching him when I was 4 years old, growing up here," Brown said Saturday after the Blues' morning skate at Centene Community Ice Center before heading to Wichita for their preseason opener. "I saw him that whole time when they went to all those World Series.

"That was really cool. I was hoping he would have done it Toropchenko had worn in ju- the ones in particular that I've person."

The Blues recorded a tribute video for Pujols at the start of camp, with captain Ryan O'Reilly congratulating Pujols on "700 dingers," taking a basegroup giving stick taps, the traditional hockey sign of appreciation.

### Numbers up

him No. 65 and that's what he wore last season in his rookie with 63. year in the NHL. But after the an upgrade. No. 13, the number want, they'll take it. None of to wear it, and the other, Justin



LAURIE SKRIVAN, LSKRIVAN-DISPATCH.COM

Forward Jake Neighbours (63) chases the puck during drills on the first day of St. Louis Blues training camp at Centene Community Ice Center on Thursday, Sept. 22, 2022.

available after Kyle Clifford was traded early in the season, so he switched numbers.

When forward Jake Neighbours first arrived in St. Louis, he was handed No. 63, a numball swing with his hockey stick ber which had no significance to and then the rest of his practice him either. For now, Neighbours is sticking with it, even if it's the kind of number more commonly it," Neighbours said. worn by minor-leaguers and prospects.

"Yeah, I'm gonna keep it," he When Alexey Toropchenko said Saturday. "I think I have the first arrived with the Blues for option to change, obviously, but my back too much so I was fine

at home so we could see it in niors and in the AHL, had come worn before were open so I just decided to stay with it."

Last season in juniors, Neighbours wore No. 21 with the Eduntil recently was worn by Tyler Bozak.

"Bozie had it last year and I'm sure he would have been fine with it, but I was good leaving

And don't think that he ended up with 63 because it's a multiple of 21. "Totally random," he said. "I got it my first training camp and it just happened to

Neighbours will be able to "Some guys, if they can get carve out his own identity as No. season ended, he asked about an available number that they 63. He's only the second Blue

Papineau, appeared in just 12 games from 2001 to 2003. Papineau is the embodiment of how significant preseason games can be. He scored five goals in a preseason game for the Blues in 2002 against Boston. In his NHL career, he had 11 in 81 games.

### Line drives

With most of the Blues' varsity not on the trip to Wichita, it created a little more room in practice on Saturday and that provided maybe the best look yet at what the Blues' lines may be to start the season.

With the remaining players split between two rinks at Centene, on one sheet of ice there was Ryan O'Reilly centering Brayden Schenn and Jordan Kyrou, while on the other, there was Robert Thomas centering Pavel Buchnevich and Vladimir Tarasenko. On a partial potential third line, Ivan Barbashev was with Brandon Saad (Neighmonton Oil Kings. That number bours is a likely third member for that line; Mathias Laferriere was there Saturday) and there was two-thirds of a likely fourth line with Noel Acciari and Nathan Walker. Brown and Klim Kostin would be the likely candidates for there, at least until Toropchenko comes back from his shoulder surgery.

Defensively, Colton Parayko and Nick Leddy were together prospects camp, they handed I don't read into the number on work out that it was a multiple in one group, while Justin Faulk and Torey Krug were in the other

> **Tom Timmermann •** 314-340-8190 @tomtimm on Twitter ttimmermann@post-dispatch.com



TRAVIS HEYING, THE WICHITA EAGLE VIA AP

Arizona Coyotes goalie Jon Gillies watches the puck while the Blues' Nikita Alexandrov, bottom left, tries to get to the puck before Arizona's Travis Boyd, right, gets in on the play during the first period Saturday, Sept. 24, 2022, in Wichita, Kan.

### **Blues**

From D1

this year, which is more than usual, Saturday night was a League. time to look at the prospects and those veterans trying to squeeze onto a roster that's pretty well set entering camp.

Two players that appear to be competing for third-line spots up front, Jake Neighbours and Logan Brown, scored two goals apiece, with Brown scoring the game-winner with 4:10 to go in the game.

### Look who's back

For the first time since Nazem Kadri slammed into Jordan Binnington in Game 3 of the Western Conference semifinals last May, leading to a series-ending knee injury, the Blues goalie was back in game action. Binnington got the start Saturday, much INTRUST.

He played only the first pe-Coyotes shots. Arizona's goal Blues prospect Landon Sim off for hooking. Nick Ritchie really caught on in the NHL. scored backdoor for the Coyotes on an assist from Barrett Hayton with 4:51 left in the period.

Joel Hofer took over in the Wings in 2017-18. But all told, Penguins. ... And of course,

second period and finished he has only 20 career NHL all kinds of Blues jerseys. off the game; he's expected to goals. After scoring 40 goals be the No. 1 goalie this season for the Springfield Thunder- Reign in the AHL, the Blues

Getting the start for Arizona in goal was a (somewhat) Jon Gillies. With Binnington sidelined with COVID and Ville Husso out with an injury, corded in hockey. Gillies started a Dec. 12 game The Blues lost 3-2 in overtime,

Blues a point. Three days later, Binnington returned from the COVID list, and Gillies was traded to New on a two-way contract.

### **Fastest shot in Wichita** AHL player. (or anywhere)

The Blues signed forward and compete for a spot on riod, stopping seven of eight the "big club." A native of the Czech Republic, Frk was Kansas. Ever. came on the power play, with a second-round draft pick by Detroit in 2012, who has never

with Carolina, Detroit and Los cago Blackhawks, Colorado Angeles over the years, with a Avalanche, Dallas Stars, Decareer-high 11 goals for the Red troit Red Wings, Pittsburgh

last season for the Ontario

that is. At the AHL All-Star per hour — the fastest ever re-

Frk launched a couple of against Anaheim last season. rockets in the second period Saturday – leading to some but Gillies at least earned the oohs and ahs from the crowd at INTRUST.

The first of the two was tipped in by Neighbours on the power play early in the pe-Jersey for "future consider- riod. The Blues signed Frk to a ations." He's now with Arizona two-way contract, but he gets \$500,000 if he ends up in the minors — which is a ton for an this game. The ads for the two

### Big doings in Wichita

Wichita pulled out all the Things we noticed to the delight of the crowd at Martin Frk on July 15 to add stops - or at least most of some organizational depth, them – for what was not only the first NHL game in Wichita, but the first in the state of

> And it was a festive atmosphere. A good crowd, with kurak is small but speedy and fans wearing NHL jerseys He's played in 124 games from the Boston Bruins, Chi-

Arizona, unable to play any preseason home games while their new building in Tempe birds in the American Hockey figured they'd give him a shot. is under construction, techni-And it's some shot — by Frk, cally was the home team Saturday. But this was in name Classic in 2020, Frk won the only. As former "The Voice" familiar name for Blues fans hardest shot contest with a finalist Chris Mann completed slapshot clocked at 109.2 miles the national anthem, it was the "land of the free and the home of the Bluuues!"

> When the starting lineups were introduced pregame, the loudest cheers were heard — of course — when Binnington was announced as the starting goalie.

> And it didn't take too long in the opening period before the first chants of "Let's go Blues!" were heard.

> The boards along ice level were filled with ads purchased just for Zambonis also were purchased just for Saturday's game.

The pace was fast, too fast for some players - Blues and Coyotes alike - who overskate the puck or made hasty

Blues prospect Keean Washfeisty.

Zachary Bolduc, he of the 63 goals last year in juniors, was pretty quiet for the first two periods but perked up in the

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# US leads, but Kim sparks International surge

**BY DOUG FERGUSON Associated Press** 

CHARLOTTE, N.C. -The day started out with memories of 2017 at Liberty National, where the Americans dominated so thoroughly they nearly clinched the Presidents Cup on Saturday.

By the time 20-year-old Tom Kim slammed his cap to the ground in a wild celebration, and Cameron Davis finished with three straight birdies for another comeback win, all anyone could think about was the 2012 Ryder Cup at Medinah.

The Americans still lead by four. It just felt much Europeans staged the great- the match. Si Woo Kim also

Kim, a young talent with a massive personality, delivthe International team. He gave his team a spark with a 55-foot eagle putt after driving the 11th green. And 10-foot birdie putt in a 1-up back." victory over Patrick Cantlay and Xander Schauffele.

He took a few steps back as the ball neared the hole, dropped his putter and ground in a raucous celebration.

"I wanted that putt more than anything in the world," Kim said.

In two matches Saturday, Kim and K.H. Lee took out 2009 at Harding Park. world No. 1 Scottie Scheffler and Sam Burns, and he and to make only 10 putts over Si Woo Kim beat the formidable Cantlay-Schauffele tandem

split the foursomes matches their last hole Saturday afin the morning and won the fourballs session 3-1. It was tight for a 5-foot putt that enough to cut into a big deficit, enough to give the un- chipped in from the front Burns and Billy Horschel derdogs hope.

The Americans sure the 12 singles matches typically their strength – as pretty good." they go for a ninth straight victory.

"If anything, we've got Spieth said.

team was at Medinah for the team didn't trail at any time. 2012 Ryder Cup except for at both.

The Americans were leading big all week that gave Europe a load of mo-Sunday. Trailing 10-6, the the par-5 16th to square



**CHRIS CARLSON**, ASSOCIATED PRESS

Tom Kim of the International team watches his winning putt go in on the 18th green during a fourball match Saturday at the Presidents Cup in Charlotte, N.C.

est comeback by a visiting team in Ryder Cup history.

"They got some moered the first big moment for mentum today," Love said. "They started making some putts, and we're going to have to turn around tomorrow and come out hot and

No one was more reliable than Spieth and Justin Thomas, a juggernaut on this mighty U.S. team. They won two matches Saturday slammed his cap to the without ever seeing the 16th hole except for riding in a car to cheer on teammates.

They became the first American tandem to go 4-0 in team matches since Tiger Woods and Steve Stricker in

Thomas figures he had stuff." 30 holes in two matches because Spieth was doing so much damage on and The International team around the green. Even on ternoon, with Thomas in would have won it, Spieth of the green.

"I legitimately think I didn't sound as though they picked my coin up more had a 11-7 lead going into than I hit putts," Thomas said. "So yeah, my partner's

At that point, the Americans had an 11-4 lead.

On the course, Sungiae Im to refocus, and we've got a and Sebastian Munoz were strong tomorrow," Jordan Finau and Kevin Kisner, the No one on the American week that an International

The Americans were Davis Love III, the captain ahead in the other two. The rout was on, and then it

wasn't. Schauffele gave his team year until Ian Poulter bird- a 1-up lead with a 40-foot ied the last five holes that putt from short of the 15th green, only for Si Woo Kim

made a 5-foot par putt to stay tied on the 17th, a putt that had Tom Kim so nervous he covered his eves and peeked through his fingers.

And then Tom Kim stole the show.

International captain on the final hole, he made a try to get the momentum Trevor Immelman noticed Kim some 35 yards behind everyone else in the group, 235 yards from the green with a 2-iron in his hand. Behind the 20-year-old Korean was a group of American stars - Thomas, Spieth, Collin Morikawa, all major champions - also watch-

ing. What a stage. "And this kid pures a 2-iron to 10 feet and makes the putt," Immelman said. "To me, that's impressive

Not to be overlooked was Davis, a bright spot on the International team and one of eight rookies for Immelman because of some four players who gave up the Presidents Cup for Saudifunded LIV Golf.

The match was tight, but never led by more than 1 hole. Davis holed a 12-foot eagle putt on the 16th to square the match. On the next hole, Davis drilled a 15-foot birdie putt for the first lead of the match.

Davis and Scott each had about 10 feet for birdie on the final hole, and Burns lot of (ticked) off guys that up big in match they would hit his approach to 4 feet for want to come out really win in 16 holes against Tony what looked to be a certain birdie. Davis made a third only time in 18 matches this straight birdie, another point for the International team, more momentum for Sunday.

"I kind of went numb, to be honest," Davis said. "I was in a situation where I was going for it. But I just got in a groove that made golf feel easy for once."

And that made it a little mentum that it carried into to make a 4-foot birdie on bit harder for the Ameri-

## Buescher looks to be playoff spoiler again

RV IFNNA ERVER **Associated Press** 

buying into Jack Roush's years remaining on the the driver he was inheriting with his purchase.

Buethat

scher

But it wasn't

long enough,

in Keselows-

ki's mind.



**Buescher** 

"I kind of was a hidden free agent gem properly and felt that way for a handful of years," Keselowski said. "The first first thing I did when I signed the papers ... was it this year. putting an offer in front of extension.

"I thought he was somebody we could build around and get results."

Buescher picked up the the results to show for it." first win for rebranded RFK Racing last week at Bristol Motor Speedway, and the a points-paying race since Daytona in 2017. Buescher and Keselowski both won the Cup Series. a pair of qualifying races at Daytona in February.

time in this format of NAS-

One of the first things round. Now Buescher, a Brad Keselowski did before native of Prosper, Texas, returns to his home state hop-

The second round of the contract for Chris Buescher, playoffs open Sunday at Texas Motor Speedway, where Buescher and Kes-He was pleased to learn elowski finished eighth and ninth in May in the exhibition All-Star race. Buescher locked down. is thrilled to be part of an energized race team.

"I've had really good teammates through the vears at different organizations at the Cup level, but felt like he nobody that's put in the amount of effort as Brad that wasn't being scouted Keselowski," Buescher said. "He's very passionate about it. He puts in the work and the time and the effort to thing, it was literally the be able to make this thing successful, and we've seen

"For Brad to come over him to give him a contract in the ownership role and have that faith in me early on meant a lot to me. That's a pretty big pat on the back when we haven't always had

### Texas too tough

Texas Motor Speedway first win for a Roush car in has been in the playoff rotation since 2005, and typically two annual stops for

Texas swapped its spring race for the All-Star race It also marked the first the last two seasons, but the All-Star race will be at ers who are not eligible for Carolina next season and a shot."

the championship swept Texas will have just one Cup the three races of the first race for the first time since

The demise of the speedway can be linked to a 2017 race team was check the ing to again play the spoiler. repaying and reconfiguration in Turns 1 and 2 that reduced the banking from 24 to 20 degrees. Passing became extremely difficult and NASCAR has been seeking solutions to improve the on-track product.

"I don't like the racetrack and think they kind of ruined it. I just don't enjoy (Texas) very much," said 2020 NASCAR champion Chase Elliott.

The race is concerning for the remaining 12 drivers in the playoff field because the second round has so many variables. Texas has been a difficult track for teams, next up is Talladega Superspeedway and then the field will be trimmed by four at The Roval at Charlotte Motor Speedway.

"With the unknowns of Talladega and the Roval, we're looking at Texas as a place we can go run up front, try to maximize our points and be in contention for the win," Denny Hamlin said. "Passing was very difficult in the All-Star race though, so I expect that to be the case like it has been for the last few years at

"Qualifying up front and having a smooth day on the track and on pit road are go-

CAR's playoffs that driv- North Wilkesboro in North ing to be key for us to have

### **AMERICAN LEAGUE**

| East               | W      | L     | Pct     | GB      | WC    | L10 | Str | Home  | Away  |
|--------------------|--------|-------|---------|---------|-------|-----|-----|-------|-------|
| z-New York         | 93     | 58    | .616    | _       | _     | 8-2 | W-6 | 55-22 | 38-36 |
| Toronto            | 85     | 67    | .559    | 81/2    | +2    | 5-5 | W-1 | 43-32 | 42-35 |
| Tampa Bay          | 84     | 68    | .553    | 91/2    | +1    | 5-5 | L-1 | 51-29 | 33-39 |
| Baltimore          | 79     | 71    | .527    | 131/2   | 3     | 6-4 | W-3 | 44-32 | 35-39 |
| Boston             | 72     | 79    | .477    | 21      | 101/2 | 3-7 | L-4 | 37-37 | 35-42 |
| Central            | W      | L     | Pct     | GB      | WC    | L10 | Str | Home  | Away  |
| Cleveland          | 85     | 67    | .559    | -       | _     | 9-1 | W-6 | 40-32 | 45-35 |
| Chicago            | 76     | 76    | .500    | 9       | 7     | 3-7 | L-5 | 35-42 | 41-34 |
| Minnesota          | 74     | 78    | .487    | 11      | 9     | 2-8 | W-1 | 44-33 | 30-45 |
| Kansas City        | 62     | 89    | .411    | 221/2   | 201/2 | 5-5 | W-4 | 38-41 | 24-48 |
| Detroit            | 59     | 92    | .391    | 251/2   | 231/2 | 5-5 | W-2 | 31-45 | 28-47 |
| West               | W      | L     | Pct     | GB      | WC    | L10 | Str | Home  | Away  |
| x-Houston          | 99     | 53    | .651    | -       | _     | 7-3 | L-2 | 50-23 | 49-30 |
| Seattle            | 82     | 68    | .547    | 16      | _     | 3-7 | L-1 | 39-32 | 43-36 |
| Los Angeles        | 66     | 86    | .434    | 33      | 17    | 5-5 | L-1 | 34-41 | 32-45 |
| Texas              | 65     | 86    | .430    | 331/2   | 171/2 | 4-6 | L-2 | 32-44 | 33-42 |
| Oakland            | 56     | 96    | .368    | 43      | 27    | 5-5 | W-1 | 26-50 | 30-46 |
| x-clinched divisio | n. z-c | lincl | ned pla | voff be | rth   |     |     |       |       |

### Friday's results

Baltimore 6, Houston 0 N.Y. Yankees 5, Boston 4 Tampa Bay 10, Toronto 6 Kansas City 5, Seattle 1 Detroit 5, Chi. White Sox 3 L.A. Angels 4, Minnesota 2 Cleveland 6, Texas 3 N.Y. Mets 9, Oakland 2

### Saturday's results

N.Y. Yankees 7, Boston 5 Oakland 10, N.Y. Mets 4 Toronto 3, Tampa Bay 1 Cleveland 4, Texas 2 Minnesota 8, L.A. Angels 4 Detroit 7, Chi. White Sox 2 Houston at Baltimore, (n) Seattle at Kansas City, (n)

### Sunday's games

Houston (Javier 10-9) at Baltimore (Voth 5-3), 12:05 p.m. Toronto (Stripling 8-4) at Tampa Bay (McClanahan 12-6), 12:10 p.m. Detroit (Alexander 4-10) at Chi. White Sox (Cease 14-7), 1:10 p.m. L.A. Angels (Suarez 6-8) at Minnesota (Bundy 8-7), 1:10 p.m. Seattle (Castillo 7-6) at Kansas City (Castillo 0-1), 1:10 p.m. Cleveland (Civale 2-6) at Texas (Ragans 0-2), 1:35 p.m. N.Y. Mets (Scherzer 10-4) at Oakland (Sears 6-2), 3:07 p.m. Boston (Bello 2-6) at N.Y. Yankees (Cortes 10-4), 6:08 p.m.

### **NATIONAL LEAGUE**

| East               | W      | L     | Pct     | GB              | WC    | L10 | Str | Home  | Away  |
|--------------------|--------|-------|---------|-----------------|-------|-----|-----|-------|-------|
| z-New York         | 96     | 57    | .627    | _               | _     | 7-3 | L-1 | 50-26 | 46-31 |
| z-Atlanta          | 94     | 58    | .618    | 11/2-           | +10½  | 6-4 | W-1 | 52-26 | 42-32 |
| Philadelphia       | 83     | 68    | .550    | 12              | _     | 4-6 | L-1 | 47-33 | 36-35 |
| Miami              | 63     | 89    | .414    | 321/2           | 201/2 | 5-5 | W-2 | 32-45 | 31-44 |
| Washington         | 52     | 99    | .344    | 43              | 31    | 3-7 | L-2 | 24-50 | 28-49 |
| Central            | W      | L     | Pct     | GB              | WC    | L10 | Str | Home  | Away  |
| St. Louis          | 89     | 63    | .586    | _               | _     | 6-4 | W-2 | 51-27 | 38-36 |
| Milwaukee          | 82     | 70    | .539    | 7               | 11/2  | 6-4 | W-4 | 42-30 | 40-40 |
| Chicago            | 66     | 86    | .434    | 23              | 171/2 | 6-4 | L-1 | 31-44 | 35-42 |
| Cincinnati         | 59     | 93    | .388    | 30              | 241/2 | 3-7 | L-3 | 30-47 | 29-46 |
| Pittsburgh         | 56     | 96    | .368    | 33              | 271/2 | 2-8 | W-1 | 29-45 | 27-51 |
| West               | W      | L     | Pct     | GB              | WC    | L10 | Str | Home  | Away  |
| x-Los Angeles      | 104    | 47    | .689    | _               | _     | 6-4 | L-1 | 52-21 | 52-26 |
| San Diego          | 83     | 68    | .550    | 21              | _     | 6-4 | L-2 | 40-32 | 43-36 |
| San Francisco      | 74     | 77    | .490    | 30              | 9     | 6-4 | W-5 | 39-36 | 35-41 |
| Arizona            | 70     | 82    | .461    | $34\frac{1}{2}$ | 131/2 | 3-7 | L-2 | 39-40 | 31-42 |
| Colorado           | 65     | 86    | .430    | 39              | 18    | 4-6 | W-1 | 41-38 | 24-48 |
| x-clinched divisio | n, z-0 | lincl | ned pla | yoff be         | rth   |     |     |       |       |

### Friday's results

Miami 5, Washington 2 Milwaukee 5, Cincinnati 3 Chi. Cubs 6, Pittsburgh 5 Philadelphia 9, Atlanta 1 Colorado 4, San Diego 3, 10 inn. N.Y. Mets 9, Oakland 2 St. Louis 11, L.A. Dodgers 0 San Francisco 6, Arizona 5

### Saturday's results

Atlanta 6, Philadelphia 3 Oakland 10, N.Y. Mets 4 Miami 4, Washington 1 Pittsburgh 6, Chi. Cubs 0 Milwaukee 10, Cincinnati 2 San Diego at Colorado, (n) San Francisco at Arizona, (n) St. Louis at L.A. Dodgers, (n)

### Sunday's games

Atlanta (Morton 9-6) at Philadelphia (Gibson 10-7), 12:05 p.m. Chi. Cubs (Sampson 2-5) at Pittsburgh (Ortiz 0-0), 12:35 p.m. Milwaukee (Peralta 4-3) at Cincinnati (Lodolo 4-7), 12:40 p.m. Washington (Sánchez 2-6) at Miami (Cabrera 6-3), 12:40 p.m. San Diego (Clevinger 6-7) at Colorado (Freeland 9-10), 2:10 p.m. San Francisco (Junis 4-6) at Arizona (Jameson 2-0), 2:40 p.m. N.Y. Mets (Scherzer 10-4) at Oakland (Sears 6-2), 3:07 p.m. St. Louis (Wainwright 11-10) at L.A. Dodgers (Grove 0-0), 3:10 p.m.

### AROUND THE MAJORS

### La Russa will not return this season

CHICAGO - White Sox manager Tony La Russa will not return to the dugout this season.

La Russa, who turns 78 on Oct. 4, had "additional testing and medical procedures over the past week," the team said Saturday, and doctors have directed the Hall of Famer to stay away from managing for the rest of the season. Bench coach Miguel Cairo will continue to serve as acting manager.

"Right now the focus is on his health," general manager Rick Hahn said when asked if La Russa still wants to manage.

La Russa left the White Sox before an Aug. 30 game against Kansas City to deal with a heart issue.

The White Sox also placed outfielder Luis Robert on the 10-day injured list on Saturday with a sprained left wrist.

### **BRIEFLY**

MARINERS: Right-hander Luis Castillo agreed to a \$108 million, five-year contract with Seattle that starts next season, giving up a chance to become a free agent after the 2023 World Series. Castillo is 7-6 with a 2.85 ERA and 154 strikeouts in 23 starts between Seattle and Cincinnati. Since joining the Mariners at the trade deadline, he is 3-2 with a 2.83 ERA and 64 strikeouts in nine starts.

**BRAVES:** Rookie right-hander Spencer Strider was placed on the 15-day IL with a strained left oblique muscle. The move is retroactive to Sept. 21. Strider is 11-5 with a 2.67 ERA and 202 strikeouts in 31 appearances (20 starts) this season.

**RAYS:** Second baseman Brandon Lowe and right-hander Shane Baz are done for the season. Lowe's bad back is not responding to treatment and Baz is scheduled for Tommy John surgery. ... Tyler Glasnow is expected back next week following Tommy John surgery last year. He struck out six in 22/3 hitless innings in his fourth start for Triple-A Durham on Friday. Glasnow could pitch Wednesday against Cleveland.

Wire reports



With a home run in the fourth inning of Friday's game against the Dodgers, Cardinals slugger Albert Pujols joined Hall of Famer Hank Aaron as the only players in MLB history to hit at least 700 career home runs while also reaching at least 3,000 hits.

Wire reports

# Braves' Wright picks up 20th win

PHILADELPHIA - Kyle Wright became the first 20game winner in the majors this season and the Atlanta Braves beat the Philadelphia Phillies 6-3 on Saturday to stop a three-game losing streak.

William Contreras and rookie Michael Harris II each homered and had three hits for the Braves.

Bryce Harper hit a tworun homer for Philadelphia, which holds one of three NL wild-card spots.

The 26-year-old Wright went 51/3 innings and became the first Braves pitcher to win 20 games since Russ Ortiz won 21 in 2003. Wright is the seventh 20game winner for the Braves in 1966, also joining Denny Neagle and four Hall of Famers: John Smoltz, Greg Maddux, Phil Niekro and Tom Glavine.

Wright ran a high pitch count but didn't allow a hit until Rhys Hoskins doubled with one out in the sixth. Harper followed with his 18th homer.

19th, in the fourth.



**CHRIS SZAGOLA**, ASSOCIATED PRESS

Braves pitcher Kyle Wright throws during the first inning of Saturday's game against the Phillies in Philadelphia.

Aaron Judge went homerless for the fourth straight and struck out eight while game and remained one shy throwing a season-high 113 of Roger Maris' American pitches. Merrifield made it since they moved to Atlanta League record of 61 as New 3-0 on his 10th homer of York beat visiting Boston to the season in the seventh. close in on its first AL East title since 2019. Judge was 0 for 3 with two strikeouts and two-run homer that broke a 5-5 tie in the seventh.

**BLUE JAYS 3, RAYS 1:** Alek Manoah pitched seven shutout innings, Whit Contreras hit his 20th Merrifield hit a three-run homer in the third. Harris homer and Toronto re- ATHLETICS 10, METS 4: Jaadded a two-run drive, his gained the top AL wild cob deGrom lasted a sea-

YANKEES 7, RED SOX 5: Tampa Bay. Manoah scattered four hits, walked two

**GUARDIANS 4, RANGERS 2:** Cal Quantrill won his career-best 10th consecua walk. Anthony Rizzo hit a tive decision, rookie Oscar Gonzalez hit two home runs and Cleveland moved closer to clinching the AL Central after beating host Texas. The Guardians won for the 17th time in 20 games.

card spot with a victory at - son-low four innings and losing streak.

New York lost in Oakland. DeGrom was tagged for five runs and four walks - the worst numbers for the twotime NL Cy Young Award winner since 2019.

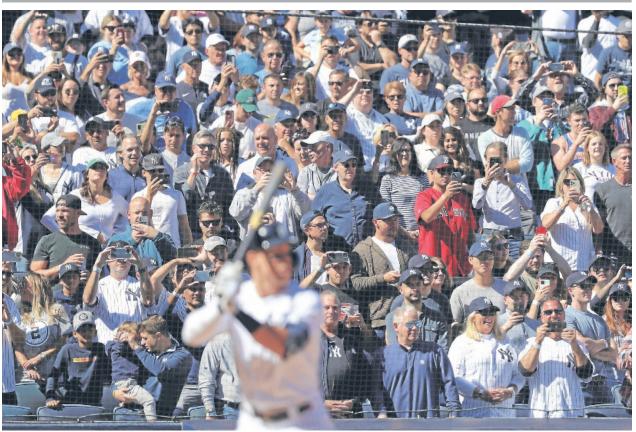
**MARLINS 4, NATIONALS 1:** Sandy Alcantara struck out 11 in eight dominant innings and Miami beat visiting Washington. In his 13th start of at least eight innings this season, the All-Star righty gave up three hits, walked one and hit a batter.

BREWERS 10, REDS 2: Hunter Renfroe hit a pair of two-run homers and drove in a season-high five runs, and Milwaukee beat host Cincinnati for its fourth straight win. Renfroe had a career-high four hits.

PIRATES 6, CUBS 0: Johan Oviedo tied his career high with seven strikeouts in seven innings and Pittsburgh beat visiting Chicago to snap an eight-game losing streak. Oviedo retired the final 16 batters he faced.

TWINS 8, ANGELS 4: Gary Sánchez drove in four runs, including a threerun homer in the fifth, and Minnesota beat visiting Los Angeles to snap a five-game

### BOX SCORES



**JESSIE ALCHEH**, ASSOCIATED PRESS

Fans look on as the Yankees' Aaron Judge prepares to bat against the Red Sox during the third inning of Saturday's game in New York. Judge went 0 for 3 and is still stuck on 60 home runs, one short of tying the American League Record.

.324 .244 .267 .231

|   | ıkee   | 5 /   | , Kt   | :u   | <b>3</b> U  | K 5   |   |
|---|--|---|--|--|---|---|---|
| Boston  |  | AB  |  |  | BB  |   | Avg.  |
| Pham If   |  | 5   | 0 0  |  | 0   | 2   | .257  |
| Wong c  |  | 0   | 0 0  | 0  | 0   | 0   | .242  |
| Devers 3b   |  | 4   | 1 1  | 0  | 1   | 2   | .289  |
| Bogaerts ss   |  | 4   | 0 2  | 0  | 0   | 0   | .315  |
| Verdugo rf  |  | 4   | 1 2  | 1  | 1   | 2   | .283  |
| Hernández   | 2b   | 4   | 0 0  | 0  | 1   | 1   | .225  |
| Casas 1b  |  | 2   | 1 1  | 3  | 3   | 0   | .130  |
| Dalbec dh   |  | 5   | 0 1  | ō  | Ō   | 3   | .210  |
| McGuire c   |  | 3   | 1 1  | 1  | 0   | 0   | .361  |
| Refsnyder p   | h-lf   | 1   | 0 0  | 0  | 0   | 1   | .300  |
| Almonte cf  |  | 4   | 1 1  | Ô  | 0   | 1   | .308  |
| Totals  |  | 36  | 5 9  |  | 6   | 12  | .500  |
| New York  | Δ  |   |  | BI   | BB  | 50  | Avg.  |
| Judge rf  |  | 3 0   |  | 0  | 1   | 2   | .314  |
| Rizzo 1b  |  | 3 1   |  | 2  | 1   | 0   | .225  |
| Torres 2b   |  | 4 1   |  | 1  | 0   | 2   | .252  |
| Donaldson   |  | 3 0   |  | 1  | 1   | 2   | .228  |
| Stanton dh  |  | 3 L   |  | 0  | 0   | 3   | .220  |
|   |  | 3 2   |  | 2  | 1   |   |   |
| Cabrera If  |  |   |  |  |   | 1   | .231  |
| Bader cf  |  | 3 0   |  | 0  | 1   | 2   | .286  |
| Kiner-Falefa  |  | 4 0   |  | 1  | 0   | 0   | .265  |
| Higashioka  |  | 2 1   |  | 0  | 0   | 0   | .204  |
| Hicks ph  |  | 0 1   |  | 0  | 1   | 0   | .219  |
| Trevino c   |  | 1 0   |  | 0  | 0   | 0   | .254  |
|   | _  |   |  |  |   |   |   |
| Totals  |  | 0 7   | -  | 7  | 6   | 12  |   |
| Totals<br>Boston  | 030  | 00  | 1 1  | 00   | _   | 5   | 9 0   |
| Totals<br>Boston<br>New York  | 030<br>110   | 00<br>21  | 1 1<br>0 2   | 00<br>0x   | Ξ   | 5<br>7  | 8 0   |
| Boston<br>New York<br>LOB — Bos   | 030<br>110<br>ton 11,  | 00:<br>21:  | 1 1<br>0 2<br>v York   | 00<br>0x   | -<br>2B -   | <b>5</b><br><b>7</b><br>- Ve  | 8 0<br>rdugo  |
| Totals  Boston New York  LOB — Bos (37). HR —   | 030<br>110<br>ton 11,<br>Casas (   | 00<br>21<br>Nev<br>4), c  | 1 1<br>0 2<br>v York   | 00<br>0x<br>< 5.<br>rmái   | 2B -  | <b>5 7</b> - Ve   | 8 0<br>rdugo<br>re (3),   |
| Totals  Boston New York  LOB — Bos (37). HR — off Germán  | 030<br>110<br>ton 11,<br>Casas (   | 00:<br>21:<br>Nev<br>4), c<br>(24)  | 1 10<br>0 2<br>off Geo, off F  | 00<br>0x<br>5.<br>rmái   | 2B -  | <b>5 7</b> - Ve   | 8 0<br>rdugo<br>re (3),<br>ra (4),  |
| Totals Boston New York LOB — Bos (37). HR — off Germán off Pivetta; I   | 030<br>110<br>ton 11,<br>Casas (<br>Torres<br>Rizzo (3)  | 00:<br>21:<br>Nev<br>(4), (24)<br>(24)<br>(24)  | 1 10<br>0 2<br>v York<br>off Ge<br>, off F   | 00<br>0x<br>5.<br>rmái<br>reibe  | <b>2B</b> -<br>n; Mo<br>ta; Ca                                    | 5<br>7<br>- Ve<br>:Guir<br>abre                                     | 8 0<br>rdugo<br>re (3),<br>ra (4),<br>Casas   |
| Totals Boston New York LOB — Bos (37). HR — off Germán off Pivetta; I 3 (8), McGu   | 030<br>110<br>ton 11,<br>Casas (<br>Torres<br>Rizzo (32<br>iire (12)                               | 00:<br>21:<br>Nev<br>(4), (2)<br>(24)<br>(2), of<br>(2), ve   | 1 10<br>0 2<br>off Ge<br>off F<br>f Schr   | 00<br>0x<br>c 5.<br>rmái<br>reibe<br>c (71   | <b>2B</b> -<br>n; Mo<br>ta; Car. <b>RE</b>                        | 5<br>7<br>- Ve<br>cGuir<br>abre                                     | rdugo<br>re (3),<br>ra (4),<br>Casas<br>i (70),   |
| Totals  Boston New York  LOB — Bos (37). HR — off Germán; off Pivetta; I 3 (8), McGu Kiner-Falefa   | 030<br>110<br>ton 11,<br>Casas (<br>Torres<br>Rizzo (32<br>iire (12)<br>(47), Ca                   | 00:<br>21:<br>Nev<br>(4), (2)<br>(24)<br>(2), of<br>(2), ve   | York<br>off Ge<br>off Schr<br>ordugo<br>a 2 (1   | 00<br>0x<br>< 5.<br>rmár<br>reibe<br>o (71<br>.7), [   | <b>2B</b> -<br>n; Meta; Car. <b>RE</b><br>L), To                  | 5<br>7<br>- Ve<br>cGuir<br>abre<br>sis -                            | rdugo<br>re (3),<br>ra (4),<br>Casas<br>s (70),<br>n (59),  |
| Totals  Boston New York  LOB — Bos (37). HR — off Germán: off Pivetta; 3 (8), McGu Kiner-Falefa Rizzo 2 (74)  | 030<br>110<br>ton 11,<br>Casas (<br>Torres<br>Rizzo (3:<br>hire (12)<br>(47), Ca                   | 00<br>21<br>Nev<br>(4), (2)<br>(24)<br>(2), of<br>(2), ve<br>abrei  | 1 10<br>0 2<br>v York<br>off Ge<br>, off F<br>ff Schr<br>rdugo<br>ra 2 (1<br>(4). <b>[</b>       | 00<br>0x<br>5.<br>rmái<br>reibe<br>0 (7 1<br>7), [   | -<br>n; Mita; Car. <b>RE</b><br>1), To                            | 5<br>7<br>- Ve<br>cGuir<br>abre<br>sis -<br>orres<br>ldsor          | 8 0<br>rdugo<br>re (3),<br>ra (4),<br>Casas<br>s (70),<br>n (59),   |
| Totals  Boston New York  LOB — Bos (37). HR — off Germán; off Pivetta; 3 (8), McGu kiner-Falefa Rizzo 2 (74)  | 030<br>110<br>ton 11,<br>Casas (<br>Torres<br>Rizzo (3:<br>hire (12)<br>(47), Ca                   | Nev<br>(4), o<br>(24)<br>(2), of<br>(2), ve<br>abrei<br>Rizzo   | V York<br>off Ge<br>, off F<br>f Schr<br>rdugo<br>ra 2 (1<br>(4). E                              | 00<br>0x<br>5.<br>rmái<br>reibe<br>0 (71<br>7), [<br>0P –  | zB -<br>n; Meta; Car. RE<br>L), To<br>Dona<br>Bos<br>BB           | 5<br>7<br>- Ve<br>cGuir<br>abre<br>sis -<br>orres<br>ldsor<br>ton 1 | 8 0<br>rdugo<br>re (3),<br>ra (4),<br>Casas<br>s (70),<br>n (59),<br>l.<br>ERA  |
| Totals  Boston New York  LOB — Bos (37). HR — off Germán: off Pivetta; 3 (8), McGu Kiner-Falefa Rizzo 2 (74)  | 030<br>110<br>ton 11,<br>Casas (<br>Torres<br>Rizzo (3:<br>hire (12)<br>(47), Ca                   | 00:<br>210<br>(4), (24)<br>(24); of<br>(24); of<br>(24  | V Yorkoff Ge, off Ff Schrrdugora 2 (1) (4). E  | 00<br>0x<br>5.<br>rmár<br>reibe<br>0 (71<br>7), [<br>0P –<br>ER  | zB -<br>n; Meta; Car. RE<br>L), To<br>Dona<br>Bos<br>BB           | 5<br>7<br>- VecGuinabre<br>Bis -<br>orresildson<br>ton 1<br>SO<br>8 | 8 0<br>rdugo<br>re (3),<br>ra (4),<br>Casas<br>s (70),<br>n (59),<br>l.<br>ERA<br>4.48  |
| Totals  Boston New York  LOB — Bos (37). HR — off Germán. off Pivetta; 3 (8), McGu Kiner-Falefa Rizzo 2 (74) Boston Pivetta Brasier   | 030<br>110<br>ton 11,<br>Casas (<br>Torres<br>Rizzo (3)<br>tire (12,<br>(47), Ca                   | 00:<br>21:<br>(4), (24)<br>(2), of<br>(24)<br>(2), of<br>(2), ve<br>abrei<br>Rizzo<br>IP I  | 1 10 2<br>V York<br>off Ge<br>, off F<br>f Schr<br>rdugo<br>ra 2 (1<br>(4). E<br>H R<br>6 5      | 00<br>0x<br>c 5.<br>rmái<br>reibe<br>c (71<br>7), [<br>0P –<br>ER<br>5   | 2B n; Meta; Cer. RE L), To Dona Bos BB 4 0                        | 5<br>7<br>- Ve<br>cGuir<br>abre<br>sis -<br>orres<br>ldsor<br>ton 1 | 8 0<br>rdugo<br>re (3),<br>ra (4),<br>Casas<br>s (70),<br>n (59),<br>l.<br>ERA  |
| Totals  Boston New York  LOB — Bos (37). HR — off Germán: off Pivetta; I 3 (8), McGu kiner-Falefa Rizzo 2 (74) Boston Pivetta   | 030<br>110<br>ton 11,<br>Casas (<br>Torres<br>Rizzo (3)<br>tire (12,<br>(47), Ca                   | 00:<br>21:<br>(4), (24)<br>(2), of<br>(24)<br>(2), of<br>(2), ve<br>abrei<br>Rizzo<br>IP I  | 1 10<br>0 2<br>v York<br>off Ge<br>, off F<br>f Schr<br>rdugo<br>ra 2 (1<br>(4). E<br>H R<br>6 5 | 00<br>0x<br>5.<br>rmár<br>reibe<br>0 (71<br>7), [<br>0P –<br>ER  | zB -<br>n; Meta; Car. RE<br>L), To<br>Dona<br>Bos<br>BB           | 5<br>7<br>- VecGuinabre<br>Bis -<br>orresildson<br>ton 1<br>SO<br>8 | 8 0<br>rdugo<br>re (3),<br>ra (4),<br>Casas<br>s (70),<br>n (59),<br>l.<br>ERA<br>4.48  |
| Totals  Boston New York  LOB — Bos (37). HR — off Germán. off Pivetta; 3 (8), McGu Kiner-Falefa Rizzo 2 (74) Boston Pivetta Brasier   | 030<br>110<br>ton 11,<br>Casas (<br>Torres<br>Rizzo (3)<br>tire (12,<br>(47), Ca                   | 00:<br>21:<br>A), c<br>(24), of<br>(24), of<br>(24), of<br>(24); o  | 1 10 2<br>V York<br>off Ge<br>, off F<br>f Schr<br>rdugo<br>ra 2 (1<br>(4). E<br>H R<br>6 5      | 00<br>0x<br>c 5.<br>rmái<br>reibe<br>c (71<br>7), [<br>0P –<br>ER<br>5   | 2B n; Meta; Cer. RE L), To Dona Bos BB 4 0                        | 5 7 VecGuinabre SIS — orreston 3 SO 8 2                             | 8 0<br>rdugo<br>re (3),<br>ra (4),<br>Casas<br>s (70),<br>n (59),<br>1.<br>ERA<br>4.48<br>5.86  |
| Totals  Boston New York  LOB — Bos (37). HR — off Germán off Pivetta; I 3 (8), McGt kiner-Faler Rizzo 2 (74; Boston Pivetta Brasier Schreiber, L  | 030<br>110<br>ton 11,<br>Casas (<br>Torres<br>Rizzo (3)<br>tire (12,<br>(47), Ca                   | 00:<br>210:<br>Nev<br>(4), c<br>(24), of<br>(2), of<br>( | v York off Ge, off F Schridugo (4). E H R 6 5 0 0 2 2 0 0  | 00   | 2B - n; Meta; Cer. RE L), To Cona Boss BB 4 0 2 0                 | 5 7 7 VecGuirabre SIS — orreston 1 SO 8 2 2                         | 8 0<br>rdugo<br>re (3),<br>ra (4),<br>Casas<br>s (70),<br>n (59),<br>l.<br>ERA<br>4.48<br>5.86<br>2.18                                  |
| Totals  Boston New York  LOB — Bos (37). HR — off Germán off Pivetta; I 3 (8), McGt Kiner-Falefa Rizzo 2 (74) Boston Pivetta Brasier Schreiber, L Bazardo   | 030<br>110<br>ton 11,<br>Casas (<br>: Torres<br>Rizzo (3:<br>iire (12<br>(47), Ca<br>). CS — F     | 00:<br>21:<br>Nev<br>(4), c<br>(24), of<br>(22), of<br>(2), ve<br>abrei<br>1  | v York off Ge , off F Schriduge (a). EH R 6 5 0 0 2 2 0 0 R E                                    | 00   | 2B - n; Meta; Cer. RE L), To Cona Boss BB 4 0 2 0                 | 5 7 - VecGuinabre Bis - Dorress Idson 1 50 8 2 2 0                  | 8 0<br>rdugo<br>re (3),<br>ra (4),<br>Casas<br>(70),<br>n (59),<br>1.<br>ERA<br>4.48<br>5.86<br>2.18<br>3.60                            |
| Totals  Boston New York  LOB — Bos (37). HR — off Germán off Pivetta; 13 (8), McGu Kiner-Falefa Rizzo 2 (74; Boston Pivetta Brasier Schreiber, L Bazardo New York Germán  | 030<br>110<br>110<br>110<br>110<br>110<br>110<br>110<br>110<br>110                                 | 00: 210 Nev (4), c (24), o (24), y (24), ve to (24), to (  | v York off Ge, off F Schridugo (4). EH R 6 5 0 0 2 2 0 0 R E 3                                   | 00   |   | 5 7 - VecGuinabre Bls - Dorres Idson 1 50 8 2 2 0 50 5              | rdugo<br>re (3),<br>ra (4),<br>Casas<br>s (70),<br>n (59),<br>l.<br>ERA<br>4.48<br>5.86<br>2.18<br>3.60<br>ERA<br>3.30                  |
| Totals  Boston New York LOB — Bos G37). HR — off Germán off Pivetta; 13 3 (8), McG Kiner-Falefa Rizzo 2 (74, Boston Pivetta Brasier Schreiber, L Bazardo New York Germán Britton, H, J                          | 030<br>110<br>110<br>111,<br>Casas (<br>: Torres<br>Rizzo (3:<br>iire (12<br>(47), Ca<br>). CS — F | 00: 21(<br>New 4), c (24), c (24), of (27), veabrer Rizzo IP I 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1  | V Yorkoff George 2 (1 (4). EH R 6 5 0 0 2 2 0 0 R E 3 1  | 00 0x (5. rmán reiber ceiber c |   | 5 7 - VecGuinabre Bls - prressldson 1 so 0 8 2 2 0 5 1              | rdugo<br>re (3),<br>ra (4),<br>Casas<br>s (70),<br>n (59),<br>l.<br>ERA<br>4.48<br>5.86<br>2.18<br>3.60<br>ERA<br>3.30<br>27.00         |
| Totals Boston New York LOB — Bos (37). HR — off Germán off Pivetta; 3 (8), McGu Kiner-Falefa Rizzo 2 (74) Boston Pivetta Brasier Schreiber, L Bazardo New York Germán Britton, H, 1 Trivino, H, 2 Trivino, H, 1 | 030<br>110<br>ton 11,<br>Casas (<br>Torres<br>Rizzo (3)<br>iire (12<br>(47), Ca<br>). CS – F       | 00: 21(<br>New 4), c (24), c (24), of (24), veabrei   | 1 10 2 v York off Gee , off F Schrirdugo a 2 (1 (4). E H R 6 5 0 0 0 2 2 0 0 R E 1 1             | 00 0x (5. rmán reibet reibet (7.7), [0.7], [ | 2B - n; Meta; Cier. REE(1), To Dona 6 Boss BB 4 0 2 0 0 BB 5 1 3  | 5 7 - VeccGuirian Solution 1 8 2 2 0 50 5 1 2                       | rdugo<br>re (3),<br>ra (4),<br>Casas<br>s (70),<br>n (59),<br>l.<br>ERA<br>4.48<br>5.86<br>2.18<br>3.60<br>ERA<br>3.30<br>27.00<br>2.00 |
| Totals  Boston New York LOB — Bos G37). HR — off Germán off Pivetta; 13 3 (8), McG Kiner-Falefa Rizzo 2 (74, Boston Pivetta Brasier Schreiber, L Bazardo New York Germán Britton, H, J                          | 030<br>110<br>ton 11,<br>Casas (<br>Torres<br>Rizzo (3)<br>iire (12,<br>(47), Ca<br>0. CS – F      | 00: 21(4), c (24), c (24), v (22), of (24), v   | 1 10 2 V York off Gee, , off F F Schnrrdugg (a) 2 (1) (4). L R 6 0 0 0 2 2 0 0 R E 1 0           | 00 0x (5. rmáa reibet reibet (71,7), [0] P - ER 5 0 2 0 R E 3 1 1  | 2B - n; Meta; Carr. REE(1), To Oona 6 Bos BB 4 0 2 0 5 BB 5 1 3 0 | 5 7 - VecGuinabre Bls - prressldson 1 so 0 8 2 2 0 5 1              | rdugo<br>re (3),<br>ra (4),<br>Casas<br>s (70),<br>n (59),<br>l.<br>ERA<br>4.48<br>5.86<br>2.18<br>3.60<br>ERA<br>3.30<br>27.00         |

Yankees 7, Red Sox 5

| T - 3:25. Att   | ٠,,  | 011  | •   |   |   |  |  |
|---|--|--|---|---|---|--|--|
| Brew  | /er  | s 1  | 0,  | Re  | ds  | 2  |  |
| Milwaukee   | AB   | R  | Ĥ   | BI  | BB  | 50   |  |
| Yelich If   | 4  | 1  | 0   | 0   | 1   | 0  | .257   |
| Mitchell cf   | 0  | 0  | 0   | 0   | 0   | 0  | .267   |
| Adames ss   | 5  | 1  | 1   | 1   | 0   | 1  | .243   |
| Tellez 1b   | 4  | 3  | 2   | 1   | 1   | 0  | .223   |
| Renfroe rf  | 5  | 3  | 4   | 5   | 0   | 0  | .253   |
| Wong 2b   | 4  | 0  | 1   | 0   | 1   | 1  | .254   |
| McCutchen dh  | 5  | 1  | 1   | 0   | 0   | 2  | .240   |
| Urías 3b  | 3  | 1  | 1   | 1   | 0   | 0  | .228   |
| Narváez c   | 4  | 0  | 2   | 1   | 0   | 0  | .216   |
| Taylor cf-lf  | 4  | 0  | 1   | 1   | 0   | 0  | .226   |
| Totals  | 38   | 10   | 13  | 10  | 3   | 4  |  |
| Cincinnati  | AB   |  | н   | ы   | BB  | 50   | Avg.   |
| Friedl dh-lf  | 3  | 0  | 0   | 0   |   |  |  |
|   |  |  |   |   | 1   | 2  | .248   |
| Steer 3b-2b   | 3  | 0  | 0   | 0   | 0   | 2  | .210   |
| K.Farmer ss-3b  | 3  | 0  | 0   | 0   | 0   | 2<br>1   | .210<br>.257   |
| K.Farmer ss-3b<br>Fairchild If  | 3  | 0 1 1  | 0 0 1                                     | 0   | 0<br>1<br>1                               | 2<br>1<br>0  | .210<br>.257<br>.339   |
| K.Farmer ss-3b<br>Fairchild If<br>Barrero ss  | 3<br>3<br>0                                | 0<br>1<br>1<br>1<br>0 0  | 0<br>0<br>1<br>0                          | 0 0 0                                     | 0<br>1<br>1<br>0                          | 2<br>1<br>0<br>0                                       | .210<br>.257<br>.339<br>.156   |
| K.Farmer ss-3b<br>Fairchild If<br>Barrero ss<br>Lopez 2b-p  | 3<br>3<br>0<br>4                           | 0<br>1<br>1<br>1<br>0<br>0   | 0<br>0<br>1<br>0                          | 0<br>0<br>0<br>0                          | 0<br>1<br>1<br>0<br>0                     | 2<br>1<br>0<br>0                                       | .210<br>.257<br>.339<br>.156<br>.294                                 |
| K.Farmer ss-3b<br>Fairchild If<br>Barrero ss<br>Lopez 2b-p<br>Aquino rf   | 3<br>3<br>0<br>4                           | 0<br>1<br>1<br>0<br>0<br>0<br>1<br>0   | 0<br>0<br>1<br>0<br>1                     | 0<br>0<br>0<br>0<br>1                     | 0<br>1<br>1<br>0<br>0                     | 2<br>1<br>0<br>0<br>0<br>3                             | .210<br>.257<br>.339<br>.156<br>.294<br>.198                         |
| K.Farmer ss-3b<br>Fairchild If<br>Barrero ss<br>Lopez 2b-p<br>Aquino rf<br>Reynolds 1b  | 3<br>3<br>0<br>4<br>4                      | 0<br>1<br>1<br>0<br>0<br>0<br>0<br>0   | 0<br>0<br>1<br>0<br>1<br>1                | 0<br>0<br>0<br>0<br>1<br>0<br>1           | 0<br>1<br>1<br>0<br>0<br>0                | 2<br>1<br>0<br>0<br>0<br>3<br>1                        | .210<br>.257<br>.339<br>.156<br>.294<br>.198<br>.253                 |
| K.Farmer ss-3b<br>Fairchild If<br>Barrero ss<br>Lopez 2b-p<br>Aquino rf<br>Reynolds 1b<br>Siani cf                                | 3<br>3<br>0<br>4<br>4<br>3<br>3            | 0<br>1<br>1<br>0<br>0<br>0<br>0<br>0<br>0<br>0   | 0<br>0<br>1<br>0<br>1<br>1<br>1           | 0<br>0<br>0<br>0<br>1<br>0<br>1           | 0<br>1<br>1<br>0<br>0<br>0<br>1           | 2<br>1<br>0<br>0<br>0<br>3<br>1<br>1                   | .210<br>.257<br>.339<br>.156<br>.294<br>.198<br>.253                 |
| K.Farmer ss-3b<br>Fairchild If<br>Barrero ss<br>Lopez 2b-p<br>Aquino rf<br>Reynolds 1b<br>Siani cf<br>Robinson c                  | 3<br>3<br>3<br>0<br>4<br>4<br>3<br>3       | 0 1 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0  | 0<br>0<br>1<br>0<br>1<br>1<br>1<br>0<br>0 | 0<br>0<br>0<br>0<br>1<br>0<br>1<br>0      | 0<br>1<br>1<br>0<br>0<br>0<br>1<br>0      | 2<br>1<br>0<br>0<br>0<br>3<br>1<br>1                   | .210<br>.257<br>.339<br>.156<br>.294<br>.198<br>.253                 |
| K.Farmer ss-3b<br>Fairchild If<br>Barrero ss<br>Lopez 2b-p<br>Aquino rf<br>Reynolds 1b<br>Siani cf                                | 3<br>3<br>0<br>4<br>4<br>3<br>3            | 0 1 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0  | 0<br>0<br>1<br>0<br>1<br>1<br>1           | 0<br>0<br>0<br>0<br>1<br>0<br>1           | 0<br>1<br>1<br>0<br>0<br>0<br>1           | 2<br>1<br>0<br>0<br>0<br>3<br>1<br>1                   | .210<br>.257<br>.339<br>.156<br>.294<br>.198<br>.253                 |
| K.Farmer ss-3b<br>Fairchild If<br>Barrero ss<br>Lopez 2b-p<br>Aquino rf<br>Reynolds 1b<br>Siani cf<br>Robinson c<br><b>Totals</b> | 3<br>3<br>0<br>4<br>4<br>3<br>3<br>3<br>29 | 0<br>1<br>1<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>2                                    | 0<br>0<br>1<br>0<br>1<br>1<br>0<br>0<br>4 | 0<br>0<br>0<br>1<br>0<br>1<br>0<br>2      | 0<br>1<br>1<br>0<br>0<br>0<br>1<br>0<br>4 | 2<br>1<br>0<br>0<br>0<br>3<br>1<br>1<br>0<br><b>10</b> | .210<br>.257<br>.339<br>.156<br>.294<br>.198<br>.253<br>.000<br>.106 |
| K.Farmer ss-3b<br>Fairchild If<br>Barrero ss<br>Lopez 2b-p<br>Aquino rf<br>Reynolds 1b<br>Siani cf<br>Robinson c<br>Totals        | 3<br>3<br>0<br>4<br>4<br>3<br>3<br>3<br>29 | 0<br>1<br>1<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0 | 0<br>0<br>1<br>0<br>1<br>1<br>0<br>0<br>4 | 0<br>0<br>0<br>0<br>1<br>0<br>1<br>0<br>2 | 0<br>1<br>1<br>0<br>0<br>0<br>1<br>0<br>4 | 2<br>1<br>0<br>0<br>3<br>1<br>1<br>0<br><b>10</b>      | .210<br>.257<br>.339<br>.156<br>.294<br>.198<br>.253<br>.000<br>.106 |

| Reynolds 1b           | 3      | 0     | 1    | 1     | 1    | 1      | .2   | 53  |
|-----------------------|--------|-------|------|-------|------|--------|------|-----|
| iani cf               | 3      | 0     | 0    | 0     | 0    | 1      | .0   | 00  |
| Robinson c            | 3      | 0     | 0    | 0     | 0    | 0      | .10  | 06  |
| otals                 | 29     | 2     | 4    | 2     | 4    | 10     |      |     |
|                       |        | 420   |      | 01    | - :  | 10     |      |     |
| incinnati 1           | 00 (   | 000   | 1    | 00    | _    | 2      | 4    | 0   |
| .OB - Milwauke        | e 5. C | incir | nnat | i5.2  | 2B – | McCı   | ıtch | en  |
| 25). Adames           |        |       |      |       |      |        |      |     |
| Ashcraft; Renfro      |        |       |      |       |      |        |      |     |
| off Lopez. RBIs       |        |       |      |       |      |        |      |     |
| avlor (50). Ada       |        |       |      |       |      |        |      |     |
| opez (10), Reyr       |        |       |      | us (= | ++/, | ICIICZ | (0)  | υ,, |
| <b>DP –</b> Milwaukee |        |       |      | i o   |      |        |      |     |
| /ilwaukee             | : 2, U |       |      |       | BB   | so     |      | RΑ  |
|                       |        |       |      |       |      |        |      |     |
| Burnes, W, 11-8       |        |       | _    | 2     |      | 8      |      | 11  |
| iott                  | 2/     | 3 C   | 0    | 0     | 0    | 0      | 3.   |     |
| Rogers                |        | 1 (   | 0 (  | 0     | 1    | 0      | 6.   | 30  |
| iuter                 |        | 1 (   | 0 (  | 0     | 0    | 2      | 3.   | 73  |
| incinnati             | ΙP     | Н     | R    | ER    | BB   | 50     | El   | RA  |
| Ashcraft, L, 5-4      | 4      | 8     | 4    | 4     | 0    | 2      | 4.   | 18  |
| Overton               | 3      | 4     | 5    | 5     | 3    | 1      | 3.   | 25  |
|                       |        |       |      |       |      |        |      |     |

| vaigas 30                | 2   | U      | U      | U           | U   | U  | .20 |
|--------------------------|-----|--------|--------|-------------|-----|----|-----|
| Robles cf                | 3   | 0      | 0      | 0           | 0   | 2  | .22 |
| Adams c                  | 3   | 0      | 0      | 0           | 0   | 2  | .18 |
| Totals                   | 29  | 1      | 3      | 1           | 1   | 12 |     |
| Miami                    | AB  | R      | н      | BI          | BB  | 50 | Αv  |
| Berti 3b                 | 4   | 0      | 0      | 0           | 0   | 0  | .24 |
| Anderson rf              | 4   | 1      | 2      | 0           | 0   | 0  | .22 |
| Cooper dh                | 3   | 1      | 0      | 0           | 1   | 3  | .26 |
| Leblanc 2b               | 4   |        | 0      | 0           | 0   | 1  | .28 |
| Bleday If                | 4   |        | 1      | 2           | 0   | 1  | .16 |
| De La Cruz cf            | 4   |        | 4      | 1           | 0   | 0  | .23 |
| Stallings c              | 4   |        | 2      | ō           | 0   | 1  | .22 |
| Rojas ss                 | 3   |        | 1      | 1           | 0   | 0  | .23 |
| Díaz 1b                  | 3   |        | ō      | ō           | 0   | 2  | .16 |
| Totals                   | 33  | -      | 10     | 4           | 1   | 8  |     |
| Washington               | 10  |        | 000    | 000         | _   | 1  | 3   |
|                          |     |        | 101    |             | _   |    | 10  |
| LOB — Washing            |     |        |        |             |     |    |     |
| 2 (14), Anderso          |     |        |        |             |     |    |     |
| (11), off Alcan          |     |        |        |             |     |    |     |
| RBIs - Menese            |     |        |        |             |     |    |     |
| (35), Rojas (35          |     |        |        |             |     |    |     |
| Washington               |     |        | H R    |             |     | 50 | ER  |
| Fedde, L, 6-11           |     |        | 9 4    |             | 1   | 4  | 5.3 |
| Weems                    |     |        | 0 0    |             | ō   | 2  | 5.5 |
| Cishek                   | -   | 1      | 1 0    | 0           | 0   | 2  | 4.4 |
| Miami                    |     |        | ΡΉ     |             |     |    |     |
| Alcantara, W, 1          | 4-8 |        | 3 3    |             | 1 1 |    | 2.3 |
| Floro, S, 7-10           | - 0 |        |        |             | ) ( |    | 3.1 |
| T - 2:18. Att.           | - 1 |        |        | •           | , , |    | 5.1 |
|                          |     |        |        |             | -4- |    |     |
| Athle                    |     |        |        |             |     |    |     |
| New York                 | 1   |        | R H    |             |     | 50 | Αv  |
| McNeil lf-2b             |     | 5      | 1 2    |             | 0   | 0  | .31 |
| Canha cf-lf              |     | 3      | 1 1    |             | 0   | 2  | .26 |
| Lindor ss                |     | 3      | 0 2    |             | 0   | 0  | .27 |
| Alonso 1b                |     | 4      | 1 1    |             | 0   | 0  | .26 |
| Escobar 3b               |     | 4      | 0 0    | 0           | 0   | 2  | .23 |
| Ruf rf                   |     | 4      | 0 1    | 0           | 0   | 1  | .16 |
| Guillorme 2b             |     | 2      | 0 1    | 0           | 0   | 0  | .27 |
| Naquin cf                |     | 1      | 0 0    | 0           | 0   | 0  | .23 |
| Vientos dh               |     | 3      | 1 1    | 1           | 1   | 0  | .16 |
| Nido c                   |     | 3      | 0 0    | 0           | 0   | 1  | .23 |
| Vogelbach ph             |     | 0      | 0 0    | 0           | 1   | 0  | .25 |
| Totals                   |     | 32     | 4 9    | 4           | 2   | 6  |     |
| Oakland                  | AΒ  | R      | н      | BI          | BB  | 50 | Αv  |
| Kemp If-2b               | 5   | 0      | 0      | 0           | 0   | 1  | .23 |
| Machín 3b                | 3   | 3      | 2      | 0           | 2   | 0  | .23 |
| Murphy dh                | 4   | 1      | 1      | 0           | 1   | 1  | .25 |
|                          |     |        |        |             |     |    |     |
| Brown cf-lf              | 4   | 3      | 3      | 2           | 1   | 0  | .23 |
| Brown cf-lf              | 4   | 3<br>1 | 3<br>1 |             | 1   | 0  | .23 |
| Brown cf-lf<br>Garcia 1b | 4   | 1      | 1      | 2<br>2<br>4 |     | 2  | .23 |
| Brown cf-lf              |     |        |        | 2           | 1   |    |     |

Marlins 4, Nationals 1

García 2b

Vargas 3b

Meneses 1b

| Aachín 3b  | 3   | 3  | 2   | 0   | 2  | 0  | .234  |
|--|---|--|---|---|--|--|---|
| Murphy dh  | 4   | 1  | 1   | 0   | 1  | 1  | .253  |
| Brown cf-lf  | 4   | 3  | 3   | 2   | 1  | 0  | .233  |
| Garcia 1b  | 4   | 1  | 1   | 2   | 1  | 2  | .233  |
| Capel rf   | 5   | 2  | 3   | 4   | 0  | 0  | .500  |
| angeliers c  | 4   | 0  | 1   | 1   | 1  | 0  | .209  |
| .Díaz 2b   | 3   | 0  | 2   | 0   | 0  | 0  | .375  |
| Pache cf   | 2   | 0  | 0   | 0   | 0  | 2  | .157  |
| Allen ss   | 4   | 0  | 1   | 1   | 0  | 2  | .208  |
| Totals .   | 38  | 10   | 14  | 10  | 6  | 8  |   |
| New York   | 310   | 000  | 0 0   | 00  | _  | 4  | 9 0   |
|  |   |  |   |   |  |  |   |
| OB — New \   | ), Mur  | ohy (  | land<br>36), J  | .Díaz   | 2B –<br>(1), E   | Garc   | 1(26).  |
| Dakland  OB — New Nangeliers (8)  BB — Capel (Vientos (1),  deGrom; Cap  100), Alons  Capel 4 (4),  14). SB — Al  OP — Oaklan  | York 6,<br>), Murp<br>1). <b>HR</b><br>off<br>oel (1)<br>o 2 (1)<br>Langel              | , Oak<br>ohy (?<br>! — Al<br>Wald<br>), off<br>23), V                          | land<br>36), J<br>onso<br>ichul<br>Willi<br>Vient<br>(15),                              | 10. 2<br>Díaz<br>(38)<br>k; Bi<br>ams.<br>os (4<br>Brov                       | 2B —<br>(1), E<br>, off I<br>own<br>RBI:<br>), Gar   | Garc<br>Brown<br>Wald<br>(24<br>5 — L<br>Toia 2<br>(65),                       | ia (6),<br>n (26).<br>ichuk;<br>), off<br>indor<br>2 (20),<br>Allen                                       |
| OB – New Nangeliers (8) BB – Capel (Vientos (1), deGrom; Capel (4), lapel (4) | York 6,<br>), Murp<br>1). <b>HR</b><br>off (1)<br>o 2 (12<br>Langel<br>llen (3)         | , Oak<br>ohy (?<br>! — Al<br>Wald<br>), off<br>23), V                          | land<br>36), J<br>lonso<br>ichul<br>Willi<br>Vient<br>(15),<br>– Lir                    | 10. 2<br>Díaz<br>(38)<br>k; Bi<br>ams.<br>os (4<br>Brov                       | 2B —<br>(1), E<br>, off I<br>own<br>RBI:<br>), Gar   | Garc<br>Brown<br>Wald<br>(24<br>5 — L<br>Toia 2<br>(65),                       | ia (6),<br>n (26).<br>ichuk;<br>), off<br>indor<br>2 (20),<br>Allen                                       |
| .0B – New Yangangeliers (8 angeliers (8 angeliers (8 angeliers (1), deGrom; Capel (100), Alonso (2 apel 4 (4), langel 4 (4), lan | York 6,<br>), Murp<br>1). <b>HR</b><br>off (1)<br>o 2 (1)<br>Lange<br>llen (3)<br>id 2. | , Oak<br>ohy (3<br>N — Al<br>Wald<br>N, off<br>23), V<br>liers                 | land<br>36), J<br>lonso<br>ichul<br>Willi<br>/ient<br>(15),<br>— Lir                    | 10. 2<br>Díaz<br>(38)<br>k; Br<br>ams.<br>os (4<br>Broy                       | 2B —<br>(1), E<br>), off v<br>own<br><b>RBI</b> !<br>), Gar<br>vn 2  | Garc<br>Brown<br>Wald<br>(24<br><b>s</b> — L<br>cia 2<br>(65),<br><b>F</b> — L | ia (6),<br>n (26).<br>ichuk;<br>), off<br>indor<br>(20),<br>Allen<br>indor.<br><b>ERA</b>                 |
| OB — New \\ angeliers (8 \\ BB — Capel (\) /ientos (1), \\ deGrom; Cap (100), Alons (200), Alons | York 6,<br>), Murp<br>1). <b>HR</b><br>off (1)<br>o 2 (12<br>Langel<br>llen (3)<br>d 2. | , Oak<br>phy (3<br>2 – Al<br>Wald<br>), off<br>23), V<br>liers<br>). <b>CS</b> | land<br>36), J<br>lonso<br>ichul<br>Willi<br>Vient<br>(15),<br>— Lir                    | 10. Z<br>Díaz<br>(38)<br>k; Br<br>ams.<br>os (4<br>Browndor (                 | 2B —<br>(1), B<br>, off v<br>rown<br>RBIs<br>), Gar<br>vn 2<br>(6). Si   | Garc<br>Brown<br>Wald<br>(24<br>5 — L<br>cia 2<br>(65),<br>F — L               | ia (6),<br>n (26).<br>ichuk;<br>), off<br>indor<br>2 (20),<br>Allen<br>indor.                             |
| .0B – New Yangangeliers (8 angeliers (8 angeliers (8 angeliers (1), deGrom; Capel (100), Alonso (2 apel 4 (4), la 14). SB – Alopp – Oaklan New York deGrom, L, 5   | York 6,<br>), Murp<br>1). <b>HR</b><br>off (1)<br>o 2 (12<br>Langel<br>llen (3)<br>d 2. | , Oak<br>phy (3<br>2 – Al<br>Wald<br>), off<br>23), V<br>liers<br>). CS        | land<br>36), J<br>lonso<br>ichul<br>Willi<br>Vient<br>(15),<br>— Lir<br>I R             | 10. Z<br>Díaz<br>(38)<br>k; Br<br>ams.<br>os (4<br>Browndor (                 | 2B —<br>(1), E<br>, off v<br>rown<br>RBIs<br>), Gar<br>vn 2<br>(6). Si<br>BB   | Garc<br>Brown<br>Wald<br>(24<br>5 – L<br>Cia 2<br>(65),<br>F – L               | ia (6),<br>n (26).<br>ichuk;<br>), off<br>indor<br>(20),<br>Allen<br>indor.<br><b>ERA</b>                 |
| OB — New \\ angeliers (8 \\ BB — Capel (\) /ientos (1), \\ deGrom; Cap (100), Alons (200), Alons | York 6, ), Murp<br>1). HR<br>off oel (1)<br>o 2 (12)<br>Langellen (3)<br>dd 2.          | , Oak<br>phy (3<br>2 – Al<br>Wald<br>), off<br>23), V<br>liers<br>). <b>CS</b> | land<br>36), J<br>lonso<br>ichul<br>Willi<br>Vient<br>(15),<br>— Lir<br>I R<br>5        | 10. 2<br>Díaz<br>D (38)<br>k; Br<br>ams.<br>os (4<br>Browndor (<br>ER<br>5    | (1), E<br>(1), E<br>(1), off<br>(1), off<br>(2), Gar<br>(3), Gar<br>(4), Si<br>(6), Si<br>(6), Si  | Garc<br>Brown<br>Wald<br>(24<br>5 – L<br>cia 2<br>(65),<br>F – L               | ia (6),<br>n (26).<br>ichuk;<br>), off<br>indor<br>(20),<br>Allen<br>indor.<br><b>ERA</b><br>2.93         |
| OB — New \\ angeliers (8 \\ B — Capel (\) fientos (1), \\ deGrom; Capel (100), \\ Alonso Capel 4 (4), \\ 14). SB — Al DP — Oaklan Alew York deleGrom, L, 5 Villiams Rodríguez  | York 6, ), Murp<br>1). HR<br>off oel (1)<br>o 2 (12)<br>Langellen (3)<br>dd 2.          | , Oak<br>phy (3<br>2 — Al<br>Wald<br>), off<br>23), V<br>liers<br>). <b>CS</b> | land<br>36), J<br>Jonso<br>ichul<br>Willi<br>Vient<br>(15),<br>Lir<br>I R<br>5 5<br>1 1 | 10. 2<br>Díaz<br>(38)<br>k; Br<br>ams.<br>os (4<br>Browndor (<br>ER<br>5<br>1 | (1), E<br>(1), off (1), off (1), off (1), Gar<br>(n), Gar<br>(n) (2), Gar<br>(n) ( | Garc<br>Frown<br>Wald<br>(24<br>5 – L<br>Ccia 2<br>(65),<br>F – L              | ia (6),<br>n (26).<br>ichuk;<br>), off<br>indor<br>(20),<br>Allen<br>indor.<br><b>ERA</b><br>2.93<br>3.09 |

Waldichuk, W, 1-2

Pruitt, H, 2

Puk

| Pira  | ate  | !5  | о,  | L                            | .ur  | )S (  | J   |  |
|---|--|---|---|------------------------------|--|---|---|--|
| Chicago   | AΒ   | R   | Ĥ   | -                            | BI   | BB  | 50  | Αvε  |
| McKinstry ss  | 4  | 0   | 0   |                              | 0  | 0   | 3   | .20  |
| Quiroz 2b   | 4  | 0   | 1   |                              | 0  | 0   | 1   | .27  |
| Wisdom rf   | 4  | 0   | 0   |                              | 0  | 0   | 1   | .21  |
| Happ If   | 3  | 0   | 1   |                              | 0  | 0   | 0   | .26  |
| Velázquez If  | 0  | 0   | 0   |                              | 0  | 1   | 0   | .19  |
| Gomes c   | 4  | 0   | 0   |                              | 0  | 0   | 2   | .22  |
| Reyes dh  | 4  | 0   | 0   |                              | 0  | 0   | 2   | .23  |
| Bote 3b   | 3  | 0   | 1   |                              | 0  | 0   | 0   | .25  |
| Young 1b  | 3  | 0   | 1   |                              | 0  | 0   | 0   | .26  |
| Morel cf  | 3  | 0   | 1   |                              | 0  | 0   | 2   | .23  |
| Totals  | 32   | 0   | 5   |                              | 0  | 1   | 11  |  |
| Pittsburgh  | 1  | ۱B  | R   | Н                            | ы  | BB  | SO  | Αvε  |
| Bae 2b  |  | 4   | 1   | 1                            | 2  | 0   | 1   | .28  |
| Reynolds cf   |  | 3   | 1   | 1                            | 0  | 0   | 2   | .26  |
| Castro 3b   |  | 4   | 1   | 2                            | 0  | 0   | 0   | .23  |
| Castillo rf   |  | 1   | 0   | 0                            | 1  | 0   | 0   | .20  |
| Suwinski ph-lf  |  | 2   | 1   | 1                            | 3  | 0   | 1   | .19  |
| Newman ss   |  | 4   | 0   | 1                            | 0  | 0   | 0   | .27  |
| Chavis 1b   |  | 3   | 0   | 0                            | 0  | 1   | 0   | .22  |
| Gamel dh  |  | 3   | 1   | 1                            | 0  | 1   | 0   | .23  |
|   |  |   |   |                              |  |   |   |  |
| Allen If-rf   |  | 4   | 1   | 0                            | 0  | 0   | 3   | .18  |
| Delay c   |  | 3   | 0   | 0                            | 0  | 0   | 1   | .18<br>.21   |
| Delay c<br><b>Totals</b>  |  | 3<br><b>31</b>  | 0<br><b>6</b>   | 0<br><b>7</b>                | 0<br><b>6</b>  | 0   |   |  |
| Delay c<br>Totals<br>Chicago  | 000  | 3<br>31<br>0  | 0<br>6  | 0<br><b>7</b>                | 0<br>6<br>000  | 0   | 1   | .21<br><b>5</b>  |
| Delay c<br>Totals<br>Chicago  |  | 3<br>31<br>0  | 0<br><b>6</b>   | 0<br><b>7</b>                | 0<br><b>6</b>  | 0   | 1<br>8  | .21  |
| Delay c<br>Totals<br>Chicago  | 000<br>100   | 3<br>31<br>0  | 0<br>6<br>00<br>50  | 0<br><b>7</b>                | 0<br>6<br>000<br>00x   | 0<br><b>2</b><br>-  | 1<br>8<br>0<br>6  | .21<br><b>5</b><br><b>7</b>  |
| Delay c Totals Chicago Pittsburgh   | 000<br>100<br>Mil  | 3<br>31<br>0<br>ey  | 0<br>6<br>00<br>50  | . I                          | 0<br>6<br>000<br>00x   | 0<br>2<br>-<br>-  | 1<br>8<br>0<br>6  | .21<br><b>5</b><br><b>7</b><br>go (  |
| Delay c Totals Chicago Pittsburgh E - Bote (1),   | 000<br>100<br>Mil<br>3 – N   | 3<br>31<br>0<br>ey  | 0<br>6<br>50<br>(1)   | . I                          | 0<br>6<br>000<br>00x<br>0B   | 0<br>2<br>-<br>-<br>-<br>stro (   | 1<br>8<br>0<br>6<br>Chica<br>8), Ba   | .21<br>5<br>7<br>go 6<br>ae (1   |
| Delay c Totals Chicago Pittsburgh E — Bote (1), Pittsburgh 5. 28  | Mil<br>3 – N   | 3<br>31<br>0<br>ey<br>More  | 0<br>6<br>50<br>(1)<br>el (1  | 0 <b>7</b> . <b>I</b> . (8)  | 0<br>6<br>000x<br>00x<br>.OB<br>, Cas  | 0<br><b>2</b><br>-<br>-<br>-<br>stro (  | 1<br><b>0</b><br><b>6</b><br>Chica<br>8), Ba                                      | .21<br>5<br>7<br>go 6<br>ae (1<br>zolar  |
| Delay c Totals  Chicago Pittsburgh  E — Bote (1), Pittsburgh 5. 21 Newman (18).   | Mil<br>3 – N<br>HR -   | 3<br>31<br>0<br>ey<br>More  | 0<br>6<br>50<br>(1)<br>el (1  | 0 <b>7</b> . <b>I</b> . (8)  | 0<br>6<br>000x<br>00x<br>.OB<br>, Cas  | 0<br><b>2</b><br>-<br>-<br>-<br>stro (  | 1<br><b>0</b><br><b>6</b><br>Chica<br>8), Ba                                      | .21<br>5<br>7<br>go 6<br>ae (1<br>zolar  |
| Delay c Totals  Chicago Pittsburgh  E — Bote (1), Pittsburgh 5. 2t Newman (18).  RBIS — Castillo DP — Chicago 1   | Mil<br>3 – N<br>HR -   | 3<br>31<br>0<br>ey<br>More  | 0<br>6<br>50<br>(1)<br>el (1  | 0<br>7<br>. I<br>. 8)<br>ins | 0<br>6<br>000x<br>00x<br>OB<br>, Cas<br>ki (1  | 0<br><b>2</b><br>-<br>-<br>-<br>stro (  | 1<br><b>0</b><br><b>6</b><br>Chica<br>8), Ba                                      | .21<br>5<br>7<br>go 6<br>ae (1<br>zolar  |
| Delay c Totals  Chicago Pittsburgh  E — Bote (1), Pittsburgh 5. 2t Newman (18).  RBIS — Castillo DP — Chicago 1   | 000<br>100<br>Mil<br>3 – N<br>HR -   | 3<br>31<br>0<br>0<br>ey<br>More<br>- S  | 00<br>50<br>(1)<br>el (1<br>uwi   | 0<br>7<br>. I<br>. 8)<br>ins | 0<br>6<br>000x<br>00x<br>OB<br>, Cas<br>ki (1  | 0<br>2<br>-<br>-<br>- (stro (   | 1<br>8<br>0<br>6<br>Chica<br>8), Ba<br>off Al<br>— Ca                             | .21  5 7 go 6 ae (1 zolar  |
| Delay c Totals Chicago Pittsburgh E — Bote (1), Pittsburgh 5. 21 Newman (18). RBIs — Castillo DP — Chicago Miley, L, 1-2 Alzolay  | 000<br>100<br>Mil<br>3 – N<br>HR -   | 3<br>31<br>0<br>0<br>0<br>ey<br>More<br>- S   | 0<br>6<br>50<br>(1)<br>el (1)<br>uuwi<br>Bae  | 0<br>7<br>. I<br>. 8)<br>ins | 0 6 000 00x 0B ki (1 (2).  | 0<br>2<br>-<br>-<br>stro (<br>.8), c  | 1<br>8<br>0<br>6<br>Chica<br>8), Ba<br>off Al<br>– Ca                             | .21 5 7 go 6 ae (1 zolar astillo ER 3.3 6.4  |
| Delay c Totals  Chicago Pittsburgh  E — Bote (1), Pittsburgh 5. 2i Newman (18).  RBIs — Castillc DP — Chicago 1 Chicago Miley, L, 1-2   | 000<br>100<br>Mil<br>3 – N<br>HR -   | 3<br>31<br>0<br>0<br>0<br>ey<br>More<br>- S<br>3),  | 0<br>6<br>50<br>(1)<br>el (1<br>uwi<br>Bae  | 0 <b>7</b> (18) ins          | 0<br>6<br>000x<br>00x<br>, Cas<br>ki (1<br>(2).  | 0<br>2<br>-<br>-<br>stro (<br>8), 0<br>SF   | 1<br>8<br>0<br>6<br>Chica<br>8), Ba<br>off Al<br>– Ca                             | .21 5 7 go (ae (1) zola astillo ER 3.3 6.4 4.4   |
| Delay c Totals Chicago Pittsburgh E — Bote (1), Pittsburgh 5. 21 Newman (18). RBIs — Castillo DP — Chicago Miley, L, 1-2 Alzolay  | 000<br>Mil<br>3 – N<br>HR -<br>0 (28<br><br>IP<br>4<br>3<br>1  | 3<br>31<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0 | 0 6 00 (1) (1) (1) (1) (1) (1) (1) (1) (1) (1)  | 0 <b>7</b> (18) ins 2        | 0 6 0000 000x 000 ki (1 (2).   | 0<br>2<br>-<br>-<br>stro (<br>8), (<br>8), (<br>5F  | 1<br>8<br>0<br>6<br>Chica<br>8), Ba<br>off Al<br>— Ca                             | .21 5 7 go 6 ae (1 zolar astillo ER 3.3 6.4  |
| Delay c Totals Chicago Pittsburgh E — Bote (1), Pittsburgh 5. 2I Newman (18), RBIS — Castille DP — Chicago 1 Chicago Miley, L, 1-2 Alzolay Wick   | 000 Mill Mill Mill Mill Mill Mill Mill M   | 3<br>31<br>0<br>0<br>0<br>ey<br>More<br>- S<br>3),  | 0 6 (1) (1) (1) (1) (1) (1) (1) (1) (1) (1)   | 0 7 (18) ins 2               | 0 6 0000 000x 00B (2). Cas ki (1 (2). R 1 3 0  | 0 2 ( stro ( 8), ( s SF BB 1 0 1  | 1<br>8<br>0<br>6<br>Chica<br>8), Ba<br>off Al<br>— Ca<br><b>SO</b><br>3<br>3<br>2 | .21 5 7 go (ae (1) zola astillo ER 3.3 6.4 4.4   |
| Delay c Totals Chicago Pittsburgh E — Bote (1), Pittsburgh 5. 21 Newman (18). RBIs — Castillo DP — Chicago 1 Chicago Miley, L, 1-2 Alzolay Wick Pittsburgh Oviedo, W, 2-1 Z.Thompson                                  | Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill | 3<br>31<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0                          | 0 6 50 (1) el (1) Bae R 3 3 0 1 R 5 (2) 1 C 5 | 0 <b>7</b> (18) ins 2        | 0 6 0000 000x 00B ki (1 (2).   | 0 2 (   | 1 8 0 6 Ehica 8), Ba off Al - Ca 50 3 3 2 50                                      | .21 5 7 ggo 6 ae (1 zolar astillo ER 3.3 6.4 4.4 ER  |
| Delay c Totals Chicago Pittsburgh E — Bote (1), Pittsburgh 5. 2I Newman (18). RBIs — Castill DP — Chicago Miley, I, 1-2 Alzolay Wick Wick Pittsburgh Oviedo, W, 2-1   | Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill<br>Mill | 3<br>31<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0                          | 0 6 50 (1) el (1) Bae R 3 3 0 1 R 5 (2) 1 C 5 | 0 <b>7</b> (18) ins 2        | 0 6 000x 00bx 00bx (2). Caski (1 1 3 0 ER 0  | 0 2 ( stro ( 8), ( s SF 1 0 1 BB 0  | 1 8 0 6 Chica 8), Ba off Al - Ca 50 3 3 2 50 7                                    | .21  5 7 go eae (1 zolar astille  ER. 3.3 6.4 4.4 ER. 3.0  |
| Delay c Totals Chicago Pittsburgh E — Bote (1), Pittsburgh 5. 2I Newman (18), RBIS — Castillc DP — Chicago Miley, L, 1-2 Alzolay Wick Pittsburgh Oviedo, W, 2-1 Z.Thompson T — 2:26. Att.                             | 000 Mill Mill Mill Mill Mill Mill Mill M   | 3<br>31<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0 | 0 6 (1) (1) (1) (1) (1) (1) (1) (1) (1) (1)   | 0 7 (18) ins 2 E             | 0<br>6<br>0000<br>000x<br>.OB<br>ki (1<br>(2).<br>R<br>1<br>3<br>0<br>ER<br>0                              | 0 2 2   | 1 8 0 6 Chica 8), Ba 6 5 6 7 4  | .21  5 7 go 6 ae (1 zolar astillo  ER. 3.3 6.4 4.4 ER. 3.0   |
| Delay c Totals  Chicago Pittsburgh  E — Bote (1), Pittsburgh 5, 2!  Newman (18), RBIS — Castillo DP — Chicago 1 Chicago Miley, L, 1-2 Alzolay Wick Pittsburgh Oviedo, W, 2-1 Z.Thompson T — 2:26. Att.  Blue          | Mill Mill Mill Mill Mill Mill Mill Mill  | 3 3 1 ey More - S 3), H 3 3 1 H 3 2 2 7, 2 7  | 0 6 00 (1) (1) (1) (1) (1) (1) (1) (1) (1) (1)  | 0 7 (18) ins 2 E             | 0 6 000x 000x 000x (2). (2). (2). (2). (2). (2). (3). (4). (4). (5). (6). (6). (6). (6). (6). (6). (6). (6 | 0<br>2<br>-<br>-<br>- (stro)<br>(8), (8), (8), (9), (10), | 1 8 0 6 Ehica 8), Ba 50 fff Al - Ca 50 3 3 2 50 7 4                               | .21<br>5<br>7<br>go 6<br>ae (1<br>zola:<br>stillo<br>ER.<br>3.3<br>6.4<br>4.4<br>ER.<br>3.0<br>5.1 |
| Delay c Totals  Chicago Pittsburgh  E — Bote (1), Pittsburgh 5.2  Newman (18).  RBIs — Castillo DP — Chicago 1 Chicago Miley, L, 1-2 Alzolay Wick Pittsburgh Oviedo, W, 2-1 2.Thompson T — 2:26. Att Blue Toronto     | Mill Mill Mill Mill Mill Mill Mill Mill  | 3 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0   | 0 6 (1) (1) (1) (1) (1) (1) (1) (1) (1) (1)   | 0 7 (18) ins 2 E             | 0 6 000x 000x 000x 000x 000x 000x 000x   | 0<br>2<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-  | 1 8 0 6 Chica 8), Ba 50 fff Al - Ca 50 3 3 2 50 7 4 1 50                          | .21 5 7 go (ae (1) zola stille ER 3.3 6.4 4.4 ER 3.0 5.1   |
| Delay c Totals  Chicago Pittsburgh  E — Bote (1), Pittsburgh 5. 21 Newman (18). RBIs — Castill DP — Chicago Miley, L, 1-2 Alzolay Wick Wick DFittsburgh Oviedo, W, 2-1 Z.Thompson T — 2:26. Att.  Toronto Springer dh | Mill Mill Mill Mill Mill Mill Mill Mill  | 3 1 0 0 ey Morro - S 3), H 3 3 1 H 3 2 2 7,27 B 3   | 0 6 00 (1) el (1) uwi Bae R 3 3 0 1 R 73.   | 0 7 (18) ins 2 E             | 0 6 000x 000x 000x 000x 000x 000x 000x   | 0 2 ( stro ( 8), ( 8), ( 8)   | 1 8 0 6 Chica 8), Ba 6 3 3 2 50 7 4 1 50 1  | .21 5 7 go 6 ae (1 zolar stillo ER. 3.3 6.4 4.4 ER. 3.0 5.1  |
| Delay c Totals  Chicago Pittsburgh  E — Bote (1), Pittsburgh 5.2  Newman (18).  RBIs — Castillo DP — Chicago 1 Chicago Miley, L, 1-2 Alzolay Wick Pittsburgh Oviedo, W, 2-1 2.Thompson T — 2:26. Att Blue Toronto     | Mill Mill Mill Mill Mill Mill Mill Mill  | 3 1 0 0 ey Morro - S 3), H 3 3 1 H 3 2 2 7,27 B 3   | 0 6 00 (1) (1) (1) (1) (1) (1) (1) (1) (1) (1)  | 0 7 (18) ins 2 E             | 0 6 000x 000x 000x 000x 000x 000x 000x   | 0<br>2<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-<br>-  | 1 8 0 6 Chica 8), Ba 6 SO 3 3 2 SO 7 4 SO 1 1                                     | .21 5 7 go (ae (1) zola stille ER 3.3 6.4 4.4 ER 3.0 5.1   |

| Blue J                  | Jay | <b>ys</b> | 3,         | , R | la  | ys  | 1    |       |
|-------------------------|-----|-----------|------------|-----|-----|-----|------|-------|
| Toronto                 | AB  | R         | H          | В   | 1 8 | 3B  | 50   | Avg.  |
| Springer dh             | 3   | 0         | 0          | (   | )   | 0   | 1    | .260  |
| Bichette ss             | 4   | 0         | 0          | (   | )   | 0   | 1    | .284  |
| Guerrero Jr. 1b         | 3   | 0         | 0          | (   | )   | 1   | 1    | .276  |
| Kirk c                  | 4   | 0         | 1          | (   | )   | 0   | 0    | .294  |
| Chapman 3b              | 4   | 0         | 1          | (   | )   | 0   | 1    | .236  |
| Hernández rf-lf         | 4   | 1         | 1          | (   | )   | 0   | 0    | .259  |
| Tapia If                | 2   | 0         | 0          | (   | )   | 0   | 0    | .263  |
| Jansen ph               | 0   | 0         | 0          | (   | )   | 1   | 0    | .255  |
| Zimmer pr-cf            | 0   | 1         | 0          | (   | )   | 0   | 0    | .103  |
| Merrifield 2b           | 3   | 1         | 2          | - 3 | 3   | 0   | 1    | .230  |
| Bradley Jr. cf-rf       | 2   | 0         | 0          | (   | )   | 1   | 1    | .177  |
| Totals                  | 29  | 3         | 5          | 3   | 3   | 3   | 6    |       |
| Tampa Bay               |     | AΒ        | R          | Н   | ы   | BB  | 50   | Avg.  |
| Aranda 3b               |     | 2         | 0          | 0   | 0   | 1   | 2    | .250  |
| Paredes ph-3b           |     | 1         | 0          | 0   | 0   | 0   | 0    | .221  |
| Franco ss               |     | 4         | 0          | 1   | 0   | 0   | 1    | .274  |
| Arozarena rf-lf         |     | 4         | 0          | 2   | 0   | 0   | 1    | .273  |
| Peralta If              |     | 2         | 0          | 0   | 0   | 1   | 0    | .245  |
| Ramírez ph              |     | 1         | 0          | 1   | 1   | 0   | 0    | .308  |
| 2-Walls pr-2b           |     | 0         | 0          | 0   | 0   | 0   | 0    | .172  |
| Margot dh               |     | 4         | 0          | 0   | 0   | 0   | 2    | .288  |
| Mastrobuoni 2b-r        | f   | 4         | 0          | 1   | 0   | 0   | 1    | .375  |
| Mejía c                 |     | 3         | 0          | 1   | 0   | 0   | 1    | .251  |
| Bethancourt ph          |     | 1         | 0          | 0   | 0   | 0   | 1    | .254  |
| Choi 1b                 |     | 4         | 0          | 0   | 0   | 0   | 2    | .223  |
| Siri cf                 |     | 3         | 1          | 1   | 0   | 0   | 1    | .252  |
| Totals                  |     | 33        | 1          | 7   | 1   | 2   | 12   |       |
| Toronto 00              |     | 00        | -          | 30  | _   | -   | 3    | 5 1   |
| Tampa Bay 00            | 0   | 00        | 0_         | 01  | 0   | _   | 1    | 7 1   |
| E - Bichette (21)       |     |           |            |     |     |     |      |       |
| Tampa Bay 7. 2B-        |     |           |            |     |     |     |      |       |
| Arozarena (40), N       |     |           |            |     |     |     |      |       |
| off Raley. RBIs — I     |     |           |            |     |     |     |      |       |
| <b>cs</b> – Zimmer (2). | DP  | — To      | oro        | nto | 1;  | Tam | pa B | ay 2. |
| Toronto                 |     |           |            |     |     |     | SO   |       |
| Manoah, W, 15-7         |     | 7         | 4          | 0   | 0   | 2   | 8    | 2.31  |
| Mayza, H, 16            |     | 2/3       | 2          | 1   | 1   | 0   | 1    | 3.13  |
| Romano, S, 35-41        | . 1 | 1/3       |            | 0   | 0   | 0   | 3    | 2.24  |
| Tampa Bay               |     |           |            |     | ER  |     |      | ERA   |
| Rasmussen, L, 10        | -7  |           | <b>3</b> 3 |     | 1   | 2   |      | 2.85  |
| Raley                   |     | 1/        |            |     | 2   | 1   |      |       |
| Faucher                 |     |           | з О        |     | 0   |     | _    | 6.27  |
| Ogando                  |     |           | 1 1        | . 0 | 0   | 0   | 0    | 3.00  |

T - 3:18. Att. - 22,169.

|   | ves                      | u,                       | , P                           | hill                          | lies                                     | 5                          |                          |
|---|--------------------------|--------------------------|-------------------------------|-------------------------------|--|----------------------------|--------------------------|
| Atlanta                                       | AB                       | R                        | н                             | BI                            | BB                                       | SO                         | Avg                      |
| Swanson ss                                    | 5                        | 0                        | 2                             | 1                             | 0  | 1                          | .27                      |
| Contreras c                                   | 4                        | 1                        | 3                             | 2                             | 1  | 1                          | .27                      |
| Riley 1b-3b                                   | 5                        | 0                        | 0                             | 0                             | 0  | 1                          | .28                      |
| d'Arnaud dh                                   | 5                        | 1                        | 2                             | 0                             | 0  | 1                          | .27                      |
| Ozuna If                                      | 4                        | 1                        | 1                             | 0                             | 0  | 2                          | .22                      |
| Heredia If                                    | 0                        | 0                        | 0                             | 0                             | 0  | 0                          | .12                      |
| Harris II cf                                  | 4                        | 1                        | 3                             | 2                             | 0  | 0                          | .30                      |
| Grissom 2b                                    | 4                        | 1                        | 2                             | 1                             | 0  | 0                          | .29                      |
| Arcia 3b                                      | 4                        | 1                        | 1                             | 0                             | 0  | 2                          | .24                      |
| Olson 1b                                      | 0                        | 0                        | 0                             | 0                             | 0  | 0                          | .23                      |
| Grossman rf                                   | 4                        | 0                        | 0                             | 0                             | 0  | 3                          | .22                      |
| Totals  | 39                       | 6                        | 14                            | 6                             | 1  | 11                         |                          |
| Philadelphia                                  | AB                       |                          | н                             | BI                            | BB                                       | 50                         | A۷٤                      |
| Schwarber If                                  | 3                        |                          | 0                             | 0                             | 1  | 1                          | .21                      |
| Hoskins 1b                                    | 4                        |                          | 1                             | 0                             | 0  | 2                          | .25                      |
| Harper dh                                     | 3                        |                          | 1                             | 2                             | 1  | 0                          | .28                      |
| Realmuto c                                    | 4                        |                          | 0                             | 0                             | 0  | 0                          | .27                      |
| Bohm 3b                                       | 4                        |                          | 0                             | 0                             | 0  | 0                          | .29                      |
| Marsh cf                                      | 4                        |                          | 0                             | 0                             | 0  | 2                          | .28                      |
| Segura 2b                                     | 3                        |                          | 1                             | 0                             | 1  | 0                          | .27                      |
|   |                          |                          |                               |                               | _  | 2                          | 22                       |
| Stott ss                                      | 4                        |                          | 0                             | 0                             | 0  | 2                          |                          |
| Maton rf                                      | 2                        | 0                        | 0                             | 1                             | 0  | 1                          |                          |
|   |                          | 0                        |                               |                               |  |                            |                          |
| Maton rf<br>Totals<br>Atlanta                 | 31<br>01                 | 0<br>3                   | 0<br>3<br>100                 | 3                             | 0<br>3                                   | 1<br>8                     | .22<br>.26               |
| Maton rf<br><b>Totals</b>                     | 2<br><b>31</b>           | 0<br>3                   | 0<br><b>3</b>                 | 1<br>3                        | 0<br>3                                   | 1<br><b>8</b>              | .26                      |
| Maton rf<br>Totals<br>Atlanta                 | 31<br>01<br>00           | 0<br>3<br>1 4            | 0<br>3<br>100<br>002          | 1<br>3<br>000<br>100          | 0<br>3<br>0 -                            | 1<br>8<br>6<br>3           | .26<br>14<br>3           |
| Maton rf<br>Totals<br>Atlanta<br>Philadelphia | 31<br>01<br>00<br>6). LO | 0 (<br>1 4<br>0 (<br>B – | 0<br>3<br>100<br>002<br>Atlai | 1<br>3<br>000<br>100<br>nta 7 | 0<br>3<br>0 –<br>0 –<br>, Phil<br>7), Ho | 1<br>6<br>3<br>adelposkins | .26<br>14<br>3<br>ohia 5 |

Falter; Harper (18), off Wright. RBIs — Grissom (17), Contreras 2 (44), Harris II 2 (61), Swanson (89), Harper 2 (60), Maton (17). **SF** – Maton. **DP** – Philadelphia 2.

Jansen, S, 37-44

Philadelphia

Falter, L, 5-4

32

Pollatti Brogdon Robertson **T** – 3:22. **Att.** – 36,692.

| Guard       | dian | S 4 | 4, | Ra  | nge | ers | 2   |                |
|-------------|------|-----|----|-----|-----|-----|-----|----------------|
| Cleveland   | AB   | R   | H  | ВІ  | вв  | 50  | Αv  | g.             |
| Kwan dh     | 2    | 0   | 0  | 0   | 1   | 0   | .29 | 5              |
| Rosario ss  | 4    | 0   | 2  | 1   | 0   | 0   | .28 | 33             |
| Ramírez 3b  | 3    | 0   | 0  | 0   | 1   | 1   | .27 | 16             |
| Naylor 1b   | 4    | 0   | 0  | 0   | 0   | 1   | .25 | 8              |
| Gonzalez rf | 4    | 2   | 2  | 2   | 0   | 1   | .29 | 1              |
| Giménez 2b  | 4    | 1   | 2  | 1   | 0   | 0   | .30 | )3             |
| Brennan If  | 4    | 0   | 0  | 0   | 0   | 1   | .26 | 7              |
| Hedges c    | 4    | 0   | 0  | 0   | 0   | 0   | .16 | 9              |
| Straw cf    | 2    | 1   | 0  | 0   | 1   | 1   | .21 | 6              |
| Totals      | 31   | 4   | 6  | 4   | 3   | 5   |     |                |
| Texas       | AB   | R   | Н  | BI  | BB  | 50  | Αv  | g.             |
| Semien 2b   | 3    | 1   | 2  | 1   | 1   | 0   | .25 | 54             |
| Seager ss   | 4    | 0   | 1  | 0   | 0   | 0   | .24 | ₽7             |
| Lowe 1b     | 3    | 0   | 0  | 0   | 1   | 2   | .30 | )5             |
| Heim dh     | 4    | 0   | 1  | 0   | 0   | 0   | .22 | 29             |
| Jung 3b     | 3    | 0   | 0  | 0   | 1   | 0   | .17 | 12             |
| Taveras cf  | 3    | 0   | 1  | 0   | 0   | 1   | .26 | 57             |
| Huff c      | 4    | 1   | 2  | 1   | 0   | 1   | .24 | <del>1</del> 5 |
| Smith If    | 4    | 0   | 0  | 0   | 0   | 0   | .20 | )5             |
| Thompson rf | 3    | 0   | 0  | 0   | 0   | 1   | .27 | 7              |
| Calhoun ph  | 1    | 0   | 0  | 0   | 0   | 0   | .20 | )2             |
| Totals      | 32   | 2   | 7  | 2   | 3   | 5   |     |                |
| Cleveland   | 000  | 01  | .0 | 111 | -   | 4   | 6   | 0              |
| Texas       | 001  | 00  | 0  | 001 | _   | 2   | 7   | 0              |

LOB - Cleveland 4, Texas 7. 2B - Giménez (26) Rosario (26), Seager (23). **3B** — Rosario (9). **HR** — Gonzalez (10), off Otto; Giménez (17), off Burke; Gonzalez (11), off Moore; Semien (24), off Quantrill; Huff (3), off Clase. **RBIs** – Gonzalez 2 (41), Giménez (68), Rosario (68), Semien (78), Huff (9). **CS** – Rosario (4). **S** – Kwan, Taveras.

| P — Cievelan   | J 1.         |     |     |   |    |    |    |      |
|----------------|--------------|-----|-----|---|----|----|----|------|
| leveland       |              | ΙP  | н   | R | ER | BB | 50 | ER/  |
| uantrill, W, 1 | 4-5          | 6   | 5   | 1 | 1  | 3  | 4  | 3.49 |
| entges, H, 8   |              | 1   | 1   | 0 | 0  | 0  | 0  | 2.41 |
| tephan, H, 18  | }            | 1   | 0   | 0 | 0  | 0  | 1  | 2.69 |
| lase, S, 39-43 | 3            | 1   | 1   | 1 | 1  | 0  | 0  | 1.46 |
| exas           | ΙP           | Н   | R   | E | ER | BB | 50 | ER/  |
| tto            | $5^{2}/_{3}$ | 3   | 1   |   | 1  | 1  | 3  | 4.73 |
| urke, L, 7-4   | $2^{1/3}$    | 2   | 2   |   | 2  | 2  | 2  | 1.7  |
| looro          | - 1          | - 1 | - 1 |   | 1  | 0  | 0  | 2.00 |

T - 2:30. Att. - 28,415.

**NOTEBOOK** 

# Teammates offer perspective on Pujols' 700th homer

BY DERRICK GOOLD

St. Louis Post-Dispatch

LOS ANGELES - In the dugout, as Albert Pujols stepped to the plate one swing shy of career home run No. 700, rookie Juan Yepez positioned himself to be beside Yadier Molina.

"This is it boys," Molina told his teammates.

"Next pitch - whang!" Yepez

recalled Saturday. In the moments it took Pujols to become only the fourth player in Major League Baseball history to circle the bases for a 700th time, his teammates made sure to soak in the scene along with him. Brendan Donovan, on base when Pujols' struck for his second homer, waited by home for a hug eventually got. Nolan Arenado agreed that it felt like being a boy again and watching his favorite player growing up hit a homer, though he had a better view.

On deck as Pujols hit Nos. 699 and 700 at Dodger Stadium on Friday, Paul Goldschmidt said he reminded himself to remember as many details as possible, as he's tried to do several times this season.

He will want to tell that story for years to come.

"You talk about my reaction? 'Hey, remember this moment," Goldschmidt said. "I think he's hit these milestones and it's like, hey, don't forget this because we might not ever see it again. I know me, as a teammate, will never see it again. It's been a blessing. It's been an honor to be a small part and get to see this. You can play this game for a long time and not ever see it or be a part of it. Take it in. Remember it. As best I can, enjoy it. See the enjoyment in his face. And all of those things so I can remember that as long as pos-

Hitting after Pujols in the lineup, Goldschmidt asked bench coach Skip Schumaker what he should do if the three-time MVP hit No. 700. Should he return to and faced a Dodgers' position the dugout? Should he step back player. He said Saturday he knew



The Cardinals' Albert Pujols watches the replay as he celebrates home run No. 700 with Lars Nootbaar in the fourth inning against the Los Angeles Dodgers on Friday, Sept. 23, 2022 at Dodger Stadium.

from the field? Should he go to the exactly what to do. batter's box? He wasn't sure what was respectful to the moment and the Dodgers. Eventually he opted for the most obvious option.

Celebrate with his teammates. Pujols' two historic homers he's the first member of the 700-homer club to join with a multi-homer game – were two of the five the Cardinals' hit in their 11-0 win. The last one of the game was the first one of a career. Rookie Alec Burleson entered the

game as a pinch hitter for Pujols

"I think that's the only way

to pinch-hit for him right there - hit a homer," Burleson said. "That's the right way to do it. You don't ever forget your first bigleague home run. You definitely don't forget when you hit it on a night like last night. ... Trying to do the math. We can't wrap our mind around hitting 700 homers. We can't imagine that or 2,200

Burleson joined the team in time to be present for Adam Wainwright and Yadier Molina's 325th start together to set the ma-

jor-league record. He has his first homer in the same box score Pujols' has his 700th. And throughout the day Friday, the rookie said he felt a "different" vibe around the team. After No. 699 left the park, Burleson and Paul DeJong talked about whether 700 should come at home. It was a short conversation.

It was like the team had the same sense Molina did.

This is it boys.

"Of course Albert does it with two home runs on Friday night with everyone here watching," Schumaker said. "A lot of emotions. A lot. A lot for what he's gone through both on and off the field, what he's helped me through. To see him do it, to be here with him, and not just watch him stuck at No. 699. I know he said he didn't care. But we all cared. We cared.

"We got the moment to be a

### **Wainwright set for** Sunday, Milwaukee in flux

Cardinals coaches and veteran starter Wainwright gathered together in San Diego to discuss, at length, what schedule would best help him shake free from three weeks of a "dead arm" phase. In his previous four starts, Wainwright has pitched five innings three of them and experienced less life on his pitches, less late snap on their movement, and at times just less velocity than ex-

The right-hander suggested after his start in San Diego that he's never had the issue five consecutive games and that the best route was to pitch through it, to stay active.

The Cardinals brass agreed. He'll start with Molina on Sunday in the LA series finale.

"Part of this is trusting him, (and) in the conversation he feels what's worked in the past," Marmol said. "And pitching is better than skipping a start or get him one day or two."

The Cardinals, however, are waiting to set the pitching plans for Milwaukee until after the weekend work. Depending on the standings and availability, Dakota Hudson is a candidate to start one of the two games against the Brewers and get the entire rotation an extra day of rest headed into the final six games of the regular season.

**Derrick Goold** 

@dgoold on Twitter dgoold@post-dispatch.com

## **Pujols**

gathered around him. "After confirmed by MLB and returned the Lord, that's who I play for. to the Cardinals for Pujols. The I would be sitting here today," They've been walking through three-time MVP met with the fan Pujols said of the Dodgers signthis journey, through the ups and who caught it late Friday night. ing him a year ago. "You guys downs, through the cries and the The fans who snagged No. 700 they have my back, and having Major League Baseball represen- people around you who believe in them in the stands, at this game, like this, become part of this history, means a lot to mean. Everything, pretty much, to me."

Pujols' milestone home runs produced the first five runs of the Cardinals' 11-0 rout of the Dodgers. The homers were Nos. 20 and 21 of the season. Fifteen have come since the All-Star break. With the bat handed to him by Ramirez, Pujols mashed No. 699 off a 94-mph fastball from Dodgers starter Andrew Heaney, a lefty. The ball traveled 434 feet — one of the season. An inning later, in the fourth, LA brought in righthanded reliever Phil Bickford. Jose Quintana nudged teammate Jordan Montgomery, a fellow lefty, in the Cardinals' dugout and mentioned how cool it would be if No. 700 came against a righthander.

Cool it was, Quintana later confirmed.

Before going to the plate, Pujols told Ramirez and MLB's authenticator that he was going to use the same bat as No. 699 one more time. He took a strike and a ball from Bickford and then jumped a hanging slider, sending it 389 feet into the stands and forever into the highlights.

"As soon as he looked into the dugout with his arms up, it was like, 'I did it,'" manager Oliver Marmol said.

"A lot of sensations. I alpitched 6 <sup>2</sup>/<sub>3</sub> scoreless innings for a Cardinal.

the win. "That happened on my

The baseball from No. 699 was tative and then, one official said, you." "walked."

are for fans."

Ramirez, the first-year batboy, is a 20-year-old college student from nearby El Monte, California. He takes a full course load and works a full-time job at the ballpark. Already this year he's manned the bats for an All-Star Game, witnessed Clayton Kershaw make Dodger history, and prepped for his first postseason. He was setting up the dugout and of the Cardinals' longest homers checking through his pre-game chores as Pujols circulated on the field during batting practice.

> Pujols hugged his former teammates with the Dodgers. He lifted up the LA batting coach who helped him modify his leg kick to generate better timing and more ing ways sometimes we don't unpower. He laughed with Dodgers execs, including CEO Stan Kasten, and they chided him about the size of his bejeweled 600 necklace, asking how big is the 725 pendant? Pujols repeated to them what he's repeated to everyone - he's not coming back to chase numbers or changing his mind about retiring. This is his last lap. He told them privately what he would later say to the entire crowd, explaining how being a Dodger last season "brought back the joy" he felt message for Latin guys." playing the game as a boy.

Without that spark, he was going to retire.

Without that time as a Dodger, most cried," said Quintana, who he would never have returned as

Without ending his career as a day. I'm never going to forget this Cardinal, he never would have hit

> "If they weren't going to give me the opportunity, I don't think wouldn't see the history tonight.

During BP, Pujols chatted with Pujols stressed that "souvenirs Hall of Fame-bound third baseman and fellow Dominican Adrian Beltre, the All-Star whose record Pujols' surpassed to become the all-time leader for hits by a player born outside the United States. Beltre came to witness history, and Pujols told him, "Man, I want to do this for our country." He could not have picked a more fitting day.

On Sept. 23, 1956, Ozzie Virgil Sr. started at third base for the New York Giants and became the first Dominican Republic-born player to debut in the majors.

Sixty-six years, to the date, Pujols became the first Dominican with 700 homers.

"God works his thing in amazderstand," Pujols said when told of the anniversary by the Post-Dispatch. "I'm just glad I was able to do it tonight."

"It means a lot for us," said Quintana, who grew up in Colombia and counts Edgar Renteria as a mentor. "He tried to say something with that, 'Hey, guys, you can do that, too? No matter where you're coming from, we can do good things in baseball, at this level. I think he delivered that

After the win, after they trimmed that magic number for the division title to four, the Cardinals gathered in the clubhouse for their second champagne toast of history this month. They pre-

viously gathered to honor Adam Wainwright and Yadier Molina for setting the major-league record for starts by a battery, at 325. Special labels featuring Pujols, his signature, and a neon-glow "700," were prepared and packed for the possibility of Friday's feats.

Pujols was also showered in hurts and the injuries. Knowing had the ball authenticated by a ... It's great when you have great water and beer by his teammates laundry cart. "Imagine me jumping in there,"

> said Pujols, 42. "I struggled getting out." His children laughed at that

Marmol had a sense coming to the ballpark Friday that the confluence of events - a return to Dodger Stadium, a playoff chase, Hollywood, and his family at the ballpark – primed the weekend for something special, just not so soon, or so rapidly in back-toback at-bats. During his postgame toast of the newest 700 man, Marmol touched on that and Pujols' promise in spring.

"That's what he's known for doing big things in the big moments," Marmol said. "That's what I told the club. This is just helping us win. His whole thing coming back and signing was, 'I can help you win a championship and in the midst of doing that he's hitting homers."

Not too far from the bat rack from which Ramirez pulled the AP5 that had one remarkable game before retirement, and not quite out of sight from the dugout, Pujols found a spot to be alone after No. 700.

His manager saw him crouch down, put his face in his hands, and remain still.

"Coolest part for me," Marmol said. "Him by himself, no cameras, no nothing, just him taking in the moment."

A few hours later, still sticky

from some beer spritz, Pujols mentioned the people who came to mind in the calm that came after 700. He mentioned his grandmother, his father, his family in the Dominican Republic, and the others who could be watching. He talked about the scout who befriended him and quit when Tampa Bay didn't draft after Wainwright and Molina him. Fernando Arango, who was stuffed him and spun him in a later hired by the Cardinals, "was somebody who believed in me in 1999. Someone I almost considered my dad." Arango died several years ago of cancer, Pujols said, and he paused in the dugout to think how Arango's would have been the first text he received about No. 700.

> Pujols was soon back with teammates, grinning with Molina, and watching home runs from several of the youngest hitters on the roster light up the scoreboard. The scoring that began with Pujols' Nos. 699 and 700 home runs ended for the Cardinals with rookie Alec Burleson's No. 1.

> Pujols said the location of his homer meant a lot.

So did the laundry.

"To do it with this uniform is even better," he said.

The jersey and the batting helmet he wore for the two homers received an authentication from Major League Baseball. They are his to keep or donate to a Hall of Fame. The bat he used also finally got that authentication, too. That happened a few steps away from where Ramirez rushed to get it and then deliver it.

As Pujols left the Cardinals' clubhouse late Friday night one of the last players to do so -Ramirez was still tidying up with his boss and fellow clubbies.

"Picked the right bat," he said. "Part of history now."

**Derrick Goold** 

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**SEC ROUNDUP** 

# Vols QB Hooker does it all in win over Gators

KNOXVILLE, Tenn. - Hendon Hooker threw for 348 yards and two touchdowns and ran for 112 yards and a score to lead No. 11 Tennessee to a 38-27 victory over No. 20 Florida Saturday.

It was Tennessee's second win over Florida in the last 18 meetings and snapped a six-game losing streak in the series. The win gave the Volunteers their first 4-0 start since 2016.

Tennessee (4-0, 1-0 SEC) took control in the fourth quarter when it traveled 87 yards for a TD after a fumble by Gators (2-2, 0-2) quarterback Anthony Richardson.

Richardson had a careerhigh 453 passing yards and two touchdowns and ran for 62 and two scores in a raucous Neyland Stadium.

Tennessee led 17-14 at halftime following a first half loaded with big offensive plays on both sides.

Hooker, who shook off what was reported as an upper body injury, threw for 248 yards, including a 70-yard connection with Bru McCoy for the Vols' longest play from scrimmage this Hooker to McCoy, gave Tennes- 220 passing yards by intermis- his way to a 44-yard score. season.

A 99-yard drive that ended with a one-yard pass from



**WADE PAYNE, ASSOCIATED PRESS** 

Tennessee quarterback Hendon Hooker leaps over a Florida defender en route to a touchdown during the first half Saturday in Knoxville, Tenn.

see the lead 7 seconds before the

sion and connected with his first TD pass of the season. Keon Zip- NO. 1 GEORGIA 39, KENT STATE 22:

Richardson had a career-high perer broke three arm tackles on Georgia (4-0) hardly looked like

the nation's best team, struggling to put away Kent State (1-3). The Bulldogs ultimately prevailed, holding on for a 39-22 victory, but their two-week run atop the rankings could be in jeopardy. Brock Bowers scored two more touchdowns and Georgia survived a sloppy performance.

NO. 16 MISSISSIPPI 35, TULSA 27: Jaxson Dart and Quinshon Judkins accounted for four touchdowns in the second quarter, and Ole Miss (4-0) hung on to beat the Golden Hurricane (2-2) in Oxford, Miss. The Rebels trailed for the first time this season, 14-7 before the decisive 28-point outburst. Dart threw 31-yard touchdown passes to Malik Heath and Jonathan Mingo, and Judkins had scoring runs of 1 and 4 yards to complete the rally and build a 35-14 cushion.

**MISSISSIPPI STATE 45, BOWLING GREEN 14:** Will Rogers threw for 406 yards and tied a school record with six touchdown passes as the Bulldogs (3-1) beat the Falcons (1-3) in Starkville, Miss. Rogers was 38-of-49 passing, finding 12 different receivers. The six touchdowns tied his own school record that he set a season

### Mizzou

From D1

Just another wild day in the Southeastern Conference. Just another brutal chapter in Mizzou's history book of misery.

How many times did Mizzou have Saturday's game won?

"A couple times," quarterback Brady Cook said.

First, usually sure-footed kicker Mevis, who in three seasons has never missed a field goal shorter than 30 yards, pushed a 26-yarder wide right that would have beaten Auburn on the last play of regula-

Mizzou's agony at Auburn was just getting started.

In the first overtime period, Peat was a few blades of grass away from scoring the gamewinning touchdown, but the ball slipped free from his right hand and with it, the victory - before he crossed the goal line.

Fumble. Touchback. Ball game. Auburn 17, Missouri 14.

Once the replay review upheld Peat's most untimely of turnovers, the once-silenced crowd of 85,750 erupted. Auburn defensive end Derick Hall, having a career day already, pounced on the loose ball. Before the review was confirmed, Missouri's Eli Drinkwitz had already crossed the field to shake Harsin's hand.

"There's so much energy and time and passion put into these games," said Drinkwitz, now 13-14 at Mizzou and 2-10 away from home. "To come so close and to lose ... it's heartbreaking. It's tough. But this is going to be a resilient team. They'll come back. That's my job. Get them back."

It doesn't get easier from here. As if Saturday's loss wasn't painful enough for Drinkwitz's Tigers a game-winning TD prematurely. He was doing everything he could (2-2, 0-1 SEC), next Saturday they host No. 1 Georgia, the reigning national champions.

plenty of time to replay Saturday's reached out to secure the victory. madness in their minds.

visitor's locker room door closed, Peat stared ahead blankly. Offensive lineman Javon Foster wrapped him in his arms.

This one's going to hurt.

Jordan-Hare Stadium, a place known for chaotic finishes, certainly lived up to its reputation on Mizzou's first-ever visit. A game short on offensive highlights the teams punted on 12 consecutive possessions in the second half — the day's 129th play from scrimmage will linger a while.

didn't appear he was celebrating their player was trying to score. though at that point."



**BUTCH DILL PHOTOS**, ASSOCIATED PRESS

Auburn safety Cayden Bridges (20) recovers a fumble in the end zone to secure the win as Missouri offensive lineman Connor Tollison (55) reaches for the ball during overtime Saturday in Auburn, Ala. Auburn won in overtime, 17-14.



Auburn linebacker Derick Hall carries the ball as Missouri offensive lineman Javon Foster tries to tackle him after an interception Saturday in Auburn, Ala.

tiptoed the sideline trying to stay inbounds, but instead of secur-

The only thing Peat might have Minutes after the game, as the secured was Harsin's job at least for another week. The Auburn coach clearly felt bad for the senior running back, who at times carried the offense for stretches with 110 yards on 20 carries. The fumble was just the second of Peat's career on 239 combined carries, catches and kickoff returns. Peat, who spent his first three seasons at Stanford, was not made available for postgame interviews.

"Every staff in America will look at that play. You coach those plays. Center it and just take care What was Peat thinking? It things up," Harsin said. "I knew

Once inside the 5-yard line, he to put the ball in the end zone, but the ball comes out."

Of course, Mevis could have By then, the Tigers will have ing the ball with both hands, he ended the game at the end of regulation. With linebacker Ty'Ron Hopper living in the Auburn backfield, Mizzou stoned running back Tank Bigsby on fourth-and-1 with 1:37 left, giving Cook the chance to set up the tie-breaking field

After a couple of first downs, Dominic Lovett hauled in a 39yard strike from Cook down to the Auburn 3-yard line, their second deep connection of the day.

"I was pretty confident at that point that we had it," Cook said. "I just knew that we needed to focus on ball security the last couple of the ball. I was pretty confident

Drinkwitz's confidence rested punch in a short touchdown and risk a disaster near the goal line, he called for Cook to kneel twice to set up the game-winning field goal with three seconds on the clock. Snap good, hold good, kick ... right.

At the home of the game's most famous missed field goal this century – Auburn's "Kick Six" touchdown return to beat Alabama in the 2013 Iron Bowl -Cook ran on the field to celebrate, Mevis' kick missed.

Drinkwitz insisted he'd make the same decision if given another chance. Before the kick, Mevis had never missed a PAT at Mizzou and was 23 of 25 on field goals under 40 yards.

"I mean, ball's on the 8-yard line dead middle," Drinkwitz said, "and you get a chance to end the game on your last play." Instead, overtime.

In the first series, Mizzou safety Martez Manuel appeared to intercept a pass tipped by teammate Daylan Carnell, but a replay review reversed the call, setting up fourth down from the 27. Auburn's Anders Carlson drilled a 39-yard field goal for a 17-14 lead.

Long before then, Missouri had climbed back from an early 14-0 deficit and evened the game by halftime with rushing touchdowns by Cody Schrader and Cook. MU's defense roared back to life behind Hopper, finishing the day with 12 tackles for loss and four sacks while holding Bigsby to just 44 yards on 19 runs.

"They played their butt off. They gave us a chance to win," Drinkwitz said of the defense. "They did everything they could possibly do."

In his first SEC start, Cook threw for 179 yards, an early interception and was sacked four times. He targeted freshman receiver Luther Burden III three times but they never connected. Lovett was again the Tigers' best playmaker, catching five passes for 102 yards. The Tigers punted on eight of their 13 possessions proof of botched execution long before Mevis and Peat's memorable gaffes.

"It's a game of inches," Cook said. "It's not on Peat. It's not on Mevis. This is a team sport. If you want to put it on anyone put it on

What's next for this team? How do the Tigers recover emotionally and physically in time to take on the nation's No. 1 team? Where do they go from here? Asked that question, Drinkwitz paused for 12 seconds.

"You know, it's a growing prowith his kicker. Rather than cess, right?" he said. "Teams got to grow. Programs got to grow. Two weeks ago, we got down 13-0 (at Kansas State) and didn't have the same mentality. This time we were down 14-0 and put ourselves in a position to win the game twice. So, a lot of growth there. Now we've got to finish."

"Today," he added, "was the team I know I had going into the season. The team I know I got going forward. I'll go to bat with those guys anytime. I'll put Harthen slammed on the brakes when rison Mevis in that exact same position. I'm not gonna flinch."

### Auburn 17, Missouri 14, OT First Quarter AUB-Ashford 11 run (Carlson kick), 6:01. AUB-Bigsby 3 run (Carlson kick), 2:55. Second Quarter MIZZ-Schrader 9 run (Mevis kick), e30. MIZZ-Cook 1 run (Mevis kick), e30.

First Overtime AUB—FG Carlson 39, :00. MIZZ AUB First downs 15 217 Total Net Yards 302 Rushes-yards 135 2-9 Passing Punt Returns Kickoff Returns Interceptions Ret. Comp-Att-Int 14-24-1 acked-Yards Lost Punts 8-48.0 8-45.75 2-0 4-26 Fumbles-Lost 1-1 7-45 Penalties-Yards Time of Possession 31:34

INDIVIDUAL STATISTICS
RUSHING-Missouri, Peat 20-100, Schrader 7-29, Cook 10-(minus 1), (Team) 2-(minus 5). Auburn, Ashford 15-46, Bigsby 19-44, Hunter 7-13, Alston 1-1, Shenker 1-(minus 5), Geriner 2-(minus 17),

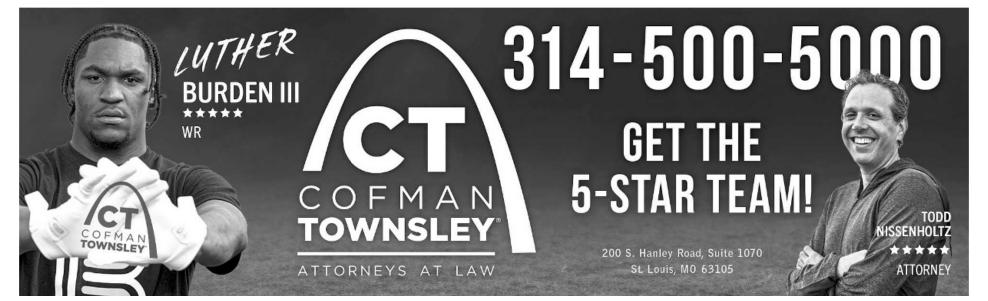
1-(minus 5), deriner 2-(minus 17).

PASSING—Missouri, Cook 14-24-1-179. Auburn,
Ashford 12-18-0-127, Geriner 2-3-0-8.

RECEIVING—Missouri, D.Lovett 5-102, Cooper 3-32,
Chepyator 3-26, Banister 1-9, Peat 1-7, Dove 1-3.
Auburn, Moore 4-74, Shenker 3-39, C.Brown 2-8, Bigsby 2-0, O.Kelly 1-12, Deal 1-1, Sh.Jackson 1-1 MISSED FIELD GOALS-Missouri, Mevis 26. Auburn, Carlson 50, Carlson 45, Carlson 44.

Dave Matter

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### **COLLEGE FOOTBALL**

# **HOW TOP 25 FARED**

# NO. 1 GEORGIA (4-0) 39,

**KENT ST. (1-3) 22** The Bulldogs turned the ball over four times against a game Golden Flashes squad, but Brock Bowers had two TDs to help Georgia avoid a monumental upset.

**NEXT:** at Missouri, Saturday



Alabama continued its dominance of Vanderbilt, with Bryce Young throwing for four TDs as the Crimson Tide crushed the Commodores.

**NEXT:** at No. 10 Arkansas, Saturday



### NO. 3 OHIO STATE (3-0) VS. WISCONSIN (2-1) Can Wisconsin stay with the

Buckeyes into the second half at Columbus? Or will Ohio State's offense overwhelm the Badgers' defense?

**NEXT:** vs. Rutgers, Saturday



### NO. 4 MICHIGAN (4-0) 34, **MARYLAND (3-1) 27**

Blake Corum had a career-best 243 yards and two touchdowns as the Wolverines opened Big Ten play with a tight victory over the Terrapins.

**NEXT:** at Iowa, Saturday

aren't playoff-good. **NEXT:** vs. Utah State, Thursday



NO. 5 CLEMSON (4-0) 51, NO. 21 W. FOREST (3-1) 45 D.J. Uiagalelei had 375 passing yards and five TDs, the last to Davis Allen at the start of the second OT, to help the

**NEXT:** vs. No. 12 NC State, Saturday

Tigers survive.



NO. 6 OKLAHOMA (3-0) VS. KANSAS ST. (2-1) | The Sooners open Big 12 play against a Wildcat team that suffered an upset loss against Tulane. Ou's defense is much improved with coach Brent Venables back. NEXT: at TCU, Saturday



NO. 7 SOUTHERN CAL (3-0) AT OREGON ST. (3-0) | QB Caleb Williams has been a star since transferring to the Trojans along with head coach Lincoln Riley. The Beavers, though, will be a good test. **NEXT:** vs. Arizona St., Saturday

NO. 8 KENTUCKY (4-0) 31, NO. ILLINOIS (1-3) 23 | Kentucky moved its winning



streak in non-conference games to 19, the longest active streak in the country, by holding off the Huskies. NEXT: at No. 16 Mississippi, Saturday NO. 9 OKLAHOMA ST. (3-0) BYE | The Cowboys don't have to worry about game



planning for this week, which only gives them ample time to get set for next week's trip to Waco and a Big 12 title game rematch. **NEXT:** at Baylor, Saturday NO. 23 TEXAS A&M (3-1) 23, NO. 10 ARKANSAS (3-1) 21 | K.J Jefferson had three

total TDs for the Hogs, but his second-quarter fumble inside the 5 that was returned



for an Aggies' TD proved the biggest play. **NEXT:** vs. No. 2 Alabama, Saturday NO. 11 TENNESSEE (4-0) 38, NO. 20 FLORIDA (2-2) 33 | The Volunteers got two passing touchdowns from Hendon Hooker, and the offense had 226 net rushing

yards in their SEC opener against the Gators. **NEXT:** Bye



first half and eased home to a victory over the Huskies, setting up a potential top-10 battle against the Tigers next week. **NEXT:** at No. 5 Clemson, Saturday NO. 13 UTAH (2-1) AT ARIZONA ST. (1-2) | There is a very real possibility the Utes'

**NO. 12 NC STATE (4-0) 41. UCONN (1-4) 10 |** The Wolfpack scored 31 points in the



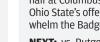
the weeks go by. NEXT: vs. Oregon St., Saturday NO. 14 PENN ST. (4-0) 33, C. MICHIGAN (1-3) 14 | Sean Clifford had 217 yards passing and accounted for four TDs as the Nittany Lions shook off an early challenge

opening loss at Florida will look more like an anomaly and missed opportunity as



NO. 15 OREGON (3-1) 44, WASHINGTON ST. (3-1) 41 | Oregon scored 22 straight points, capped by a Mase Funa 27-yard pick-6, to rally the Ducks past the Cougars for their third straight victory. **NEXT:** vs. Stanford, Saturday

and knocked off the Chippewas. **NEXT:** vs. Northwestern, Saturday





NO. 16 MISSISSIPPI (4-0) 35, TULSA (2-2) 27 | The Rebels scored four touchdowns in the second quarter against the Golden Hurricane, then had to hold on after being shut out in the second half. **NEXT:** vs. No. 8 Kentucky, Saturday



touchdowns in the Big 12 opener for both teams. Baylor snapped ISU's 12-game home winning streak versus Big 12 foes. **NEXT:** vs. No. 9 Oklahoma St., Saturday

NO. 18 WASHINGTON (3-0) VS. STANFORD (1-2) | The quick offensive turnaround

under first-year coach Kalen DeBoer has been astounding and looks very real after

NO. 17 BAYLOR (3-1) 31, IOWA ST. (3-1) 24 | Blake Shapen had three passing



beating Michigan State. NEXT: at UCLA, Friday NO. 19 BRIGHAM YOUNG (2-1) VS. WYOMING (3-1) | You can learn a lot about a team in back-to-back games against ranked teams. The Cougars are good, but they



NO. 11 TENNESSEE (4-0) 38, NO. 20 FLORIDA (2-2) 33 | Anthony Richardson 's last-gasp pass was intercepted to end the game in Knoxville, sending the Gators to

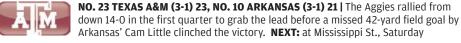


0-2 in SEC play. NEXT: vs. E. Washington, Saturday NO. 5 CLEMSON 51, NO. 21 WAKE FOREST (3-1) 45 | Sam Hartman threw for 337 yards and a program-record six touchdowns, but the Demon Deacons could not

match Clemson's score in the second OT.. **NEXT:** at Florida St., Saturday



TEXAS TECH (3-1) 37, NO. 22 TEXAS (2-2) 34 | Trey Wolff hit a 20-yard field goal in overtime as the Red Raiders knocked off the Longhorns, likely sending Texas out of the national rankings. NEXT: vs. West Virginia, Saturday



Arkansas' Cam Little clinched the victory. NEXT: at Mississippi St., Saturday NO. 24 PITTSBURGH (3-1) 45, RHODE ISLAND (2-2) 24 | Israel Abanikanda rushed for four touchdowns to tie for second-most in a game in Pitt history, allowing the

Panthers to ease past the Rams. NEXT: vs. Georgia Tech, Saturday



MIDDLE TENNESSEE (3-1) 45, NO. 25 MIAMI (2-2) 31 | The Hurricanes were 7 of 20 on third down, held to 68 net yards rushing, and turned the ball over three times in a stunning home loss to the Blue Raiders. **NEXT:** Bye

### SATURDAY'S STARS ASSOCIATED PRESS PHOTOS



CHASE CUNNINGHAM, QB, MIDDLE TENNESSEE: The sixth-year quarterback orchestrated one of the biggest victories in program history, throwing for 359 yards and three TDs, while rushing for another score, as the Blue Raiders upset No. 25 Miami, 45-31.



ISRAEL ABANIKANDA, RB, PITTSBURGH: Abanikanda, left, had plenty to celebrate against Rhode Island, registering 19 carries for 177 yards, including four touchdowns, as the Panthers pulled out a 45-24 victory over the Rams to close out non-conference play.



D.J. UIAGALELEI, QB, CLEMSON: Any talk of a quarterback controversy in Clemson may have ended with Uiagalelei's five passing TDs and 375 yards. Clemson has now won 14 straight games against Wake Forest, and remains a favorite to return to the ACC title game.

## **Frederickson**

of the Year season in 2001 and went on to include nine All-Star appearances, three National League MVPs and two World Series championships. Then, a brutal ending, or so we thought. When Pujols departed as a free agent to the Angels after the 2011 season, it left wounds only time could heal.

As an Angel, Pujols became human.

Without Pujols, the Car-

championship.

ing by the time Pujols returned for the first time as a visitor with the Angels for a 2019 trip that stirred warm feelings on both sides. The Angels' decision to drop a struggling Pujols in 2021 and the Dodgers' decision to hand him a part-time role that prioritized his ability to demolish left-handed pitching showed Pujols still had production left to provide. The National League adopted the designated hit-

need that did not overlap Paul Goldschmidt.

St. Louis and its departed star realigned.

"He's got some left," Cardinals manager Oli Marmol said as a one-year, \$2.5 million deal was finalized. "He's got more than some left."

"Now," added catcher

Yadier Molina, "we go." Puiols returned a little balder up top, a little rounder around the middle, and a little - OK, a lot - slower around the bases. The necklace he wore honoring his 600th home run was a shiny reminder of the milestones he reached with that other team. His hunger for the postseason underscored what his time with the Angels had almost always

lacked. A self-described passenger on the Cardinals' train instead of the stressed conductor, he made sure to enjoy the scenery. He smiled. He pitched! He wrapped teammates in big bear hugs.

Some things remained unchanged, like the sound of his bat meeting the ball -asycamore split by a snap of lightning – and the iconic image of his double-finger fist point to the sky every time he stomps on home plate. He had never disappointed Cardinal Nation. He was not about to start.

### Like he never left

After Pujols made his 22nd consecutive opening-day start, the plan was maximizing the matchups. But what started as Pujols' playing time being directly linked to facing left-handed pitching eventually turned into Pujols playing much more regularly because he gave the Cardinals their best chance to win.

His first home run of the season (No. 680) came at home, because of course.

"Welcome back, Albert!" Cardinals TV broadcaster Dan McLaughlin bellowed from his booth. "It's like you never left!"

The Cardinals beat the inning of a scoreless game Fans with access to one of

Scar tissue started heal- free agent, to fill a Cardinals games Pujols homered in. Ricky Horton setting the that tracked his progress. Six of his homers, includwith starting first baseman ing No. 699 arrived in twoing No. 700, came with two outs.

> Not included are the All-Star homers that sparked him. Pujols, invited to his 11th All-Star Game by comcareer, was showered with love by the game's in-theirprime stars. Then he upset top-seeded Kyle Schwarber in the home run derby. Pujols had four home runs when his All-Star inclusion became tion. ESPN's Chris Berman most recent two at Dodger Stadium, home of the 2022 All-Star game. Hollywood for an encore.

Four times this season, including Friday night, Pusame game. He gave every National League Central opponent a retirement gift, driving at least one home run over each of their walls during his goodbye tour. who flocked to see him in him by hitting No. 698. Colorado and Arizona and Toronto to homers, too, and their cheers at times made relocated.

Cardinals president of Mozeliak kept repeating the same word: "Magic." Cardinals chairman Bill DeWitt Jr., who insisted Pujols' return was about forging forward as much as it was revisiting sepia-toned memories, watched excitedly along with the fans, sweating it out in the stands. His favorite Puiols homer this season? "There are so many," DeWitt Pujols was signed, and the

answered. Pujols hit them against righties and lefties, in the acity full of National League day and at night, as a starter and off the bench. Some nated-hitting junkies who were lasers. Most were arched, some beneath The Arch, like his final at-bat he left the dugout. Pitchagainst the Cubs, when ers who walked him – and he came off the bench as a especially the ones who hit pinch-hitter in the eighth him – faced waves of boos.

scene as he prepared for the at-bat against Brandon strike counts. Nine, includ- Hughes. Wouldn't it be cool. Horton suggested, if Pujols hit No. 695 right here? Pujols thought, yes, it sure would be. Then he did it, rounding the bases with a big grin.

Cardinals teammates missioner Rob Manfred as a Paul Goldschmidt and Nocelebration of his remarkable lan Arenado, two of the best players in the game, gushed about Pujols like he was Super Man during his secondhalf surge. Rookies stuck to him like sucker fish, absorbing every morsel of instrucofficial. He's had 17 since, the came back-back to Busch Stadium to see Pujols do it one more time, as did Bob Costas, as did Leofinish, with plenty of time nel Fernandez, the former president of the Dominican Republic.

Yes, a former president. jols homered twice in the Pujols once described how he would pick up trash and shine shoes to earn extra cash for his family as a young boy in the Dominican, back before his move to Missouri. Now Fernadez flew in to see He treated Cardinals fans him play. Pujols welcomed

Watching quietly from the press box that same night was Reds executive and forit sound like Busch Stadium mer Cardinals general manager Walt Jocketty, who gave Mozeliak, then the scouting baseball operations John supervisor, the green light to pursue Pujols as a prospect. Jocketty made no attempt to conceal a smile. For one moment, Jocketty wasn't a Reds employee. He was just another mesmerized observer.

Who wasn't?

### Not done yet

Ticket sales for Cardinals games spiked when demand only grew as his chase intensified. He turned fundamentalists into desigrushed to record Pujols on their cellphones every time

dinals could not win another ter entering 2022, creating tern began. The 2022 Car-doubter. Pujols had heard Cardinal Way used their pathe chance for Pujols, then a dinals won 20 of the first 21 Cardinals radio broadcaster tio to display a blinking sign

The standing ovations were deafening. The moment of silence right before he decided to swing was stunning. As KTRS sports director Brendan Wiese said, no place on Earth loves a home-run race more than

St Louis Pujols' push for 700 created a St. Louis sensation that can only be compared to Mark McGwire's home-run chase in 1998, a raucous rush to 70 homers that has since tarnished for some. This was similar, but different, and not just because of how Pujols' chase will age. The Pujols push included contention. He wasn't hunting 700 as the Cardinals sagged toward a postseason miss. He helped his team regain control of its division. Other baseball legends returned for final season(s) with their first team, but let's be clear here. None of them — Pete Rose with the Reds, Reggie Jackson with the Athletics, Ken Griffey Jr. and Ichiro Suzuki with the Mariners - came close to something like this.

Pujols this season passed Stan Musial for second place all-time in career total bases. He joined Aaron and Ruth as the only hitters to total 2,200 career RBIs. He expanded his list of pitchers homered against to an MLB-record 455, moving into first place on that list with a home run against Ross Detwiler, a Wentzville native who grew up going downtown to watch the Cardinals. Pujols left A-Rod in his dust and unlocked the 700 club door that had been barred for 18 years and limited to just three. No. 5 is now number four.

You really can go home again. Pujols, a Cardinal once more as he always should have been, has 700 home runs. And his biggest swings could be yet to come as the Cardinals try to prove Pujols was the player missing from their championship chase.

### Ben Frederickson @Ben\_Fred on Twitter

Royals 6-5 that day. A pat- and crushed a two-run no- the highest perches of One bfrederickson@post-dispatch.com



# THE BLITZ

## YOUR QUICK-HIT GUIDE TO WEEK 3 IN THE NFL



**ASSOCIATED PRESS PHOTOS** 

### Packers (1-1) at Buccaneers (2-0)

Tom Brady and Aaron Rodgers meet for only the fifth time as starting QBs. It's their first matchup since the Bucs beat the Packers in the NFC championship game on the way to winning the Super Bowl two seasons ago. Brady holds a 3-1 edge in head-to-head matchups against Rodgers. Brady hasn't had to be at his best to beat Dallas and New Orleans the past two weeks, primarily because Tampa Bay's defense has been so dominant.



### Cowboys (1-1) at Giants (2-0), Mon.

New York tries to open a season with three straight wins for the first time since 2009. Dallas will be without QB Dak Prescott again. Backup Cooper Rush led the team to a win over Cincinnati last Sunday. The Cowboys have beaten the Giants in nine of the past 10 games. New York's only win in the run was at home in the final game of the 2020 season.



### **Bills (2-0) at Dolphins (2-0)**

The Bills have won the past seven matchups, going back to October 2018, and have won by margins of 17, 3, 30, 35 and 15 in the past five meetings. But Buffalo may be starting two rookies in the defensive backfield, so it may be difficult to contain both of Miami's speedy receivers Tyreek Hill and Jaylen Waddle for the entire game. The two have combined for 34 catches and 524 yards so far this season.



### **Bengals (0-2) at Jets (1-1)**

Cincinnati looks to avoid its first 0-3 start since 2019 when it opened 0-11. The Bengals got down by at least two TDs in both of their losses this season and fought their way back to the verge of winning. The Jets snapped a 13-game losing streak in the month of September going back to 2018 with their 31-30 win at Cleveland last week. QB Joe Flacco is playing inspired football now, passing for 616 yards and 5 TDs.



### **Lions (1-1) at Vikings (1-1)**

Contenders or pretenders? This matchup will give a hint at which direction these two teams are heading. The Lions are the only NFL team in the past two years with consecutive 35-plus-point games to start a season. Detroit's first victory last year under coach Dan Campbell came against Minnesota in Week 13. Amon-Ra St. Brown caught the winning TD pass on the last play.

### Ravens (1-1) at Patriots (1-1)

The Ravens fell apart late in a loss to Miami last week, spoiling another big day by QB Lamar Jackson. Baltimore will look to bounce back at New England, where the Patriots have won three of the past four meetings. New England has a 9-2 overall edge in the regular-season matchups, including a 6-0 record at home. New England is 17-3 in home openers since 2002, trailing only Denver and Seattle, which are both 18-3.

### Texans (0-1-1) at Bears (1-1)

Lovie Smith makes another return to Soldier Field. He led the Bears to an 81-63 record and a Super Bowl appearance from 2004-12. He is 0-2 vs. Chicago, with losses coaching Tampa Bay in 2014 at Soldier Field and 2015 at Raymond James Stadium. Bears QB Justin Fields has attempted a league-low 28 passes. His 15 completions are tied for 31st among qualifiers. Chicago has by far the fewest yards passing at 153.

### Chiefs (2-0) at Colts (0-1-1)

Kansas City won two games in five days then got a long weekend to watch everyone else. While the Chiefs have lived up to the preseason hype as they chase a fifth straight appearance in the AFC championship game, the Colts have not. They struggled to earn a tie at Houston then were shutout at Jacksonville last weekend. But history is on their side: Indy has won four of the past six and six of the past nine vs. K.C.

### Raiders (0-2) at Titans (0-2)

Las Vegas and Tennessee, two teasm that made the playoffs in 2021, look to get going after disappointing starts to the season. The Raiders haven't started 0-3 since 2018. Tennessee last started 0-3 in 2009. Titans QB Ryan Tannehill has won all four career starts against the Raiders with a 124.4 career passer rating in those games.

### Saints (1-1) at Panthers (0-2)

Carolina knows it will need to win third downs against New Orleans if it hopes to snap a league-long nine-game losing streak. Carolina is converting a meager 26.1% of its third down conversions, ranking 29th in the league. Carolina hasn't won a home game in more than a full calendar year. That win came against the Saints in Week 2 of the 2021 season.

### Eagles (2-0) at Commanders (1-1)

This marks both teams' first NFC East game this season. Philadelphia's NFL-leading offense gets a big opportunity against a Washington defense that has struggled, especially against the run. Carson Wentz is facing Jalen Hurts and the Eagles for the first time since they traded him following the 2020 season. The Eagles have won four of their past five games at Washington and eight of 10 overall in the series.

### Jaguars (1-1) at Chargers (1-1)

This tantalizing matchup of talented young quarterbacks might not happen with Justin Herbert questionable to play because of fractured rib cartilage. The Chargers, who lost 27-24 to the Kansas City Chiefs in Week 2, likely would start Chase Daniel if Herbert cannot play. The Jaguars have forced at least three turnovers in consecutive games for the first time since 2019.

### Falcons (0-2) at Seahawks (1-1)

Atlanta know this is a rebuilding season but would like to avoid another 0-3 start. Atlanta also started 0-3 in 2020. The Seahawks are looking to bounce back after last week's 27-7 loss to San Francisco. While Geno Smith is playing solid at quarterback, the Seahawks need to get their run game going. Seattle is last in the league in averaging 56 yards rushing through two games.

### Rams (1-1) at Cardinals (1-1)

The Rams have dominated the series of late, winning 10 of 11 games, including a 34-11 victory in last year's NFC wild-card round. A loss in Arizona would put the Rams below .500 for only the second time in coach Sean McVay's six seasons. The first time was two weeks ago with their season-opening loss to Buffalo. The Cardinals play their third straight game against a team that made the playoffs in 2021.

### 49ers (1-1) at Broncos (1-1)

Denver's new quarterback Russell Wilson faces a familiar foe Sunday night. Wilson beat the Niners 16 times in 20 tries while with the Seattle Seahawks. And Wilson owns an 8-2 mark against 49ers coach Kyle Shanahan who is 38-35 against every other starting quarterback. The 49ers have turned to former starting QB Jimmy Garoppolo after Trey Lance went on season-ending IR with a broken ankle. The 49ers bring the league's top-ranked defense into Denver having allowed just 210 yards and 13 points per game so

### Associated Press

### **STANDINGS**

| EAST         | W-L-T   | Pct   | PF | PA | Home  | Away  | AFC   | NFC   | Div   |
|--------------|---------|-------|----|----|-------|-------|-------|-------|-------|
| Buffalo      | 2-0-0   | 1.000 | 72 | 17 | 1-0-0 | 1-0-0 | 1-0-0 | 1-0-0 | 0-0-0 |
| Miami        | 2-0-0   | 1.000 | 62 | 45 | 1-0-0 | 1-0-0 | 2-0-0 | 0-0-0 | 1-0-0 |
| N.Y. Jets    | 1-1-0   | .500  | 40 | 54 | 0-1-0 | 1-0-0 | 1-1-0 | 0-0-0 | 0-0-0 |
| New England  | 1-1-0   | .500  | 24 | 34 | 0-0-0 | 1-1-0 | 1-1-0 | 0-0-0 | 0-1-0 |
| SOUTH        | W-L-T   | Pct   | PF | PΑ | Home  | Away  | AFC   | NFC   | Div   |
| Jacksonville | 1-1-0   | .500  | 46 | 28 | 1-0-0 | 0-1-0 | 1-0-0 | 0-1-0 | 1-0-0 |
| Houston      | 0-1-1   | .250  | 29 | 36 | 0-0-1 | 0-1-0 | 0-1-1 | 0-0-0 | 0-0-1 |
| Indianapolis | 0-1-1   | .250  | 20 | 44 | 0-0-0 | 0-1-1 | 0-1-1 | 0-0-0 | 0-1-1 |
| Tennessee    | 0-2-0   | .000  | 27 | 62 | 0-1-0 | 0-1-0 | 0-1-0 | 0-1-0 | 0-0-0 |
| NORTH        | W-L-T   | Pct   | PF | PA | Home  | Away  | AFC   | NFC   | Div   |
| Cleveland    | 2-1-0   | .667  | 85 | 72 | 1-1-0 | 1-0-0 | 1-1-0 | 1-0-0 | 1-0-0 |
| Baltimore    | 1-1-0   | .500  | 62 | 51 | 0-1-0 | 1-0-0 | 1-1-0 | 0-0-0 | 0-0-0 |
| Pittsburgh   | 1-2-0   | .333  | 54 | 66 | 0-1-0 | 1-1-0 | 1-2-0 | 0-0-0 | 1-1-0 |
| Cincinnati   | 0-2-0   | .000  | 37 | 43 | 0-1-0 | 0-1-0 | 0-1-0 | 0-1-0 | 0-1-0 |
| WEST         | W-L-T   | Pct   | PF | PΑ | Home  | Away  | AFC   | NFC   | Div   |
| Kansas City  | 2-0-0   | 1.000 | 71 | 45 | 1-0-0 | 1-0-0 | 1-0-0 | 1-0-0 | 1-0-0 |
| Denver       | 1-1-0   | .500  | 32 | 26 | 1-0-0 | 0-1-0 | 1-0-0 | 0-1-0 | 0-0-0 |
| L.A. Charger | s 1-1-0 | .500  | 48 | 46 | 1-0-0 | 0-1-0 | 1-1-0 | 0-0-0 | 1-1-0 |
| Las Vegas    | 0-2-0   | .000  | 42 | 53 | 0-1-0 | 0-1-0 | 0-1-0 | 0-1-0 | 0-1-0 |

AMERICAN CONFERENCE

### NATIONAL CONFERENCE **EAST** Pct PF PA Home Away AFC NFC Div 2-0-0 1.000 40 36 1-0-0 1-0-0 1-0-0 1-0-0 0-0-0 Philadelphia 2-0-0 1.000 62 42 1-0-0 1-0-0 0-0-0 2-0-0 0-0-0 1-1-0 .500 23 36 1-1-0 0-0-0 1-0-0 0-1-0 0-0-0 Washington 1-1-0 .500 55 58 1-0-0 0-1-0 1-0-0 0-1-0 0-0-0 Pct PF PA Home Away AFC NFC Div SOUTH W-L-T Tampa Bay 2-0-0 1.000 39 13 0-0-0 2-0-0 0-0-0 2-0-0 1-0-0 37 46 0-1-0 1-0-0 0-0-0 1-1-0 New Orleans 1-1-0 .500 Atlanta 0-2-0 .000 53 58 0-1-0 0-1-0 0-0-0 0-2-0 0-1-0 Carolina 0-2-0 .000 40 45 0-1-0 0-1-0 0-1-0 0-1-0 0-0-0 NORTH Pct PF PA Home Away Chicago 1-1-0 .500 29 37 1-0-0 0-1-0 0-0-0 1-1-0 0-1-0 .500 1-1-0 0-0-0 Detroit 1-1-0 71 65 1-1-0 0-0-0 0-0-0 1-1-0 1-1-0 Green Bay 1-1-0 .500 34 33 1-0-0 0-1-0 0-0-0 Minnesota 1-1-0 1-0-0 1-1-0 .500 30 31 1-0-0 0-1-0 0-0-0 WEST Pct PF PA Home Away AFC NFC Div W-L-T Arizona 1-1-0 .500 50 67 0-1-0 1-0-0 1-1-0 0-0-0 0-0-0 L.A. Rams 1-1-0 .500 41 58 1-1-0 0-0-0 0-1-0 1-0-0 0-0-0 .500 37 26 1-0-0 0-1-0 0-0-0 1-1-0 1-0-0 San Francisco 1-1-0

### **SCORES AND SCHEDULE**

Thursday's result Cleveland 29, Pittsburgh 17 Sunday's games

Baltimore at New England, noon Buffalo at Miami, noon Cincinnati at N.Y. Jets, noon Detroit at Minnesota, noon Houston at Chicago, noon Kansas City at Indianapolis, noon Las Vegas at Tennessee, noon New Orleans at Carolina, noon Philadelphia at Washington, noon Jacksonville at L.A. Chargers, 3:05

Atlanta at Seattle, 3:25 p.m. Green Bay at Tampa Bay, 3:25 p.m. L.A. Rams at Arizona, 3:25 p.m. San Francisco at Denver, 7:20 p.m. Monday's game

Dallas at N.Y. Giants, 7:15 p.m.

Thursday, Sept. 29 Miami at Cincinnati, 7:15 p.m.

.500 24 43 1-0-0 0-1-0 1-0-0 0-1-0 0-1-0

Sunday, Oct. 2 Minnesota vs New Orleans at London, 8:30 a.m. Buffalo at Baltimore, noon Chicago at N.Y. Giants, noon Cleveland at Atlanta, noon Jacksonville at Philadelphia, noon L.A. Chargers at Houston, noon N.Y. Jets at Pittsburgh, noon Seattle at Detroit, noon Tennessee at Indianapolis, noon Washington at Dallas, noon Arizona at Carolina, 3:05 p.m. Denver at Las Vegas, 3:25 p.m. N. England at Green Bay, 3:25 p.m. Kansas City at Tampa Bay, 7:20 p.m.

Monday, Oct. 3 L.A. Rams at San Francisco, 7:15 p.m.

### **GAMES ON LOCAL TV**

| <b>SUNDAY</b><br>Noon | Kansas City at Indianapolis | KMOV (4)               |
|-----------------------|-----------------------------|------------------------|
| Noon                  | Baltimore at New England    | KTVI (2)               |
| 3:25 p.m.             | Green Bay at Tampa Bay      | KTVI (2)               |
| 7:20 p.m.             | San Francisco at Denver     | KSDK (5)               |
| MONDAY<br>7:15 p.m.   | Dallas at NY Giants         | KDNL (30), ESPN, ESPN2 |

### SEASON LEADERS

After Week 2 (Does not include Thursday night) **PASSING YARDS** 

| Player, team       | Yards ( | Yards Com. |     |   |  |  |  |
|--------------------|---------|------------|-----|---|--|--|--|
| T. Tagovailoa, MIA | 739     | 59         | 83  | 7 |  |  |  |
| Carson Wentz, WAS  | 650     | 57         | 87  | 7 |  |  |  |
| Joe Flacco, NYJ    | 616     | 63         | 103 | 5 |  |  |  |
| Josh Allen, BUF    | 614     | 52         | 69  | 7 |  |  |  |



| Yards | Att.       | Long             | TD        |
|-------|------------|------------------|-----------|
| 236   | 39         | 68               | 1         |
| 229   | 39         | 25               | 3         |
| 215   | 40         | 21               | 1         |
|       | 236<br>229 | 236 39<br>229 39 | 229 39 25 |

200

20

50

### D'Andre Swift, DET RECEIVING YARDS



| Player, team       | Yards | Rec. | Long | TD |
|--------------------|-------|------|------|----|
| Tyreek HIII, MIA   | 284   | 19   | 60   | 2  |
| Stefon Diggs, BUF  | 270   | 20   | 53   | 4  |
| Jaylon Waddle, MIA | 240   | 15   | 59   | 3  |
| Cooper Kupp, LAR   | 236   | 24   | 28   | 3  |

### THIS WEEK IN HISTORY

Sept. 20, 1987: Chicago's Walter Payton broke Jim Brown's NFL record with his 107th rushing touchdown as the Bears beat the Tampa Bay Buccaneers 20-3.

**Sept. 20, 2009:** Minnesota Vikings OB Brett Favre set an NFL record with his 271st straight start in a 27-13 win over the Detroit Lions.

Sept. 21, 1982: NFL players began a 57 day strike.

Sept. 21, 2008: Miami won for just the second time in 22 games, ending New England's NFL record 21 straight regular-season wins with a 38-13 victory.

Sept. 22, 1991: Miami coach Don Shula got his 300th career victory in the Dolphins' 16-13 win over Green Bay.

**Sept. 23, 2018:** Drew Brees set the NFL record for career completions, breaking the record of 6,300 set by Brett Favre in 2010.

### THE NUMBER

Pittsburgh lost to Cleveland 29-17 on Thursday and it won't get any easier for the 1-2 Steelers. Their next five opponents have a combined 9-1 record this season.

### FOOTBALL | WEEK 5 TOP AREA PERFORMANCES

| PASSING  | C-A-I              | Yds        | TD     | Result   |
|--|--------------------|------------|--------|--|
| Zane Timon, Mascoutah                                  | 14-18-0            | 361        | 4      | def. Jerseyville, 49-14                            |
| Zion Taylor, Cahokia                                   | 10-17-0            | 332        | 5      | def. Carbondale, 46-6                              |
| AJ Raines, Timberland                                  | 23-26-0            | 266        | 2      | def. FH Central, 49-19                             |
| Robert Battle, East St. Louis                          | 21-28-0            | 250        | 3      | def. O'Fallon, 60-21                               |
| Liam Hughes, Union                                     | 12-16-0            | 237        | 3      | def. St. Clair, 41-14                              |
| Conner Martin, Winfield                                | 21-24-1<br>17-24-0 | 223<br>215 | 3<br>2 | def. Orchard Farm, 21-14                           |
| Grant Gibson, Summit<br>Malious Cain, Vashon           | 13-14-0            | 209        | 3      | def. Lindbergh, 28-6<br>def. Roosevelt, 62-0       |
| Casen Murphy, Park Hills Central                       | 11-13-0            | 204        | 4      | def. Ste. Genevieve, 45-3                          |
| Marco Sansone, SLUH                                    | 9-19-0             | 189        | 4      | def. Vianney, 49-14                                |
| Braylon Grayson, Althoff                               | 12-21-0            | 183        | 1      | lost to Centralia, 16-7                            |
| Dakarri Hollis, Lutheran North                         | 9-16-0             | 178        | 2      | def. Lutheran South, 55-7                          |
| Nick Ortinau, FH Central                               | 12-24-1            | 178        | 2      | lost to Timberland, 49-19                          |
| Max Lynch, Pana  | 11-20-0            | 177        | 3      | def. Piasa SW, 35-21                               |
| Koen Zeltmann, Borgia                                  | 14-21-1            | 174        | 1      | def. St. Dominic, 19-14                            |
| Hoyt Gregory, North Point                              | 15-21-0            | 171        | 2      | lost to FZ South, 25-15                            |
| Carson Boyd, Cardinal Ritter                           | 7-12-0             | 170        | 4      | def. Lutheran SC, 33-0                             |
| Adam Shipley, Francis Howell                           | 12-19-0            | 156        | 1      | def. Troy, 35-19                                   |
| Joey Bradley, Oakville                                 | 8-17-1             | 148        | 1      | lost to Eureka, 42-19                              |
| Brent Wuebbels, Highland                               | 10-15-1            | 141        | 3      | def. Triad, 35-0                                   |
| RUSHING  | Rsh                | Yds        | TD     | Result   |
| Sean Usery, Jefferson                                  | 21                 | 291        | 4      | def. Bayless, 42-6                                 |
| Calvin Swinney, Clayton                                | 28                 | 287        | 3      | def. Normandy, 24-6                                |
| Jordan Foster, Windsor                                 | 28                 | 265        | 3      | def. De Soto, 27-6                                 |
| Cole Ruble, Seckman                                    | 31                 | 231        | 5      | def. Fox, 49-14                                    |
| Max Lynch, Pana  | 18                 | 194        | 0      | def. Piasa SW, 35-21                               |
| Charos Sutton, Troy Buchanan                           | 37                 | 186        | 1<br>2 | lost to Francis Howell, 35-19                      |
| Chase Withrow, Jerseyville<br>Parker Anderson, Hermann | 23<br>24           | 167<br>167 | 2      | lost to Mascoutah, 49-14<br>def. Owensville, 38-16 |
| Travis Porter, Highland                                | 19                 | 162        | 2      | def. Triad, 35-0                                   |
| Ricky Dixon, Lutheran North                            | 13                 | 159        | 5      | def. Lutheran South, 55-7                          |
| Dominic Voegele, Columbia                              | 9                  | 149        | 2      | def. Freeburg, 24-0                                |
| Patrick Walker, Marion                                 | 14                 | 148        | 0      | lost to Mount Vernon, 32-20                        |
| Franky Erxleben, Sullivan                              | 6                  | 147        | 2      | def. Pacific, 30-0                                 |
| Jobe Smith, North County                               | 15                 | 145        | 4      | def. Battle, 48-44                                 |
| Madden Irving , Chaminade                              | 18                 | 145        | 1      | def. Soldan, 34-0                                  |
| Trenton Livingston, Parkway West                       | 18                 | 139        | 1      | def. Lafayette, 18-7                               |
| Brent Wuebbels, Highland                               | 8                  | 129        | 0      | def. Triad, 35-0                                   |
| Andy Guthery, Fort Zumwalt North                       | 17                 | 126        | 0      | lost to Holt, 14-7                                 |
| AJ Raines, Timberland                                  | 14                 | 125        | 2      | def. FH Central, 49-19                             |
| RECEIVING  | Rec                | Yds        | TD     | Result   |
| Peter Baxtron, Cahokia                                 | 5                  | 278        | 2      | def. Carbondale, 46-6                              |
| Quincy Hall, Mascoutah                                 | 6                  | 195        | 2      | def. Jerseyville, 49-14                            |
| Allen Middleton, Mascoutah                             | 5                  | 148        | 2      | def. Jerseyville, 49-14                            |
| Fredrick Moore, Cardinal Ritter                        | 3                  | 130        | 3      | def. Lutheran SC, 33-0                             |
| Austin Bray, Winfield                                  | 10                 | 123        | 1      | def. Orchard Farm, 21-14                           |
| Aneas Smith, North Point                               | 10                 | 115        | 2      | lost to FZ South, 25-15                            |
| AJ Patrick, Windsor<br>Samuel Vu, Summit               | 3                  | 111        | 0      | def. De Soto, 27-6<br>def. Lindbergh, 28-6         |
| Jalen Riad, Priory                                     | 5<br>3             | 103<br>103 | 1<br>1 | def. Westminster, 42-26                            |
| Creighton Ervin, Timberland                            | 3<br>7             | 103        | 1      | def. FH Central, 49-19                             |
| Ryan Rapert, Union                                     | 4                  | 97         | 2      | def. St. Clair, 41-14                              |
| Jeremiyah Love, CBC                                    | 3                  | 96         | 1      | def. De Smet, 41-28                                |
| Terran Mitchell, Affton                                | 4                  | 95         | 0      | lost to Riv.Gardens, 52-32                         |
| Nicholas Deloach Jr., Cahokia                          | 4                  | 94         | 3      | def. Carbondale, 46-6                              |
| Weston Kulick, Pacific                                 | 4                  | 92         | 0      | lost to Sullivan, 30-0                             |
| Tate Marquart, Borgia                                  | 8                  | 91         | 1      | def. St. Dominic 19-14                             |
| Taylor Powell, Althoff                                 | 4                  | 89         | 1      | lost to Centralia, 16-7                            |
| Logan Hammann, North Mac                               | 4                  | 88         | 1      | def. Hillsboro, Ill., 38-0                         |
| Dejerrian Miller, East St. Louis                       | 6                  | 87         | 2      | def. O'Fallon, 60-21                               |

### FOOTBALL | WEEK 5 SCOREBOARD

F: Giuliani 25 run (kick), 11:06

P: Ahearn 5 run (Duncan kick), 11:55

P: Eason 50 run (Duncan kick), 8:36

P: Ahearn 3 run (kick failed), 3:32

Zach Smith Jr., Vashon

| Affton  |  |  | RIES  | 47   |  |
|---|--|--|---|--|--|
| Riverview   | 8<br>20  | 8<br>14  | 0<br>6  |  | 32<br>52   |
| R: Hollins 4 rur  |  |  |   |  | -  |
| R: pass from (  |  |  |   |  |  |
| A: Munna 1 run (  |  |  | om Mi   | ivco).   | 3:32   |
| R: 80 run (pas  |  |  |   | .,,  | J.J.   |
| R: 34 pass from   | n (run)  | 10:0   | 7   |  |  |
| A: Muyco 1 run  | (Schere  | run)   | . 4:15  |  |  |
| R: 29 pass fror   |  |  |   |  |  |
| R: 10 run (pass   |  |  | ,   |  |  |
| R: 28 run (kick   | failed).   | 9:41   |   |  |  |
| A: Muyco 1 run (N   |  |  | n Muv   | :0), 7:4   | 2  |
| R: 11 run (kick   | failed), 2   | 2:48   | ,   |  |  |
| A: Mitchell 62 ki   | ckoff retu   | ırn (S   | cherer  | run),  | 2:31   |
| Pky. Central  | 0  | 7  | 7   |  | Ι4   |
| Haz. Central  | 6  | 18   | 14  | 7 4  | 15   |
| H: Burns 52 rur   | า (kick fa   | iled),   | 8:56  |  |  |
| H: Burns 22 rur   | า (pass fa   | ailed)   | , 11:51   |  |  |
| P: Banks 43 pass 1  |  |  |   |  |  |
| H: Burnett 76 p   | ass fron   | i Som  | merv  | ille (rı   | ın   |
| failed), 6:06   | _  |  |   |  |  |
| H: T. Williams 3  |  | om S   | omme  | erville  |  |
| (kick failed), 0:   |  |  |   |  |  |
| H: Burns 10 rur   |  | ams  | pass f  | rom  |  |
| Sommerville),   |  |  |   |  |  |
| H: Burns 5 run  |  |  |   | _  |  |
| P: Burgess 4 ru   | ın (Lande  | er kic   | K), 1:5   | ۷<br>-۱۰۱ ع  | 12   |
| H: Thornton 4   | run (Son   | ımerv  | /IIIe ki  | CK), /:  | 13   |
| Chaminade   | 0  | 7  | 7   |  | 4  |
| Soldan  | O<br>occ from  | 0  | 0<br>t (Kou   | 0<br>troub   | 0  |
| C: Jenkins 18 p   | d55    U   | raus   | ı (Nuu  | tioub  | 15   |
| kick), 3:30<br>C: Robinson 5 r  | un (Vout   | rouh   | ic kiek   | 1.5  | ,  |
|   |  |  |   | ), 1:52  | -  |
| C: Faust 8 run (<br>C: Irving 2 run   |  |  |   |  |  |
| C: McCloud 8 ru   |  |  |   | 0.21   |  |
| Roosevelt   | 0  | 0  | 0   | 0  | 0  |
| Vashon  | 22   | 28   | 12  | 0 6  | 52   |
| V: Hill Jr. 15 rur  | ı (pass fa   | iled).   | 9:27  |  |  |
| V: Ward 3 run (   | Gleghori   | run)   | , 4:23  |  |  |
| V: Gleghorn 3 r   |  |  |   | rom  |  |
|   |  |  |   |  |  |
| Cain), 3:00   |  |  |   |  |  |
| Cain), 3:00<br>V: Gleghorn 3 r  | un (B. W   | illiam   | s pas   | from   | 1  |
| V: Gleghorn 3 r   | un (B. W   | illiam   | s pas   | fron   | 1  |
| V: Gleghorn 3 r<br>Cain), 11:00   |  |  |   |  |  |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 pa   | ass from (   | Cain (p  | ass fa  | iled), 8   | 3:51   |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 pa<br>V: B. Williams 1   | ass from (   | Cain (p  | ass fa  | iled), 8   | 3:51   |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 pa<br>V: B. Williams 1<br>run), 1:50<br>V: Smith Jr. 12 r  | ass from (<br>9 pass fi<br>run (not  | Cain (p<br>rom C   | oass fa<br>ain (G   | iled), 8<br>legho  | 3:51<br>rn   |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 pa<br>V: B. Williams 1<br>run), 1:50<br>V: Smith Jr. 12 I<br>V: Hill Jr. 51 pass   | ass from (<br>9 pass fi<br>run (not<br>s from Cai  | Cain (p<br>rom C<br>atten<br>in (rur   | oass fa<br>ain (G<br>opted)<br>ofailed  | iled), 8<br>legho<br>, 0:32<br>l), 10:4  | 3:51<br>rn   |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 pa<br>V: B. Williams 1<br>run), 1:50<br>V: Smith Jr. 12 I<br>V: Hill Jr. 51 pass<br>V: Gleghorn 5 r  | ass from (<br>9 pass fi<br>run (not<br>from Cai<br>un (run f   | Cain (p<br>rom C<br>atten<br>in (rur<br>failed   | pass fa<br>ain (G<br>apted)<br>a failed<br>), 2:34  | iled), 8<br>legho<br>, 0:32<br>l), 10:4  | 3:51<br>orn<br>40  |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 pi<br>V: B. Williams 1<br>run), 1:50<br>V: Smith Jr. 12 I<br>V: Hill Jr. 51 pass<br>V: Gleghorn 5 r<br><b>Priory</b>   | ass from (<br>9 pass fi<br>run (not<br>from Cai<br>un (run f   | Cain (prom C<br>atten<br>in (rur<br>failed<br><b>8</b>   | pass fa<br>ain (G<br>npted)<br>n failed<br>), 2:34  | iled), 8<br>legho<br>, 0:32<br>d), 10:4<br>l   | 3:51<br>orn<br>40  |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 pi<br>V: B. Williams 1<br>run), 1:50<br>V: Smith Jr. 12 I<br>V: Hill Jr. 51 pass<br>V: Gleghorn 5 r<br>Priory<br>Westminster   | ass from (<br>9 pass from (<br>1 from Cai<br>un (run frun frum <b>14</b><br><b>7</b>   | Cain (prom C<br>attem<br>in (rur<br>failed<br>8<br>7   | pass fa<br>(ain (G<br>npted)<br>n failed<br>), 2:34<br>6<br>12  | iled), 8<br>legho<br>, 0:32<br>d), 10:4<br>l   | 3:51<br>orn<br>40  |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 pi<br>V: B. Williams 1<br>run), 1:50<br>V: Smith Jr. 12 I<br>V: Hill Jr. 51 pass<br>V: Gleghorn 5 r<br><b>Priory</b><br><b>Westminster</b><br>P: Grewe 52 rui  | ass from 0<br>9 pass from Cai<br>from Cai<br>un (run 1<br>14<br>7<br>n (Grewe  | cain (prom Com Com Com Com Com Com Com Com Com C   | pass fa<br>(ain (G<br>npted)<br>n failed<br>), 2:34<br>6<br>12<br>, 10:43   | iled), 8<br>legho<br>, 0:32<br>f), 10:4<br>l<br>14 4<br>0 2  | 3:51<br>orn<br>40<br>12<br>26                                    |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 pa<br>V: B. Williams 1<br>run), 1:50<br>V: Smith Jr. 12 r<br>V: Hill Jr. 51 pass<br>V: Gleghorn 5 r<br><b>Priory</b><br><b>Westminster</b><br>P: Grewe 52 rur<br>P: Riad 46 fumb   | ass from 0<br>9 pass from Cai<br>i from Cai<br>un (run f<br>14<br>7<br>n (Grewe<br>ole recove  | Cain (prom Com Com Com Com Com Com Com Com Com C   | pass fa<br>(ain (G<br>npted)<br>n failed<br>n failed<br>12<br>, 10:43<br>un fail  | iled), 8<br>legho<br>, 0:32<br>d), 10:4<br>l<br>14 4<br>0 2<br>3<br>ed), 7:  | 3:51<br>orn<br>40<br>12<br>26                                    |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 pi<br>V: S Williams 1<br>run), 1:50<br>V: Hill Jr. 51 pass<br>V: Gleghorn 5 r<br><b>Priory</b><br><b>Westminster</b><br>P: Grewe 52 run<br>W: Heard 3 run  | ass from 0<br>9 pass fi<br>run (not<br>i from Cai<br>un (run f<br><b>14</b><br><b>7</b><br>n (Grewe<br>ole recove<br>(Hawkir   | cain (prom Com Com Com Com Com Com Com Com Com C   | pass fa<br>(ain (G<br>npted)<br>n failed<br>), 2:34<br><b>6</b><br><b>12</b><br>, 10:4:<br>un fail  | iled), 8<br>legho<br>, 0:32<br>d), 10:4<br>l<br><b>14</b> 4<br><b>0</b> 2<br>3<br>ed), 7:  | 3:51<br>orn<br>40<br><b>12</b><br><b>26</b><br>40                |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 p<br>V: B. Williams 1<br>run), 1:50<br>V: Smith Jr. 12 I<br>V: Hill Jr. 51 pass<br>V: Gleghorn 5 r<br>Priory<br>Westminster<br>P: Grewe 52 ru<br>P: Riad 46 fumb<br>W: Heard 3 run<br>P: Riad 71 pass f  | ass from 0<br>9 pass fi<br>run (not<br>i from Cai<br>un (run 1<br>14<br>7<br>n (Grewe<br>ole recove<br>(Hawkir<br>rom Grev   | Cain (prom Com Com Com Com Com Com Com Com Com C   | pass fa<br>(ain (6)<br>(a) failed<br>(b), 2:34<br>(b), 10:45<br>(c), 10:45<br>(d), 1:0<br>(ewe ri   | iled), 8<br>legho<br>, 0:32<br>d), 10:4<br>l<br>14 4<br>0 2<br>sed), 7:<br>0   | 3:51<br>orn<br>40<br>40<br>40<br>40                              |
| Cain), 3:00 V: Gleghorn 3 r Cain), 11:00 V: Smith Jr. 62 p: V: B. Williams 1 run), 1:50 V: Smith Jr. 12 I V: Hill Jr. 51 pass V: Gleghorn 5 r Priory Westminster P: Grewe 52 run W: Hays 11 rass W: Hays 11 rass  | ass from 0<br>9 pass fi<br>run (not<br>i from Cai<br>un (run 1<br>14<br>7<br>n (Grewe<br>ole recove<br>(Hawkir<br>rom Grev   | Cain (prom Com Com Com Com Com Com Com Com Com C   | pass fa<br>(ain (6)<br>(a) failed<br>(b), 2:34<br>(b), 10:45<br>(c), 10:45<br>(d), 1:0<br>(ewe ri   | iled), 8<br>legho<br>, 0:32<br>d), 10:4<br>l<br>14 4<br>0 2<br>sed), 7:<br>0   | 3:51<br>orn<br>40<br>40<br>40<br>40                              |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 pt<br>V: B. Williams 1<br>run), 1:50<br>V: Smith Jr. 12 l<br>V: Hill Jr. 51 pass<br>V: Gleghorn 5 r<br>Priory<br>Westminster<br>P: Grewe 52 run<br>W: Heard 3 run<br>P: Riad 46 fumt<br>W: Heard 3 run<br>P: Riad 71 pass f<br>W: Hays 11 pass<br>W: Collison 40 pt  | ass from 0<br>9 pass from Cai<br>un (run 1<br>14<br>7<br>n (Grewe<br>oble recove<br>(Hawkir<br>rom Grew<br>from Nye  | cain (prom Com Com Com Com Com Com Com Com Com C   | pass fa<br>(ain (G<br>npted)<br>n failed<br>), 2:34<br>6<br>12<br>, 10:4:<br>un fail<br>k), 1:0<br>ewe ru<br>wkins lass fai   | iled), 8<br>legho<br>, 0:32<br>d), 10:4<br>l<br><b>14</b> 4<br><b>0</b> 2<br>3<br>ed), 7:<br>0<br>un), 11:<br>kick), 1   | 3:51<br>irn<br>40<br><b>12</b><br>26<br>40<br>:03<br>1:28        |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 p:<br>V: B. Williams 1<br>run), 1:50<br>V: Smith Jr. 12 I:<br>V: Gleghorn 5 r<br>Priory<br>Westminster<br>P: Grewe 52 run<br>P: Riad 46 fumt<br>W: Heard 3 run<br>P: Riad 71 pass f<br>W: Hays 11 pass<br>W: Collison 40 p:<br>P: M. Parent 6 p?   | ass from 0<br>9 pass from Cai<br>un (run 1<br>14<br>7<br>n (Grewe<br>ole recove<br>(Hawkir<br>rom Grew<br>from Ny,<br>ass from 0   | cain (prom Com Com Com Com Com Com Com Com Com C   | pass fa<br>(ain (G<br>npted)<br>n failed<br>), 2:34<br><b>6</b><br><b>12</b><br>, 10:4:<br>un fail<br>k), 1:0<br>ewe ru<br>wkins lass fai<br>(run fa  | iled), 8<br>legho<br>, 0:32<br>d), 10:4<br>l<br><b>14</b> 4<br><b>0</b> 2<br>3<br>ed), 7:<br>0<br>un), 11:<br>kick), 1   | 3:51<br>irn<br>40<br><b>12</b><br>26<br>40<br>:03<br>1:28        |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 p:<br>V: B. Williams 1<br>run), 1:50<br>V: Smith Jr. 12 i<br>V: Gleghorn 5 r<br>Priory<br>Westminster<br>P: Grewe 52 ru<br>P: Riad 46 fuml<br>W: Heard 3 run<br>P: Riad 71 pass<br>W: Collison 40 p:<br>P: M. Parent 6 pa<br>W: Nye 11 run (   | ass from 0<br>9 pass fir<br>run (not<br>from Cai<br>un (run 1<br>14<br>7<br>n (Grewe<br>ole recove<br>(Hawkir<br>rom Greve<br>from Ny<br>ass from 0<br>sss from 6<br>run faile   | cain (prom Com Com Com Com Com Com Com Com Com C   | pass fa<br>(ain (G<br>npted)<br>n failed<br>), 2:34<br><b>6</b><br><b>12</b><br>, 10:4:<br>un fail<br>k), 1:0<br>ewe ru<br>wkins l<br>ass fai<br>(run fa  | iled), 8<br>legho<br>, 0:32<br>d), 10:4<br>l<br><b>14</b> 4<br><b>0</b> 2<br>3<br>ed), 7:<br>0<br>un), 11:<br>kick), 1   | 3:51<br>irn<br>40<br><b>12</b><br>26<br>40<br>:03<br>1:28        |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 p:<br>V: B. Williams 1<br>run), 1:50<br>V: Smith Jr. 12 I<br>V: Hill Jr. 51 pass<br>V: Gleghorn 5 r<br>Priory<br>Westminster<br>P: Grewe 52 run<br>P: Riad 46 fumb<br>W: Heard 3 run<br>P: Riad 71 pass f<br>W: Hays 11 pass<br>W: Hays 11 pass<br>W: Hoys 11 pass f<br>W: Hays 11 pass<br>W: Hays 11 pass f<br>W: Hy 11 run (<br>P: Grewe 27 run   | ass from 0<br>9 pass fir<br>run (not<br>from Cai<br>un (run 1<br>14<br>7<br>n (Grewe<br>Hawkir<br>rom Grev<br>from Ny<br>ass from 1<br>ass from 6<br>run faile<br>n (Grewe   | Cain (prom C attem (run failed 8 7 run), (run s kick (Gree (Have (Gree e (Have (d), 0: + run), 0: + run))  | pass fa<br>(ain (6)<br>(b) failed<br>(b), 2:34<br>(b), 1:04<br>(un failed<br>(k), 1:0<br>(ewe ru<br>wkins lo<br>(ass fai<br>(run fa<br>(o), 6:17  | iled), 8<br>legho<br>, 0:32<br>d), 10:4<br>l<br><b>14 4</b><br><b>0 2</b><br>sed), 7:<br>0<br>in), 11:<br>kick), 1<br>led), 8<br>iled), 2  | 3:51<br>40<br>40<br>40<br>40<br>:03<br>1:28<br>::53<br>::33      |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 p:<br>V: B. Williams 1<br>run), 1:50<br>V: Smith Jr. 12 I:<br>V: Gleghorn 5 r<br>Priory<br>Westminster<br>P: Grewe 52 run<br>P: Riad 46 fumb<br>W: Heard 3 run<br>P: Riad 71 pass f<br>W: Hays 11 pass<br>W: Collison 40 p:<br>W: Nye 11 run (<br>P: Grewe 27 run<br>P: Grewe 27 run<br>P: Grewe 27 run  | ass from 0<br>9 pass firun (not<br>i from Cai<br>un (run 1<br>14<br>7<br>n (Grewe<br>ole recow<br>(Hawkir<br>rom Grew<br>from Ny<br>ass from 0<br>ss from 6<br>in (Grewe<br>ception  | Cain (prom C attem (run failed 8 7 run), (run failed (Green (Have (Have (Green (Have (Ha) (Ha)))))))))))))))))))))))))))))))  | pass fa<br>ain (6<br>n failed), 2:34<br>6<br>12, 10:43<br>k), 1:0<br>ewe ru<br>wkins lass fai<br>(run fa<br>00<br>, 6:17<br>failed)   | iled), 8 (legho , 0:32 (l), 10:4 (l) | 3:51<br>rn<br>40<br><b>12</b><br>26<br>40<br>:03<br>1:28<br>::53 |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 p:<br>V: B. Williams 1<br>run), 1:50<br>V: Smith Jr. 12 i<br>V: Hill Jr. 51 pass<br>V: Gleghorn 5 r<br>Priory<br>Westminster<br>P: Grewe 52 run<br>P: Riad 46 fuml<br>W: Heard 3 run<br>P: Riad 71 pass<br>W: Collison 40 p:<br>P: M. Parent 6 pa<br>W: Nye 11 run (<br>P: Grewe 27 run<br>P: Riad 53 inter<br>E. St. Louis  | ass from 0<br>9 pass fi<br>un (not<br>from Cai<br>un (run f<br>14<br>7<br>n (Grewe<br>ole recov<br>(Hawkir<br>rom Grev<br>from Ny<br>ass from G<br>run faile<br>n (Grewe<br>from Gev<br>from Gev<br>fr | Cain (prom Coattern (run) attern (run) failed 7 run) run) (run) firewe (d), 0: run) (run) (run) 30   | pass fa<br>ain (G<br>npted), 1 failer<br>6<br>12<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43<br>10:43 | iled), 8 (legho , 0:32 (legho  | 3:51<br>rn<br>40<br>40<br>40<br>:03<br>1:28<br>::53<br>2:33      |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 p:<br>V: B. Williams 1<br>run), 1:50<br>V: Smith Jr. 12 IV: Hill Jr. 51 pass<br>V: Gleghorn 5 r<br>Priory<br>Westminster<br>P: Grewe 52 run<br>P: Riad 46 fuml<br>W: Heard 3 run<br>P: Riad 71 pass f<br>W: Hays 11 pass<br>W: Hys 11 pass<br>W: Mys 11 run (<br>P: Grewe 27 run<br>P: Riad 53 inter<br>E. St. Louis<br>O'Fallon   | ass from 0 9 pass fi run (not from Cai un (run f 14 7 n (Grewe ble recove (Hawkir rom Grev from Ny ass from 1 ass from 6 crun faile n (Grewe cception 6 7  | cain (prom C attern (run failed 7 run) run) skickl (run failed) (run failed) 7 run) (run failed) 0   | pass fa<br>ain (G<br>npted))<br>n failed<br>for 10:4:<br>for 10:4:<br>n fail<br>n failed<br>n failed  | iled), 8 (legho , 0:322 ), 10:4  | 3:51<br>40<br>12<br>26<br>40<br>3:23<br>3:33<br>3:60<br>21       |
| V: Gleghorn 3 r<br>Cain), 11:00<br>V: Smith Jr. 62 p:<br>V: B. Williams 1<br>run), 1:50<br>V: Smith Jr. 12 I:<br>V: Gleghorn 5 r<br>Priory<br>Westminster<br>P: Grewe 52 ru<br>P: Riad 46 fuml<br>W: Heard 3 run<br>W: Heard 3 run<br>W: Heard 3 run<br>P: Riad 71 pass f<br>W: Hays 11 pass<br>W: Collison 40 p:<br>P: Riad 73 inter<br>P: Grewe 27 ru<br>P: Riad 53 inter<br>E. St. Louis<br>O'Fallon<br>O: J. Smith 13 p   | ass from 0 9 pass fi run (not from Cai un (run f 14 7 n (Grewe ble recove (Hawkir rom Grev from Ny ass from 1 ass from 6 crun faile n (Grewe cception 6 7  | cain (prom C attern (run failed 7 run) run) skickl (run failed) (run failed) 7 run) (run failed) 0   | pass fa<br>ain (G<br>npted))<br>n failed<br>for 10:4:<br>for 10:4:<br>n fail<br>n failed<br>n failed  | iled), 8 (legho , 0:322 ), 10:4  | 3:51<br>40<br>12<br>26<br>40<br>3:23<br>3:33<br>3:60<br>21       |
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kick), 0:01 E: Battle 50 run (Woods run), 10:16 O: Caldwell 1 run (Hartman kick), 7:48 E: Battle 3 run (Martin run), 4:38 FRIDAY'S SUMMARIES CBC 14 14 7 6 41

De Smet 7 0 14 7 28

C: Love 2 run (Shantz kick), 7:18

C: Dixon 7 run (Shantz kick), 4:00 D: Cannon 70 pass from Cotton (Wehmueller kick), 4:00 C: McClellan 24 pass from Wiley (Shantz kick), 10:48 C: Love 72 pass from McKey (Shantz kick), 4:30 C: Love 67 run (Shantz kick), 10:36 D: White 14 pass from Cotton (Wehmueller D: Cotton 42 run (Wehmueller kick), 1:38 C: 2 run (kick failed), 7:09 D: Cannon 61 pass from Cotton (Wehmueller kick), 6:25 Vianney 0 7 7 0 14

SLUH 14 28 0 7 49

S. J. Harris 7 pass from M. Sansone ( kick), 8:55

S. Wingo 16 pass from M. Sansone ( kick), 1:45

S. Pace 44 pass from M. Sansone ( kick), 10:37 S: J. Harris 12 pass from M. Sansone (kick), 5:44

E: A. Hayden 5 pass from Battle (pass

E: Woods 7 run (Bennett Jr. run), 0:51

E: Woods 7 run (D. Miller pass from Battle), 6:27 O: J. Smith 35 pass from Michael (Hartman

S: Smith 12 run (kick), 3:04 V: run (kick), 2:54 S: J. Taylor 25 run (kick), 1:57 V: run (kick), 2:00 S: Bailey 1 run ( kick), 5:50 Farmington 29 14 0
TDW Academy 0 0 0
F: Rice 19 run (kick), 10:19
F: Logan 1 run (kick failed), 10:10 0 0 0

F: Drye 18 run (kick), 8:00

F: safety, 0:00

F: Birkner 5 run (kick), 2:00

P: Eason 10 run (run failed), 2:36
P: Chaney 80 punt return (Griffith kicher Robinson 5 run (pass failed), 0:21 P: Duncan 58 pass from Lombardo (Griffith kick), 10:20 Marquette 28 13 0 0 41
Northwest-CH 0 0 0 0 0 0
M: Jackson 12 run (J. Miller kick), 8:27
M: Marsh 41 pass from Ahlbrand (J. Miller kick), 6:48 M: Bonnett 22 pass from Ahlbrand (J. Miller M: Marsh 23 pass from Ahlbrand (J. Miller kick), 0:48 M: Syfert 6 blocked punt recovery (kick M: Jackson 14 run (J. Miller kick), 7:59 
 Mehlville
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 12
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 P: Essex 13 pass from McNair (kick failed), 5:04

 P: Allen Jr. 6 run (kick failed), 0:55
 M: Shelton 2 run (Mirsad kick), 0:32 P: Rush Jr. 1 run (Orta kick), 7:30 P: Rusi Jr. 11th (Orta kick), 7:50 P: L. Jackson 2 run (Orta kick), 4:41 P: Allen Jr. 7 run (Orta kick), 11:51 P: Orta 25 FG, 1:42 P: Orta 25 FG, 1:42

St. Dominic 7 0 0 7 14

Borgia 0 0 6 13 19

S: Cross 3 run (Nash kick), 1:36 B: Zeltmann 2 run (kick failed), 6:03 B: Kell 18 run (Z. Mort kick), 10:53 S: Cross 7 run (Nash kick), 8:41 B: Wolfe 28 pass from Zeltmann (run failed), 5:03 Lutheran SC 0 0 C: Burks 7 run (Moore kick), 11:54 C: R. Boyd 10 pass from C. Boyd (Moore C: Moore 27 pass from C. Boyd (Moore kick), 6:51 C: Moore 59 pass from C. Boyd (kick failed), 5:33 S: McGukin 8 run (Merseal kick), 8:07 H: Jarvis 7 pass from Dearing (pass failed), 2:30 **Timberland 7 14 14 14 49 FH Central 7 0 12 0 10** F: Hernandez 24 pass from Ortinau (Casler kick), 1:52 T: Raines 2 run ( kick), 10:06 T: A. Billings 3 run (kick), 4:38
T: Travis Reeves pass from Raines (kick), 8:43
F: Hernandez 2 run (kick failed), 6:45
T: Ervin 12 pass from Raines (kick), 2:57 F: Parsons 14 pass from Ortinau (run failed), 0:37 T: Raines 66 run (kick), 9:16 T: Morrison 19 run ( kick), 1:45 failed), 6:18 F: Shipley 50 run (Deal kick), 4:11 F: (not attempted), 0:00 F: Shipley 3 run (Deal kick), 7:20 T: Sutton 2 run (run failed), 1:22 F: Shipley 1 run (Deal kick), 0:18 S: Ruble 5 run (Gossett kick), 3:35 F: Nguyen 27 run (Lorenzo kick), 0:11 S: Ruble 2 run (Gossett kick), 7:31 S: Ruble 36 run (Gossett kick), 1:26 S: Ruble 11 run (Gossett kick), 4:33 S: Westervelt 32 pass from Ruble (Gossett kick), 11:50 S: Rau 65 run (Gossett kick), 4:01 F: Underwood 45 run (Lorenzo kick), 0:01

FZ North 7 0 0 0 7

Holt 0 7 0 7 14

F: O'Neal 3 run (Page kick), 7:15

H: Williams 23 pass from Merrell (Burthardt

W: Deckelman 56 pass from Junkin (Deckel-

W: Deckelman 17 run (Deckelman kick), 3:18

W: Deckelman 29 run (Deckelman kick), 0:02

W: Johnson 71 interception (Deckelman kick), 8:51

W: Boston 46 run (Deckelman kick), 5:58
W: Olszowka 19 run (Deckelman kick), 8:57
W: Olszowka 3 run (Deckelman kick), 3:50
W: Bennett 4 run (Deckelman kick), 3:13

W: Deckelman 83 kickoff return (Deckelman

Freeburg 0 0 0 0 0 0 Columbia 7 7 10 0 24 C: Weik 21 pass from D. Voegele (D. Voegele

C: D. Voegele 3 run (D. Voegele kick), 4:01

L: Steenbeke 3 run (Hebden kick), 11:15

man kick), 10:23 W: Boston 1 run (Deckelman kick), 3:54

kick), 1:23

kick), 9:10
Freeburg
Columbia

C: D. Voegele 73 run (D. Voegele kick), 11:41 H: Brenden Gelly 17 pass from Wuebbels (Geromiller kick), 11:31 H: Porter 3 run (Geromiller kick), 6:12 H: Willis 11 pass from Wuebbels (Geromiller kick), 10:46 H: Brenden Gelly 22 pass from Wuebbels (Geromiller kick), 3:13 8 6 0 0 14 13 22 7 7 49 Jerseyville Mascoutah M: Timon 7 run (Christian kick), 11:06 M: Timon 12 run (kick failed), 8:15 J: Withrow 9 run (Gavaza pass from Heafner), 6:20 M: Parks 2 run (Hall pass from Timon), 8:23 M: Hall 95 pass from Timon (Dee kick), 4:18 M: Hall 21 pass from Timon (Dee kick), 3:38 J: Withrow 11 run (kick failed), 0:58 M: Middleton 66 pass from Timon (Dee kick), 2:59 M: Middleton 9 pass from Timon (Dee kick), 11:38 Wood River Bre. Central 0 0 0 6 6 7 14 0 0 21

def. Roosevelt, 62-0

B: Lewis 2 run (Lewis kick), 0:21 B: Freeze 4 run (Lewis kick), 5:40 B: Lewis 20 pass from Freeze (Lewis kick), 0:07 W: Slayden 11 run (run failed), 6:07 0 0 0 0 0 0 12 13 7 6 38 Hillsboro, Il North Mac V: Hammann 53 pass from Vance (pass failed), 7:35 V: Hogan 63 run (pass failed), 3:54 V: Reinhart 10 run (pass failed), 5:37 V: Reinhart 2 run (Hammann kick), 1:02 V: Brown 25 pass from Vance (Hammann kick), 11:08 V: Vance 4 run (kick failed), 2:32 **SCORES** 

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Farmington 43, TDW Academy 0
Fort Zumwalt East 21, St. Charles 6
Fort Zumwalt South 25, North Point 15 Fort Zumwalt West 42, Francis Howell North 7 Francis Howell 35, Troy Buchanan 19 Hazelwood Central 45, Parkway Central 14 Hazelwood East 14, McCluer 8 Hermann 38, Owensville 16 Hillsboro 58, Festus 21 Holt 14, Fort Zumwalt North 7 Jefferson 42, Bayless 6 Kelly 41, Principia 0 Ladue 56, Parkway North 28 Lift For Life 61, Brentwood 6 Lutheran North 55, Lutheran South 7 Marguette 41, Northwest Cedar Hill O MICDS 44. John Burroughs 3 New Madrid County Central 68, Caruthersville 6 North Callaway 34, Mark Twain 22 North County 48, Battle 44 Park Hills Central 45, Ste. Genevieve 3 Parkway South 47, Hazelwood West 6 Parkway West 18, Lafavette 7 Pattonville 36, Mehlville 7 Perryville 50, Grandview 21 Potosi 34, Fredericktom 7 Priory 42, Westminster 26 Ritenour 42, McCluer North 13 Riverview Gardens 52, Affton 32

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SLUH 49, Vianney 14
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AREA ILLINOIS Belleville East 33, Alton 14
Breese Central 21, Wood River 6
Cahokia 46, Carbondale 6 Carlinville 34, Staunton 21 Centralia, Illinois 16, Althoff 7 Chester 32, Wesclin O Collinsville 43, Mattoon 3 Columbia 24, Freeburg 0 Dupo 34, Carlyle 28 East St. Louis 60, O'Fallon 21 Edwardsville 70, Belleville West 0 Greenville 41. Litchfield 12 Highland 35, Triad 0 Madison, Illinois 24, Tremont 14 Mascoutah 49, Jerseyville 14 Mount Vernon, Illinois 32, Marion 20 Nashville 44, Alton Marquette 7 Pana 35, Piasa Southwestern 21 Quincy Notre Dame 35, Mater Dei 14 Red Bud 45, Sparta 0 Roxana 28, Salem, Illinois 7 Vandalia 48, Gillespie 6 Virden North Mac 38, Hillsboro, Illinois O Waterloo 40. Civic Memorial 0

**FOOTBALL** | WEEK 5 ROUNDUP

### East St. Louis rolls to win over O'Fallon

East St. Louis junior quarterback Robert "Pops" Battle passed for 240 yards and three touchdowns and rushed for 115 yards and two more Saturday as the Flyers rolled to a 60-21 win at O'Fallon in a Southwestern Conference football showdown.

The No. 1 large school in the STLhighschoolsports.com rankings, East St. Louis (3-2 overall, 2-0 league) has won nine conference games in a row. The last time the Flyers were bested by a league opponent was when O'Fallon pulled out a 28-19 win on April 10, 2021, during the COVID-19 altered spring season.

The No. 4 large school, O'Fallon (4-1, 2-1) scored on its first drive only to watch East St. Louis score the next 44 points.

O'Fallon senior quarterback Colt Michael passed for 129 yards, two touchdowns and was intercepted once. Senior in a AAA Conference game featuring two running back Chris Caldwell rushed for of the heavyweights in Class 3. 98 yards and a touchdown.

for 105 yards on 15 carries and caught three passes for 96 yards Friday to lead the Cadets to a Metro Catholic Conference victory at De Smet.

Love rushed for two touchdowns and had one receiving TD.

The No. 2 large school in the STLhighschoolsports.com rankings and the No. 2 team in the Class 6 Missouri Media poll, CBC (4-1 overall, 2-0 league) won at De Smet (2-3, 2-1) for the first time since 2018 and extended its winning streak in the series to three in a row.

Spartans senior quarterback Christian Cotton completed 11 of 21 passes for 209 yards and three touchdowns. He rushed for another 102 yards and a score, too. Demetrion Cannon caught four passes for 173 yards and two touchdowns.

CBC led 14-0 less than eight minutes into the game and De Smet never got closer than the final margin, coming up Dei on Sept. 2. with no points on trips inside CBC's 10yard line twice in the second quarter.

Francis Howell 35, Troy Buchanan 19: Adam Shipley wanted to prove Friday there was more than one standout quarterback in a marquee GAC South matchup

In his first season leading the Vikings under center, Shipley went toe-to-toe with more established Trojans quarterback Charos Sutton and then some, rushing for 116 yards and four touchdowns and loss since falling 40-0 to Mascoutah on passing for 112 more yards and another score in Howell's victory in the John R. Lawrence Sports Complex.

Through the first four games this season den Gelly. for Howell (5-0 overall, 2-0 league) — the No. 5 team in the STLhighschoolsports. com large-schools rankings and No. 2 in the Missouri Media Class 5 rankings – ton of responsibility.

had a solid game for Troy (3-2, 1-1) — the and 84 yards passing and another score through the air. But much of that damage was done

in the first half when the Trojans built a quick 13-0 lead midway through the first quarter. They were only able to muster six points the rest of the way.

Parkway West 18, Lafayette 7: The Longhorns got some revenge with a secondhalf rally to beat the Lancers at home Friday.

Lafayette knocked off West 21-14 in postseason play last season.

Longhorns quarterback Joseph Federer put the game away with a short run in the fourth quarter.

Trenton Livingston gave West (4-1) the lead for good with a 30-yard run.

Zae Jones returned a kickoff 86 yards for half. a touchdown for Lafayette (3-2) on the final play of the second quarter.

Kyle Parini had given West a 6-0 lead on field goals of 28 and 37 yards.

Cardinal Ritter 33, Lutheran St. Charles **0:** Lions senior Fredrick Moore is known as "Mr. Michigan" on the football field, but on Friday night it was more like "Mr. Touchdown."

Moore, who has committed to the University of Michigan, caught three balls for 130 yards as the Lions hosted Lutheran SC



MICHAEL GULLEDGE. SPECIAL TO STLHIGHSCHOOLSPORTS.COM

East St. Louis' Leontre Bradford tackles O'Fallon's Colt Michael (5) during a Southwestern Conference football game Saturday in O'Fallon, Ill.

Carson Boyd finished the game 7 for 12 passing for 170 yards and four touch-CBC 41, De Smet 28: Jeremiyah Love rushed downs. Marvin Burks rushed for 107 yards on 16 carries with a touchdown for Cardinal Ritter (5-0 overall, 2-0 league). No. 3 in the STLhighschoolsports.com small school rankings and No. 1 in the Class 3

> Lutheran St. Charles (3-2, 1-2), the No. 4 small school and No. 3 in Class 3, suffered its second consecutive loss.

> Breese Central 21. Wood River 6: Chase Lewis scored twice in the first half Friday as the Cougars handed Wood River its first loss of the season in this Cahokia Conference Mississippi Division contest in downtown Breese.

> Connor Freeze added a 4-yard TD run to the early attack.

> Braden Revermann picked off three passes to lead the defensive charge.

> Central (4-1, 2-0) has won three in a row after a 27-14 loss to crosstown rival Mater

> The Oilers (4-1, 1-1) won their first four games for the first time since 2004 when they won their first nine contests.

Highland 35, Triad 0: Travis Porter rushed for a pair of first-half touchdowns to stake the Bulldogs to a 21-0 halftime lead en between the Vikings and Trojans in Troy, route to a Mississippi Valley Conference

Porter finished with 164 yards on 19 carries for the Bulldogs (4-1 overall, 2-0 MVC). Triad (2-3, 1-1) punted six times in the first half and suffered its first shutout April 24, 2021.

Highland quarterback Brent Wuebbels passes for three touchdowns, two to Bren-

Hillsboro 58, Festus 21: Sophomore quarterback Preston Brown rushed for 165 vards and three touchdowns and senior Shipley hadn't been asked to shoulder a running back Austin Romaine had 161 yards and two TDs as the Hawks rolled to Sutton, a 5-11, 180-pound senior, also a rivalry victory at home.

Hillsboro (5-0 overall, 2-0 Mississippi No. 7 large school and No. 7 team in Class Area Football Conference Red Division), 6 – with 194 yards rushing and two TDs the No. 7 small school in the STLhighschoolsports.com rankings, has won four of the last five meetings against its county rival.

The 58 points were the most scored by either team in the series since Hillsboro dropped 50 points on Festus in a 50-36 victory on Sept. 27, 2013. The 37-point margin of victory was the most in the series since Festus defeated Hillsboro 48-0 in 2007.

Parkway South 47, Hazelwood West 6: Areion Chaney returned two punts for touchdowns to help the Patriots to a nonconference win at home.

Chaney recorded the first score of the game on a 44-yard return in the opening minutes. He nailed down the triumph with an 80-yard return in the second

La'Ron Eason and Eddie Ahearn each scored twice in the second period to help the Patriots get out to a 33-0 lead. Eason rambled 50 yards for a 21-0 cushion.

South (4-1) has won four in a row after a 36-18 loss to Parkway Central during the first week of play.

The Patriots, who went 0-10 in 2019, are off to their best start since the 2012 team won its first seven games.

Steve Overbey, David Kvidahl, Joe Harris, Paul Halfacre. Greg Uptain and David Wilhelm contributed to this

# **SATURDAY'S RESULTS**

Hannibal tied Troy Buchanan, 27-25, 25-23 Liberty def. Whitfield, 25-22, 25-20 Hannibal def. Sullivan, 25-19, 25-18

Liberty def. Montgomery Co., 25-18, 25-21

Sullivan def. Troy Buchanan, 25-16, 26-24 Hannibal def. Montgomery County, 21-25, 25-9, 25-15

Liberty def. Sullivan, 25-14, 25-10

Hannibal def. Whitfield, 25-14, 25-2 Third place Sullivan def. Whitfield 25-12, 25-18 Championship Liberty def. Hannibal, 25-15, 25-16 — GATEWAY MATCHUP

Incarnate Word def. Kirkwood, 25-15, 28-26 Francis Howell def. St. Dominic, 23-25,

Oakville def. Pattonville, 25-16, 21-25, 25-21 Parkway West def. Luth.South, 25-17, 25-23 Eureka def. Webster Groves, 25-9, 25-11

Nerinx Hall def. Rosati-Kain, 25-12, 25-22

Kirkwood def. Lutheran South, 25-13, 25-14 St. Dominic def. Webster Groves, 25-15,

Visitation def. Rosati-Kain, 25-18, 25-15

Pattonville def. Summit, 26-24, 24-23

Jackson def. Summit, 25-22, 25-20 Silver first round

Marquette def. Visitation, 25-23, 25-23

Hannibal def. Whitfield, 25-14, 25-23

Ouarterfinals

Semifinals

At Oakville

28-26, 25-15

Gold first round

### **BOYS SOCCER**

Althoff 8, St. Pius X 0 Civic Memorial 12, Litchfield 1 Fox 1, Fredericktown 0 Farmington 1, Priory 0 Perryville 2, Hillsboro 1 Clayton 5, Mehlville 3 Columbia 3, Belleville West 2 Collinsville 7, Highland 0 Northwest Cedar Hill 3, Parkway West 1 Vianney 1, Chaminade 1 Marquette 2, St. Dominic 1 Seckman 5, Washington 0 SLUH 4, McCracken County (Ky.) 1

**GIRLS VOLLEYBALL** - LUTHERAN ST. CHARLES

INVITATIONAL
Consolation semifinals
Festus def. Villa Duchesne, 25-13, 25-15
Fort Zumwalt North def. Parkway South, 25-21, 25-11 Championship semifinals Lutheran St. Charles def. South Iron, 25-20,

Jefferson def. North Point, 25-9, 25-12 **Seventh place**Parkway South def. Villa Duchesne, 25-23,

Fifth place Festus def. Fort Zumwalt North, 25-20, 25-18 **Third place** South Iron def. North Point, 27-25, 25-12 Championship Lutheran St. Charles def. Jefferson, 25-18,

Gold quarterfinals Inc.Word def. Parkway West, 25-21, 25-20 Eureka def. Francis Howell, 25-19, 26-24 Marquette def. Nerinx Hall, 25-15, 25-20 25-19 **TROY BUCHANAN INVITATIONAL** Pool play Whitfield def. Troy Buchanan, 25-19, 25-18 Oakville def. Jackson, 25-22, 25-21

Silver quarterfinals Francis Howell def. Kirkwood, 26-24, 25-22 St. Dominic def. Parkway West, 25-22, 25-16 Jackson def. Visitation, 19-25, 25-19, 25-23 Montgomery Co. tied Sullivan, 29-27, 25-18 Liberty def. Hannibal, 25-23, 25-16 Troy def. Montgomery County, 25-21, 25-13 Whitfield def. Sullivan, 25-20, 25-18 Pattonville def. Nerinx Hall, 25-21, 25-22

**Silver semifinals** St. Dominic def. Francis Howell, 25-17, 26-24 Pattonville def. Jackson, 25-22, 25-27, 25-11 Gold semifinals Eureka def. Incarnate Word, 25-16, 25-11 Marquette def. Oakville, 25-21, 25-19

Silver final St. Dominic def. Pattonville, 25-14, 25-14 Third-place match Incarnate Word def. Oakville, 25-16, 25-17 Championship Eureka def. Marquette, 25-13, 25-18

**SOFTBALL** 

– SEPTEMBER SLAM, GOLD BRACKET At Liberty-KC Rock Bridge 5, Pleasant Hill 0 Troy Buchanan 2, Nixa 0

Third place Nixa 3, Pleasant Hill 0 Championship
Rock Bridge 9, Troy Buchanan 3
FORT ZUMWALT NORTH TOURNAMENT First round Francis Howell 10, Lutheran St. Charles 0 St. Charles 3, Fort Zumwalt East 1 Fort Zumwalt North 3, Wright City 0

Union 10, Orchard Farm 8 Consolation semifinals Orchard Farm 8, Wright City 2 Championship semifinals Francis Howell 11, St. Charles 0 Union 4, Fort Zumwalt North 1 Third place

Fort Zumwalt North vs. St. Charles, time and date TBD

Championship Union vs. Francis Howell, time and date TBD

**GIRLS TENNIS** 

Edwardsville 8, Normal Community 1

**Through Friday** 

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35

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**AB R** 538 103

Atthava Thitikul

Mina Harigae

Cast)

NFL

12 p.m.

Chicago, Kansas City at Indianapolis, Buffalo at Miami, Cincinnati at NY Jets

6 a.m.

7 p.m.

TENNIS – San Diego-ATP Singles Final

10 p.m.

TENNIS – Seoul-ATP, Tel Aviv-ATP, Sofia-ATP,

ODDS

FanDuel.com line

MLB

**National League** 

U-DOG Line

CINCINNATI +130

Washington +144 COLORADO +188

Toronto +120 KANSAS CITY +164

MINNESOTA -102

Detroit +215

Boston +160

OAKLAND +265

O/U UNDERDOG

CAROLINA

Houston NY JETS

Detroit MIAMI

31/2 51/2 (501/2)INDIANAPOLIS

2½ 6½ (47½)WASHINGTON 1½ 1½ (45½) TENNESSEE

2½ 2½ (44½)NEWENGLAND

(391/2)

6 (521/2)

ARIZONA -102

St. Louis +146

120 PHILADELPHIA +102

-116 Chicago Cubs -102

American League -154 BALTIMORE +130

LINE

-154

-225

-116

-174

142

-116

-190

-330

Interleague

NFL

PITTSBURGH

Milwaukee

San Diego

Houston

LA Angels

San Francisco

LA DODGERS

TAMPA BAY

N.Y YANKEES

Kansas City

Las Vegas

CHICAGO

Baltimore

ESPN – Boston at NY Yankees Buffalo 4½ 4½ (32½) Detloin ESPN2 – Boston at NY Yankees (KayRod LA CHARGERS 9½ 3½ (42½) Jacksonville

MINNESOTA

(2:10 p.m.)

79°

Philadelphia

CHICAGO WHITE SOX-260

Sunday FAVORITE OPEN NOW

21/2

New Orleans 2½ 2½ (41½)

21/2

71/2

TENNIS - Laver Cup: Europe vs. World

Parma-WTA, Tallinn-WTA Early Rounds

CBS - Regional Coverage: Houston at

**BATTERS** 

AVG OBA

### SPORTS ON TV Schedule subject to change and/or blackouts **Sunday, September 25 AUTO RACING** 12 p.m. CBSSN - FIM Motocross: Nations Race 1. The MXGP & MX2, Buchanan, Mich. 1 p.m. CNBC — FIM MotoGP: The Grand Prix of Japan, Twin Ring Motegi, Tochigi, Japan FS1 – NHRA: Qualifying, zMAX Dragway, Concord, N.C. (Taped) CBSSN — FIM Motocross: The Junior Motocross World Championship, Buchanan, 1:30 p.m. CBSSN – FIM Motocross: Nations Race 2, The MX2 & Open, Buchanan, Mich. **2 p.m.** FS1 - NHRA: The Betway NHRA Carolina Nationals, zMAX Dragway, Concord, N.C. 2:30 p.m. USA – NASCAR Cup Series: The AutoTrader EchoPark Automotive 500, Playoffs—Round of 12, Texas Motor Speedway, Fort Worth, Texas 3 p.m. CBSSN – FIM Motocross: Nations Race 3, The Open & MXGP, Buchanan, Mich. 7:30 p.m. FS2 – MotoAmerica Superbike: Day 2, Barber Motorsports Park, Birmingham, Ala. (Taped) **COLLEGE SOCCER (WOMEN'S)** 11 a.m. ESPNU - Georgia at Florida 12 p.m. BTN - Maryland at Rutgers 3 p.m. ESPNU - TCU at Kansas SECN — Mississippi at Auburn 4 p.m. ACCN — Virginia Tech at Wake Forest 6 p.m. ACCN — Duke at NC State **COLLEGE VOLLEYBALL (WOMEN'S)** 11 a.m. SECN – LSU at Kentucky 12 p.m. ESPN - Purdue at Iowa 1 p.m. SECN - Auburn at Alabama **2 p.m.** ESPN – Louisville at Florida St. PAC-12N - Stanford at Oregon **5 p.m.** ESPNU – Washington at UCLA 7 p.m. BTN - Wisconsin at Minnesota FIBA BASKETBALL (WOMEN'S) 11 p.m. ESPN2 – World Cup Group Stage: South Korea vs. U.S., Group A, Sydney GOLF GOLF - LPGA Tour: The Walmart NW Arkansas Championship, Final Round, Pinnacle Country Club, Rogers, Ark. NBC – 2022 Presidents Cup: U.S. vs. International, Singles Matches, Quail Hollow Club, Charlotte, N.C. **2 p.m.**GOLF — PGA Tour Champions: The Pure Insurance Championship, Final Round, Pebble Beach Golf Link, Pebble Beach, Calif. 3 a.m. (Monday) GOLF – DP World Tour: The Cazoo Open de France, Final Round, National-Albatros Course, Guyancourt, France (Taped) HORSE RACING 11:30 a.m. FS1 - NYRA: America's Day at the Races 3:45 p.m. FS2 - NYRA: America's Day at the Races MLB 12 p.m. MLBN – Regional Coverage: Atlanta at Philadelphia OR Toronto at Tampa Bay 3 p.m. MLBN - Regional Coverage: NY Mets at Oakland OR San Diego at Colorado

| Chicago, Kansas City at Indianapolis, Buffalo  | Goldschmidt  |        | 3 .4         |              |            | 103      |         | 172      | 40           | 0      |            | 112      | 77       | 132       | 6       | 0    | 1        |
|--|--|--------|--------------|--------------|------------|----------|---------|----------|--------------|--------|------------|----------|----------|-----------|---------|------|----------|
| at Miami, Cincinnati at NY Jets                | Arenado  |        | 5 .3         |              | 539        |          |         | 159      | 41           | 1      | 30         | 100      | 48       | 70        | 5       |      | 14       |
| FOX - Regional Coverage: Las Vegas at          | Donovan  |        | 3 .3         |              | 361        |          |         | 101      | 19           | 1      | 5          | 44       | 55       | 67        | 2       | 3    | 7        |
| Tennessee, Detroit at Minnesota, Baltimore     | Dickerson  |        | 4 .3         |              | 252        |          |         | 69<br>77 | 16           | 1      | 5          | 30<br>58 | 10       | 44        | 0       | 0    | 1        |
| at New England, Philadelphia at Washington,    | Pujols<br>Edman  |        | 5.3<br>3.3   |              | 290<br>562 |          |         | 148      | 13<br>29     | 4      | 21<br>13   | 56       | 25<br>43 | 51<br>109 | 1<br>31 | 3    | 0        |
| New Orleans at Carolina                        | Carlson  |        | 3 .3<br>1 .3 |              | 403        |          |         | 97       | 27           | 4      | 8          | 40       | 39       | 89        | 5       | 1    | 2        |
| 3:05 p.m.                                      | Nootbaar   |        | <br>3.3      |              | 257        |          |         | 59       | 12           | 3      | 14         | 40       | 48       | 63        | 4       | 1    | 2        |
| CBS - Regional Coverage: Jacksonville at       | ONeill   |        | 3 .3         |              | 334        |          |         | 76       | 11           | 1      | 14         | 58       | 38       | 103       |         | 4    | 1        |
| LA Chargers                                    | Gorman   |        | 5.3          |              | 283        |          |         | 64       | 13           | Ō      | 14         | 35       | 28       | 103       | 1       | 0    | 8        |
| 3:25 p.m.                                      | Knizner  |        | 4 .2         |              | 235        |          |         | 48       | 9            | Ö      | 2          | 22       | 25       | 57        | Ō       | 1    | 5        |
| FOX - Regional Coverage: LA Rams at            | Sosa   |        | 9 .2         |              | 122        |          |         | 23       | 4            | 3      | 0          | -8       | 4        | 38        | 3       | 1    | 8        |
| Arizona, Green Bay at Tampa Bay, Atlanta       | Burleson   |        | 5 .2         |              | 27         |          | 2       | 5        | Ó            | Õ      | 1          | 1        | 2        | 3         | Õ       | 0    | Õ        |
| at Seattle                                     | Romine   | .154   | 4 .2         | 14           | 26         | 2        | 2       | 4        | 1            | 0      | 0          | 0        | 2        | 7         | 0       | 0    | 0        |
| 7:15 p.m.                                      | DeLuzio  | .143   | 3 .4         | 00           | 7          | 2        | 2       | 1        | 0            | 0      | 0          | 0        | 3        | 1         | 0       | 1    | 0        |
| NBC – San Francisco at Denver                  | Spangenberg  |        |              |              | 0          |          | 0       | 0        | 0            | 0      | 0          | 0        | 0        | 0         | 0       | 0    | 0        |
| RODEO  | Team Totals  | .25    | 3 .3         | 26 !         | 5176       | 73:      | 1 1     | 312      | 269          | 21 1   | <b>191</b> | 703      | 502      | 1153      | 92      | 24   | 72       |
| RODEO  |  |        |              |              |            |          |         |          |              |        |            |          |          |           |         |      |          |
| 4 p.m.   | PITCHERS   | W      | L            | ER/          |            |          |         | SV       | II.          |        | H          | R        | ER       |           | BB      |      | 50       |
| CBS – Regional Coverage: PBR Team Series:      | Dickerson  | 0      |              | 0.00         |            | 1        | 0       | 0        | 1.0          |        | 2          | 0        | 0        | 0         | 1       |      | 0        |
| The PBR Thunder Days, Game of the Week,        | Knizner  | 0      |              | 0.00         |            | 1        | 0       | 0<br>18  | 0.7          |        | 1<br>28    | 0        | 0        | 0<br>6    | 18      |      | 0<br>89  |
| Ridgedale, Mo.                                 | Helsley<br>Thompson                                      | 1      |              | 2.12         |            | 9        | 1       | 18       | 61.1<br>29.2 |        | 19         | 11       | 7        | 2         | 13      |      | 21       |
| 5 p.m.   | Quintana   | 3      |              | 2.14         |            | -        | 10      | 0        | 54.2         |        | 49         | 17       | 13       | 1         | 13      |      | 41       |
| CBSSN - Regional Coverage: PBR Team            | Romero   | 0      |              | 2.70         |            | 0        | 0       | 0        | 10.0         |        | 6          | 3        | 3        | 2         | 5       |      | 10       |
| Series: The PBR Thunder Days, Day 3,           | Fernandez  | 0      |              | 2.93         |            | 3        | 0       | 0        | 15.          |        | 17         | 6        | 5        | 3         | 8       |      | 12       |
| Ridgedale, Mo.                                 | Stratton   | 4      |              | 2.95         |            | 6        | 0       | 0        | 18.          |        | 17         | 7        | 6        | 0         | 9       |      | 17       |
| SOCCER (MEN'S)                                 | Gallegos   | 3      |              | 3.04         |            | 4        | Ō       | 14       | 56.          |        | 40         | 22       | 19       | 6         | 13      |      | 67       |
| 7:50 a.m.                                      | Montgomery   | 5      | 2            | 3.12         | 2 1        | 0        | 10      | 0        | 57.2         | 2      | 52         | 22       | 20       | 6         | 12      |      | 56       |
| FS2 — UEFA Nations League Group Stage:         | Pallante   | 6      |              | 3.14         |            | 2        | 10      | 0        | 103.         |        | 108        | 37       | 36       | 8         | 38      |      | 71       |
| Andorra vs. Latvia, Group M, la Vella, Andorra | Oviedo   | 2      |              | 3.20         |            | 4        | 1       | 0        | 25.          |        | 26         | 9        | 9        | 4         | 7       |      | 26       |
| 10:50 a.m.                                     | Mikolas  |        |              | 3.35         |            |          | 31      | 0        | 193.         |        | 163        | 79       | 72       | 24        | 38      |      | .44      |
| FS2 — UEFA Nations League Group Stage:         | Wainwright   |        |              | 3.38         |            |          | 30      | 0        | 184.0        |        | 180        | 70       |          | 15        | 49      |      | .38      |
| Azerbaijan vs. Kazakhstan, Group K,            | Cabrera  | 4      |              | 4.63         |            | 9        | 0       | 1        | 44.2         |        | 39         | 24       | 23       | 8         | 20      |      | 32       |
| Merdekan, Azerbaijan                           | Naughton   | 0      |              | 4.78         |            | 6        | 3       | 1        | 32.0         |        | 39         | 17       |          | 3         | 7       |      | 31       |
| 1:30 p.m.                                      | Hicks<br>Matz  | 3<br>5 |              | 4.92<br>5.44 |            | 4        | 8<br>10 | 0        | 60.1<br>44.2 |        | 44<br>47   | 33<br>27 | 33<br>27 | 5<br>8    | 35<br>9 |      | 63<br>52 |
| FS2 — UEFA Nations League Group Stage:         | McFarland  | 0      |              | 6.61         |            | 8        | 0       | 0        | 32.2         |        | 47         | 26       | 24       | 5         | 11      |      | 16       |
| Denmark vs. France, Group A, Copenhagen,       | Team Totals  |        |              |              |            |          |         |          | 1354.2       |        |            |          |          | 142       |         |      |          |
| Denmark  Denmark                               | ream rotars  | 0,     | 03           | 3.77         | - 13       | <b>.</b> | 33      | 30       | 1334.        |        |            | 000      | 307      | 172       | 732     |      | 03       |
| 1 a.m. (Monday)                                |  |        |              |              |            |          |         |          |              |        |            |          |          |           |         |      |          |
| FS2 — UEFA Nations League Group Stage:         | SEATTLE  | 31/2   | 1            | (41          | 1/2)       |          | Atla    | ınta     | the ac       | ctive  | rost       | er fro   | m the    | practi    | ce squ  | uad. |          |
| Austria vs. Croatia, Group A, Vienna, Austria  | TAMPA BAY  | 31/2   | 1            | (41          | 1/2)       | Gre      | een     | Bay      | BUF          | FALC   | BIL        | LS -     | Place    | d S Mi    | ah Ĥ    | yde  | on       |
| (Taped)  | LA Rams  | 41/2   | 31/2         | (48          | 31/2)      | AF       | RIZC    | NÁ       | injure       | d re   | serv       | e. Sig   | ned D    | Ts Bra    | ndin    | Bry  | ant      |
| SOCCER (WOMEN'S)                               | San Francisco  | 21/2   | 11/2         | (43          | 1/2)       | D        | EN۱     | VER      |              |        |            |          |          | ive ros   |         |      |          |
|  | - <b>Monday</b> practice squad. Promoted OL Greg Mancz a |        |              |              |            |          |         | and      |              |        |            |          |          |           |         |      |          |
| 5:45 a.m.                                      | NY GIANTS 3½ 1 (39½) Dallas                              |        |              |              |            |          | llas    | DB Ja    | 'Mar         | cus I  | ngran      | to th    | e active | rost      | er fr   | om   |          |
| CBSSN - Division 1 Arkema: Fleury at Paris     |  |        |              |              |            |          |         |          | the pi       | ractio | ce so      | quad.    |          |           |         |      |          |
| Saint-Germain                                  | TB   | VAL    |              | G.           | 10         | NIG      |         |          |              |        |            |          |          | - Pr      |         |      |          |
| 9:30 p.m.                                      | TRA  | 1//-   | ĐΑ           | LI           | IU         | ME       |         |          | Daviy        | on N   | ixon       | to th    | ie acti  | ve ros    | er fr   | om 1 | the      |
| CBSSN - FASL: Manchester City at Chelsea       |  | B      | ASE          | BALL         |            |          |         |          | practi       |        |            |          |          |           |         |      |          |
| (Taped)  |  | jor L  | _            |              | coh-       |          |         | _        | CHI          | CAGO   | BE/        | ARS –    | Promo    | oted LE   | Joe T   | hon  | nas      |
| TENNIS   |  |        | eavi         | ie Ba        |            |          |         |          |              |        |            |          |          | ho nra    |         |      |          |

| TRANS         | ACTIONS         |  |  |  |  |
|---------------|-----------------|--|--|--|--|
| BASEBALL      |                 |  |  |  |  |
| Major Le      | ague Baseball   |  |  |  |  |
| Ameri         | can League      |  |  |  |  |
| CHICAGO WHITE | SOX - Dlaced OF |  |  |  |  |

Luis Robert on the 10-day II. Reinstated RHP Ine Kelly from the family medical list. Recalled OF Mark Payton from Charlotte (IL). Optioned LHP Tanner Banks to Charlotte.
CLEVELAND GUARDIANS — Sent RHP Zach Plesac to Columbus (IL) on a rehab

DETROIT TIGERS - Placed RHP Joe Jimenez on the 15-day IL. Recalled RHP Angel De Jesus OAKLAND ATHLETICS - Designated INF Sheldon Neuse for assignment. Announced INF Ernie Clement cleared waivers from Cleveland and was added to the active roster.

SEATTLE MARINERS – Agreed to terms with RHP Luis Castillo on a five-year contract for 2023-2027. **National League** ATLANTA BRAVES – Placed RHP Spencer Strider on the 15-day IL, retroactive to Sept. 21. Reinstated SS Ehire Adrianza from the 10-day IL. Recalled RHP Alan Rangel from Mississippi (SL). Optioned 3B Rylan Bannon

to Gwinnett (IL). CINCINNATI REDS - Optioned RHP Dauri Moreta to Louisville (IL). Reinstated RHP Graham Ashcraft from the 15-day IL. COLORADO ROCKIES - Reinstated RHP Alex Colome from the bereavement list. Optioned RHP Noah Davis to Albuquerque (PCL).
SAN FRANCISCO GIANTS — Placed OF Luis

Gonzalez on the 10-day IL. Recalled C/ INF Ford Proctor from Sacramento (PCL). Announced OF Lewis Brinson cleared waivers and was outrighted to Sacramento. BASKETBALL

**National Basketball Association** PHOENIX SUNS — Signed G Frank Jackson and F Timothe Luwawu-Cabarrot. FOOTBALL

National Football League ARIZONA CARDINALS — Promoted WR Andre Baccellia and CB Jace Whittaker to the active roster from the practice squad.

BALTIMORE RAVENS — Promoted LB
Brandon Copeland and WR Raleigh Webb to

mas CINCINNATI BENGALS - Promoted LB Keandre Jones to the active roster from the practice squad.

DENVER BRONCOS – Promoted WR Kendali

Hinton and DL Jonathan Harris to the active roster from the practice squad.

DETROIT LIONS — Promoted OL Dan Skipper and LB Anthony Pittman to the active roster

from the practice squad.

GREEN BAY PACKERS — Signed RB Patrick Taylor to the active roster from the practice squad. Promoted WR Juwann Winfree to the active roster from the practice squad. Placed WR Sammy Watkins on injured reserve. HOUSTON TEXANS - Promoted TE Jordan

Akins to the active roster from the practice INDIANAPOLIS COLTS — Promoted K Chase McLaughlin to the active roster from the practice squad. KANSAS CITY CHIEFS — Promoted K Matt Ammendola and DB Dicaprio Bottle to the

active roster from the practice squad. LAS VEGAS RAIDERS - Promoted G Alex Bars nd S Matthias Farley to the active roster from the practice squad.

LOS ANGELES CHARGERS - Promoted TE Richard Rogers to the active roster from the practice squad. LOS ANGELES RAMS - Placed WR Van

Jefferson on injured reserve. Signed DB Grant Haley to the active roster. Promoted WR Jacob Harris to the active roster from the practice squad. Signed LB Keir Thomas to the practice squad. MIAMI DOLPHINS - Promoted T Larnel

Coleman and WR River Cracraft to the active roster from the practice squad. MINNESOTA VIKINGS - Promoted CB Duke

Shelley and S Myles Dorn to the active roster from the practice squad. NEW ENGLAN PATRIOTS - Promoted LB

Harvey Langi to the active roster from the NEW ORLEANS SAINTS - Placed CB Alontae Taylor on injured reserve. Promoted DB DaMarcus Fields to the active roster from

the practice squad.

PHILADELPHIA EAGLES - Promoted WR Britain Covey to the active roster from the practice squad SAN FRANCISCO 49ERS - Promoted DT

Akeem Spence to the active roster from the practice squad. SEATTLE SEAHAWKS — Promoted LB Christian Jones and CB Xavier Crawford to the active roster from the practice squad.

TAMPA BAY BUCCANEERS — Promoted WR

Cole Beasley and OL John Molchon to the active roster from the practice squad. TENNESSEE TITANS – Signed OLB Wyatt Ray to the active roster from the practice squad. Promoted WR Josh Gordon and OL Jordan Roos to the active roster from the practice squad. Placed T Taylor Lewan on injured

WASHINGTON COMMANDERS - Promoted DLs Benning Potoa'e and William Bradley-King to the active roster from the practice squad. HOCKEY

**National Hockey League** NEW YORK RANGERS – Returned RW Sam Alfano, LW Maxim Barbashev, Cs Jayden Grubbe and Bryce McConnell-Barker to their respective junior teams to cut training roster

### MLB FRIDAY'S BOX SCORE

BASEBALL

| 3      | Cardinal         | c 1 | 1  | D/ | nde  | σΔI | <b>.</b> | <b>n</b> |
|--------|------------------|-----|----|----|------|-----|----------|----------|
| 3      | St. Louis        | AB  |    |    |      |     |          | Avg.     |
| 2      | Edman ss-2b      | 4   | 2  |    |      | 1   |          | .265     |
| 5      | Pujols dh        | 4   | 2  |    | 5    | 0   |          | .265     |
| 5      | b-Burleson ph-dh | 1   | 1  | 1  | . 1  | 0   | 0        | .185     |
|        | Goldschmidt 1b   | 3   | 0  | C  | 0    | 0   | 1        | .320     |
|        | DeLuzio cf       | 1   | 0  |    | 0    | 0   |          | .143     |
| ı      | Arenado 3b       | 5   | 0  | C  | 0    | 0   | 0        | .293     |
| t      | DeJong ss        | 0   | 0  | C  | 0    | 0   | 0        | .154     |
|        | Yepez lf-1b      | 5   | 2  | 2  | 1    | 0   | 1        | .255     |
| d<br>d | Carlson cf-rf    | 5   | 2  | 2  | 1    | 0   | 1        | .240     |
| ו<br>ו | Nootbaar rf-lf   | 5   | 1  | 3  | 3    | 0   | 0        | .227     |
|        | Knizner c        | 5   | 0  | C  | 0    | 0   | 1        | .206     |
| г      | Donovan 2b-3b    | 3   | 1  | 1  | . 0  | 1   | 1        | .280     |
| 9      | Totals           | 41  | 11 | 12 | 11   | 2   | 8        |          |
| -      | Los Angeles      | AΒ  | R  | н  | BI I | BB  | 50       | Avg.     |
| 5      | Betts rf         | 4   | 0  | 0  | 0    | 0   | 1        | .270     |
|        | T.Turner ss      | 2   | 0  | 0  | 0    | 0   | 0        | .300     |
| 3      | Lux ss           | 2   | 0  | 2  | 0    | 0   | 0        | .290     |
| 9      | Smith c          | 4   | 0  | 1  | 0    | 0   | 1        | .262     |
| -      | J.Turner dh      | 2   | 0  | 1  | 0    | 0   | 0        | .282     |
| ı      | a-Barnes ph      | 1   | 0  | 0  | 0    | 0   | 1        | .224     |
|        | Bellinger cf     | 1   | 0  | 0  | 0    | 0   | 0        | .201     |
|        | Muncy 3b         | 4   | 0  | 1  | 0    | 0   | 1        | .206     |
| r      | Taylor If-2b     | 2   | 0  | 0  | 0    | 2   | 2        | .218     |
| г      | T.Thompson cf-lf | 4   | 0  | 0  | 0    | 0   | 0        | .258     |
|        | Vargas 1b        | 3   | 0  | 1  | 0    | 0   | 1        | .171     |
| (      | Alberto 2b-p     | 3   | 0  | 1  | 0    | 0   | 0        | .225     |
| 9      | Totals           | 32  | -  | 7  | 0    | 2   | 7        |          |
|        | CA Lauria 00°    |     |    | 21 |      |     | 4        |          |

002 330 210 - 11 12 0 St. Louis Los Angeles 000 000 000 - 0 7 2 a-struck out for J.Turner in the 7th. bhomered for Pujols in the 8th.

E - Alberto (3), Muncy (11). LOB - St. Louis

6, Los Angeles 7. **2B** – Nootbaar (11), Yepez (11), Carlson 2 (27), Donovan (19), Lux (19). **HR** – Pujols (20), off Heaney; Pujols (21), off Bickford; Nootbaar (14), off Bickford; Yepez (12), off Ferguson; Burleson (1), off Alberto. RBIs - Pujols 5 (58), Carlson (40), Nootbaar 3 (40), Yepez (28), Burleson (1). **DP** - St. Louis 2 (Donovan, Goldschmidt;

Arenado, Goldschmidt). IP H R ER BB SO ERA St. Louis Quintana, W, 3-1 6<sup>2</sup>/<sub>3</sub> 5 0 0 0 6 2.14 Z.Thompson 1<sup>1</sup>/<sub>3</sub> 0 0 0 1 1 2.12 Dickerson 1 2 0 0 1 0 0.00 Heaney, L, 3-3 32/3 4 4 4 2 5 3.06 Bickford 11/3 3 4 3 0 2 4.72 Bickford Kimhrel 1 0 0 0 1 4 2 2 0 4.07 1 1.97 Ferguson Alberto 2 1 1 1 0 0 4.50 Inherited runners-scored — Bickford 2-2. **HBP** - Heaney (Goldschmidt).

GOLF

# **LPGA**

**NW ARKANSAS CHAMPIONSHIP** 

Pinnacle Country Club. Rogers. Ark.

67-61-128-14 64-65-129-13 65-65-130-12 Lilia Vu Chella Choi 69-63-132-10 Muni He 66-66-132-10 Charley Hull 66-66-132-10 67-65-132-10 64-68-132-10 Megan Khang

Purse: \$2.3 M; Yardage: 6,438; Par: 71

Second Round, Saturday

Jennifer Kupcho 67-65-132-10 64-68-132-10 64-68-132-10 Jeong Eun Lee5 Ryann O'Toole Isi Gabsa 67-66-133-9 66-67-133 -9 67-66-133 -9 A Lim Kim 69-64-133 -9 Yu Liu Pornanong Phatlum 68-65-133 -9 Lauren Coughlin Georgia Hall 66-68-134 -8

### **DP World Tour**

67-67-134-8

### **OPEN DE FRANCE** At Le Golf National, Guyancourt, France Purse: \$2.9M; Yardage: 7,247; Par: 71 Third Round, Saturday

| R. Hojgaard, Denmark<br>G. Coetzee, South Africa<br>Paul Barjon, France<br>Thomas Pieters, Belgium<br>Yannik Paul, Germany<br>Antoine Rozner, France<br>Jamie Donaldson, Wales<br>Jordan L. Smith, England<br>Guido Migliozzi, Italy<br>Victor Perez, France<br>Andrew Wilson, England<br>Scott Jamieson, Scotland<br>Tom Lewis, England<br>Adrian Otaegui, Spain<br>Tom Vaillant, France<br>L. Bjerregaard, Denmark | 62-65-74-201-12<br>68-66-68-202-11<br>65-68-70-203-10<br>67-70-66-203-10<br>68-69-67-204-9<br>66-72-67-205-8<br>68-70-67-205-8<br>68-70-67-205-8<br>69-71-66-206-7<br>69-70-68-206-7<br>69-70-68-207-6<br>71-69-67-207-6<br>68-71-68-207-6<br>68-71-68-208-5 |
|--|--|
| Andrew Wilson, England   | 69-71-66-206-7   |
|  | 69-70-68-207-6   |
|  |  |
|  |  |
| Tom Vaillant, France   | 68-71-68-207 -6  |
| L. Bjerregaard, Denmark  | 72-68-68-208 -5  |
| J. Caldwell, N. Ireland  | 69-71-68-208 -5  |
| Alex Fitzpatrick, England  | 68-70-70-208 -5  |
| Robert Macintyre, Scotlan  | d67-70-71-208-5  |
|  | 70-69-69-208 -5  |
| N.Dellingshausen, German   | y69-69-70–208 <i>-</i> 5   |
| Julien Brun, France  | 66-73-70-209 -4  |
| Ricardo Gouveia, Portugal  | 74-66-69-209 -4  |
| Adrian Meronk, Poland  | 72-67-70-209 -4  |
| Julien Sale, France  | 72-69-68-209 -4  |
| M. Southgate, England  | 70-70-69-209 -4  |
|  |  |

### **AUTO RACING**

### **NASCAR Cup Series** AUTOTRADER ECHOPARK AUTOMOTIVE

**500 LINEUP** After Saturday qualifying; race Sunday

At Texas Motor Speedway, Forth Worth Lap length: 1.50 miles (Car number in parentheses)

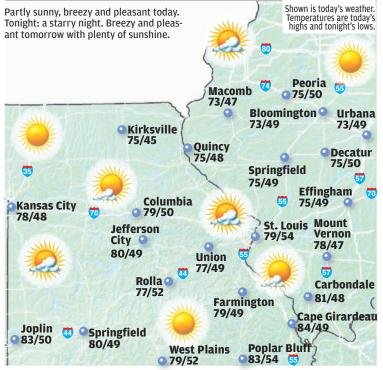
1. (6) Brad Keselowski, Ford, 188.990 mph 2. (22) Joey Logano, Ford, 188.805. 3. (24) William Byron, Chevrolet, 188.805. 4. (8) Tyler Reddick, Chevrolet, 188.390. 5. (34) Michael McDowell, Ford, 188.029. 6. (9) Chase Elliott, Chevrolet, 187.950. 7. (3) Austin Dillon, Chevrolet, 187.546. 8. (11) Denny Hamlin, Toyota, 186.987. 9. (5) Kyle Larson, Chevrolet, 186.233. 10. (99) Daniel Suárez, Chevrolet, 185.401 11. (2) Austin Cindric, Ford, 187.820. 12. (1) Ross Chastain, Chevrolet, 187.806. 13. (17) Chris Buescher, Ford, 187.741. 14. (12) Ryan Blaney, Ford, 187.709. 15. (19) Martin Truex Jr, Toyota, 187.331. 16. (23) Ty Gibbs, Toyota, 187.266. 17. (48) Alex Bowman, Chevrolet, 187.259 18. (18) Kyle Busch, Toyota, 187.240. 19. (45) Bubba Wallace, Toyota, 187.169 20. (21) Harrison Burton, Ford, 187.169. 21. (47) Ricky Stenhouse Jr, Chev, 186.567. 22. (20) Christopher Bell, Toyota, 186.445. 23. (4) Kevin Harvick, Ford, 186.245. 24. (41) Cole Custer, Ford, 185.880. 25. (10) Aric Almirola, Ford, 185.669 26. (16) Noah Gragson, Chevrolet, 185.548 27. (43) Erik Jones, Chevrolet, 185.331. 28. (38) Todd Gilliland, Ford, 185.249 29. (7) Corey Lajoie, Chevrolet, 185.122. 30. (14) Chase Briscoe, Ford, 185.052. 31. (31) Justin Haley, Chevrolet, 184.546. 32. (42) Ty Dillon, Chevrolet, 184.269. 33. (15) Garrett Smithley, Ford, 183.045 34. (78) BJ McLeod, Ford, 181.549 35. (77) Landon Cassill, Chevrolet, 177.749.

36. (51) Cody Ware, Ford, .000.

## ST. LOUIS FIVE-DAY FORECAST

### stitoday.com MONDAY TUESDAY WEDNESDAY THURSDAY TONIGHT Sunny: breezy. Partly sunny and A starry night Partly sunny Sunny, but cool Plenty of sun breezy pleasant WIND WIND WIND WIND WIND WIND WNW 6-12 mph NW 10-20 mph

### NW 8-16 mph NW 7-14 mph NNE 6-12 mph ENE 6-12 mph 64° 54° **73° 53**° **72°** 45° 47° 68° 48° REGIONAL OUTLOOK



| RIVER AND LAKE LEVELS |             |        |         |                       |             |        |         |  |
|-----------------------|-------------|--------|---------|-----------------------|-------------|--------|---------|--|
|                       | Flood       | Stage  | 24 hour |                       | Flood       | Stage  | 24 hour |  |
| Location              | Stage (ft.) | Sat.   | Change  | Location              | Stage (ft.) | Sat.   | Change  |  |
| Missouri River        |             |        |         | Meramec River         |             |        |         |  |
| Kansas City           | 32          | 8.56   | -0.12   | Sullivan              | 15          | 3.51   | +0.27   |  |
| Jefferson City        | 23          | 4.72   | +0.05   | Valley Park           | 16          | -2.83  | -0.05   |  |
| Hermann               | 21          | 3.82   | +0.09   | Arnold                | 24          | 5.86   | -0.07   |  |
| Washington            | 20          | 1.39   | +0.06   | <b>Bourbeuse Rive</b> | r           |        |         |  |
| St. Charles           | 25          | 8.36   | -0.06   | Union                 | 15          | 2.06   | none    |  |
| Mississippi Rive      | er          |        |         | Ohio River            |             |        |         |  |
| Hannibal              | 16          | 10.32  | -0.12   | Cairo                 | 40          | 8.65   | -2.03   |  |
| Louisiana             | 15          | 11.82  | -0.10   | Lake Levels           |             |        |         |  |
| Dam 24                | 25          | 13.62  | -0.63   | Kentucky Pool         |             | 355.50 | +0.20   |  |
| Dam 25                | 26          | 13.97  | -0.27   | Wappapello Pool       |             | 359.86 | -0.06   |  |
| Grafton               | 18          | 15.91  | +0.09   | Clearwater Pool       |             | 496.05 | -0.09   |  |
| M.Price, Pool         | 419         | 419.39 | +0.08   | Lake Ozark            |             | 657.85 | -0.02   |  |
| M.Price, Tail.        | 21          | 3.03   | -0.63   | Truman Lake           |             | 704.82 | -0.08   |  |
| St. Louis             | 30          | -0.02  | -1.12   | Bull Shoals           |             | 658.42 | -0.06   |  |
| Chester               | 27          | 4.18   | -0.58   | Table Rock            |             | 910.69 | -0.08   |  |
| Cape Girardeau        | 32          | 10.37  | -0.01   | Pomme de Terre        |             | 838.96 | +0.01   |  |
| Illinois River        |             |        |         | Lake Shelbyville      |             | 599.30 | -0.02   |  |
| La Salle              | 20          | 11.50  | +0.05   | Rend Lake             |             | 406.36 | -0.10   |  |
| Peoria                | 18          | 11.80  | -0.32   | Mark Twain Lake       |             | 601.28 | -0.01   |  |
| Beardstown            | 14          | 9.70   | +0.08   | Carlyle Lake          |             | 445.45 | -0.06   |  |

|          | Dai<br>Ten | ly<br>nperatui | re Fo | recast<br>mperatu | re    | Av<br>Hi | erage<br>gh | _  | Average<br>Low |
|----------|------------|----------------|-------|-------------------|-------|----------|-------------|----|----------------|
|          |            | 95 97          | 96    |                   |       |          |             |    |                |
| $\vdash$ | 88         |                |       |                   | 87    |          |             |    |                |
|          |            |                |       |                   | 79    |          |             |    |                |
|          |            | 1 1            | 7     | 3                 |       | 73       | 72          | 68 | 73 74          |
|          | 69         | 74 74          | 69    | 61                |       |          | 64          |    |                |
|          |            |                | 5     | 5 56              | 54 54 | 53       |             |    | 52 53          |

### **ALMANAC**

| Statistics through 5 p.m.                                    | . Saturday           |
|--|----------------------|
| Temperature  |                      |
| High/low   | 87°/54°              |
| Normal high/low  | 78°/58°              |
| Last year high/low   | 82°/54°              |
| Record high  | 94° (1891)           |
| Record low   | 37° (1942)           |
| Precipitation  |                      |
| 24 hrs through 5 p.m. Sa                                     | at. 0.00"            |
| Month to date (normal)                                       | 1.73" (2.41")        |
| Year to date (normal)  | 40.85" (32.08")      |
| Record for this date   | 2.57" (1941)         |
| Pollen Yesterday   |                      |
| Trees  | Absent - 0           |
| Weeds  | Low - 7              |
| Grass  | Absent - 0           |
| Mold   | High - 17452         |
| Sour   | ce: St. Louis County |
| Cooling Degree Da  | ys                   |
| Degree days are an indicator<br>The more the total degree da |                      |

| Degree days are an indicator of energy needs. The more the total degree days, the more energy is necessary to cool. |     |  |  |  |  |
|---|-----|--|--|--|--|
| Saturday  | 6   |  |  |  |  |
| Month to date   | 225 |  |  |  |  |
| Normal month to date  | 189 |  |  |  |  |

Since January 1

health.

Normal since January 1 1643 RealFeel Temperature® Today An exclusive index of effective temperature, wind. humidity, sunshine intensity, cloudiness, precipitation, pressure and elevation on the human body. 63° 76° 75° 67° 8 a.m. 4 p.m. 8 p.m. noon **UV Index Today** 

1919

0 1 2 3 4 5 6 7 8 9 10 11+

Shown is the highest value of the day.

The higher the AccuWeather.com UV Index™ number, the greater the need for eye and skin protection. Today's Air Quality airnow.gov Forecast index based on presence of man-

made particulates affecting aspects of human

Very Haza (sensitive) Unhealth

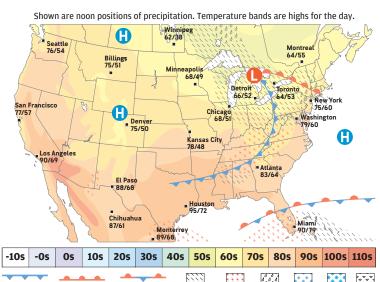
| Skywatch                                      |                  |              |                 |  |  |  |  |  |
|---|------------------|--------------|-----------------|--|--|--|--|--|
|   | Rise             | !            | Set             |  |  |  |  |  |
| Sun   | 6:52 a           | 6:52 a.m.    |                 |  |  |  |  |  |
| Moon  | 6:25 a           | 6:25 a.m.    |                 |  |  |  |  |  |
|   |                  |              |                 |  |  |  |  |  |
| New<br>Moon                                   | First<br>Quarter | Full<br>Moon | Last<br>Quarter |  |  |  |  |  |
| Sep 25  | Oct 2            | Oct 9        | Oct 17          |  |  |  |  |  |
| ©2022: forecasts and graphics, except for the |                  |              |                 |  |  |  |  |  |

KTVI forecasts, provided by

AccuWeather | Go to AccuWeather.com

## NATIONAL OUTLOOK

A storm moving into the Northeast today will produce showers in the Great Lakes and thunderstorms from New Hampshire to eastern Louisiana. Some storms in the Northeast could bring gusty winds and small hail. Dry conditions are expected across the Plains, Rockies and Pacific coast throughout the day.



|                |                  | •                |            |            | 0,0,0      | * * *            | * *            | V V . |
|----------------|------------------|------------------|------------|------------|------------|------------------|----------------|-------|
| Cold front     | Warm front       | Stationary front | Showers    | T-storms   | Rain       | Flurries         | Snow           | Ice   |
| City           | Today<br>Hi/Lo/\ |                  | City       |            |            | Today<br>Hi/Lo/W | Monda<br>Hi/Lo |       |
| Albany, N.Y.   | 65/55/1          | 66/49/sl         | 1 Los      | Angeles    | 9          | 0/69/s           | 94/71          | ./s   |
| Albuquerque    | 83/57/0          | 80/58/p          | c Loui     | sville     | 7          | 9/56/s           | 74/49          | /s    |
| Anchorage      | 53/41/0          | 49/43/r          | Men        | nphis      | 9          | 01/61/c          | 84/58          | 3/s   |
| Atlanta        | 83/64/           | pc 81/57/s       | Mia        |            |            | 0/79/pc          | 86/79          |       |
| Austin         | 96/69/           | 93/58/s          | Milv       | vaukee     | $\epsilon$ | 57/51/c          | 63/45          | /s    |
| Baltimore      | 79/57/t          | 76/54/p          | <u>Min</u> | neapolis   | 6          | 8/49/s           | 63/44          | /pc   |
| Birmingham     | 86/59/           | sh 81/54/s       | Mon        | tgomery    | 8          | 89/67/sh         | 87/57/         | /s    |
| Boise          | 84/54/           | s 87/56/s        | Nas        | hville     | 8          | 85/56/t          | 79/52          | /s    |
| Boston         | 71/62/p          | c 73/56/pc       | c New      | Orleans    | 9          | 2/75/pc          | 90/72          | 2/pc  |
| Charleston, S. | C. 86/69/        | 89/63/s          | New        | York City  | / 7        | 5/60/t           | 74/58          | /pc   |
| Charleston, W  | .Va. 75/53/s     | h 70/47/c        | Okla       | thoma Cit  | y 8        | 39/55/s          | 85/55          | /s    |
| Charlotte      | 80/57/1          | 80/52/s          | Oma        | aha        | 7          | 7/45/s           | 71/46          | /s    |
| Chicago        | 68/51/           | oc 64/45/s       | Orla       | ndo        | 8          | 89/74/pc         | 91/75          | /t    |
| Cincinnati     | 74/52/0          | 69/46/p          | c Phil     | adelphia   | 7          | 9/61/t           | 77/58          | /pc   |
| Cleveland      | 67/54/9          | sh 61/50/c       | Pho        | enix       | 1          | 03/80/s          | 105/8          | 3/s   |
| Dallas         | 96/67/           | oc 88/63/s       | Pitts      | burgh      | 6          | 6/52/t           | 64/47          | /sh   |
| Daytona Beac   | h 86/72/         | s 88/73/t        | Port       | land, Mai  | ne 6       | 6/56/pc          | 67/51          | /c    |
| Denver         | 75/50/9          | 80/50/s          | Port       | land, Ore  | . 8        | 37/57/pc         | 88/58          | 3/s   |
| Des Moines     | 74/48/           | 69/47/s          | Sacı       | amento     | 9          | 3/60/s           | 91/59          | /s    |
| Destin, Fla.   | 87/76/9          | 90/69/p          | c Salt     | Lake City  | ' 8        | 32/56/s          | 84/59          | )/s   |
| Detroit        | 66/52/           |                  |            | Antonio    | 9          | 4/73/s           | 94/66          | 5/S   |
| Hartford       | 71/57/t          | 71/50/pc         | San        | Diego      | 8          | 30/68/s          | 83/70          | )/s   |
| Honolulu       | 89/75/           | oc 88/76/p       | c San      | Francisco  |            | 7/57/s           | 77/58          | /s    |
| Houston        | 95/72/9          | 95/65/s          | Seat       | tle        | 7          | 6/54/pc          | 79/55          | /pc   |
| Indianapolis   | 73/50/ן          | oc 67/47/pc      | Tam        | ра         | 9          | 0/76/t           | 90/74          | ŀ/t   |
| Kansas City    | 78/48/           | 73/49/s          | Tucs       | on         | 9          | 8/73/s           | 98/74          | l/s   |
| Las Vegas      | 97/74/9          | 97/74/s          |            | hington, I | D.C. 7     | '9/60/t          | 78/55          | /pc   |
| Little Rock    | 92/60/           | oc 84/56/s       | Wicl       | nita       | 8          | 32/51/s          | 82/51          | /s    |

**National Extremes** Saturday in the 48 contiguous states **High:** 109 El Centro, Calif. **Low:** 20 Bodie State Park, Calif.

| WORLD FORECAST |                  |                   |                |                  |                   |  |  |  |
|----------------|------------------|-------------------|----------------|------------------|-------------------|--|--|--|
| City           | Today<br>Hi/Lo/W | Monday<br>Hi/Lo/W | Citv           | Today<br>Hi/Lo/W | Monday<br>Hi/Lo/W |  |  |  |
| Amsterdam      | 61/52/sh         | 58/49/r           | Mexico City    | 73/56/t          | 70/55/r           |  |  |  |
| Athens         | 79/64/s          | 79/67/pc          | Montreal       | 64/55/c          | 62/52/sh          |  |  |  |
| Baghdad        | 96/72/pc         | 97/70/pc          | Moscow         | 46/41/r          | 50/38/c           |  |  |  |
| Bangkok        | 88/76/t          | 89/77/t           | Nassau         | 89/78/pc         | 89/77/t           |  |  |  |
| Beijing        | 81/52/s          | 84/54/pc          | Nairobi        | 79/58/pc         | 80/57/pc          |  |  |  |
| Berlin         | 63/49/pc         | 61/50/pc          | New Delhi      | 87/76/t          | 90/75/pc          |  |  |  |
| Buenos Aires   | 65/57/c          | 68/57/pc          | Paris          | 66/49/sh         | 59/47/r           |  |  |  |
| Cairo          | 95/74/s          | 94/74/s           | Rio de Janeiro | 74/66/s          | 78/69/pc          |  |  |  |
| Cancun         | 89/73/s          | 86/71/r           | Rome           | 76/65/t          | 75/64/sh          |  |  |  |
| Dublin         | 60/49/c          | 57/47/sh          | San Juan       | 88/77/c          | 88/78/sh          |  |  |  |
| Hong Kong      | 89/81/pc         | 92/82/pc          | Santiago       | 64/41/pc         | 64/42/c           |  |  |  |
| Jerusalem      | 86/64/s          | 86/61/s           | Seoul          | 76/56/pc         | 79/56/pc          |  |  |  |
| Johannesburg   | 81/59/s          | 84/62/s           | Sydney         | 71/55/s          | 69/60/pc          |  |  |  |
| London         | 62/51/c          | 59/47/r           | Tokyo          | 76/67/pc         | 79/68/pc          |  |  |  |
| Madrid         | 73/51/s          | 73/48/pc          | Toronto        | 64/53/sh         | 60/52/sh          |  |  |  |
| Mecca          | 103/86/t         | 107/82/s          | Vancouver      | 68/53/pc         | 70/53/pc          |  |  |  |

103/86/t 107/82/s W-weather, s-sunny, pc-partly cloudy, c-cloudy, sh-showers, i-ice, r-rain, t-thunderstorms, sf-snow flurries, sn-snow



Presented by THE HARTFORD



Thank you for voting Dr. Shawn Bradley the Best Chiropractor in St. Louis!







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1761 Jeffco Blvd | Arnold, MO 63010



### **About the program**

Starting May 24, we asked the community to nominate their favorite businesses and organizations in over 150 categories.

After the end of the nomination phase, the top 5 who received the most nominations (including ties) in each category advanced to the voting phase.

From July 5 - 28, the community voted on the finalists in each category. After the voting phase, the winner(s) and favorites were named in each category and are listed within this section.

Please be sure to congratulate all of the businesses listed.

For more information, visit **STLtoday.com/STLHeadliner** 

Nominations were submitted by the community. This content was produced by the St. Louis Post-Dispatch marketing department. The news and editorial departments of the St. Louis Post-Dispatch had no role in its creation or display. For more information, contact marketing@post-dispatch.com

# We are proud to present your 2022 winners!

Thank you to all the readers that nominated and voted for their favorites in our inaugural year for the STL Headliner awards. It has been an honor to play a small part in bringing recognition to the local businesses and professionals that go above and beyond the expectations of their customers.

There are so many local businesses and professionals that work day-in and day-out to deliver the best products and services in the region. They value hard work, creativity and perseverance, no matter the circumstances. We asked you, the community, to help us recognize your favorites — the stars of the show, the best of the best, the STL Headliners.

After submitting thousands of nominations, the community voted for their favorites among the finalists in each category. Those finalists received tens of thousands of votes, and the favorites in each category are named within this special edition. Those with the most votes in each category were named the winners, and some businesses were recognized across multiple categories for all the things they do.

We can't stress enough what an achievement it is to be listed in this section. It means the region recognizes all of the hard work, talent and services these businesses provide every day, whether it's banking, buying a car or even picking their next meal.

Congratulations to all the 2022 STL Headliner award winners and favorites and thank you to

everyone who nominated and voted. Please take the time to support all these businesses who go above and beyond each and every day to make our region a better place.

Zin Hart

**Kevin Hart**Vice President
STL Post Media



The STL Post Media management team at the 2022 STL Headliner celebration on August 31, 2022, which honored the top businesses and professionals in the St. Louis region. Pictured left to right: Rich Shelton, Andrea Griffith, Kevin Hart, Mandy Loyet, Charles Mems and Cody McGee. Photo by Jon Gitchoff.

# WHEN YOU DO ALL THE RIGHT THINGS, YOU STAND ABOVE THE REST.



The Hartford is proud to celebrate the winners and favorites of STL Headliners 2022. Congratulations on this well-deserved recognition.

TheHartford.com

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# Congratulations TO THIS YEAR'S HONOREES...



### **BEST BRIDAL STORE**

### **The Ultimate Bride**

1115 S. Big Bend Blvd. St. Louis, MO 63117 theultimatebride.com

Favorites: Clarice's Bridal, Mia Grace Bridal

### **BEST CHILDREN'S BOUTIQUE**City Sprouts

8807 Ladue Road Ladue, MO 63124 citysprouts.com Favorites: The Honeycomb Boutique, Lass and Laddie

### **BEST MEN'S CLOTHING STORE**

### **The Normal Brand**

8809 Ladue Road Ladue, MO 63124 thenormalbrand.com Favorites: Arch Apparel, STL-Style

### **BEST WOMEN'S CLOTHING STORE** 2D's Beauty Boutique & Salon

1069 First Capitol Drive St. Charles, MO 63301 2dsbeautyspot.com Favorites: Leopard Boutique, MOD on Trend, Paperdolls Boutique

### **BEST SHOE STORE**

### Laurie's Shoes Inc.

9916 Manchester Road St. Louis, MO 63122 lauriesshoes.com Favorites: Big River Running Company, Seliga Shoes

### **AUTOMOTIVE**

### BEST AUTO BODY SHOP

### **Schaefer Autobody Centers**

(multiple locations)
16109 Manchester Road
Ellisville, MO 63011
schaeferautobody.com
Favorites: Concord Auto Body, Inc.,
Lou Fusz Automotive Network

### **BEST AUTO GLASS REPAIR**

### **Martin Glass Company**

13110 Tesson Ferry Road St. Louis, MO 63128 martinglass.net Favorites: Auto Glass Repair of STL, St. Louis Windshield Repair

### **BEST NEW CAR DEALERSHIP**

### **Dave Sinclair Ford**

7466 S. Lindbergh Blvd. St. Louis, MO 63125 davesinclairford.com Favorites: Lou Fusz Subaru | St. Peters, Sunset Hills Subaru

### **BEST USED CAR DEALERSHIP - TIE**

### Lou Fusz Kia

1025 N. Lindbergh Blvd. St. Louis, MO 63132 kia.fusz.com

### **Schicker Ford of St. Louis**

3300 S. Kingshighway Blvd. St. Louis, MO 63139 schickerfordstlouis.com Favorite: Bommarito West County Pre-Owned

### **BEST MOTORCYCLE/ATV DEALER**

### Doc's Harley-Davidson

930 S. Kirkwood Road Kirkwood, MO 63122 docsharleydavidson.com Favorites: Big St. Charles Motorsports, Surdyke Motorsports

### **BEST OIL CHANGE**

### **Dobbs Tire & Auto Centers**

(multiple locations)
1983 Brennan Plaza
High Ridge, MO 63049
Favorites: Coates Bros. - Cooper
Distributing, Plaza Tire Service
(multiple locations)

### **BEST RV DEALER**

### **Byerly RV**

295 E. 5th Street Eureka, MO 63025 byerlyrv.com Favorites: Apache Village RV Center, Midwest RV Center

### **BEST TIRE STORE**

### **Dobbs Tire & Auto Centers**

(multiple locations) 1983 Brennan Plaza High Ridge, MO 63049 Favorites: Plaza Tire Service (multiple locations), Telle Tire & Auto Centers

### **BEAUTY & WELLNESS**

### **BEST BARBERSHOP**

### Style & Fade Salon & Barbershop

3191 Ashby Road, Suite 5 St. Ann, MO 63074 styleandfade.com Favorites: Studio Branca | Chesterfield, Union Barbershop

### **BEST FITNESS CENTER**

### **MT Fitness**

1336 Strassner Drive St. Louis, MO 63144 mtfitstl.com Favorites: Concordia Turners, Team Branch Fitness & Training



### **BEST HAIR SALON**

### Studio Branca | Creve Coeur

12627 Olive Blvd.
Creve Coeur, MO 63141
studiobranca.com
Favorites: Ginger Bay Salon & Spa
(multiple locations), Mitchell James Salon

### **BEST NAIL SALON**

### **Beautiful Nails**

1107 S. Big Bend Blvd. St. Louis, MO 63117 (314) 647-5121 Favorites: Ladue Nails & Spa

(multiple locations), Top Nails

### **BEST SPA**

### The Face and The Body Salon & Spa

(multiple locations)
2515 S. Brentwood Blvd.
St. Louis, MO 63144
Favorites: Ginger Bay Salon & Spa
(multiple locations),
Studio Branca | Creve Coeur

### **BEST TATTOO SHOP**

### **Iron Age Studios**

6309 Delmar Blvd. St. Louis, MO 63130 ironagetattoo.com Favorites: Frenchtown Tattoo Company, T-Doggs Tattoos & Body Piercing

### BEST YOGA STUDIO

### **Urban Breath Yoga**

(multiple locations)
4237 Manchester Ave.
St. Louis, MO 63110
urbanbreathyoga.com
Favorites: Lotus Yoga, TruFusion STL



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314-993-2221 | MCKNIGHTPLACE.COM Facebook.com/McKnightPlaceEC Two McKnight Place, St. Louis, MO 63124

### COMMUNITY

### **BEST CUSTOMER SERVICE**

### **Fischer & Frichtel Homes**

695 Trade Center Blvd., Suite 200 Chesterfield, MO 63005 fischernewhomes.com Favorites: Friendship Village, The Gatesworth,

### **BEST EVENT CENTER**

### The Magic House® St. Louis Children's Museum

516 S. Kirkwood Blvd. Kirkwood, MO 63122 magichouse.org

Favorites: Moulin Events and Meetings, St. Charles Convention Center

### **BEST HOTEL**

### The Chase Park Plaza Royal Sonesta St. Louis

212 N. Kingshighway Blvd.

St. Louis, MO 63108 sonesta.com Favorites: The Cheshire; St. Louis Union Station Hotel | Curio Collection by Hilton

### BEST LIVE MUSIC NIGHT SPOT

### **Broadway Oyster Bar** 736 S. Broadway

St. Louis, MO 63102 broadwayoysterbar.com Favorites: Hollywood Casino Amphitheatre | St. Louis; Old Rock House

### **BEST LOCAL BAND**

### **Torchlight Parade**

torchlightparade.com Favorites: Jake's Leg, Trixie Delight

### **BEST LOCAL FESTIVAL**

### **Festival of Nations**

festivalofnationsstl.org Favorites: Festival of the Little Hills, Soulard Mardi Gras

### **BEST LOCAL MUSEUM**

### **City Museum**

750 N. 16th Street St. Louis, MO 63103 citymuseum.org Favorites: Missouri History Museum, Saint Louis Art Museum

### **BEST NONPROFIT**

### Saint Louis Zoo

1 Government Drive St. Louis, MO 63110 stlzoo.org Favorites: Down Syndrome Association of Greater St. Louis, Stray Rescue of St. Louis

### BEST PLACE FOR A KIDS' BIRTHDAY PARTY

The Magic House®
St. Louis Children's Museum

516 S. Kirkwood Blvd. Kirkwood, MO 63122 magichouse.org Favorites: Saint Louis Zoo, Swing-A-Round Fun Town

### **BEST PLACE TO GET MARRIED**

### Missouri Botanical Garden

4344 Shaw Blvd. St. Louis, MO 63110 missouribotanicalgarden.org Favorites: Busch Stadium, World's Fair Pavilion

### BEST PLACE TO TAKE AN OUT-OF-TOWN GUEST

### Saint Louis Zoo

1 Government Drive

St. Louis, MO 63110 stlzoo.org Favorites: City Museum, Gateway Arch

### **BEST SENIOR INDEPENDENT LIVING**

### The Gatesworth

One McKnight Place St. Louis, MO 63124 thegatesworth.com Favorites: Friendship Village, Laclede Groves | Lutheran Senior Services

### DRINK

### **BEST BAR**

### Fast Eddie's Bon Air

1530 E. 4th Street Alton, IL 62002 fasteddiesbonair.com Favorites: The Pat Connolly Tavern, Village Bar

### **BEST COFFEE SHOP**

### Kaldi's Coffee Roasting Co.

3983 Gratiot Street St. Louis, MO 63110 kaldiscoffee.com Favorites: Maypop Coffee & Garden Shop, Sweet Em's Coffee & Ice Cream

### **BEST HAPPY HOUR**

### Sasha's on Shaw

4069 Shaw Ave. St. Louis, MO 63110 sashaswinebar.com Favorites: EdgeWild Restaurant & Winery, Maggie O'Brien's Irish Pub & Restaurant | Sunset Hills

### **BEST LOCAL BREWERY**

### 4 Hands Brewing Co.

1220 S. 8th Street St. Louis, MO 63104 4handsbrewery.com Favorites: Schlafly® The Saint Louis Brewery, Urban Chestnut Brewing Company

### **BEST LOCAL SPIRITS/DISTILLERY**1220 Spirits

1220 S. 8th Street St. Louis, MO 63104

4handsbrewery.com Favorites: StilL 630 Distillery, Switchgrass Spirits

### **BEST WINERY**

### **Noboleis Vineyards**

100 Hemsath Road Augusta, MO 63332 noboleisvineyards.com Favorites: Montelle Winery, Stone Hill Winery

### **EDUCATION**

### BEST COLLEGE/UNIVERSITY

### Washington University in St. Louis

1 Brookings Drive St. Louis, MO 63130 wustl.edu

Favorites: Lindenwood University, Saint Louis University

### **BEST PRIVATE GRADE SCHOOL**

### Mary Institute and St. Louis Country Day School

101 N. Warson Road Ladue, MO 63124 micds.org

Favorites: Holy Infant Catholic School, Word of Life Lutheran School

### **BEST PRIVATE HIGH SCHOOL**

### St. Louis University High School

4970 Oakland Ave. St. Louis, MO 63110 sluh.org Favorites: John Burroughs School, Nerinx Hall

### **BEST PUBLIC GRADE SCHOOL**

### **Crestwood Elementary School**

1020 S. Sappington Road St. Louis, MO 63126 go.lindberghschools.ws Favorites: Long Elementary School, Shaw Visual and Performing Arts Elementary School

### **BEST PUBLIC HIGH SCHOOL**

### Lindbergh High School

5000 S. Lindbergh Blvd. St. Louis, MO 63126 go.lindberghschools.ws Favorites: Francis Howell High School, Metro Academic and Classical High School

### **FOOD & DINING**

### **BEST ASIAN FOOD**

### Mai Lee

8396 Musick Memorial Drive St. Louis, MO 63144 maileestl.com Favorites: Lona's Lil Eats, Sushi Ai







### STL HEADLINER \* 2022 WINNERS EDITION

### **FOOD & DINING (cont'd)**

### **BEST BAKERY**

### **Old Town Donuts®**

(multiple locations)
508 New Florissant Road
Florissant, MO 63031
oldtowndonuts.com
Favorites: Federhofer's Bak

Favorites: Federhofer's Bakery, Nathaniel Reid Bakery

### **BEST BBQ**

### **Sugarfire Smoke House**

(multiple locations)
9200 Olive Blvd.
St. Louis, MO 63132
sugarfiresmokehouse.com
Favorites: Pappy's Smokehouse,
Salt + Smoke (multiple locations)

### **BEST BURGER**

### **Hi-Pointe Drive-In**

(multiple locations) 1033 McCausland Ave. St. Louis, MO 63117 hipointedrivein.com Favorites: Mac's Local Eats, Village Bar

### **BEST CATERING COMPANY**

### The Art of Entertaining

8796 Big Bend Road St. Louis, MO 63119 theaofe.com

Favorites: Butler's Pantry,
The Pasta House Co.® (multiple locations)

### **BEST CHICKEN WINGS**

### Syberg's Eating & Drinking Company

(multiple locations) 7802 Gravois Road St. Louis, MO 63123 sybergs.com Favorites: Hodak's Rest.

Favorites: Hodak's Restaurant & Bar, Mattingly's Sports Bar & Grill (multiple locations)

### **BEST DESSERT**

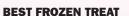
### **Ted Drewes Frozen Custard**

6725 Chippewa Street St. Louis, MO 63109 teddrewes.com Favorites: The Blue Owl Restaurant & Bakery, Clementine's Naughty and Nice Creamery (multiple locations)

### **BEST FINE DINING**

### Charlie Gitto's On the Hill

5226 Shaw Ave. St. Louis, MO 63110 charliegittos.com Favorites: Brasserie by Niche, Tony's on Main Street



### **Ted Drewes Frozen Custard**

6725 Chippewa Street St. Louis, MO 63109 teddrewes.com Favorites: Clementine's Naughty and Nice Creamery (multiple locations), Fritz's Frozen Custard (multiple locations)

### **BEST MEAT MARKET**

### **Kenrick's Meats & Catering**

4324 Weber Road St. Louis, MO 63123 kenricks.com Favorites: G & W Sausage Company, Mannino's Market (multiple locations)

### **BEST OUTDOOR/PATIO DINING**

### John D. McGurk's Irish Pub and Garden

1200 Russell Blvd. St. Louis, MO 63104 mcgurks.com Favorites: Hendel's Market, Katie's Pizza & Pasta Osteria (multiple locations)

### **BEST PIZZA**

### Katie's Pizza & Pasta Osteria

(multiple locations)
9568 Manchester Road
St. Louis, MO 63119
katiespizzaandpasta.com
Favorites: Imo's Pizza (multiple locations),
Pirrone's Pizzeria (multiple locations)

### BEST PLACE FOR BREAKFAST/BRUNCH

### **Shack Breakfast & Lunch**

(multiple locations)
13645 Big Bend Road
St. Louis, MO 63122
eatatshack.com
Favorites: Bowood by Niche,
Uncle Bill's Pancake House





## WINNERS! FOR BOTH CREDIT UNION AND MORTGAGE COMPANY



Thank you for your votes. We appreciate our 370,000 members!



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### STL HEADLINER ★ 2022 WINNERS EDITION

### FOOD & DINING (cont'd)

### **BEST PLACE FOR LUNCH**

### The Corner Pub & Grill

(multiple locations) 13645 Big Bend Road St. Louis, MO 63122 cornerpubandgrill.com

Favorites: Balkan Treat Box, Union Loafers

### **BEST SEAFOOD**

736 S. Broadway

### **Broadway Oyster Bar**

St. Louis, MO 63102 broadwayoysterbar.com Favorites: Gulf Shores Restaurant & Grill (multiple locations), Peacemaker Lobster & Crab

### **BEST STEAK**

### **Tucker's Place**

(multiple locations) 14282 Manchester Road Manchester, MO 63011 tuckersplace.com Favorites: Citizen Kane's Steakhouse, Twisted Tree Steakhouse

### **BEST WAITSTAFF**

### Katie's Pizza & Pasta Osteria

(multiple locations) 9568 Manchester Road St. Louis, MO 63119 katiespizzaandpasta.com Favorites: Salt + Smoke (multiple locations), Village Bar

### **HEALTH & MEDICAL**

Three McKnight Place

### **BEST ASSISTED LIVING FACILITY McKnight Place Assisted Living** & Memory Care

St. Louis, MO 63124 mcknightplace.com Favorites: Friendship Village, Laclede Groves | Lutheran Senior Services

### **BEST CHIROPRACTIC PRACTICE Serenity Chiropractic and Wellness**

9012 Manchester Road Brentwood, MO 63144 serenitychirostl.com Favorites: Dr. David Leonard; RiverTowne Family Chiropractic

### **BEST COSMETIC SURGERY CENTER**

### Parkcrest Plastic Surgery

845 N. New Ballas Ct., Suite 300 St. Louis, MO 63141 parkcrestplasticsurgery.com Favorites: Synergi Facial Surgery, Washington University Facial Plastic Surgery Center

### **BEST DENTAL PRACTICE**

### **Kraner Family Dentistry**

1838 Wentzville Parkway Wentzville, MO 63385 kranerfamilydentistry.com Favorites: Oakville Dental Care; St. Louis County Dental Partnership, Grayem, Brace & Associates

### **BEST EYE CARE FACILITY**

### **Brinton Vision**

555 N. New Ballas Road, Suite 310 St. Louis, MO 63141 brintonvision.com Favorites: Clarkson Eyecare (multiple locations), Crown Vision Center (multiple locations)

### **BEST HEARING FACILITY**

### **Southwestern Hearing Centers**

(multiple locations) 2821 North Ballas Road, Suite 100 St. Louis. MO 63131 southwesternhearing.com Favorite: Hearing Care Partners (multiple locations)

### **BEST HOSPITAL**

### **Mercy Hospital**

615 S. New Ballas Road St. Louis, MO 63141 mercy.net Favorites: Barnes-Jewish Hospital, St. Luke's Hospital

### **BEST MEDICINAL MARIJUANA DISPENSARY**

### **Greenlight Dispensary**

(multiple locations) 6497 Chippewa Street St. Louis, MO 63109 greenlightdispensary.com Favorites: Nature Med Dispensary, Proper Cannabis (multiple locations)



# "I DO" WITH A VIEW



### **CEREMONIES**

### RECEPTIONS



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### **THANK YOU FOR YOUR VOTES!**



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A not-for-profit Life Care community by Friendship Village Senior Services.



### **HEALTH & MEDICAL (cont'd) HEALTH & MEDICAL**

### **BEST MEMORY CARE FACILITY**

### **Parc Provence**

605 Coeur De Ville Drive Creve Coeur, MO 63141 parcprovence.com

Favorites: Friendship Village,

Laclede Groves | Lutheran Senior Services

### **BEST OB/GYN FACILITY**

### **Women's Health Partners**

10012 Kennerly Road, Suite 405 St. Louis, MO 63128 whpstl.com Favorites: OB/GYN Physicians, SLUCare OB/GYN and Women's Health

### BEST ORTHOPEDIC PRACTICE

### Signature Orthopedics | South County

12639 Old Tesson Road St. Louis, MO 63128 signaturemedicalgroup.com Favorites: Orthopedic Associates, Washington University & Barnes-Jewish Orthopedic Center in Chesterfield

### **BEST PHARMACY**

### **Lindenwood Drug**

6903 Lansdowne Ave. St. Louis, MO 63109 (314) 781-2445 Favorite: TPD Pharmacy

### **BEST REHABILITATION FACILITY**

### **McKnight Place Extended Care**

Two McKnight Place St. Louis, MO 63124 mcknightplace.com Favorites: Friendship Village, Mercy Rehabilitation Hospital St. Louis

### **BEST SKILLED NURSING FACILITY**

### **McKnight Place Extended Care**

Two McKnight Place St. Louis, MO 63124 mcknightplace.com

Favorites: Friendship Village, Mari de Villa

### HEALTH & MEDICAL PROFESSIONALS

### **BEST CHIROPRACTOR**

### Dr. Shawn Bradley, Bradley Chiropractic

1761 Jeffco Blvd. Arnold, MO 63010

Favorites: Dr. Chelsea Durbin, Integrated Medical Group; Denise Plaisance, Plaisance Chiropractic

### **BEST DENTIST**

### Dr. Elizabeth Closurdo Webster Family Dental

8005 Big Bend Road Webster Groves, MO 63119 websterdentalstl.com Favorites: Dr. Danielle Riordan, Family Dentistry of St. Peters; Dr. Kelly O'Shaughnessy, Ellis Dental

### **BEST DERMATOLOGIST**

### Dr. Daniel West, SLUCare Dermatology

(multiple locations)
1225 South Grand Blvd., 3rd Floor
St. Louis, MO 63104
slucare.com/dermatology
Favorites: Dr. Erin Gardner, Dermatology
Specialists of St. Louis; Dr. Susan
Journagan, Distinctive Dermatology

### **BEST ESTHETICIAN**

### **Katy Allison, The Only Facial**

(multiple locations)
1175 Colonnade Center
St. Louis, MO 63131
theonlyfacial.com
Favorites: GLO with Samantha
Peterson; Meghan Wilson,
Studio Branca | Creve Coeur

### **BEST MASSAGE THERAPIST**

### Liz Frymire, Indigo Massage & Wellness

(multiple locations)
1901 Arsenal Street
St. Louis, MO 63118
indigomassagetherapy.com
Favorites: Regina Close,
Washington Green Spa & Wellness

### **BEST ORTHODONTIST**

### Dr. Gary Shanker Embrace Our World Orthodontics

12111 Tesson Ferry Road St. Louis, MO 63128 embraceourworld.com Favorites: Dr. Christine Brinley, Brinley Orthodontics; Dr. Matthew Bauer, Bauer Orthodontics

### **BEST PHYSICAL THERAPIST**Dave Candy, DPT | More 4 Life

14585 Manchester Road Manchester, MO 63011 m4lpt.com Favorites: Elizabeth Elkins, DPT, SSM Health; Scott Van Nest, MS, PT, Sports Medicine & Training Center

### **BEST PRIMARY CARE DOCTOR**

Dr. Nicholas Moore, SSM Health Medical Group

1475 Kisker Road, Suite 200 St. Charles, MO 63304 636-498-5810

Favorites: Dr. Hashim Raza, St. Louis Medical Clinic; Dr. Michelle Kane, Missouri Baptist Medical Center

### **HOME SERVICES**

### **BEST CLOSET DESIGN**

### Saint Louis Closet Co.

2626 S. Big Bend Road St. Louis, MO 63143 stlouisclosetco.com

Favorite: Closets by Design | St. Louis

### BEST FENCING COMPANY

### Chesterfield Fence & Deck

620 Spirit Valley East Drive Chesterfield, MO 63005 chesterfieldfence.com Favorites: A-1 Fence Co., St. Louis Fence Co.

### **BEST FOUNDATION REPAIR**

### Helitech Waterproofing & Foundation Repair

625 Feise Road O'Fallon, MO 63368 helitechonline.com Favorites: Foundation Recovery Systems -St. Louis, Woods Basement Systems

### **BEST GUTTER COMPANY**

### **The Gutter Guy**

9648 Olive Blvd. Olivette, MO 63132 314-413-2888

Favorites: GutterPros, Scott-Lee

**Guttering Company** 

### BEST HOME IMPROVEMENT COMPANY

### STL Design and Build

11088 Millpark Drive, Suite 140 Maryland Heights, MO 63043 stldesignandbuild.com Favorites: Copal Construction, Inc., Dana King Design Build Remodeling

### **BEST HOUSE PAINTING COMPANY**

### **Kennedy Painting Interior & Exterior**

11678 Gravois Road St. Louis, MO 63126 stlouishousepainting.com Favorites: Beckner Painting & Contracting, Rainbow Painting Company

### **BEST INTERIOR DESIGN SERVICES**

### **Gray Design Group Inc**

9 Sunnen Drive, Suite 110 St. Louis, MO 63143 graydesigngroup.com Favorites: Castle Design, The Great Cover-Up

### **BEST LANDSCAPING COMPANY**

### Frisella Nursery

550 Hwy F Defiance, MO 63341 frisellanursery.com Favorites: A. Waldbart and Sons Nursery, Chesterfield Valley Nursery

### **BEST LAWN CARE COMPANY**

### **TurfGator Lawn Care & Pest Control**

1100 Galaxy Drive Lebanon, IL 62254 turfgator.com Favorites: Joe Hanneke - Honeysuckle Joe, Lawn Systems Inc





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### **HOME SERVICES (cont'd)**

# **BEST MARBLE/GRANITE COMPANY**K&D Countertops

7 North Lincoln Street Trenton, IL 62293 countertopsstl.com

Favorites: Granite Busters, Hallmark Stone

### **BEST MORTGAGE COMPANY**

### **First Community Credit Union**

(multiple locations)
17151 Chesterfield Airport Road
Chesterfield, MO 63005
firstcommunity.com
Favorites: Gershman Mortgage,
The Home Loan Expert

# **BEST REAL ESTATE COMPANY** RE/MAX Results

(multiple locations)
8081 Manchester Road
St. Louis, MO 63144
results-st-louis-mo.remax.com
Favorites: Coldwell Banker Brown Realtors,
Laura McCarthy Real Estate

# **BEST RESIDENTIAL BUILDER**McBride Homes

17415 North Outer Forty Road Chesterfield, MO 63005 mcbridehomes.com Favorites: Fischer & Frichtel Homes, T.R. Hughes Homes

# **BEST ROOFING COMPANY - TIE**Allen Roofing & Siding

525 Old State Road Ellisville, MO 63021 aroofing.net

### John Beal Roofing

12181 Prichard Farm Road Maryland Heights, MO 63043 johnbealroofing.com Favorite: Copal Construction, Inc.

### **BEST WINDOW RETAILER**

### **Viviano Window & Door**

7530 Watson Road Shrewsbury, MO 63119 viviano-inc.com Favorites: Renewal by Andersen of St. Louis, Window World of St. Louis

### **PEOPLE**

### **BEST ATTORNEY**

Jennifer Mocabee

**Brown & Crouppen Law Firm** 

211 N. Broadway, Suite 1600 St. Louis, MO 63102 brownandcrouppen.com Favorites: Charles S. Elbert, Travis Noble, P.C.

### **BEST BARTENDER**

**Leann Bauer** 

**Bones' French Quarter Bar and Grill** 

14766 Manchester Road Ballwin, MO 63021 fgstl.com

Favorites: Kristin Fonseca, Jack Nolen's; Matt Thenhaus, The Fortune Teller Bar

### **BEST CAR SALESPERSON**

Joshua Delanoix

### **Bommarito Buick GMC West County**

15700 Manchester Road Ellisville, MO 63011 bommaritobuickgmc.com Favorites: Chip Kearney, Suntrup Pre-Owned; Steve Nodiff, Bommarito Ford

### **BEST CHEF**

### Jodie Ferguson, Clara B's Kitchen Table

106 E. Main Street Belleville, IL 62220 clarabs.com

Favorites: Gerard Craft, Niche Food Group; Kevin Nashan, Sidney Street Cafe

### **BEST HAIRSTYLIST**

### Michael Orlando, The Gatesworth

One McKnight Place St. Louis, MO 63124 thegatesworth.com Favorites: Alis Mergenthaler, Studio Branca | Creve Coeur; Kristie Mankowich, Studio Branca | Chesterfield

### **BEST INSURANCE AGENT**

### **David Crawford, Shelter Insurance**

110 Clarkson Executive Park Ellisville, MO 63011 636-227-8861 Favorites: John D. Powers, POWERS Insurance and Risk Management; Matt Covey, Priority Insurance Group

### **BEST PHOTOGRAPHER**

#### **Karen Thaemert**

### K. Thaemert Photography

thaemertphotography.com
Favorites: Autumn Locke Photography,
Julie Beaver, Leave it to Beaver
Photography

### **BEST RADIO PERSONALITY**

### Courtney Landrum, 106.5 The Arch

11647 Olive Blvd. Creve Coeur, MO 63141 1065thearch.com Favorites: Jeff Burton, 105.7 The Point, Scott Rizzuto, 105.7 The Point

### **BEST REAL ESTATE AGENT**

### Ivy Grant, St. Louis Metro Realtors

2200 N. Hwy 67, Suite 687 Florissant, MO 63032 stlouismetrorealtors.com Favorites: Catie Tierney, True Roots Realty Group; Stacy Deutschmann, Coldwell Banker Premier Group

### **BEST SPORTS COACH**

### Tyler Elbrecht, Elite Hockey Training

becomeelite.com

### **BEST TATTOO ARTIST**

### Justin Kennon

### **Frenchtown Tattoo Company**

911 N. Second Street St. Charles, MO 63301 frenchtowntattooco.com Favorites: Eric Catalano, Eternal Ink Tattoo Studio; Tyler Brown, Trader Bob's Tattoo Shop

# **BEST TV ANCHOR**Mike Bush, KSDK

1000 Market Street St. Louis, MO 63101 ksdk.com

Favorites: Mandy Murphey, KTVI; Rene Knott, KSDK

### RETAIL

### **BEST APPLIANCE RETAILER**

### **Slyman Bros Appliances**

(multiple locations) 5841 S. Lindbergh Blvd. St. Louis, MO 63123 slymanbros.com

Favorites: Appliance Discounters (multiple locations), Lemcke Appliance & Television

### **BEST BIKE SHOP**

### **Big Shark Bicycle Company**

1155 S. Big Bend Blvd. St. Louis, MO 63117 bigshark.com Favorites: Maplewood Bicycle, St. Louis BWorks

### **BEST BOOK STORE**

### **Left Bank Books**

399 N. Euclid Ave. St. Louis, MO 63108 left-bank.com Favorites: Main Street Books, The Novel Neighbor

### **BEST CONSIGNMENT/RESALE**

### **The Vault Luxury Resale**

2325 S. Brentwood Blvd. Brentwood, MO 63144 thevaultluxuryresale.com Favorites: May's Place, Reset Vintage Apparel

### **BEST FARM SUPPLY**

### **Cottleville Farm & Home Supply**

5995 Mid Rivers Mall Drive Cottleville, MO 63304 farmandhomesupply.com

Favorite: Charlie's Farm and Home Center







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### RETAIL (cont'd)

# **BEST FARMERS MARKET**Soulard Farmers Market

730 Carroll Street St. Louis, MO 63104 314-622-4180

Favorites: The Meadows at Lake Saint Louis. Tower Grove Farmers' Market

# **BEST FLOORING RETAILER - TIE**Michael's Flooring Outlet

(multiple locations) 116 Main Street St. Peters, MO 63376 michaelsflooringoutlet.com

### **Reinhold Flooring**

5429 Telegraph Road St. Louis, MO 63129 reinholdflooring.com Favorite: Ambassador Mid-West Floor

### **BEST FLORIST**

### **Walter Knoll Florist**

(multiple locations)
2765 LaSalle Street
St. Louis, MO 63104
wkf.com
Favorites: Lesher's Flowers,
Urban Buds City Grown Flowers

# **BEST FURNITURE STORE**Carol House Furniture

(multiple locations)
2332 Millpark Drive
Maryland Heights, MO 63043
Favorites: Mueller Furniture
(multiple locations), So Jeff Retro

# **BEST GIFT SHOP** STL-Style

3159 Cherokee Street St. Louis, MO 63118 Favorites: Christopher's Gift Shop, Golden Gems

### **BEST GROCERY STORE**

### Schnucks Markets, Inc.

(multiple locations)
11420 Lackland Road
St. Louis, MO 63146
Favorites: Dierbergs Markets
(multiple locations), Goeke Produce

### **BEST HARDWARE STORE**

### **Handyman True Value**

(multiple locations) 2635 N. US Hwy 67 Florissant, MO 63033 handymantruevalue.com Favorites: Rick's Ace Hardware, Southside Hardware

### **BEST HEALTH FOOD STORE**

### **Local Harvest Grocery, LLC**

3108 Morgan Ford Road St. Louis, MO 63116 localharvestgrocery.com Favorites: fit-flavors (multiple locations), Green Earth Grocery, Hello Juice & Smoothie

### **BEST JEWELRY STORE**

### **Vincent's Jewelers**

11733 Olive Blvd. Creve Coeur, MO 63141 vincentsjewelers.com Favorites: Don Henefer Jewelers, Paramount Jewelers

### **BEST MATTRESS RETAILER**

### The Bed Guy

4666 McRee Ave. St. Louis, MO 63110 the-bed-guy-mo.hub.biz Favorites: Finley Sleep Solutions, Verlo Mattress

# BEST OUTDOOR AND SPORTING GOODS STORE

### **Alpine Shop**

440 N. Kirkwood Road Kirkwood, MO 63122 alpineshop.com Favorites: Denny Dennis Sporting Goods, Dunn's Sporting Goods

### **BEST PET SUPPLIES STORE**

### **Treats Unleashed**

(multiple locations) 1677 Clarkson Road Chesterfield, MO 63017 treats-unleashed.com Favorites: Bark 2 Basics, LLC, Four Muddy Paws

### **SERVICES**

### BEST ACCOUNTING SERVICES

County Accounting & Tax Service, Inc.

1135 N. Hwy 67 Florissant, MO 63031 countyacctax.com Favorites: Business in Balance, Leslie D. Schmidt, CPA, PC

### **BEST BANK**

### **Lindell Bank**

2745 North Grand Blvd. St. Louis, MO 63106 lindellbank.com Favorites: Carrollton Bank, Midwest BankCentre

### **BEST CHILD DAY CARE FACILITY**

# Early Education Center at St. James the Greater

1360 Tamm Ave. St. Louis, MO 63139 stjamesthegreater.org Favorites: Chapel of the Cross Lutheran Preschool; Elaine Rosi Academy for Children | Brentwood

### BEST CLEANING SERVICE

### **One Lady One Mop**

500 Derby Terrace Circle Street St. Charles, MO 63368 oneladyonemop.com Favorites: CD One Price Cleaners, Katie Mae's Green Clean

### **BEST CREDIT UNION**

### **First Community Credit Union**

(multiple locations)
17151 Chesterfield Airport Road
Chesterfield, MO 63005
firstcommunity.com
Favorites: Together Credit Union,
Vantage Credit Union

### **BEST DRY CLEANERS**

### **American Cleaners**

(multiple locations) 8526 Watson Road St. Louis, MO 63119 americancleanersstl.com Favorites: Al's Wydown Laundry & Cleaners, Clayton Cleaners

### BEST ELECTRICIAN

### Reinhold Electric Inc.

2511 Lemay Ferry Road St. Louis, MO 63125 reinholdelectric.com Favorites: Guarantee Electrical Company, Hoffmann Brothers

### **BEST FUNERAL HOME**

### **Kutis Funeral Homes**

(multiple locations)
10151 Gravois Road
St. Louis, MO 63123
kutisfuneralhomes.com
Favorites: Baue Funeral Homes
(multiple locations), Hutchens Mortuary
& Cremation Center (multiple locations)

### **BEST HEATING & AIR CONDITIONING**

### **Hoffmann Brothers**

1025 Hanley Industrial Ct. Brentwood, MO 63144 hoffmannbros.com Favorites: Classic Aire Care, Goldkamp Heating & Cooling

### **BEST IT SUPPORT/TECH SERVICES**

### **Tech Rescue St. Louis**

4929A Lisette Ave. Saint Louis, MO 63109 techrescuestlouis.com Favorite: ThrottleNet®

### **BEST LAW FIRM**

### **Brown & Crouppen Law Firm**

(multiple locations) 211 N. Broadway, Suite 1600 St. Louis, MO 63102 brownandcrouppen.com Favorites: Brown & Brown, LLP, Thompson Coburn LLP





Thank You St. Louis for Voting Me

Favorite Real Estate Agent St. Louis Post Dispatch STL Headliner 2022

### **Stacy Dutschmann**

(314) 497-7444 stdeutsc@gmail.com www.StacyDSells.com





# **Best Physical Therapist**

Dr. Dave Candy More 4 Life



More 4 Life helps St. Louis women age 40 & above relieve pain naturally without pills, injections, or surgery so they can stay active, mobile & healthy.

Owner, Dr. Dave Candy, was recently voted **Best Physical Therapist** as well as #1 overall in the **Health & Medical Professionals** category.

Dr. Candy reflects, "When you come to our office, we treat you like family. You get our undivided attention. You feel listened to, respected, and cared about. You get out of pain fast and get back to doing the things you love. It's not your typical healthcare experience. That's why we have happy customers who are eager to vote for us."

# What makes More 4 Life different from traditional physical therapy?

If you want exercises half-supervised by a PT working with 2 or 3 other people, *traditional* physical therapy is for you.

If you prefer finding the root cause of your pain, having it explained to you in a way that makes sense, and getting a well-thought-out plan to fix the problem as quickly as possible so you can get back to doing all the things you'd rather be doing, then **More 4 Life is for you.** 

Call **314-941-3970** to learn more & get a free copy of Dr. Candy's book, *Chronic Pain: You're Not Just Getting Older, You're Not Crazy, And It's Not All In Your Head* (\$19.95 value) 15 copies available.









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# **Best Cosmetic Surgery Center**



### STL HEADLINER ★ 2022 WINNERS EDITION

### **SERVICES (cont'd)**

### **BEST PET DAY CARE**

### The Watering Bowl

(multiple locations) 5215 Manchester Road St. Louis, MO 63110 thewateringbowl.com Favorites: Bar K St. Louis, Yuppy Puppy Pet Spa

### **BEST PET GROOMING**

### **Treats Unleashed**

(multiple locations) 1677 Clarkson Road Chesterfield, MO 63017 treats-unleashed.com Favorites: Four Muddy Paws, Kennelwood Pet Resort

### **BEST PLUMBING COMPANY**

### **Hoffmann Brothers**

1025 Hanley Industrial Ct.
Brentwood, MO 63144
hoffmannbros.com
Favorites: Ron's Plumbing & Sewer Service,
Tony LaMartina Plumbing Co. Inc

### **BEST TRAVEL AGENCY**

### **Brentwood Travel**

1022 Executive Parkway St. Louis, MO 63141 brentwoodtravel.com Favorites: AAA Travel Missouri, Altair Travel & Cruises

### **BEST VETERINARIAN CLINIC**

### Webster Groves Animal Hospital & Urgent Care Center

8028 Big Bend Blvd. St. Louis, MO 63119

webstervets.com Favorites: Veterinary Specialty Services,

### **SPORTS & ENTERTAINMENT**

### **BEST BOWLING CENTER**

Yorkshire Animal Hospital

### **Tropicana Lanes**

7960 Clayton Road Richmond Heights, MO 63117 tropicanalanes.com

Favorites: Crestwood Bowl, Saratoga Lanes

### **BEST CASINO**

# River City Casino & Hotel 777 River City Casino Blvd.

St. Louis, MO 63125 rivercity.com Favorites: Ameristar Casino Resort Spa St. Charles; Hollywood Casino St. Louis

### BEST DANCE/CHEER/ GYMNASTICS CENTER

### **Cheer St. Louis**

1930 Trade Center Drive St. Peters, MO 63376 cheerstlouis.com Favorites: Fusion Dance Center, St. Louis Gym Centre

### BEST GOLF COURSE

### **Forest Park Golf Course**

6141 Lagoon Drive St. Louis, MO 63112 forestparkgc.com Favorites: Annbriar Golf Course, Innsbrook Golf Course

### **BEST MOVIE THEATER**

### **The Hi-Pointe Theatre**

1005 McCausland Ave. St. Louis, MO 63117 hi-pointetheatre.com Favorites: Regal O'Fallon, Skyview Drive-In

### **BEST PERFORMING ARTS VENUE**

### The Fabulous Fox

527 North Grand Blvd. St. Louis, MO 63103 fabulousfox.com Favorites: The Muny, Powell Hall

### **BEST PLACE FOR INDOOR FAMILY FUN**

### **Saint Louis Science Center**

5050 Oakland Ave. St. Louis, MO 63110 slsc.org Favorites: City Museum, The Magic House® St. Louis Children's Museum

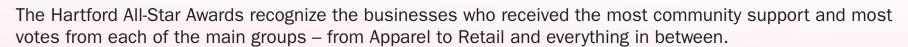
### BEST PLACE FOR OUTDOOR FAMILY FUN

### Saint Louis Zoo

1 Government Drive St. Louis, MO 63110 stlzoo.org Favorites: Forest Park, Six Flags St. Louis



# Congratulations TO THE HARTFORD ALL-STAR AWARD WINNERS...





### **Brinton Vision**

**Health & Medical** 

Best Eye Care Facility

## **Brown & Crouppen** Law Firm

**Services** 

Best Law Firm

## Dave Candy, DPT More 4 Life

**Health and Medical Professionals** 

**Best Physical Therapist** 

# Fischer & Frichtel **Homes**

Community

**Best Customer Service** 

# Friendship Village

**The Hartford Community Award** for Outstanding Performance

Six Top 3 Finishes

# Jennifer Mocabee **Brown & Crouppen**

**People** 

**Best Attorney** 

## Laurie's Shoes Inc.

**Apparel** 

Best Shoe Store

### **Lindbergh High School Education**

Best Public High School

### **McBride Homes**

**Home Services** 

Best Residential Builder

## **MT Fitness**

**Beauty & Wellness** 

**Best Fitness Center** 

# **Noboleis Vineyards**

Drink

**Best Winery** 

### Saint Louis Zoo

**Sports & Entertainment** 

Best Place for Outdoor Family Fun

# **Schaefer Autobody** Centers

**Automotive** 

Best Auto Body Shop

## **Soulard Farmers** Market

Retail

Best Farmers Market

# **Ted Drewes** Frozen Custard

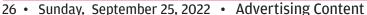
**Food & Dining** 

Best Frozen Treat

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**St. Louis Post Dispatch STL Headliner 2022** 



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contactus@aroofing.net

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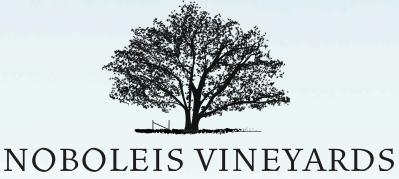


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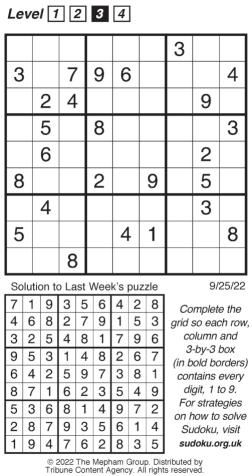
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| ACROSS  |   | crops like<br>maize? |          |       | 120                          | prod                      |                    |       |              | 15 Light-up pumps?<br>16 Classic TV              |                   |         | os?   |                   | muscle, for short                       |          |  |  | 95 Witness<br>96 Not as flat |               |                |
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| 43 Santa-tracking   |   | 1                    | 2        | 3     | 4                            | 5                         |                    | 6     | 1            | 8  | 9                 |         | 10  | 11                | 12                                      | 13       |  | 14   | 15                           | 16            | 17             |
| org.<br>46 Ingredient for                                       |   | 18                   |          |       |                              |                           |                    | 19    |              |  |                   |         | 20  | T                 | 1                                       |          |  | 21   |                              |               |                |
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| masters?<br>48 Jazz lick  | 22  |                      | l        |       |                              | l                         |                    | 23    |              |  |                   | 24      |   |                   |   |          | 25   |  |                              |               |                |
| 51 Sudoku digit   | 26  |                      |          |       |                              |                           | 27                 |       |              |  |                   | 28      |   | T                 |   |          |  |  | 29                           |               |                |
| <ul><li>52 Birdie topper</li><li>53 Historical record</li></ul> | 30  | ╁                    | -        |       |                              |                           | 31                 |       | 32           | 33   | 34                |         |   | 4                 | 35                                      |          | -  | 36   |                              |               |                |
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| 55 Suzuki with  | 37  |                      |          | 38    | 39                           | 40                        |                    |       | 41           |  |                   |         |   | 42                |   |          | 43   |  |                              | 44            | 45             |
| 10 MLB Gold<br>Gloves   | 46  | +                    | $\vdash$ |       |                              | $\vdash$                  | ┢                  | 47    |              | ┢  | -                 |         | 48  | ╁                 | 49                                      | 50       |  | 51   | +                            | <del> </del>  | Н              |
| 58 "Yosemite  |   |                      |          |       |                              |                           |                    |       |              |  |                   |         |   |                   |   |          |  |  |                              |               |                |
| Valley Winter"<br>photographer                                  |   |                      |          | 52    |                              |                           |                    |       |              |  |                   | 53      |   |                   |   |          |  | 54   |                              |               |                |
| 62 Do needlework  | 55  | 56                   | 57       |       |                              | $\vdash$                  |                    | 58    | 59           | 60   | 61                |         |   | 62                | +                                       |          | 63   |  | +                            |               |                |
| 64 Dietary fiber<br>65 Forecast                                 |   |                      |          |       |                              |                           |                    |       |              |  |                   |         |   |                   |   |          |  |  |                              |               |                |
| 67 Charge for   | 64  |                      | l        |       |                              |                           | 65                 |       |              |  |                   |         | 66  |                   | 67                                      |          |  |  |                              | 68            | 69             |
| using, as an<br>apartment                                       | 70  | t                    | $\vdash$ |       | 71                           | 72                        |                    |       |              | <del>                                     </del> |                   |         | Н   | 73                |   | t        | <del>                                     </del>   |  | 74                           | <u> </u>      | $\Box$         |
| 70 Apple platform   | 7-  |                      | _        | 70    |                              | <u> </u>                  | <u> </u>           |       | 77           | <u> </u>   | <u> </u>          |         | $\vdash$  | $\bot$            | $\bot$                                  |          |  | 70   |                              | _             | Ш              |
| 71 Take care of<br>eggs by sitting                              | 75  |                      |          | 76    |                              |                           |                    |       | 77           |  |                   |         |   |                   |   |          |  | 78   |                              |               |                |
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| 75 Cream cheese   | 04  | 100                  | l        |       |                              | 80                        |                    |       | 01           |  |                   |         |   | 00                | 09                                      |          |  |  |                              |               |                |
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| 77 Genre<br>revitalized by                                      | 98  | +                    | $\vdash$ |       | 99                           |                           |                    | 100   |              | 101  | $\vdash$          |         | $\vdash$  |                   | 102                                     | $\vdash$ | $\vdash$   | $\vdash$                                   | 1                            | $\vdash$      | $\vdash\vdash$ |
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| 78 Thicken, as<br>cream   |   |                      | 103      |       |                              | 104                       | 105                |       | 106          |  |                   |         |   | 107               | 7                                       |          |  |  | 108                          |               |                |
| 79 Some year-end  | 109   | 110                  |          |       | 111                          | $\vdash$                  | _                  | 112   |              | $\vdash$   |                   |         | _   | 113               | 3                                       | 114      | 115  | 116  |                              | $\vdash$      | $\vdash\vdash$ |
| lists<br>81 Calf's suckling                                     |   |                      |          |       |                              |                           |                    |       |              |  |                   |         |   |                   |   |          | Ĺ  | Ĺ  |                              |               | Ш              |
| spot  | 117   |                      |          | 118   |                              |                           |                    |       |              |  | 119               | 120     | 121   |                   |   | 122      |  |  |                              |               |                |
| 82 Turns way up<br>84 Stadium level                             | 123   | +                    | $\vdash$ |       |                              | 124                       | $\vdash$           |       |              |  | 125               |         | $\vdash$  | +                 |   | 126      | $\vdash$   | $\vdash$                                   | +                            |               |                |
| 86 Rivendell  |   | <u> </u>             |          |       |                              | L                         | <u> </u>           |       |              |  |                   |         | $ldsymbol{ld}}}}}}$ | 丄                 |   |          | $ldsymbol{ld}}}}}}$ |  |                              |               |                |
| inhabitants   | 127   |                      |          |       |                              | 128                       |                    |       |              |  | 129               |         |   |                   |   | 130      |  |  |                              |               |                |
| 88 Island   | 9/25  | /22                  |          |       |                              |                           |                    |       |              |  |                   |         | _   | -                 | @202°                                   | ) T!1    | uro 4  | Cont                                       | ont As                       | l<br>mar:     | LLC            |
|   | 3/20  | 122                  |          |       |                              |                           |                    |       |              |  |                   |         |   |                   | ⊌Z0Z.                                   | ırıl     | oune (   | Cont                                       | ені Ад                       | сису,         | LLC.           |





By David L. Hoyt and Jeff Knurek

INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

| BOGGLE <sup>®</sup><br>POINT SCALE | YOUR BOGGLE®<br>RATING |
|------------------------------------|------------------------|
| 3 letters = 1 point                | 151+ = Champ           |
| 4 letters = 2 points               | 101-150 = Expert       |
| 5 letters = 3 points               | 61 - 100 = Pro         |
| 6 letters = 4 points               | 31 - 60 = Gamer        |
| 7 letters = 6 points               | 21 - 30 = Rookie       |
| 8 letters = 10 points              | 11 - 20 = Amateu       |
| 9+ letters = 15 points             | 0 - 10 = Try agai      |
|                                    |                        |

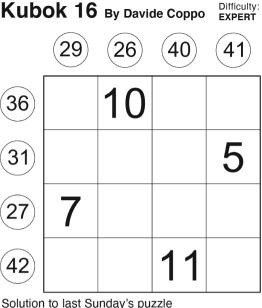
### Boggle BrainBusters Bonus

We put special brain-busting words into the puzzle grid. Can you find them?

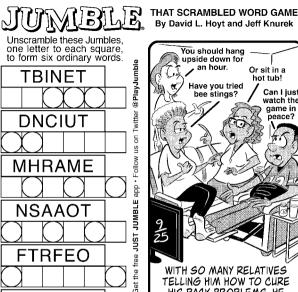
Find AT LEAST SEVEN FIVE-LETTER MAMMALS in the grid of letters.

| Answers to | Last St | unday's | Boggle <sup>®</sup> B | rainBusters: |
|------------|---------|---------|-----------------------|--------------|
| LEO ARIES  | LIBRA   | VIRGO   | PISCES                | CAPRICORN    |

9-25-22



Solution to last Sunday's puzzle Enter the missing 11 13 numbers from 1 to 16 without repetitions so that the sum of the four numbers in each row and column is the same as the 14 16 2 corresponding circled number.



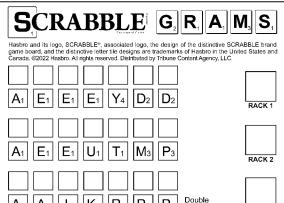
**MHRAME** NSAAOT **FTRFEO** IMFYIS

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Can I just watch the WITH SO MANY RELATIVES TELLING HIM HOW TO CURE HIS BACK PROBLEMS, HE LONGED FOR THE ---

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

### PRINT YOUR ANSWER IN THE CIRCLES BELOW





RACK 3

RACK 4

PAR SCORE 255-265 BEST SCORE 324

FIVE RACK TOTAL

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right, Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition. SOLUTION TOMORROW

 $|N_1||C_3|$ 

Double Scrabble Players Dictionary, 5th Edition. SOLUTION TOMORROW For more information on tournaments and clubs, email NASPA - North American SCRABBLE Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org. For puzzle inquiries contact scrgrams@gmail.com



# Personality

WALTER SCOTT ASKS...

# NATHAN FILLION

The Castle and Firefly star, 51, returns as John Nolan for season five of the police drama The Rookie (Sept. 25 on ABC). In the new episodes, Nolan achieves his dream of becoming a training officer, but remains a rookie—as the LAPD's oldest newbie training officer.

What's it going to be like for Nolan in his new job? Celina Juarez (Lisseth Chavez) comes in and she is very motivated, very driven . . . and very, very young. It's apropos that she has Nolan as a T.O., because she makes a lot of the same mistakes that he made in the beginning. It's a very nice echo of how Nolan started.

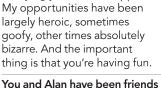


Which of Nolan's qualities do you most admire? Patience. Also, Nolan has a gentler temper than I do; I get cranky.

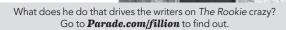
Both Castle and The Rookie are dramas, but they have humor. They are light dramas, yes. There are moments of intensity with largely happy lives, which I think is how my life is, so I hope that's close to reality.

Are you attracted to the bizarre? You played a head in Santa Clarita Diet and

an octopus in Resident Alien. I don't say to myself, "I would like to play an octopus next." No, Alan [Tudyk, Resident Alien], calls me up and says, "Hey, we should do each other's shows." He gave me the octopus [and Tudyk appeared on two episodes of The Rookie]. It's just a matter of saying yes when an opportunity comes down the pike.



for a long time. We've been friends since Firefly [2002], but we met each other years prior. When we became friends, we found out he used to be my waiter at my favorite restaurant in my neighborhood in New York.



### **CHEERS TO ZAC EFRON**

Efron, 34, stars as John "Chickie" Donohue, a man who just wants to share a cold one with friends, in The Greatest Beer Run Ever (Sept. 30 on Apple TV+). The

twist is, it's 1967 and his buddies are in Vietnam. It's based on the true story of Donohue. a Marine veteran who



returns to the war zone just to deliver some hometown refreshment to his old pals. The movie also features Russell Crowe and Bill Murray, and it's directed and produced by Peter Farrelly, whose previous film, Green Book, received three Oscars.



### **A BEWITCHING** SIGOURNEY WEAVER

Weaver and Kevin Kline, 74, who co-starred in the political comedy Dave and in the drama The Ice Storm, reunite in the dramedy The Good House (Sept. 30 in theaters). She plays Hildy Good, a New England real estate agent directly descended from Salem witches, whose compartmentalized life begins to fragment when she reconnects with an old flame (Kline). "What a jackpot of a character!" says Weaver, 72. "I was excited to be able to tell the story of an older woman from her point of view. When does that happen? It's such a witty script and an unusual love story."

# **BACK IN THE KITCHEN**

Competition will be fierce when Hell's Kitchen: Battle of the Ages premieres Sept. 29 on Fox with chef Gordon Ramsay, 55, overseeing culinary showdowns between seasoned chefs and younger challengers. Here are some fun facts about the MasterChef judge, who began his own career in England as a restaurant pot washer.



▶ Ramsay has competed in more than 15 marathons and in one of the world's toughest races, the Ironman World Championship.

► Soccer (or football. as he calls it) was Ramsay's dream career before injuries forced him to change his plans.

▶ Vowing to never eat airplane food, he opened Gordon Ramsay Plane Food at London's

Heathrow airport so people can carry on their meals.





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HAPPYBRTHDAY,
Michael
Douglas!

The two-time Oscarwinning actor celebrates his 78th on Sept. 25 (the same day his wife, actress Catherine Zeta-Jones, celebrates her

Catherine Zeta-Jones, celebrates her 53rd). With more than 50 years in the entertainment business—and upcoming roles as President Ronald Reagan in the limited series *Reagan & Gorbachev* and Benjamin Franklin in an Apple TV+ series—he surely has lots to celebrate. Go to **Parade.com/douglas** for the inside stories on the star's best roles.

d (1) The Streets of San Francisco; (2) Romancing the Stone; (3) The American President; (4) Behind the Candelabra; (5) The Komin-

sky Method; (6) with his

dad, actor Kirk Douglas



Fasy Deep-Dish Pizza

> Piled high with cheese, sausage and veggies, this pizza is an easy, satisfying dinner. The recipe is from **Home Is Where**

the Eggs Are by Molly Yeh, host of Food Network's Girl Meets Farm. "This pizza is sort of like Chicago meets the farm because it's a deep-dish pizza, but I do it in a cast-iron skillet," says Yeh.

### BROCCOLINI, SAUSAGE AND LEMON DEEP-DISH PIZZA

Can't find broccolini? Substitute regular broccoli florets.

Preheat oven to 450°F.

Swirl 2 Tbsp extra-virgin olive oil around the bottom and sides of a 12-inch cast-iron skillet or 10-inch round cake pan. Add 1 lb pizza dough, at room temperature, patting it so it covers the bottom and comes up about an inch on the sides. Scatter with 2 cloves garlic, thinly sliced; 8 oz fresh mozzarella, roughly torn; dollops of 1/3 cup whole-milk ricotta; and grated zest of 1 lemon all the way to the edge.

In a small bowl, toss 4 oz **broccolini**, cut into ½-inch pieces, with a drizzle of olive oil to coat; scatter over pizza. Season with a good pinch of **kosher salt**. Top pizza with small pinches of 4 oz **raw Italian pork sausage**, casings removed. Bake 20 minutes or until cheese is melted. Shower with grated **Parmesan cheese** and a couple of pinches of **crushed red pepper**. Run a knife or offset spatula around edge; use a spatula to transfer pizza to a cutting board. If desired, serve with warm **marinara sauce** for dunking or drizzling. **Makes 1 (10- or 12-inch) pizza.** 

Go to **Parade.com/yeh** for Yeh's pumpkin bread recipe.



# Ask Marilyn By Marilyn vos Savant

I'm a slow reader compared to some members of my book club. Why are we so different? Is it intelligence?

-B. Jefko, Westchester, III. Cognitive processing (understanding what you read) doesn't correlate with speed. In fact, beyond a normal range, faster reading always reduces comprehension. Slow readers more likely acquired habits during childhood that are hard to break. Foremost by far is "subvocalizing." The more we read aloud in our heads, the slower we read. Another issue is unconsciously reading word by word instead of moving smoothly forward. Regardless, if you're reading fast enough for your needs (work, school, etc.), speed is irrelevant. Faster reading is not better reading.



# Numbrix

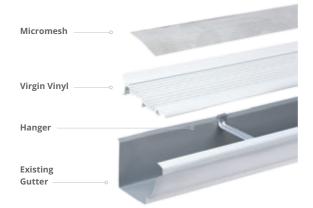
Complete 1 to 81 so the numbers follow a horizontal or vertical path—no diagonals.

| 33 |    |    | 13 |    |    | 9  |
|----|----|----|----|----|----|----|
|    |    | 25 |    | 15 |    |    |
|    |    |    |    |    |    |    |
|    | 37 |    |    |    | 81 |    |
| 41 |    |    |    |    |    | 1  |
|    | 43 |    |    |    | 79 |    |
|    |    |    |    |    |    |    |
|    |    | 57 |    | 69 |    |    |
| 51 |    |    | 55 |    |    | 73 |

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ou believe in magic, right? Because there's no other way to explain the scene in Providence, R.I., last November as Bette Midler, Sarah Jessica Parker and Kathy Najimy showed up for the first day of production on Hocus Pocus 2, the followup to their 1993 comedy classic about three witches resurrected 300 years after their deaths on Halloween.

"It was like we just had gone out to lunch," says Midler. "We went right back with our characters in such a silly way."

The movie magic at work was the seamless reunion of three actresses who first cast their spell over moviegoers nearly 30 years ago. And with HP2 launching Sept. 30 on Disney+, fans can finally see the comedically diabolical Sanderson sisters—Winifred (Midler), Sarah (Parker) and Mary (Najimy)—wreak more hilarious havoc in their haunted hometown of Salem, Mass. "We're very much keeping in the tone and spirit of the first," Parker says. "It's ridiculous and not too scary."

As for the plot, three new witchy young women (played by Lilia Buckingham, Belissa Escobedo and Whitney Peak) are standing in the sisters' way of domination. "We really want to get rid of them," Midler says. As in the 1993 original, the Sandersons—joined by a new cursed black cat—let the insults (and broomsticks) fly. There also will be music with all



What was it like for Bette Midler, Sarah Jessica Parker and Kathy Najimy to return as high-flying sorceress sisters in Hocus Pocus 2? They tell all. BY MARA REINSTEIN

the magical mayhem, and they once again will break into song. Many songs.

This all should be music to the ears of the generations of viewers who consider the fun-for-all-ages romp a spooky staple. "There is definitely a cult following," Najimy says. "It's surprising but delightful."

### The Three Stooges . . . in Skirts

The actresses think they know why the movie has become so enduringly popular. Parker, 57, likes the "sophistication" in its mix of humor and supernatural hijinks. Najimy, 65, notes that goofy

Halloween-themed movies are few and far between. And Midler, 76, recalls her epiphany upon rewatching Hocus Pocus some 15 years ago. "I always thought I was the star of the picture," she says jokingly. "And then I saw what the other two girls were doing. They were so funny! I realized, 'Oh, my gosh, it's all about the trio! We're like the Three Stooges in skirts!"

There's also something about watching witches in action. After all, great witch stories like Hocus Pocus (or TV series such as Charmed or American Horror Story: Coven) are driven by powerful women who refuse to conform to the norm; this often conjures up a mighty super(natural) experience. Najimy can recite witch lore dating back to the 1600s. "Women have always tried to lift themselves up, but I don't know how the ugly warts on the nose started," she says. "There's just confusion about what women really are and why we don't suffer fools," Midler says. "Men didn't used to burn them at the stake for nothing! We've come a long way since then."

The New York City-based actresses have stayed tight over the decades. Midler and Najimy and their respective husbands, performance artist Martin von Haselberg and singer Dan Finnerty, enjoy get-togethers with mutual friend Gloria Steinem: Parker and Midler, Broadway vets who both appeared in *The First* Wives Club (1996), get together socially and share mutual pals.

continued on page 7

### Ups and Downs (Literally)

After the project was green-lit, the actresses had to coordinate availability. "That took about 75,000 years," Najimy jokes. Parker describes her crazed schedule: "I finished [Sex and the City sequel] And Just Like That... at 8 o'clock on Nov. 8, got in a van to Providence and started Hocus Pocus 2 the next day. We finished Jan. 26 at 2 in the morning. I got in the van back to New York and started rehearsals for the play [Plaza Suite, with her husband, actor Matthew Broderick] the next day."

And while Midler and Najimy easily summoned their respective characters, Parker admits that her prep included finally watching *Hocus Pocus* for the first time (!) to fully prepare for her reprisal of ditzy Sarah, whose singing voice lures children out of their beds. "I was terrified because I can't bear watching myself," she says. "But I had to figure it out again, especially the physical movements. And it was actually fun!"

The production itself was quite the journey. Due to pandemic health protocols, "We would film, put on our masks and then run to our cubbyholes and not see anybody," Midler says. With no communal snack table, she adds, the actors feasted on canned sardines, Triscuits, grapes and hummus. And when the cameras rolled in ultra-chilly New England, "Sarah was

### WHICH WITCHY POWER WOULD YOU LOVE TO HAVE?

**Midler:** The ability to turn my enemies into dust would be good. **Parker:** I'm scared of flying typically, but the way that Sarah Sanderson gets to fly is such a good feeling. I'd be thrilled with that.

**Najimy:** Flying. Being up in the air is the most otherworldly, exciting feeling ever.

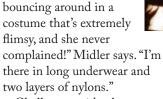
TYPICAL HALLOWEEN PLANS?

Midler: I have an organization called New York

Restoration Project, and we do a costume ball on Halloween to raise money for gardens and programs.

Parker: Now that [my daughters] are old enough to walk around the neighborhood by themselves and don't really want me along, I take care of the neighbors and make sure we have as much candy as possible. But I don't dress up. I never have.

Najimy: We used to do it really big when we lived in L.A. The whole house would be crazy, with people jumping out of things. Now that my daughter [Samia, 25] is older, we just hand out Tootsie Rolls.



Challenges aside, the actresses rave about their "air"

time—when they were hoisted aloft to simulate flying. "I think the flying is what we were all looking forward to the most," says Najimy, whose character gets around via a vacuum cleaner. "We got to do it three times, and I would have done it

every day if I could." Adds Midler, with no pun intended, "We had our ups and downs making this movie, but it was a labor of love."

### Casting a Spell

The Sanderson sisters' story began back in the late 1600s, during the height of the witch-hunt frenzy; the *Hocus Pocus* tale starts in 1992. The three stars were at different points in their careers when plans came together for the film. Midler was an icon thanks to her brassy revues, Grammy-winning music career and films like *The Rose* and *Beaches*. Najimy was a standout from *Sister Act* and *Soapdish*. And Parker was a Broadway vet and sparkling screen star of romantic comedies including *L.A. Story* and *Honeymoon in Vegas*.

"I remember I was living out of a suitcase, knitting all the time, and I had just met Matthew," Parker says. "So I was occupied in ways that were really exciting." She jumped at the opportunity to do *Hocus Pocus*, primarily because she'd have a chance to work with one of her idols: "When I was about 13, the stage manager for *Annie* took me to see *Bette! Divine Madness* on Broadway. I was a great admirer, and the idea of working with her was enormously appealing."

continued on page 8



shines in every role, from onstage promoting her hit album *The Divine Miss M* (1972) to *Beaches* (1988) and *Hello*, *Dolly!* (2017). It may have been a hard-

knock life for SARAH JESSICA PARKER in Annie (1979), but her tomorrows were sunny with great roles,

including Honeymoon in Vegas (1992), Sex and the City (1998– 2004) and And Just Like That... (2021–). From Sister Act (1992) to star turns in The Wedding Planner



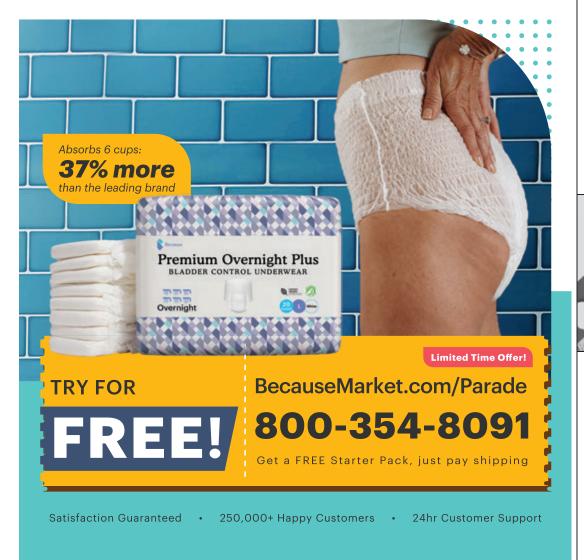
(2001), King of the Hill (1997–2010) and **Veep** (2014–19), **KATHY NAJIMY** has been a fan favorite.





# Bladder leak protection that (actually) works

Our super absorbent pads & underwear keep you dry and comfortable day and night.



from page 7

Najimy jokes that she was a full-on Midler stalker, even going so far, after one of the Divine Miss M's L.A. concerts in the 1970s, as to run past security guards and into Midler's



# FAVORITE SCARY MOVIE?

"I'm too high-strung to do scary movies. And I'm afraid of my own shadow. But my favorite is Alfred Hitchcock."

dressing room backstage to meet her. "She was just sitting there, and I said, 'Oh, my God, I love you!" Najimy recalls. Cut to decades later when a Disney executive called Najimy and asked if she'd like to play Midler's sister in *Hocus Pocus*: "That was my peak moment."

Once shooting started on the Disney back lot in Burbank, Calif.—only a few exteriors

### DO YOU BELIEVE IN MAGIC?

"Absolutely! I came from a small town, we struggled financially and I don't look like a supermodel.

None of those things were a surefire path to success."

were filmed in New England—the actresses bonded like family. Parker says the trio would eat lunch together in Midler's trailer every single day, with meals provided by the star's personal chef, who wanted them to eat mindfully. "The cook wanted us to chew 30 times before swallowing our food," Parker recalls.

. . . . .

8 | SEPTEMBER 25, 2022

# How a Safe Step Walk-In Tub can change your life

### Remember when...

Think about the things you loved to do that are difficult today — going for a walk or just sitting comfortably while reading a book. And remember the last time you got a great night's sleep? As we get older, health issues or even everyday aches, pains and stress can prevent us from enjoying life.

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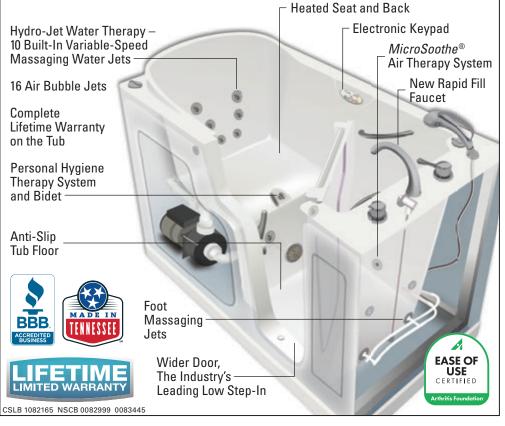
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There is no minimum monthly payment required during the promotional period. Safe Step Walk-In Tub is neither a broker nor a lender. Financing is provided through third-party lenders unaffiliated with Safe Step Walk-In Tub, LLC under terms and conditions arranged directly between the customer and such lender.

All subject to credit requirements and satisfactory completion of finance documents. Any finance transacted are estimates only, Offer available in Canada. Participating dealers only, Other restrictions may apply.



# Send Her Over The Rainbow

### 700-year old legendary art form for the price of your dreams.

ow I know how that little farm girl from Kansas felt when she went over the rainbow and awoke in a land of spectacular color. Look what I found in the land of ahhs!

Approaching Burano Island off of northern Venice was like being swept away in a dream. Known for its brightly-painted fisherman houses that line the canals, I was greeted with every color of the rainbow. Inspiration struck. I wanted to capture this historical beauty in the centuries old art form of Murano. Still regarded as being the finest form craftsmanship in the world, Murano has evolved into modern day fashion statements.

We've captured the vibrant colors of the iconic fisherman houses in the perfect hand-formed beads of The Rainbow Murano Necklace. I want to make it easy for you to send her over the rainbow. That's why for a limited time you can treat her to the The Murano Rainbow Necklace for only \$39. And, to help you double down on romance, I'll throw in the matching bracelet absolutely FREE!

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- Made in Italy of genuine Murano
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CCABLE ITALIAN DESIGN AND CRAFTSMANSHIP

from page 8

Over the years, the film hit the nostalgic sweet spot for kids and their parents. Parker says her 13-year-old twin daughters, Marion and Tabitha, couldn't wait to meet Najimy and Midler on the set. Najimy adds that fans still send her "very creative" character artwork.

"It went from doing nothing and getting not-so-nice reviews to being beloved and on televi-

### **BIG LIFE MOMENT?**

"I was never sure I'd have a family. But my children [James, 20, and twins Tabitha and Marion, 13] are endlessly surprising. If a family is something you want, it's such an extraordinary but unpredictable experience and adventure."

sion every day and night around Halloween!" Midler says. "In a way, it was very moving for us because we felt justified. We were all very attached to those women and those characters."

Now it's time to say goodbye. The actresses have hung up their capes, ready to give their powers to aspiring younger witches. "We've told the story, and you don't want to beat a dead horse," Najimy says.

They're going out flying high: "We're talking about three women in solidarity really having a blast together," Midler says. "Our movie is fun. The last few years have been so rough, and I think it's time for a breather. This is definitely your breather."

Visit **Parade.com/bette** for details of Midler's retirement plans.

10 | SEPTEMBER 25, 2022

### Scientific Discovery Stuns Doctors

# Biblical Bush Relieves Joint Discomfort in as Little as 5 Days

Legendary "special herb" gives new life to old joints without clobbering you. So safe you can take it every day without worry.

According to the Centers for Disease Control and Prevention, more than 54 million Americans are suffering from joint discomfort.

This epidemic rise in aching joints has led to a search for alternative treatments—as many sufferers want relief without the harmful side effects of conventional "solutions."

Leading the way from nature's pharmacy is the new "King of Oils" that pioneering Florida MD and anti-aging specialist Dr. Al Sears calls "the most significant breakthrough I've ever found for easing joint discomfort."

Biblical scholars treasured this "holy oil." Ancient healers valued it more than gold for its medicinal properties. Marco Polo prized it as he blazed the Silk Road. And Ayurvedic practitioners, to this day, rely on it for healing and detoxification.

Yet what really caught Dr. Sears' attention is how modern medical findings now prove this "King of Oils" can powerfully...

### **Deactivate 400 Agony-Causing Genes**

If you want genuine, long-lasting relief for joint discomfort, you must address inflammation. Too much inflammation will wreak havoc on joints, break down cartilage and cause unending discomfort. This is why so many natural joint relief solutions try to stop one of the main inflammatory genes called COX-2.

But the truth is, there are hundreds of agonycausing genes like COX-2, 5-LOX, iNOS, TNK, Interleukin 1,6,8 and many more—and stopping just one of them won't give you all the relief you need.

Doctors and scientists now confirm the "King of Oils"—Indian Frankincense—deactivates not one but 400 agony-causing genes. It does so by shutting down the inflammation command center called Nuclear Factor Kappa Beta.

NK-Kappa B is like a switch that can turn 400 inflammatory genes "on" or "off." A study in Journal of Food Lipids reports that Indian Frankincense powerfully deactivates NF-Kappa B. This journal adds that Indian Frankincense is "so powerful it shuts down the pathway triggering aching joints."

# Relief That's 10 Times Faster... and in Just 5 Days

Many joint sufferers prefer natural solutions but say they work too slowly. Take the best-seller glucosamine. Good as it is, the National Institutes of Health reports that glucosamine takes as long as eight weeks to work.



The active ingredient in **Mobilify** soothes aching joints in as little as 5 days

Yet in a study published in the International Journal of Medical Sciences, 60 patients with stiff knees took 100 mg of Indian Frankincense or a placebo daily for 30 days. Remarkably, Indian Frankincense "significantly improved joint function and relieved discomfort in as early as five days." That's relief that is 10 times faster than glucosamine.

# 78% Better Relief Than the Most Popular Joint Solution

In another study, people suffering from discomfort took a formula containing Indian Frankincense and another natural substance or a popular man-made joint solution every day for 12 weeks.

The results? Stunning! At the end of the study, 64% of those taking the Indian Frankincense formula saw their joint discomfort go from moderate or severe to mild or no discomfort. Only 28% of those taking the placebo got the relief they wanted. So Indian Frankincense delivered relief at a 78% better clip than the popular man-made formula.

In addition, in a randomized, double blind, placebo controlled study, patients suffering from knee discomfort took Indian Frankincense or a placebo daily for eight weeks. Then the groups switched and got the opposite intervention. Every one of the patients taking Indian Frankincense got relief. That's a 100% success rate—numbers unseen by typical solutions.

In addition, BMJ (formerly the British Medical Journal) reports that Indian Frankincense is safe for joint relief — so safe and natural you can take it every day.

Because of clinically proven results like this, Dr. 1-800-299-0209.

Yet in a study published in the International Sears has made Indian Frankincense the center-Journal of Medical Sciences, 60 patients with stiff piece of a new natural joint relief formula called knees took 100 mg of Indian Frankincense or a pla
Mobilify.

### **Great Results for Knees, Hips, Shoulders and Joints**

Joni D. says, "Mobilify really helps with soreness, stiffness and mild temporary pain. The day after taking it, I was completely back to normal—so fast." Shirley M. adds, "Two weeks after taking Mobilify, I had no knee discomfort and could go up and down the staircase." Larry M. says, "After a week and a half of taking Mobilify, the discomfort, stiffness and minor aches went away... it's almost like being reborn." And avid golfer Dennis H. says, "I can attest to Mobilify easing discomfort to enable me to pursue my golfing days. Definitely one pill that works for me out of the many I have tried."

### **How to Get Mobilify**

To secure the hot, new **Mobilify** formula, buyers should contact the Sears Health Hotline at **1-800-299-0209** TODAY. "It's not available in retail stores yet," says Dr. Sears. "The Hotline allows us to ship directly to the customer." Dr. Sears feels so strongly about **Mobilify**, all orders are backed by a 100% money-back guarantee. "Just send me back the bottle and any unused product within 90 days from purchase date, and I'll send you all your money back."

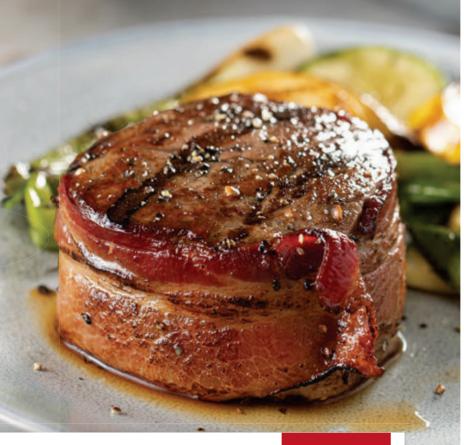
Use Promo Code **PARAMB23** when you call to secure your supply of **Mobilify**. Lines are frequently busy and due to heightened demand, supplies are limited. To secure your suppy today, call **1-800-299-0209**.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE. RESULTS MAY VARY FROM PERSON TO PERSON. NO INDIVIDUAL RESULT SHOULD BE SEEN AS TYPICAL. 9

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# SUNDAY





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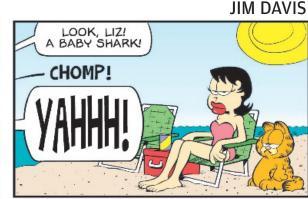


For these comics, puzzles and more, visit our website.

### **GARFIELD**









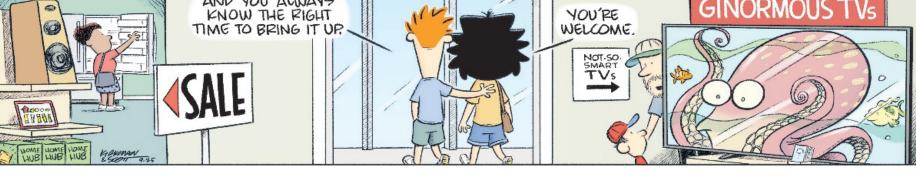




### **BABY BLUES**

### **RICK KIRKMAN & JERRY SCOTT**

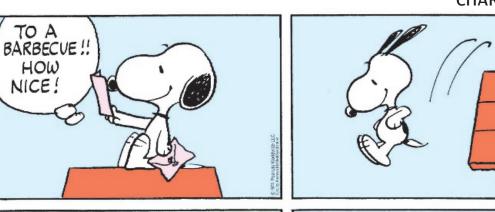




## **PEANUTS**













## **FOR BETTER OR FOR WORSE**

LYNN JOHNSTON













### **PEARLS BEFORE SWINE**

### STEPHAN PASTIS

**BRIAN CRANE** 

















### **PICKLES**













# **CRABGRASS**





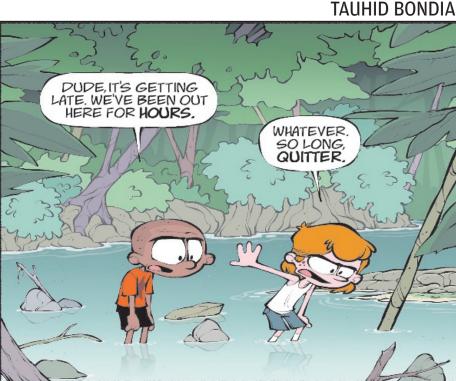


BNM 9/25

WHY DOES HE SMELL LIKE A **FART?** OR IS THAT

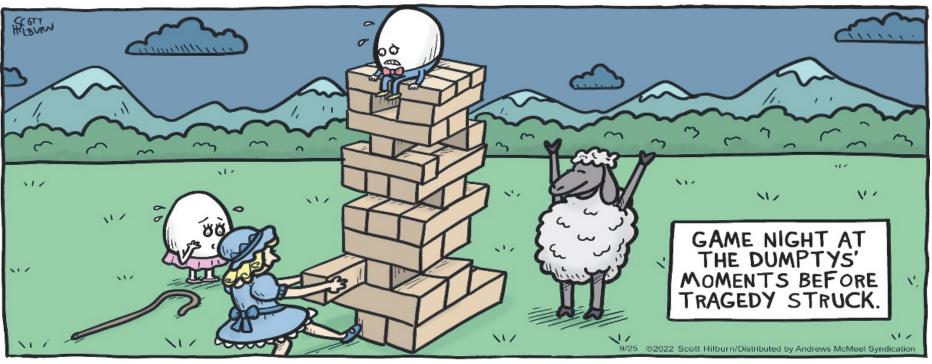
YOU? HAHAHA!



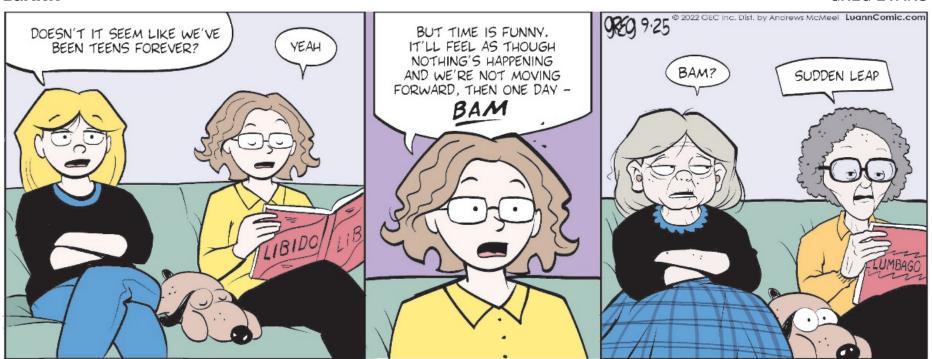


# THE ARGYLE SWEATER

## SCOTT HILBURN



### LUANN **GREG EVANS**



### SUDOKU

## Level 1 2 3 4

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| 3  | 2     | 5    | 4    | 8     | 1   | 7   | 9   | 6   |

Complete the grid so each row, column and 3-by-3 box 5 3 4 8 2 6 1 (in bold borders) 6 4 2 5 9 7 3 8 1 contains every 2 digit, 1 to 9. 8 1 6 3 5 4 9 For strategies 5 3 6 8 4 9 7 2 1 on how to solve 2 8 7 9 3 5 6 1 4 Sudoku, visit 2 9 6 8 3 5 sudoku.org.uk

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### LAST WEEK'S SOLUTION

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9/18/22

VISIT OUR WEBSITE FOR EVEN MORE PUZZLES

### **SUNDAY CROSSWORD**

### "PLUSH" BY GARY LARSON & AMY **ENSZ**

**ACROSS** 

- 1 Little rascal 6 Crunchy
- brownie piece 10 Natural bandage 14 Storm relief org.
- 18 Sierra Nevada lake
- 19 Connections 20 Skyline
- obscurer 21 Ruck of "Spin City" 22 Semis followers
- 23 Dormitory where honor roll students sleep? 26 Name of Davy Crockett's riflé
- 28 Enjoy again, as a favorite book 29 Cubbies home
- \_ carte 31 "Fun Factory" clay

9/25/22

- 35 Tuft of feathers Name of B.B. King's guitar 41 Actor Mulroney
- 43 Santa-tracking org. 46 Ingredient for
- discerning brew 48 Jazz lick
- 51 Sudoku digit 52 Birdie topper 53 Historical record
- 54 App symbol 55 Suzuki with 10 MLB Gold Gloves
- 58 "Yosemite Valley Winter" photographer
- 62 Do needlework 64 Dietary fiber 65 Forecast
- 67 Charge for using, as an apartment 70 Apple platform
- 71 Take care of eggs by sitting on them? 74 New \_\_: cap
- brand 75 Cream cheese serving
- 77 Genre revitalized by Britney Spears 78 Thicken, as
- cream 79 Some year-end lists
- 81 Calf's suckling spot
- 82 Turns way up 84 Stadium level 86 Rivendell inhabitants
- 88 \_\_ Island

- 90 Tacks on 91 Went platinum? 92 Learns about crops like
- maize? 98 Lost cause
- 100 Words on an orange juice container
- 102 "Way to go, fella!" 103 Dodge
- 106 Edible part of a pistachio 108 Mystery writer Grafton
- 109 Many pop-ups 111 Refuse 113 Baggage
- handler? 117 Cheap toupee? 122 Duel choices 123 Morales of
- "Ozark" 124 With 112-Down. fish story
- 125 Song that might prompt a "Brava!"
- 126 Cast 127 Texter's "until
- next time'

18

85

- - 12 Tenochtitlan native

128 Turow book set at Harvard 129 Burt's Bees product

# 130 Fragrant

- compound DOWN 1 Not in bed vet
- 2 Parker who was the 2020 WNBA Defensive Player of the Year 3 "Peauod"
- 4 Mexican sauce flavored with chocolate 5 Fly, e.g.

captain

- alcohol
- 7 Jueves, por ejemplo 8 Salon goop
- 9 Subj. for some citizenship
- applicants 10 Help for a tight fit

- 11 "Virgin River" novelist Robyn

91

124

128

19

- 50 Circular

- - 53 Go up 55 Sacred Nile bird 56 Colorful clog

125

- 73 Drill, e.g. 36 Former Seattle 76 Bite 78 "Julius Caesar" team, familiarly 38 Trap during a 80 Kristoff's
- winter storm. say
- 42 Sardine cans
- 44 "I'll take that as 45 Cub's home
- 47 Ticker 49 Fistfight souvenir
- 63 Bit 65 To some degree 101 Smooth engine 66 Sealing stuff 68 Home run run
- 17 Averse to 22 Farm young 24 Gift tag word 25 Genesis plot

13 "Joy Shtick"

16 Classic TV

Korea

14 Terrif

writer/comedian

15 Light-up pumps?

series set in

- 27 Be in a bee 32 Bustle
- 33 "Okey-doke" 34 OB-GYNs, e.g.
- 39 False witness
- 40 Spanish lake
- 83 British elevator 115 Dazzles

- 84 Graffiti signature 116 Capricorn critter 85 Rite answer? 87 Three-time
  - "Modern Family" 89 Future JDs

57 Weekly night for

muscle, for short

leftovers?

60 Parting words

61 Ready to be

recorded

69 Stallion feed

72 Lightened (up)

reindeer in

"Frozen"

82 Dab at, as

lipstick

exams

71 HRH part

role

59 Shoulder

- Emmy nominee 119 Chemist's
  - managed the Miracle Mets

93 Furniture wood

beats its chest

94 Animal that

95 Witness

96 Not as flat

rejections

97 Russian

99 Govern

sound

104 "Likewise"

105 One of the

filmmaking

107 Crack squad

for, maybe

110 Roomba target

112 See 124-Across

York, stadium

114 Queens, New

namesake

109 Turn off the

Coen brothers

security cameras

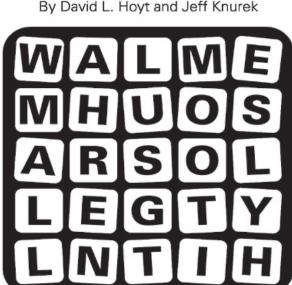
- 118 Hodges who
- workplace
- 120 401(k) kin
- 121 Not a thing

92 Simple shelter

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BUPH WIOI I IS @OKE ACLM



INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

123

127

9/25/22

BOGGLE POINT SCALE

3 letters = 1 point 4 letters = 2 points 5 letters = 3 points 6 letters = 4 points

7 letters = 6 points 8 letters = 10 points

YOUR BOGGLE RATING

= Champ 101-150 = Expert 61 - 100 = Pro31 - 60 = Gamer

21 - 30 = Rookie 11 - 20 = Amateur 0 - 10 = Try again(9+ letters = 15 points)

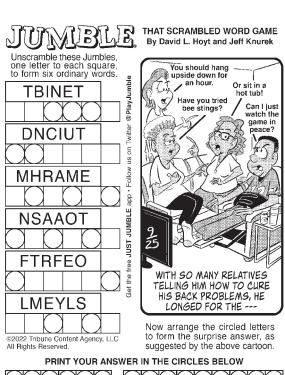
Boggle BrainBusters Bonus We put special brain-busting words into the

puzzle grid. Can you find them?

Find AT LEAST SEVEN FIVE-LETTER MAMMALS in the grid of letters.

Answers to Last Sunday's Boggle BrainBusters: LEO ARIES LIBRA VIRGO PISCES CAPRICORN

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**Last Week's Answers:** ORIOLE **RUDDER** SPIFFY GROOVY **BURROW** BAFFLE

After winning their first three games in a row, the team was ready to try -FOR FOUR FOR FOUR

Difficulty: Kubok 16 By Davide Coppo EXPERT 29 26 40 41

36 5 31 27 42

Solution to last Sunday's puzzle Enter the missing corresponding 16

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numbers from 1 to 16 without repetitions so that the sum of the four numbers in each row and column is the same as the

circled number. 2022 Kubok, Distributed by Tribune Content Agency

SCRABBLE G R A M Hasbro and its logo, SCRABBLE®, associated logo, the design of the distinctive SCRABBLE brand game board, and the distinctive letter tile designs are trademarks of Hasbro in the United States and Canada. ©2022 Hasbro. All rights reserved. Distributed by Tribune Content Agency, LLC. RACK 1 RACK 2 Double  $P_3$ Word Score RACK 3 RACK 4 3rd Letter  $|N_1|$ Triple RACK 5

**PAR SCORE 255-265 FIVE RACK TOTAL BEST SCORE 324** TIME LIMIT: 25 MIN DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point

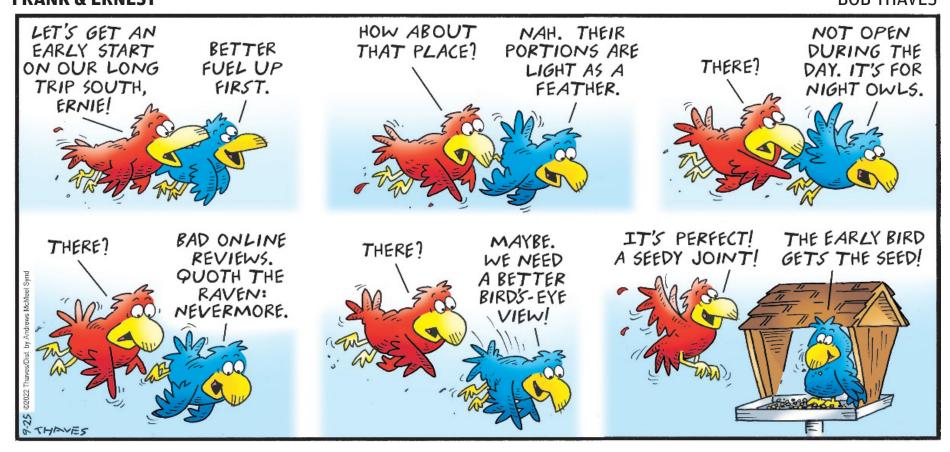
bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition. SOLUTION TOMORROW For more information on tournaments and clubs, email NASPA - North American SCRABBLE Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org. For puzzle inquiries contact scrgrams@gmail.com

## LAST WEEK'S SOLUTION

SCRABBLE G. R. A. M. S. SOLUTION  $P_3$ E RACK 1 = 68 63 RACK 2 = 63 RACK 3 = 58  $G_2$ RACK 4 =  $B_3$ 72 RACK 5 =

324 **PAR SCORE 265-275** TOTAL  $Has bro\ and\ its\ logo,\ SCRABBLE\$,\ associated\ logo,\ the\ design\ of\ the\ distinctive\ SCRABBLE\ brand$ game board, and the distinctive letter tile designs are trademarks of Hasbro in the United States and Canada. ©2022 Hasbro. All rights reserved. Distributed by Tribune Content Agency, LLC.

FRANK & ERNEST
BOB THAVES



### **JUMP START**

ROBB ARMSTRONG













## **ROSE IS ROSE**

PAT BRADY & DON WIMMER













# MARMADUKE

BRAD & PAUL ANDERSON







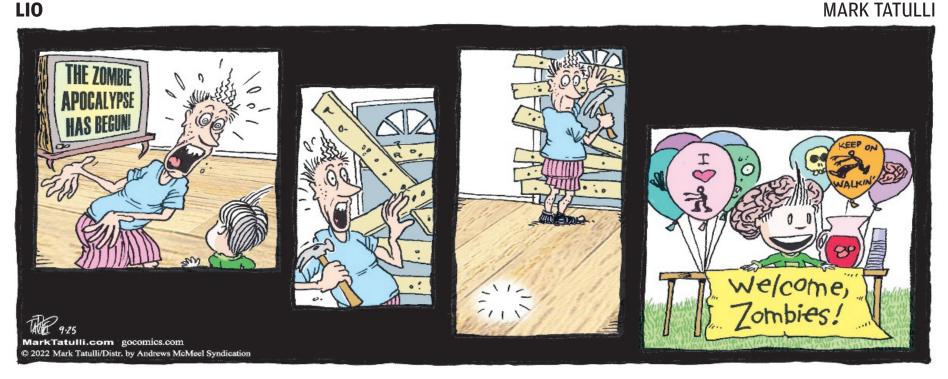






# DOG GRAVE FORMAY GLENDORA, CA

FIFTEEN YEARS AGO, RAYANNE
DRESHER'S JACK RUSSELL TERRIER,
GOOTER, SPOTTED A LIZARD IN
A POND AND DOVE IN AFTER HIM.
ALL COOTER CAME UP WITH WERE
ROCKS. YEARS PASSED, AND EVERY
TIME THEY WENT TO THE POND,
COOTER JUMPED IN, LOOKING FOR
THAT LIZARD.
THAT'S PERSISTENGER



### **CANTU & CASTELLANOS BALDO**









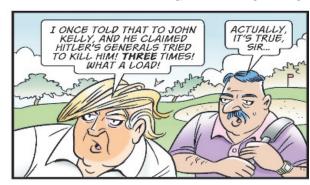


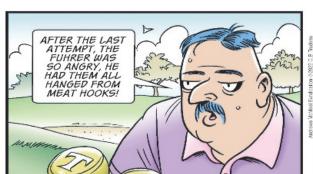


**DOONESBURY GARRY TRUDEAU** 

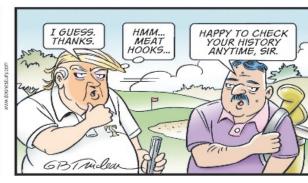












# **THE BORN LOSER**













### **FOXTROT BILL AMEND**

IT DOESN'T LOOK LIKE













# 28 Years & Still Cooking!

8796 Big Bend Blvd. Webster Groves, MO 63119 Hours: Monday-Friday: 10am-6pm Saturday: 10:30am-4pm

# October 2022 Ninner Special Menu

Gournet Dinner: \$12.95\* | Lighter Side Dinner: \$11.95\* | Low Sodium Dinner: (less than 280 mg): \$10.95\* \*All Beef/Steak Dinner Specials will have a \$1 Opcharge

- Dinner are all single serving and are ready after 2pm. All orders require payment in advance -

| TUESDAY                              | WEDNESDAY                              | THORSDAY                       |
|--------------------------------------|--|--------------------------------|
| OCTOBER 4TH                          | OCTOBER 5TH                            | OCTOBER 6TH                    |
| Red, White, and Blue Salad           | Italian Salad                          | Harvest Salad                  |
| Grilled Steak Medallions             | Shrimp Scampi                          | Chicken Marsala                |
| w/ Cheddar Cheese Sauce, Caramelized | w/ Fresh Tomato Basil White Wine Sauce | W/ Broccoli Flowers            |
| Onions, and a Twice Baked Potato     | Over Asiago Angel Hair                 | And Moshroom White & Wild Rice |

Low Sodium Dinner: Beef Stew w/ Potatoes, Carrots, and Green Beans Lighter Side Dinner: Tomato Cucumber Salad, Asian Grilled Pork Medallions w/ Vegetables & Sesame Noodles

OCTOBER 11TH Mini Wedge Salad BBQ Honey Slow Roasted Polled Pork Sliders W/ Bakery Bons And Au Gratin Potatoes

OCTOBER 12TH Greek Salad Pan Seared Chicken Breast w/ Brie & Fresh Cranberry Sauce And Festive Rice

OCTOBER 13TH Harvest Salad Steak Modiga w/ White Wine Sauce, Button Mushrooms, & Provel Sauce And Roasted Potato Medley

Low Sodium Dinner: Creamy Chicken Breast w/ Broccoli Rice & Havarti Cheese Lighter Side Dinner: Italian Salad, Grilled Steak Medallions w/ Campari Tomatoes, Fresh Basil, & Mozzarella Cheese w/ Sesame Green Beans & Balsamic Glaze

OCTOBER 18TH Vineyard Salad Sautéed Jumbo Shrimp w/ Lemon Sauce Over Asparagus Risotto

OCTOBER 19TH Tossed Green Salad Stoffed Chicken Breast w/ Apricot Stuffing & Cranberry Relish With Honey Almond Green Beans

OCTOBER 20TH Italian Salad Sicilian Beef Medallions w/ Fresh Tomato & Basil Relish Over Asiago Angel Hair

Low Sodium Dinner: Apricot Glazed Pork Loin w/ Sweet Potato Fries Lighter Side Dinner: Greek Salad, Rosemary Lemony Chicken Breast w/ Whole Wheat Linguine, Capers, and Broccoli Flowers

OCTOBER 25TH Citrus Salad Chicken Piccata w/ White Wine Sauce & Button Mushrooms And White & Wild Rice Pilaf

OCTOBER 26TH Caesar Salad Grilled Steak Medallions w/ Red Wine Reduction And Boursin Cheese Potatoes

OCTOBER 27TH Tossed Green Salad Pistachio & Not Crusted Salmon Filet W/ Lemon Crème Sauce And Asparagus Spaghettini

Low Sodium: Pepper Steak Over White Rice

Lighter Side Dinner: Mandarin Salad, Oatmeal Crusted Chicken Breast w/ Cranberry Roasted Brussel Sprouts & Balsamic Glaze

# Don't worry, we did not forget about Monday!

Monday Family Dinner Special Any 2 Fresh/Frozen Casseroles, Garden Salad, Fresh Italian Loaf of Bread, 4 Cookies \*\*ONLY \$32.50!\*\*

Check out our website to see all your fresh casserole options for the week!



# 2022 Fall/Winter "Get-Together" Menu Perfect for anything you are celebrating!

# **Autumn Salad**

Chopped Romaine. Feta Cheese. Dried Cranberries. Apricots. White Raisins. Chopped Apples. and Cashews with our homemade Poppyseed Dressing

# Raw Vegetables

Fresh Raw Carrots. Red Peppers. Cucumbers. Cauliflower. and Celery. Served with our Homemade Dill Dip

# Baked Brie

Baked Brie with a homemade Caramel Sauce & Toasted Sweet Pecans. Served with a Sliced Baguette

# Mini Steak Sandwiches

Seasoned & Sticed Bistro Beef Loin w/ Carametized Onions and Smokey Bistro Sauce on Bakery Buns

# Chicken Tettrazini

Shredded all White Meat Chicken in our Cream Sauce with Mushrooms. Parmesan and Cheddar Cheese over Linguine.







Small Serves 5-b people for \$115.00 Medium Serves 10-12 for \$200.00 Large Serves 15-20 for \$300.00

Need Dessert? Just Ask! Desserts Starting at \$7 Per Person!

Call Now to Order at 314-963-9899! Please Place Orders Well In Advance

# COMICS EXTRA





2023 calendars of your favorite comics are available now!



For these comics, puzzles and more, visit our website.

### **ARLO & JANIS**

## JIMMY JOHNSON



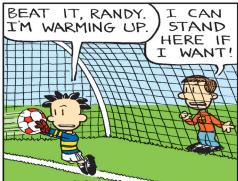






## BIG NATE LINCOLN PEIRCE



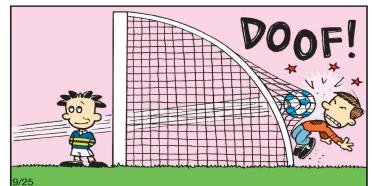








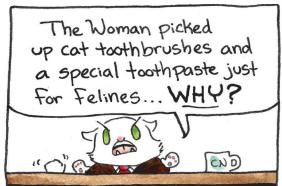






## **BREAKING CAT NEWS**

GEORGIA DUNN





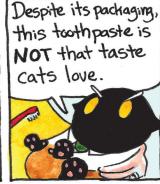










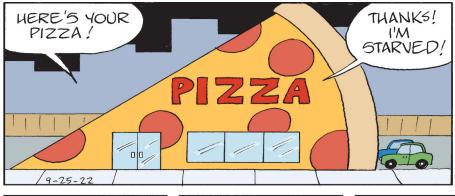


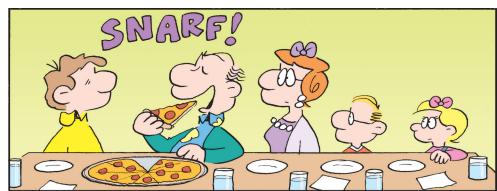




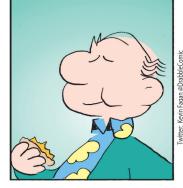
## DRABBLE

**KEVIN FAGAN** 

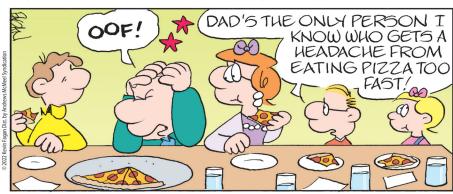












THE FLYING MCCOYS

GARY & GLENN MCCOY



FRAZZ JEF MALLETT



GRAND AVENUE MIKE THOMPSON



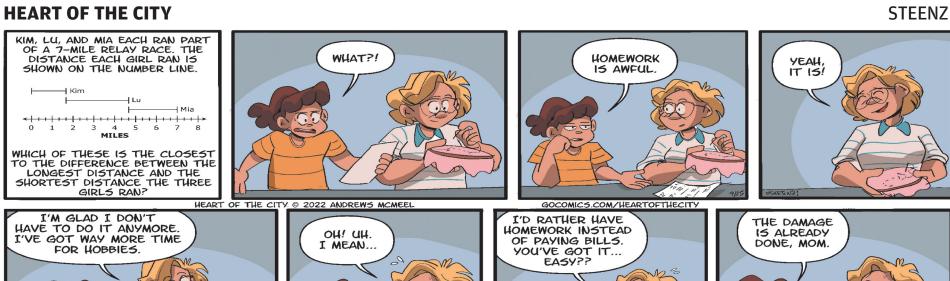






HALF FULL MARIA SCRIVAN





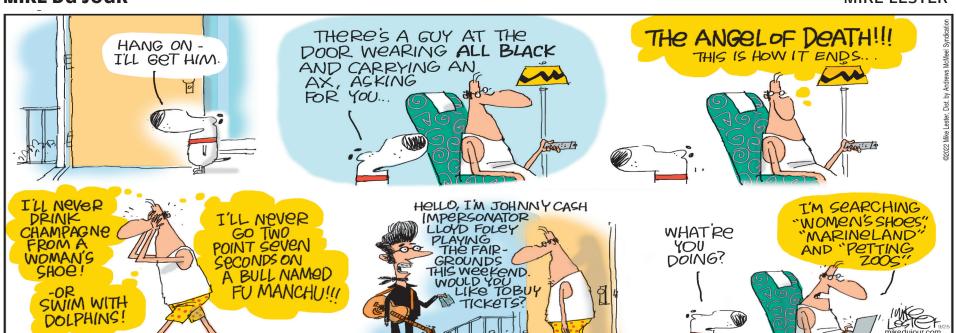
**OFF THE MARK** MARK PARISI



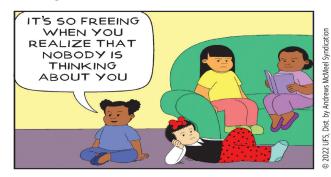
**LOOSE PARTS** DAVE BLAZEK



**MIKE DU JOUR** MIKE LESTER



**NANCY OLIVIA JAIMES** 







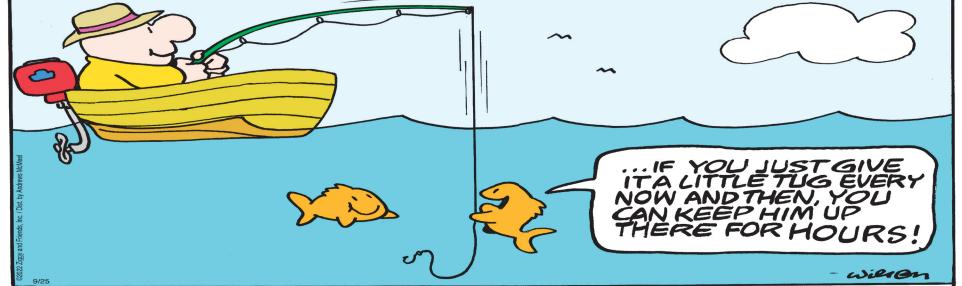


**ZIGGY** 





TOM WILSON

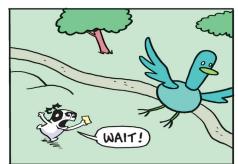


POOCH CAFE PAUL GILLIGAN











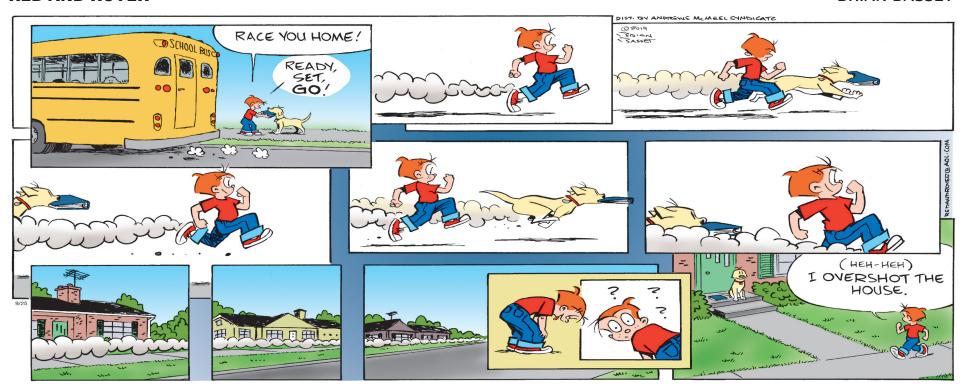






RED AND ROVER

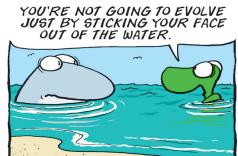
BRIAN BASSET



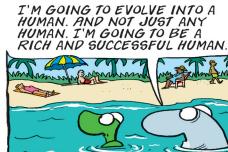
### **SHERMAN'S LAGOON**

WHAT ON EARTH ARE YOU DOING?

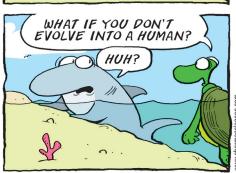
EVOLVING.

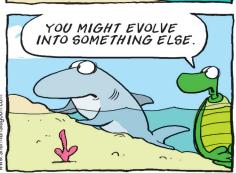


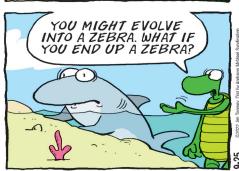




JIM TOOMEY









WALLACE THE BRAVE
WILL HENRY

















WUMO WULFF & MORGENTHALER

